

RECONSTITUTION

A POST-WAR EUROPE BASED ON COLLECTIVE SECURITY THAT INCLUDES BOTH UKRAINE AND RUSSIA

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Introduction

The war between Russia and Ukraine still rages on after three and a half years. More than one and a half million soldiers have died or been wounded. There are nearly daily attacks on Ukrainian cities. Millions of people have migrated, especially from and within Ukraine. The economies in both countries, but also in Europe and beyond have suffered substantially. The West has spent \$300 billion on economic and military support for Ukraine. Other major threats, such as global warming, have disappeared from the priority list.

Just like the war that began in 1914 and ended four years later and also the Second World War that ended in five years, the Russia–Ukraine war will also end at some point, hopefully in the not-too-distant future. Since 2025 there have been diplomatic efforts to stop the war, with the United States as mediator. But little thought seems to be going in to the post-war period. This paper tries to fill this gap by asking how the European security order could be imagined once the fighting has stopped.

More particularly, it might be asked which (regional) international organisations could and should play a role in filling the void after the war. International organisations give rise to order and stability as they require cooperation on a daily basis. Another advantage of institutions (and international regimes in general) is that they do not immediately fall apart once a problem arises. Due to long-term cooperation, there is a certain level of respect and trust between the member states that can act as guardrails in times of conflict.

Although directly involved, European governments have not yet raised the issue of the future European security order. They tend to be busy supporting Ukraine and at the same time building up their own defences, within the framework of both NATO and the EU. There seems to be a general fear that Russia may attack NATO and EU members, once the war in Ukraine comes to a standstill (or even before). The default position in European and Russian thinking about the future is that Europe will be split into two major blocs: a Western bloc (including Central and Eastern Europe) versus Russia and some of its neighbours (including Belarus).¹ Similar to the Cold War, the two blocs may be separated by an «Iron Curtain», this time stretching from the Arctic to the Caucasus, living apart from each other. In the same vein, it is believed that we may enter an era of protracted

¹ Ilya Budraitskis and Greg Yudin (2024): Overcoming the rivalry between military blocs in Europe, in: IGRec Policy Papers, 2024.

confrontation with Russia. Some observers even recommend a new containment policy for Europe vis-à-vis Russia.²

The aim of this paper is to show that there are alternative, more inclusive scenarios. The end of the Ukraine–Russian war could be a historical turning point. Such moments in history open up the possibility to try to do things better than before. That will at least be the aspiration of many people on both sides of the ceasefire line. Under those circumstances, governments sometimes do manage to shift to a more stable security constellation (examples are the periods after 1815 and 1945); sometimes, they fail (as in 1918 and 1989). Remarkably, in the successful cases the loser of the war was included in the security order. Mutatis mutandis, when the loser was not included, it yielded a new period of instability and war.

This paper starts with a more analytical part that describes the differences between two fundamentally different types of security constellation: balance of power and collective security. Second, what would a peace agreement between Ukraine and Russia look like? In the third part, the question is raised of what the post-war security constellation in Europe would be. What role is left for NATO, the Collective Security Treaty Organization (CSTO), the Organization for Security and Cooperation in Europe (OSCE), and the EU? Where would Ukraine fit in? And what about Russia?

Balance of power versus collective security

States do not decide whether the world is unipolar, bipolar or multipolar. But they do have a choice of whether to cooperate (in a bilateral or multilateral way) or not (unilateralism). Different levels of cooperation are possible. In this paper, I will limit myself to a medium level type of cooperation, namely collective security, which is less intrusive than, for instance, cooperation in the form of a security community³, but more ambitious than cooperating temporarily in the form of an alliance. In the absence of collective security, states tend to fall back to the «natural» state of affairs in international politics, which is survival of the fittest and, in the best case, a balance of power (without war). States or groups of states try to balance each other in order to prevent other states from becoming the hegemon, which could endanger their survival. States can balance by trying to becoming more powerful (both economically and militarily), by cooperating (temporarily) in the form of an alliance (by definition against an external enemy), and/or by creating buffer states and spheres of influence.

The choice between a system based on balance of power and collective security depends on states' level of ambition. If states do not believe in cooperative behaviour, they tend to fall back on a

² Max Bergmann (and others) (2025): A Long-term Russia Strategy for Europe. Back to Containment?, in: CSIS report, July.

³ A security community is a community of states that do not fear each other.

balance of power system. If states are more ambitious, they could try to set up a collective security order (maybe in the form of an organisation) that supersedes the existing balance of power, at least to a certain extent as power differences will always remain. In other words, establishing a collective security system demands more political will and creative diplomacy.

Why would states opt for the more ambitious scheme of collective security? Because such a constellation tends to be more stable than a balance of power. Of course, both types of constellations are by definition temporary. The difference, however, is that if a balance of power system fails, states end up in war rather easily, as in 1914. If a collective security system fails, it may first fall back on a balance of power constellation before sliding into war or trying to resurrect the collective security order. In other words, a collective security scheme has more safety nets in times of conflict.

It is not that a balance of power cannot be stable. The Cold War is a good example. But without a collective security arrangement there is permanent pressure for states to become more powerful. This leads to arms races (as in the Cold War), making all parties less secure. That is the so-called security dilemma. In the worst case this may lead to war. A balance of power constellation is characterised by a confrontational and unstable environment that is constantly fed by assertive or even aggressive behaviour by (the major) states.

While buffer states and spheres of influence may help major powers to feel more secure, it is usually to the detriment of smaller states. Ukraine and Belarus are current examples. And while alliances may be useful, especially for smaller states, especially in times of insecurity, alliances also come with costs: high defence expenditure and an arms race. In times of peace, alliances are supposed to be disbanded as the old enemy is no more; if not, new enemies have to be determined artificially to legitimise the alliance's existence, which is perverse from the point of view of stability, security, disarmament and peace. Nevertheless, that is exactly what happened with NATO in the 1990s.⁴

In its turn, the objective of a collective security system is that its member states, whether regionally or globally, collaborate actively to enhance their security by agreeing on basic norms and values, rules and procedures, which may include a collective defence mechanism, whether only for and against its members (in contrast to alliances that are set up against an external enemy). In short, a «community of power replaces balance of power», as Richard Betts put it.⁵ Collective security implies inclusion, while a balance of power (including alliances) entails exclusion. Collective security corresponds to the principle of indivisibility of security, a principle enshrined for instance in the 1990 Charter of Paris and the 1994 OSCE Code of Conduct. It means that the security of one state depends on the security of others. If one state feels insecure, its neighbours will automatically feel the negative consequences. Concretely, as long as Russia or Ukraine feel insecure after a ceasefire

⁴ Tom Sauer (2017): The origins of the Ukraine crisis and the need for collective security between Russia and the West, in: Global Policy, 8 (1): 82–91.

⁵ Richard Betts (1992): Systems for peace or causes of war? Collective security, arms control, and the new Europe, in: International Security, 17 (1) (Summer): 9.

and peace agreement, there will be no sustainable peace. The best way to make them feel secure is to integrate both of them in a collective security order.

Ideally, this kind of cooperation may lead to the establishment of a collective security organisation. Examples of existing collective security organisations are the UN (at the global level) and the OSCE (at regional level). A collective security organisation may include a collective defence mechanism (for example, the principle that if one state is attacked, the others promise to help), but it does not remain limited to that (in contrast to an alliance, which is another name for a collective defence organisation). A collective security organisation tries to improve security relations among its members, so that the chances that the collective defence mechanism has to be used becomes (much) smaller. States can do this by broadening the scope of their national interests, for instance by looking beyond their short-term concerns. Collective security also implies that great powers restrain themselves and leave short-term gains to others in favour of long-term advantages. According to John Ikenberry (2001, xvi): «it is interesting that for a powerful state, offering restrictions on its power can be a source of power [...] Exercising power through restraint leaves fewer scars – that is, evokes less of the anger and resentment that tends to follow from the direct use of coercive power». Defensive (instead of offensive) strategies and transparency are other instruments that can be used in this regard. Enhanced trust may be the result.

These collective security arrangements act like an additional «safety net» in times of conflict – the term is also used by Robert Jervis⁷ – and on top of national defence instruments. Collective security arrangements also provide more mechanisms and more time to come to a peaceful solution in the event of a non-violent conflict. Collective security is also better suited to preventing non-violent conflicts from breaking out in the first place because the rules and arrangements (including transparency) create trust. Furthermore, misperceptions and miscommunication (which may lead to conflicts) tend to be less prevalent in a collective security arrangement than in a balance of power constellation as a result of their transparency and openness. Also, specific collective defence rules and arrangements agreed in advance (including a sanctions mechanism) act as an additional deterrent against potential wrong-doers who may otherwise think of using violence against another member state.

One question is how mandatory it is for the other member states to help a state that comes under attack. A high level of automaticity may have a stronger deterrent effect. On the other hand, the fear of entrapment increases in this case, which will make it more difficult to convince states to become members in the first place. Mutatis mutandis, if there is no automatic mechanism, it may be easier to convince states to join a collective security organisation, but the latter may have a smaller deterrent effect. One could also imagine in-between types such as quasi-automaticity.

⁶ John Ikenberry (2001): After victory: institutions, strategic restraint and the rebuilding of order after major wars (Princeton: Princeton University Press), p. xvi.

⁷ Robert Jervis (1985): From balance to concert. A study of international security competition, in: World Politics, 38 (1), p. 69.

Because of the higher levels of transparency, potential cheaters can be more easily detected. «States thus have a bit more confidence that they will be able to determine relatively quickly whether others are defecting, which gives them more time to react», as Robert Jervis puts is. Finally, collective security arrangements mean that there will be less need to acquire a large quantity of weapons. Consequently, the security dilemma will be less of an issue as well.

In short, the threshold for starting wars becomes higher. Charles Kupchan and Cliff Kupchan therefore conclude that «[t]he case for collective security rests on the claim that regulated, institutionalised balancing predicated on the notion of all against one provides more stability than unregulated, self-help balancing predicated on the notion of each for his own. Under collective security, states agree to abide by certain norms and rules to maintain stability and, when necessary, band together to stop aggression. Stability – the absence of major war – is the product of cooperation». ⁹

Consequently, there is in principle no, or less, need for alliances, spheres of influence or buffer states in a collective security order, and balancing and arms racing can be limited. This is not only advantageous from a budgetary point of view, especially for smaller states. Smaller states are not (or to a lesser extent) forced to be a buffer state and do not need to belong (usually against their wishes) to the sphere of influence of a bigger state. The role of nuclear weapons will automatically become less important within a collective security organisation, ideally comparable to the role of the French nuclear weapons in the EU.¹⁰ Games related to the balance of power cannot be completely erased in a collective security system, but their impact is at least softened.

What conditions are needed to establish an effective collective security organisation? The conditions mentioned in the literature include the following: all major states should regard war as too costly, and therefore fall in with the status quo, read the absence of revisionist states; all of them should be willing to cooperate; all have to believe that the others will abide by the rules; there should be a minimum of trust (that may become stronger by cooperating); all should be vulnerable to sanctions (in case of cheating); the political elite creates a kind of community; and the collective security system should be built quickly as there is a window of opportunity that will close after a while.¹¹

Historical examples of collective security constellations are the «Concert Européen» after the Napoleonic wars in the nineteenth century, the League of Nations after the First World War, the UN, the EU, the CSCE/OSCE, and the African Union (AU). The first and the last three are regional examples; the other two are global. The Concert, in contrast to the others, lacked a specific organisation. The

⁸ Ibid., p. 76.

⁹ Charles Kupchan and Cliff Kupchan (1995): The promise of collective security, in: International Security, 20 (1), p. 52.

¹⁰ Ideally, nuclear weapons will become completely delegitimised and globally eliminated, as required by the NPT (and the TPNW).

¹¹ Robert Jervis (1982): Security regimes, in: International Organization, 36 (2): 357–368; Charles Kupchan and C. Kupchan (1991): Concerts, collective security, and the future of Europe, in: International Security, 16 (1), p. 124.

most successful examples are the European Concert and the EU, which not by chance are examples on a regional level. Both yielded (and for the EU still yields) security and stability for decades.

What about actors that do not belong to a regional collective security organisation? In principle, they should not be afraid as it is not meant against an external enemy. On the contrary, they should welcome its existence as it will yield stability, security and peace. This logic applies for instance to China in the case of a new regional collective security organisation in Europe.

It should be remarked that the Atlantic Alliance (NATO) is not a collective security organisation, but a collective defence organisation, despite the fact that NATO regards itself as both a collective defence and a collective security organisation. In NATO's jargon, which is very confusing, collective security refers to tasks not related to collective defence (Art. 5), for instance out-of-area military interventions (for example, in Afghanistan, Libya and so on). In the academic jargon (as used in this article), by contrast, NATO is a classic example of an alliance against an external enemy, which does not correspond to our definition of collective security.

A peace agreement between Ukraine and Russia

As both Ukraine and Russia have an interest in stopping the war, there is a good chance that bilateral negotiations will commence at some point (with the help of a mediator), hopefully in the not-too-distant future, especially after the US-Russian 28 points peace plan (November 2025). The biggest current obstacle seems to be the Kremlin's hope that it can still conquer more terrain, especially in the region of Donetsk.

As in all negotiations, both Ukraine and Russia will have to give as well as take. Both Ukraine and Russia are setting the bar high, which is not abnormal in the pre-negotiation stage. Some of these positions, however, will have to be abandoned in order to reach a compromise. But both parties have to be able to «sell» the agreement afterwards to their populations without losing too much face. That is why some positions are and will remain red lines. High-level direct negotiations between Ukraine and Russia are necessary to find out how fixed these red lines really are. That said, Russia's red lines seem to be the following: no Ukrainian membership of NATO (neutrality) and de facto (but not de iure) recognition of the annexed regions (whereby the easiest solution is to draw the borders on the ceasefire line, although President Putin apparently has yet to be convinced) for which a durable solution can be worked out in 10–20 years' time.

Ukraine's red lines seem to be: to remain a sovereign country (except for the annexed regions, at least temporary); to be able to determine its own political system (democracy) and decide who will govern in Kiev; to be part of the Western sphere of influence and maybe join the EU in the longer

term; to be sufficiently armed (possibly regulated by a regional arms control agreement, including Russia); and to receive security assurances, especially by the West (probably in the form that already exists today, namely weapons deliveries in case of a new attack by Russia).

That means that Russia will have to give in on sovereignty, the principle of democracy, spheres of influence (including EU membership), and levels of armament. Ukraine will have to give in on NATO membership territory, and levels of armament. In addition, Ukraine has to be rebuilt by the international community, especially Europe, and the sanctions on Russia would have to be gradually lifted (possibly with a snapback clause as in the case of Iran). The refugees from both states have to be able to return. Minority rights (including language rights) in both countries have to be respected.

As Russia, who is winning on the terrain, does not agree to a ceasefire without a framework agreement on peace, the odds are that a ceasefire will follow a peace agreement, and not the other way around. A ceasefire agreement requires, at a minimum, the following: an obligation not to attack each other; clear delineation of the borders, buffer zones and limitation zones for heavy weapons; the establishment of a peacekeeping force; a joint military coordination commission (note that a similar non-military commission already exists to monitor implementation of the Black Sea Grain Deal, hosted in Istanbul); demining; and humanitarian corridors.¹²

Neutral and multilateral peacekeeping or monitoring and verification troops under UN (or OSCE) supervision have to be stationed along the 2,000 km land border between Ukraine and Russia after a ceasefire, complimented with new technologies (for instance surveillance drones). It may include demilitarised buffer zones. As Russia does not want troops from NATO member states to be involved, these troops will probably have to come from Global South countries. For the same reason, the French-UK initiative to station Western troops of a coalition of the willing in the Western part of Ukraine is a no go. If not, the odds are that Russia will keep fighting.

A Helsinki 2.0 conference

After the conclusion of a peace agreement both parties together with Europe and possibly the US should set up talks about the future European security order, at least if it has not been covered in the peace agreement. It could be in the form of a "Helsinki conference 2.0" ideally in the framework of the OSCE (but not in Helsinki as Finland is now part of NATO; other candidates are Geneva or Vienna) hopefully leading to a "Helsinki Act 2.0". It may contain the same or similar baskets as in the 1970s; arms control will definitely be part of it. Like the Mutual Balanced Force Reduction (MBFR)

¹² Walter Kemp (2025): Drawing a line: a »Swiss army knife« of options for achieving a sustainable ceasefire in Ukraine, in: GCSP Paper, February; Edward Ifft (2025): Blessed are the peacemakers: making a ceasefire agreement in Ukraine stick, ELN Policy Brief, March.

negotiations in the 1970s that were launched as part of CSCE, arms control negotiations could be started up, both on conventional and nuclear weapons. These negotiations may lead to arms control agreements (like CFE in the past), or at least to confidence and security building measures (like the Vienna Document of 1986).

Ideally, a Helsinki Act 2.0 comes up with a concrete plan to re-establish order and stability in Europe, this time in the form of a collective security organisation in which there is no place for alliances (but that may include a collective defence mechanism), and that would include the whole of Europe, including Ukraine and Russia.

It is not because today neither Europe nor Russia (in which part of the elite seems to look more to the East than the West) seems to be interested in such a constellation that its realisation is not feasible. Remember what happened with arch rivals France and Germany after 1945.

The role of NATO, the CSTO, the OSCE and the EU in the post-war European security order

As the text above makes clear, the most stable security constellation is collective security. According to this logic, alliances such as NATO and CSTO should be disbanded after the war in Ukraine. They have to be replaced by one overarching regional collective security organisation, possibly in the form of an upgraded OSCE (or a fundamentally transformed NATO) or a similar organisation named differently. Whether the US (and Canada) remain into the organisation, is up to them to decide. Such an organisation does not exclude more defence integration between EU member states.

NATO

The North Atlantic Treaty Organization (NATO) is a collective defence organisation (= alliance) that dates back from the beginning of the Cold War. In 1991, the USSR and the Warsaw Pact imploded. The Western bloc regarded itself as the winner of the decades-long contest. At that time, NATO should have been disbanded, just like the alliances of the First and Second World War stopped to exist, respectively in 1918 and 1945. Curiously, NATO remained into existence, mainly because the US – the number one in NATO – regarded it in its interest to keep NATO alive as part of its objective to remain the number one in the world; the latter corresponds to a strategy of primacy. The advantage for the European member states was that they could spend less on defence.

The perverse effect of the continued existence of NATO after the Cold War was that the alliance had to find a new external enemy (as alliances by definition need an external enemy): Milošević in the Balkans, terrorism, and finally Russia (again). As a result, NATO took up new missions on top of

the defence of its territory, more in particular military interventions, also out-of-area. Most of these military interventions - like those in Afghanistan and Libya - were not successful.

In contrast to Russia's wishes, NATO not only survived but also started to enlarge in the direction of Russia. Arguably the decision to include Ukraine (and Georgia) in the Western sphere of influence (first by NATO in 2008 and in 2013 by the EU) led to the Russian decision to provoke Georgia into war in 2008, to invade the Crimea and to make trouble in the Eastern part of Ukraine in 2014 and to start a war against Ukraine in 2022. Since then, NATO has a new major common enemy – Russia for which it can fall back on its initial mission, namely collective defence.

There are also more tensions between the US and the other NATO member states. The US maintains already for a long time that the Europeans have to spend more on defence, so that the US could spend less (= burden sharing). President Trump succeeded in convincing the other NATO member states to start spending substantially more. At the NATO Summit in The Hague in 2025, it was decided to raise the defence expenditures and set the goal at 5% defence expenditures as part of GDP, while NATO as a whole already spent 1,450 bn \$ per year on defence in 2024, ten times more than Russia, and more than the rest of the world combined. At the same time, the US expects to remain the dominant player inside NATO, sometimes pushing through decisions that are not in the interest of the others, e.g. NATO expansion in 2008, and including the demand that the non-US members keep buying weapons in the US. On top of that, President Trump is known of not being a fan of NATO and he openly looks down on the EU. President Trump also imposed 15% tariffs on trade with the EU member states in 2025. As a result, many Europeans wonder to what extent the US is still an ally. Many observers (such as Rob De Wijk in The Netherlands, Nathali Tocci in Italy and former European Commissioner Karel De Gucht in Belgium) regard NATO as an empty shell.

In short, there is no good reason to keep NATO alive after the war in Ukraine, especially if there is a peace agreement. More fundamentally, what is needed is a collective security constellation instead of a collective defence organisation (like NATO).

CSTO

For the same reason, the CSTO – an alliance that includes Russia, Belarus, Kazakhstan, Kyrgyzstan, and Tajikistan - needs to be disbanded as well after the war. That will probably politically be less difficult as it is a younger and less institutionalised alliance than NATO.

OSCE

As the main recommendation of this policy paper is to replace a balance of power (including alliances) system by a collective security constellation after a peace agreement between Russia and Ukraine, the organisation that comes first to mind is the OSCE. The OSCE is a regional collective security organisation that was established right after the Cold War. It has the advantage that it

¹³ To be clear, I am trying to describe, not legitimise the Russian aggression.

includes all major actors in the Euro-Atlantic area: Europe, Ukraine, Russia, and the US. As a result, it remains currently the only regional organisation in which all major actors sit around the table to talk about security. That said, the OSCE has been weakened as a result of the war in Ukraine. More fundamentally, the OSCE always had to live in the shadow of NATO. Mutatis mutandis, if NATO is disbanded after the war in Ukraine, the odds are that the OSCE will become stronger.

The OSCE's origins date back to 1973 when the Conference on Security and Cooperation in Europe (CSCE) – better known as the Helsinki process - was set up in order to bring détente. Two years later, the Helsinki Act was adopted. It contained three baskets: politico-military; economic cooperation; human rights. The first basket – politico-military – included the recognition of the existing borders and the existing spheres of influences, something the USSR had demanded. It also led to arms control negotiations and agreements, such as the Conventional Forces in Europe (CFE) treaty in 1990. The West had pushed to include the third basket – human rights – in the hope to strengthen human rights in the Eastern European societies. The third basket had a long-term impact as it provided more freedom to organisations such as Solidarność in Poland and Charta 77 in Czechoslovakia, which played a major role in bringing an end to the Cold War.

In short, the CSCE successfully established a diplomatic forum to improve the political relations between the two main blocs. In 1994, the CSCE became the OSCE. It has an Office for Democratic Institutions and Human Rights (situated in Warsaw), a High Commissioner on National Minorities, and a Court of Conciliation and Arbitration (in Geneva).

Ideally, the OSCE nowadays starts up concrete initiatives with respect to confidence and security building measures to mitigate the conflict between Russia and the West. These initiatives could be launched by individual OSCE member states, the Chair (which is Finland in 2025 and will be Switzerland in 2026), or the OSCE Secretary-General. These may involve so-called Structured Dialogues amongst non-governmental experts in Track II or Track 1,5 formats. More ambitious would be a formal Security Dialogue in the OSCE Forum for Security Cooperation, for instance on incident prevention and/or better military-to-military communication.¹⁴

EU

The EU was in the first place an economic project, be it with the overall goal of maintaining peace and security amongst its members, more in particular between France and Germany. That said, the EU has also been setting steps in the direction of more foreign and defence cooperation, especially since the Treaty of Maastricht (1991): by establishing a Military Committee, Military Staff, European Defence Agency (EDA), European Peace Facility, and European Defence Fund (EDF). The Lisbon Treaty also contains a collective defence clause, but for its implementation it refers to and relies on NATO.

Alexander Graef, 'From crisis to strategy: the OSCE and arms control in a divided Europe', in: ELN Policy Brief, March 2025; Ian Davis, 'The Helsinki Final Act at 50. The impact of NATO-Russia relations and future possibilities', in: NATO Watch. Rethink Europe Discussion Papers, no.1, August 2025.

The war in Ukraine and the arrival of the Trump II administration have stimulated the EU member states and the EU institutions to step up work on defence collaboration in the sense of joint acquisition of military equipment, and financial support for the defence industry.

The EU can both be regarded as a collective defence and a collective security organisation. However, as long as there is no European Political Union (= a federal Europe) and as long as Common Foreign and Security Policy (CFSP) is intergovernmental, the onus will be on the member states to collaborate with states like Ukraine and Russia (and maybe the US) in a larger collective security framework such as the OSCE.

CONCLUSION

To conclude, after the end of the war in Ukraine the European security order will either fall back into a new Cold War with two opposing blocs and alliances (such as NATO and the CSTO) leading to an arms race and possibly a new war, or a serious effort is made to establish a new collective security organisation (preferably an upgraded OCSE) that replaces the existing alliances. This will not be easy; it will require political leadership.

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