



Create a plan for your household

In collaboration with the members of your new household (or your support team, if living alone), use the template below to create a plan for how you will manage your household. Use additional paper if necessary.

	Systems or strategies you will use
Household systems e.g. rosters, house rules, meetings	e.g. rosters, house rules, meetings
Food preparation e.g. shopping, cooking	e.g. weekly meal planning, shopping together on Sundays
Indoor chores e.g. cleaning, dishes, laundry	e.g. allocated areas of responsibility, using disability supports

table continues on next page...

table continues from previous page...	<i>Systems or strategies you will use</i>
Outdoor chores e.g. gardening, rubbish	e.g. allocated areas of responsibility, using disability supports
Household admin e.g. paying bills, household purchases	e.g. household meetings for purchases, shared bills account
Daily routines e.g. curtains, locking doors, answering the door	e.g. daily task list
Other	

Once you have completed this worksheet, keep it on hand.
You will use it when you get to Stage 3, Chapter 4: **Making the Move.**