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STAGE 2 — CHAPTER 2

Finding your physical home • Worksheet 1

Define what you need from your physical home

Use this worksheet to brainstorm what a physical home needs for it to be a suitable option for you.

STEP 1

Consider each of the six sections in the table below and list your ideas under the two categories: **must have** (i.e. essential) and **nice to have** (i.e. not essential).

This will make it easier to prioritise your options when it comes to choosing your physical home.

Features – are there any features your physical home should have, such as a garden, or does it need to allow pets?	
<i>Must have</i>	<i>Nice to have</i>
Location – where do you want to live? Are you wanting to stay in your current area or are you open to new locations?	
<i>Must have</i>	<i>Nice to have</i>

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Community – are there people or places that you need to be connected to? Are local bus routes or community spaces important?

Must have

Nice to have

Accessibility – does a house need specific features to be accessible, or are there particular spaces that need to be considered, e.g. ramps, or bathrooms that can fit two people at a time?

Must have

Nice to have

Sensory factors – do you need to consider any sensory sensitivities or preferences, e.g. traffic noise, sound-proofing between rooms, smells or colours?

Must have

Nice to have

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Disability/support requirements – are there other considerations that will determine whether a house is suitable for you?

Must have

Nice to have

STEP 2

Consider what your budget will be for living alone versus in a group living situation. Write down how much you can spend for each situation and what costs would need to be included.

Note: If you are unsure about what you can afford at this time, it may be useful to work through the budget worksheets in **Setting up your finance systems** (Stage 3, Chapter 1). Even if you don't have specific cost details for your new living situation, working through a budget exercise can be useful for building a picture for your finances.

Affordability

What is your budget for living alone?	What is your budget for a group living situation?	What costs need to be included, e.g. power, water?

Once you have completed this worksheet, keep it on hand. You will use it when you get to Stage 2, Chapter 10: **Getting ready for action**.

Sometimes working through these stages helps identify things you didn't think of before.

If completing this task helps you see something is missing from your previous worksheets, go back and update them now.