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STAGE 2 — CHAPTER 3

Finding your flatmate(s) • Worksheet 2

Contributing to the household

Use this worksheet to consider what contributions you will make, and what support you need, to be an effective member of the household.

There are many things that go into the maintenance of a household, so for this exercise it may be helpful to consider the following categories:

- » **Food preparation** – e.g. shopping, cooking
- » **Indoor chores** – e.g. cleaning, dishes, laundry
- » **Outdoor chores** – e.g. gardening, rubbish
- » **Household admin** – e.g. paying bills, household purchases
- » **Daily routines** – e.g. curtains, locking doors, answering the door

STEP 1

Consider the ways you plan to contribute to your household. In the three boxes below, write down:

- » the tasks you can do **without support** **A**
- » the tasks you can do **with support** **B**
- » the tasks you need someone else to do **C**.

Use additional paper if necessary.

A

Tasks I can do to contribute to the household, without support

B

Tasks I can do to contribute to the household, with support

C

Tasks I need someone else to do

STEP 2

For each item you have identified in **B** and **C**, consider whether this support would be best provided by a well-matched flatmate or a paid support. List these under the relevant heading below.

Note: If you are planning for a flatmate to offer some natural support, it is important to keep in mind what is a realistic expectation for freely given help. If you are unsure, refer to Stage 2, Chapter 3: **Finding your flatmate(s)**.

Tasks that could be done by a well-matched flatmate	Support that should be provided by a paid support

Once you have completed this worksheet, keep it on hand. You will use it when you get to Stage 2, Chapter 10: **Getting ready for action**.

Sometimes working through these stages helps identify things you didn't think of before.

If completing this task helps you see something is missing from your previous worksheets, go back and update them now.