



South Asian Youth Action

Spring

# ELMHURST CENTER HIGH SCHOOL PROGRAMS

PROGRAMMING RUNS:  
FEBRUARY 2ND-JUNE 13TH, 2026



54-05 SEABURY STREET  
ELMHURST NY 11373





South Asian Youth Action

## SPRING PROGRAMMING RUNS: FEBRUARY 2ND-JUNE 13TH, 2026

### ARISE (9th & 10th Graders)

Build skills to succeed in high school and college through this co-ed leadership program!

Arise focuses on advocacy & community service, while tackling issues that YOU think are important to your community.

Led by Amanda Seecharan:  
amanda@saya.org



### YOUNG MEN'S LEADERSHIP (11th Graders)

Explore leadership via interactive sessions with discussions on topics that range from mental health to gender/identity through this program for male-identifying and gender-expansive youth.

You'll leave the program with increased self-awareness through introspective & discussion-based activities!  
(Includes SAT Prep)

Led by Thierry Ankoue:  
thierry.ankoue@saya.org

### YOUNG WOMEN'S LEADERSHIP (11th Graders)

This is a welcoming space for female-identifying and gender expansive youth where you'll explore leadership through discussions on current events and interactive sessions on gender justice and identity among other topics.

You'll build a toolkit for success & uncover your core leadership style through this program!  
(Includes SAT Prep)

Led by Anna Shams  
anna.shams@saya.org

### SENIOR COHORT (12th Graders)

Explore post-secondary pathways to find your best fit!

Program includes assisting in your decision making process for your postsecondary plans, and help prepare you for that transition through building communication, self advocacy, and personal management skills.

Led by Raymond Huang  
raymond.huang@saya.org





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## SAYA Spring 2026 Elmhurst Center Programming Schedule

| MONDAY   | TUESDAY                                       | WEDNESDAY  | THURSDAY  | FRIDAY  | SATURDAY   |
|--|---|--|---|---|--|
| 11am-3pm   |   |  |   |   | 9:30am-11:30am   |
| <p>Staff Admin</p> <p>College Success Meetings</p> <p>Youth Free Time (if early dismissal)</p> |   |  |   |   | Young Women's Sports   |
|  |   |  |   |   | 11:30am-1:30pm   |
|  |   |  |   |   | <p>Arise Leadership</p> <p>Senior Cohort</p> <p>SAT Prep</p>                     |
|  |   |  |   |   | 1:30pm-3:30pm  |
|  |   |  |   |   | <p>Young Men's Leadership</p> <p>Young Women's Leadership</p>                    |
| Open Gym: 3pm-4pm  |   |  |   |   |  |
| 4pm-6pm  | 4:30pm-6:30pm                                 | 4:30pm-6:30pm                                      | 4:00pm-6:00pm   | Fun Fridays:<br>3pm-6pm                         | Clubs: 3:30pm-6pm  |
| Open Gym   | <p>Arise Leadership</p> <p>Open Gym</p>       | <p>Young Men's Leadership</p> <p>Senior Cohort</p> | <p>Young Women's Leadership</p> <p>Senior Cohort Office Hours</p> <p>Open Gym</p> | <p>Basketball Practice</p> <p>Games Club</p>    | <p>Book Club</p> <p>Games Club</p> <p>Basketball Practice</p> <p>SAYA Events</p> |
| Seema, Priya   | Amanda, Raymond, Ahladini, Marwa, Priya Aaron | Amanda, Raymond, Thierry, Aaron                    | Amanda, Amna, Raymond, Ahladini, Priya, Aaron                                     | Amanda, Raymond, Thierry, Amna, Ahladini, Aaron | Amanda, Raymond, Thierry, Amna, Ahladini, Marwa, Priya, Aaron                    |