## Welcome

Whilst we responsibly do everything within our capabilities to minimise cross contamination, we do operate in a verv compact kitchen which does handle aluten. nuts and other allergens. Please speak to a member of staff if you have any other concerns.

All our eggs are free range from a local farm

Available with vegan voghurt (ve)

Va: Vegetarian Ve: Vegan





Tuna with tapenade, mayo and

cheddar on sourdough

8.45



4.95

## HOT DRINKS

Espresso	2.8
Macchiato	3.0
Americano/ Long black	3.5
Flat white	3.7
Latte	3.9
Cappuccino	3.9
Hot chocolate	4.1
Nutella hot chocolate	4.5
Marshmallows + .50 Cream + .50	
Mocha	4.2
Chai Latte	4.1
Matcha Latte	4.1
Flavoured syrups available	0.5

Teapigs tea: 3.2 English Breakfast, Green Tea, Chamomile, Earl Grey, Lemon & Ginger, Super Fruit, Silver Tips White Tea, Peppermint, Yerba Mate

Oat - soy - almond milk - coconut 0.20

## **JUICE & SMOOTHIES**

Spinach, pineapple, & banana

Cherries, rhubarb & mango	4.95
Mixed berries, mint, honey & almond milk	4.95
Fresh squeezed juice, choose from: Orange, apple, carrot, ginger	3.95
HipPop Kombucha Various flavours	3.6
Affogato Espresso served with Madagascan Vanilla Ice cream	5.25

(o) The Old Spence Café