

Activity: Integrity Tower – A Game of Ethics & Stability

Objective:

Explore different philosophical perspectives on the Good Life—**Stoic (Virtue)**, **Utilitarian (Affect)**, and **Confucian (Circumstance)**—through a hands-on game that highlights the importance of **integrity, consistency, and coherence** in one's life vision.

How to Play:

1. Set Up the Integrity Tower

- Use a **Giant Jenga** set.
- Each block is **color-coded** to match a set of philosophical questions (see some examples below)
 -  **Stoic (Virtue)** – Focuses on personal excellence, character, and self-control.
 -  **Utilitarian (Affect)** – Focuses on happiness, consequences, and the greater good.
 -  **Confucian (Circumstance)** – Focuses on relationships, duty, and harmony.
- Some blocks are marked "**Pass**" (skip your turn) or "**Free Response**" (answer any question).

2. Gameplay

- Set ground rules for Jenga (e.g. can't take from the top three rules, players can tap until they find the block they want)
- Players **take turns pulling a block** from the tower.
- After pulling a block, the player selects a **corresponding question** from the philosophy it represents and **shares their response with the class**. Questions are projected on the screen.
- If the block is a "**Pass**", the player skips their turn.
- If the block is "**Free Response**", the player chooses which philosophy to engage with.
- There should be an equal number of green, blue, red, pass and free response blocks.

3. The Tower Wobbles... or Falls!

- As more blocks are removed, the tower will become **unstable**—just like a life vision that lacks **coherence and integrity**.

- If the tower collapses, we reflect on why: **What happens when different perspectives clash? What role does consistency play in maintaining a stable foundation in life?**

4. Debrief & Reflection

After the game, we will have a short class discussion, followed by brief journaling:

- Which philosophical approach felt the most natural to you? Why?
- Did removing certain "pillars" (questions) make the tower weaker? What does this say about integrity in real life?
- How can blending these perspectives help create a more stable and fulfilling vision of the Good Life?

Color-coded set of philosophical questions:

Stoic (Virtue) – *Personal excellence, character, and self-control*

1. What does it mean to live with integrity, even when no one is watching?
2. How can practicing self-control help you respond to difficult situations?
3. What role does courage play in living a good life?
4. Is it better to focus on what you can control and let go of the rest? Why or why not?
5. How can setbacks be opportunities to grow in character?

Utilitarian (Affect) – *Happiness, consequences, and the greater good*

1. How do you decide what action brings the most good for the most people?
2. Should you ever sacrifice your own happiness to help others? Why or why not?
3. If telling the truth hurts someone but lying would make them happy, what should you do?
4. Can an action be right even if it feels wrong, as long as it leads to good outcomes?

5. How do we measure whether something is "worth it" in terms of happiness or harm?

● **Confucian (Circumstance) – *Relationships, duty, and harmony***

1. How do your responsibilities to family or community shape your daily choices?
2. When is it more important to maintain peace than to be right?
3. What does it mean to be a good son, daughter, friend, or citizen?
4. Can honoring traditions help create harmony, or should we challenge them?
5. How do we balance our individual desires with the needs of the group?