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SNAPSHOT OF FOOD INSECURITY IN NEVADA



FOOD INSECURITY IN NEVADA:

15.1% – In 2023, 15.1 percent of Nevadans, or about 481,460 residents, were **food-insecure**.

38% – Of those Nevadans living in food insecurity, 38 percent are living **above the threshold** for Supplemental Nutrition Assistance Program (**SNAP**) benefits.

22-24% – Across all seven Nevada System of Higher Education (NSHE) institutions, about a quarter of **college students** experienced food insecurity in at least four consecutive survey waves from 2016 to 2022.



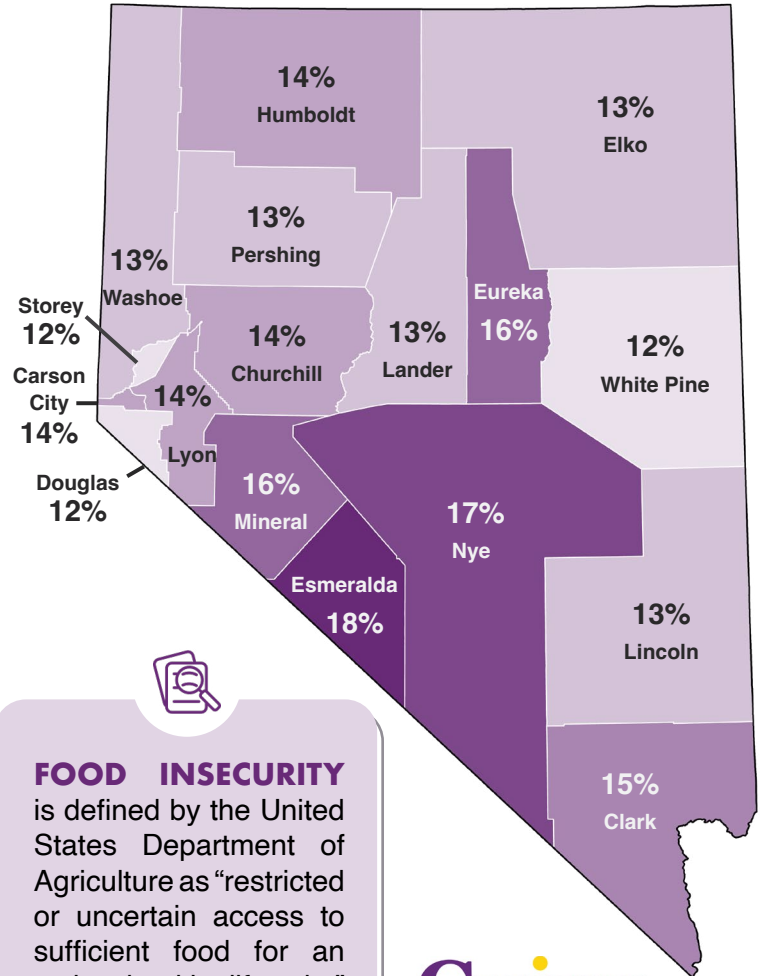
ACCESS:

15.5% – In 2024, 15.5 percent of Nevadans received **SNAP benefits** monthly. Nevada's SNAP participation ranks **8th highest nationally**.

41% – In 2023, less than half of Nevadans **eligible** for Women, Infants, and Children Program (**WIC**) **coverage accessed services**.

34.2% – About one-third of Nevadans lived in a **single-vehicle household**, and **7.1 percent lacked a household vehicle**, creating barriers to food security.

PERCENT OF FOOD-INSECURE NEVADANS BY COUNTY (2023)



FOOD INSECURITY

is defined by the United States Department of Agriculture as “restricted or uncertain access to sufficient food for an active, healthy lifestyle.”

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IMPACTS ON HEALTH:

41% – In 2023, 41 percent of food-insecure high school students reported a prevalence of **moderate-to-severe depressive symptoms**, compared to 20 percent among food-secure peers.

2.4 times – Mothers experiencing food insecurity are more than twice as likely to report **postpartum depressive symptoms** compared to their food-secure counterparts.



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