

# ASPIRE

FOR ADULTS! AGES 18+



## SUMMER 2026

**JUNE 15 - AUGUST 14**

*\*No classes Mondays: July 3 & 6*

The Aspire Program marks the transition from skater to figure skater and teaches adults 16 & up the skills they need to make the most out of their figure skating journey. Aspire offers skaters an affordable, comprehensive package program in a safe and supportive group training environment. Skaters will learn proper skill development and training technique while fine-tuning their fundamental skating skills.

**\*Optional\***  
**Lunchtime Ballet!**

We strongly encourage our Aspire Skaters to take advantage of this option!

TUESDAYS, 12:10 - 12:40PM  
In The Studio at Biggby Coffee Ice Cube!

JUNE 23 - AUGUST 11  
*\*No classes June 30 & July 7*



**Mondays 6:30-7:00pm: Off-Ice**

Program consists of dynamic warm-up, stretching and off-ice jumps.

**Fridays 5:30-6:20pm: On-Ice**

Program consists of 50 minutes of on-ice instruction. Participants are divided into groups based on skill level, covering spins, edges and jumps.

Ballet with Bella Miller  
You can pay by cash, check or Venmo: (@belladmillier)

*\*The full fall payment of \$72 must be paid to Bella prior to the first day of classes.*

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