



2026 MANITOBA WINTER GAMES

Speed Skating Technical Package

Technical Packages are a critical element of the Manitoba Games. They guide the selection of teams by detailing age and eligibility requirements, govern competition by outlining tournament formats and scoring procedures, and identify the minimum/maximum number of participants permitted by region.

Technical Packages are developed 12-18 months prior to the Games by the relevant Provincial Sport Organization (PSO) following the standards set in place by Sport Manitoba.

After publication, any changes to the Technical Packages must be approved by Sport Manitoba – requests should first be sent to the PSO for consideration. Adjustments to age groups, eligibility requirements, team sizes, or competition formats will not be considered within six months of the start of Games.

1. SPORT: SPEED SKATING

2. PARTICIPANTS

2.1. Athletes

Up to 6 athletes (3 male, 3 female), per age category, per regional team.

2.2. Coaches and Managers

1 coach and 1 manager per regional team.

Each regional team must have 1 male and 1 female on their staff.

Only coaches will be allowed in each regional team's Coaches Box.

2.3. Regional Teams

Region	Number of Teams
North	0
East	1
South	1
West	1
Winnipeg Blue	1
Winnipeg Gold	1
Total	5

3. CLASSIFICATION

U14: Open to athletes born between July 1, 2011, and June 30, 2015.

U18: Open to athletes born between March 7, 2008, and June 30, 2011.

4. ELIGIBILITY

4.1. Athletes

All athletes must meet the eligibility requirements identified in the Manitoba Games [Eligibility Policy](#).

All athletes must be a registered member of a recognized speed skating club in Manitoba.

4.2. Coaches and Managers

4.2.1. Sport Manitoba Requirements

All coaches and managers participating in the Games must have completed:

- Criminal Record Check
- [Respect in Sport](#)
- [Understanding the Rule of Two eLearning Module](#)

4.2.2. Sport-Specific Requirements

All coaches must have completed:

- NCCP Introduction to Competition Speed Skating Course
- NCCP Making Head Way in Sport: Speed Skating Module
- NCCP Making Ethical Decisions Module

All managers must have completed:

- NCCP Making Head Way in Sport: Speed Skating Module
- NCCP Making Ethical Decisions Module

5. COMPETITION

5.1. Competition Format

Events

U14	Distance	U18	Distance
Female/Male	• 200M • 400M • 1500M • 2000M Super Final • 2000M Mixed Relay	Female/Male	• 500M • 1000M • 1500M • 3000M Super Final • 3000M Mixed Relay

U14 Male and Female: 2000M Super Final (top eight only, based on cumulative points).
All U14 events will be raced on the 100m track.

U18 Male and Female: 3000M Super Final (top eight only, based on cumulative points).
All U18 events will be raced on the 111.12m track.

All competitors must compete in all events.

Points System

- 1st – 1000 points
- 2nd – 816 points

- 3rd – 666 points
- 4th – 543 points
- 5th – 443 points
- 6th – 362 points
- 7th – 295 points
- 8th – 241 points
- 9th – 196 points
- 10th – 160 points
- 11th – 130 points
- 12th – 106 points

5.2. Competition Rules

Each race is subject to the Rule and Regulations as governed by Speed Skating Canada.

6. MEDALS

Medals will be awarded in accordance with SSC Championships guidelines.

Gold, silver, and bronze medals will be awarded to the first, second, and third-place individuals in each event respectively.

7. EQUIPMENT AND UNIFORMS

7.1. Regional Team Uniforms

Competitive uniforms will be in alignment with the Manitoba Games Competitive Uniform Policy.

Region	Primary Colour	Secondary Colour
North	Black	Orange
East	Grey	Purple
South	Red	Maroon
West	Dark Green	Light Green
Winnipeg Blue	Light Blue	Dark Blue
Winnipeg Gold	Yellow	Gold

7.2. Equipment Standards and Restrictions

All equipment is subject to Speed Skating Canada standards.

7.3. Athlete / Regional Team Provided Equipment

Athletes are responsible for bringing necessary speed skating equipment: sharpening jig, sharpening stones, skates, skin suit, neck guard, helmet, cut resistant gloves, safety glasses, and cut resistant ankle guards.

8. PROTESTS AND APPEALS

8.1. Guiding Rules

- 8.1.1. Appeals will only be considered for sport-specific, technical issues affect the field of play and competition structure.
- 8.1.2. Appeals are only considered when submitted by a regional team's coaching staff.
- 8.1.3. All appeals must be made in writing within one hour of the end of competition or the time of the initial decision being rendered. Extensions may be considered due to logistical challenges.
- 8.1.4. Sport Appeal Committees will be led/chaired by the PSO Technical Representative (Tech Rep) and include the Sport Committee Chair(s), Head Official of the game/competition in question (if applicable), and a representative of Sport Manitoba.
- 8.1.5. Decisions of the Sport Appeal Committee will be final.

8.2. Procedure

- Participants protesting the result of a competition decision must request an appeal form from the Sport Committee Chair(s).
 - Upon completion, the form must be submitted to the Sport Committee Chair(s).
 - The Sport Committee Chair(s) will contact the PSO Tech Rep and request they convene a Sport Appeal Committee.
 - The Sport Appeal Committee will review the submission, request additional information and/or meetings if desired, and make their decision within an hour of the time the protest was submitted.
 - Relevant parties will be notified of the Sport Appeal Committee's decision.
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9. ATHLETE FILL POLICY

9.1. Sport Manitoba Requirements

Regional teams may utilize athletes from outside of their region's boundaries to fill out rosters in accordance with the Manitoba Games Regional Team Policy.