



Gaia Cable Car in Vila Nova de Gaia

West Kent Medico-Chirurgical Society Trip to Porto

21 - 25 May 2026

4 nights Porto

With Post-Tour Extension to Pinhão

25 - 27 May 2026



JON BAINES
TOURS

Level 3
MODERATE





University of Coimbra

Explore the dynamic, sumptuous city of Porto, with its historic centre and exquisite food and wine.

Discover Porto's rich history and vibrant culture on a walking tour through the city. Hear the stories told by its stunning 'azulejos' — painted, glazed ceramic tiles that adorn churches, train stations, shops, and homes.

Cruise along the Douro aboard a traditional Rabelo boat, explore the Ribeira, grand beaux-arts boulevards, ornate baroque churches and the southern district of Vila Nova de Gaia. Delve into Porto's fascinating medical history and enjoy a tasting tour at one of the city's famous port wine houses. Take a day trip to Coimbra, a beautifully preserved medieval town.

Extend your tour with two nights in Pinhão and discover what the Portuguese have long known; the Douro region is one of the most sublime destinations in Europe. Over millennia, the Douro River sliced deep valleys into the earth, creating a spectacular landscape that is today one of the world's oldest demarcated wine regions. Visit four distinguished estates and sample some of the region's most iconic wines.

THIS TOUR IS CLASSED AS:

Level 3 | Moderate



Regular walking at destinations, extended standing and /or increased travel distances. Good fitness is required.

4 nights Porto

Day 1: Porto (Thu, 21 May) **D**

Pm: Arrive and transfer to PortoBay Hotel Teatro. Enjoy a welcome dinner in the city.

B

Day 2: Porto (Fri, 22 May)

Am: Explore Porto on a walking tour, examining its architecture, azulejos tiles, and local flavours. Discover hidden tile treasures in vibrant neighbourhoods, and taste classic Portuguese treats like pastel de nata.

Pm: Cruise along the banks of Porto and Vila Nova de Gaia in a traditional Rabelo boat on the 'Six Bridges Cruise'. Enjoy a guided tour of the Medical History Museum at the ULS de Santo António.

Day 3: Porto/Coimbra (Sat, 23 May) **B**

Am: Drive to the riverfront city of Coimbra, Portugal's former capital. Explore the well-preserved medieval old town and visit the University of Coimbra, founded on the site of a former palace. Admire its grand baroque library, the Biblioteca Joanina, and the 18th-century bell tower, and take a guided tour of the university library.

Pm: Return to Porto.

Day 4: Porto (Sun, 24 May) **B D**

Am: Experience a port house tour and tasting at Ramos Pinto located in Vila Nova de Gaia, on the south bank of the Douro River.

Pm: Farewell dinner.

Day 5: Porto (Mon, 25 May) **B**

Am: Depart after breakfast or take part in a Douro Valley extension trip to experience the wine and vineyards of Portugal.

Post-Tour Extension to Pinhão: 25 - 27 May 2026

Day 5: Douro Valley (Mon, 25 May) **B L**

Am: Board the Douro Line at Porto's beautifully tiled São Bento Station and follow the river into the heart of the Douro Valley wine region.

Pm: Visit Quinta do Crasto, a renowned winery and historic estate with breathtaking views over the Douro. Tour its terraced vineyards and enjoy an alfresco lunch paired carefully with the region's iconic wines. Check in to the hotel and at leisure.

Day 6: Douro Valley (Tue, 26 May) **B D**

Am: Visit Sandeman's Quinta do Seixo estate, where a winery, founded in 1790, blends tradition with modern innovation across 100 hectares. Guided by the iconic Sandeman Don, learn the legacy of port wine and taste three signature varieties.

Pm: Optional boat cruise, followed by a tour and dinner at Quinta de la Rosa — a pioneering single quinta winery famed for its premium wines and ports. Dinner includes a tasting of three wines.

Day 7: Douro Valley (Wed, 27 May) **B L**

Am: Return to Porto via Quinta da Aveleda in the Vinho Verde region. Explore its gardens, the historic cellar and enjoy lunch paired with three wines.

Pm: Transfer to Francisco Sá Carneiro Airport Porto.

All itineraries are subject to change according to local conditions.



Porto riverfront in the evening

Hotel

PortoBay Teatro (Porto)

This 4-star hotel in Porto, fully refurbished in 2021, has reopened with a fresh, bright and rejuvenated look, situated in the theatre district on Rua Sá da Bandeira, in the heart of the historic city centre. All rooms feature Wi-Fi, coffee and tea facilities, and a minibar. There is an on-site restaurant and bar, 24-hour reception, room service, and concierge.

Quinta do Pêgo (Pinhão Extension)

A modern 4-star country hotel and wine estate perched high on the banks of the Douro in the heart of port wine country. The quinta features tastefully furnished bedrooms, all with air-conditioning, phone and satellite TV. There's also a restaurant, bar and an outdoor pool with spectacular views of the river and beyond.



Porto's most famous produce



Douro - Pinhão



Ribeira (top); The Chapel of Souls (Capela das Almas); The beautiful Douro Valley (above)

The cost of the tour is £940 per person sharing

The cost of the tour with a room to yourself is £1,265

The cost includes:

- Four nights' accommodation in double or twin-bedded rooms with private facilities
- The services of an English speaking national guide in Porto and Coimbra
- A full programme of cultural visits and tours as detailed in the itinerary
- Breakfast daily and meals as per the itinerary
- All internal transport
- All admission fees, tips and taxes

The cost excludes:

- International flights and airport transfers
- Meals not mentioned
- Drinks not mentioned
- All optional excursions, tours and visits; all personal extras such as portage, laundry and inoculation fees; travel insurance and visas

The cost of the Douro Extension is £894 per person sharing

The cost of the Douro Extension with a room to yourself is £1062

The cost includes:

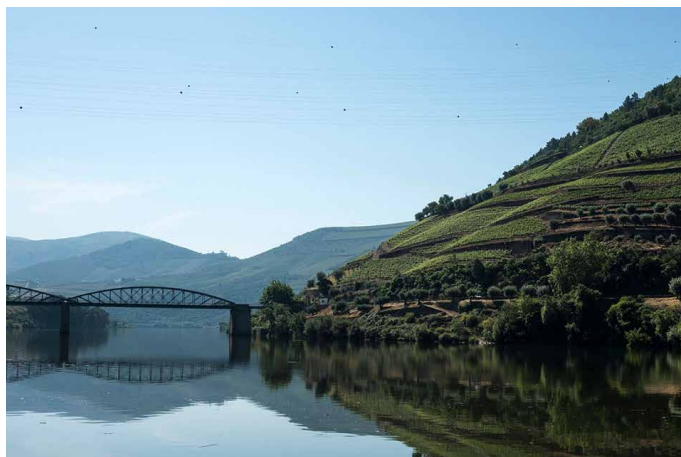
- Two nights' accommodation in double or twin-bedded rooms with private facilities
- Visits to four distinguished wineries in the Douro Valley
- Breakfast daily, lunches and dinners with wine as mentioned
- All internal transport services, including transfer to Porto airport on the final day
- All admission fees, tips and taxes

About Us

To travel with us is to dig below the surface, revealing the deeper destination. Of course, you will visit the great historical sites; marvel at the wonders of architecture and engineering; be moved by the riches of culture and art; and experience the most spectacular landscapes in the world. What we also do is make sure that you see the country as it is today, giving you privileged access that independent travel and other tour companies rarely get close to. We give you a variety of experiences, from the sublime to the humble, in the company of intelligent, curious, like-minded people. And while we can be worthy, we also make sure that you have a lot of fun.

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São Bento Train Station (top); Douro Valley;
Traditional Rabelo boat; Porto's colourful banks (above)



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