



Springville Guide for Schools

Our classroom-led experiences aimed at Year 7 and 8 are free to use and on demand. They require no login and are designed as simple “click-and-play” resources, making them easy to use in the classroom. No prior knowledge of careers education is necessary, as activities are built in to promote discussion and exploration of different career pathways.

Although aimed at Year 7 and 8, they are ungated, so feel free to use with other year groups or specific cohorts who you feel would benefit from a classroom introduction to work experience.

We also offer a series of introductory videos that showcase workplace experiences, encouraging students to consider their importance and how to access work experience opportunities. These resources support pupils in identifying potential career interests, while also helping them reflect on their own skills and strengths to guide their decision-making.

Teacher Preparation

We recommend you familiarise yourself with Springville content before launching with students in the classroom. Go to <https://cec.springpod.com/>

- We have all of the resources you need, including lesson plans, in our shared folder [here](#).
- We have blank certificates you can issue to those who complete the programmes [here](#).
- Have a look through our suggested **10 Springville Extension Activities** to encourage reflection and discussion.
- You may want to build in curriculum-linked activities. E.g Tech Office + Computer Science, or Hospital + Science or Leisure Centre + PE



How to get started with Springville

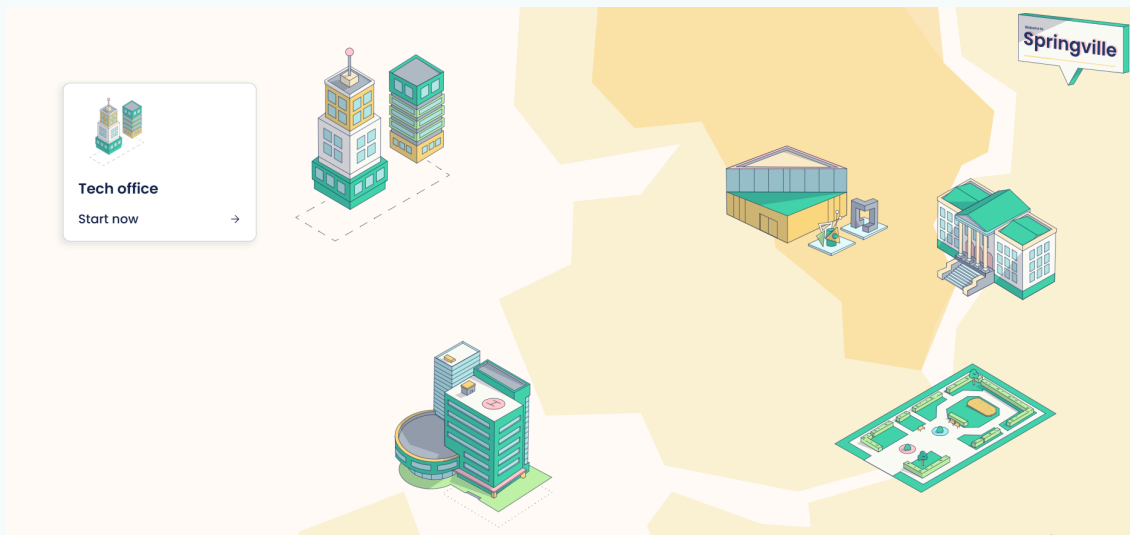
👉 Go to <https://cec.springpod.com>

👉 Click Year 7 and 8

What school year
are you?



▶ Play the introductory videos and complete the suggested activities with your class.



Explore our interactive map of Springville.





There are 8 buildings to explore and Speakers' Corner to visit:

1. Tech Office
2. Airport
3. Leisure Centre
4. Hospital
5. Park
6. Court
7. Arts Centre
8. School
9. Speakers Corner

Each building should take approx 1 hour to complete as a classroom activity.

Speakers Corner is a series of recorded webinars with job roles linked to each building in Springville. They are all approx 30 minutes.

10 Springville Extension Activities

To deepen learning and ensure that students move from exploration to meaningful reflection and application, the following extension activities can be used after completing a Springville experience or careers session. These activities can be adapted for different ability levels and time constraints.

1. Reflection-to-Action Task

Ask students to turn their reflection into a personal development goal:

- Identify one skill they used or observed (e.g. teamwork, communication)
- Set a simple goal:
 - "Over the next week, I will improve my communication by..."
- Review progress in a follow-up session

 Extension: Students revisit this goal after 2–3 weeks and evaluate progress.





2. Student-Led Employer Panel

Invite employers into the school and run a student-led employer panel.

- Students prepare questions in advance (linked to skills, pathways, challenges)
- You could use our [Career Explorer Interview Prompt](#)
- Assign roles:
 - Chairperson
 - Question leads
 - Note-takers

 Extension: Students write a short summary:


- “3 things I learned”
- “1 thing that surprised me”



3. Career Pathway Mapping

After exploring a job role in Springville:

- Students create a simple pathway:
 - GCSEs → Post-16 → Training → Career
- Include:
 - Skills needed
 - Qualifications
 - Alternative routes

 Extension: Compare 2 different routes into the same career (e.g. university vs apprenticeship)



4. Workplace Scenario Role Play

Give students a realistic scenario based on a workplace:

Examples:

- Handling a difficult customer
- Working as part of a team under pressure
- Presenting an idea

Students:

- Act out the scenario
- Reflect on what skills they used



 Extension: Peer feedback using:

- “What went well”
- “Even better if”

5. “A Day in the Life” Task

Students choose a job they have explored from Springville and create:

- A timetable of a typical day
- Key responsibilities
- Skills required


 Extension options:

- Present as a poster, slide, or short video
- Compare with another role

6. Local Labour Market Investigation

Organise a visit to a local workplace to build on the buildings explored in Springville

- Research local employers in one sector
- Identify:
 - Types of jobs available
 - Skills in demand

 Extension: Link findings back to:

- Their own skills
- Future subject choices

7. Skills Spotting Challenge

After any activity:

- Students list:
 - 3 skills they used
 - 2 skills they want to improve
- Match these to real job roles

 Extension: Rank skills by importance for a chosen career




8. Written Reflection (Structured)

For slightly more academic stretch:

Provide sentence starters:

- "One thing I learned from this experience was..."
- "This made me realise that I..."
- "In the future, I would like to..."

 Extension: Turn into a short paragraph or report

9. Compare & Contrast Activity

After exploring multiple Springville locations:

- Compare two workplaces:
 - Environment
 - Skills required
 - Type of work


 Extension: Students decide:

- Which suits them best and why

10. Teach It Forward

Students create a mini-lesson or presentation for peers:

- Explain a job sector
- Include:
 - Skills
 - Pathways
 - Personal reflection

 Extension: Deliver to a younger year group

