



Giraffes at Mkuze Game Reserve

Dental Study Tour to South Africa 1 – 12 March 2027

Includes 12 Hours of CPD Visits and Talks

With pre-tour extension to Victoria Falls
26 February – 1 March 2027

‘The trips organisation, facilities and activities were to a very high standard and there is nothing that I would have changed. I am very grateful to have been a part of this organised tour; it was truly a trip of a lifetime where I enjoyed every minute.’

Chloe Denley, Veterinary Study Tour to South Africa, May 2025



Level 3
MODERATE





Blyde River Canyon on the stunning Panorama Route

This study tour reveals the many faces of this beautiful and diverse land, offering fascinating insight into South Africa's culture, history and wildlife.

Travel from Johannesburg, where you'll visit Soweto and the former home of Nelson Mandela, into the safari landscapes of Mpumalanga for game drives in Kruger National Park.

Journey along the world-famous Panorama Route, through the stunning kingdom of Eswatini (formerly Swaziland), and into culturally distinct KwaZulu-Natal, renowned for its wildlife. The tour concludes in the cosmopolitan harbour city of Cape Town, where you'll sample the flavours of the Stellenbosch wine region and explore sites from Table Mountain to Chapman's Peak.

Along the way, a programme of professional visits and talks provides valuable insight into dental practice in both urban and rural settings. Specialist experiences include a visit to a provincial dental clinic in KwaZulu-Natal and a lecture on veterinary dentistry in Kruger National Park. Throughout the tour, experienced leader Ashok Sethi will deliver a series of engaging and varied CPD lectures.

There is also the opportunity to take the pre-tour extension to spectacular Victoria Falls.

THIS TOUR IS CLASSED AS:

Level 3 | Moderate



Regular walking at destinations, extended standing and /or increased travel distances. Good fitness is required.

Tour Leader

Ashok Sethi has pioneered, in the UK and internationally, the art and science of surgical and restorative implant dentistry for 25 years. His practice is totally dedicated to implants, achieving outstanding success rates in terms of predictability as well as aesthetic and functional outcome.

He conceived and taught the Diploma in Implant Dentistry of the Royal College of Surgeons of England. He is the director of the recently established PID – Academy providing postgraduate education and training in practical implant dentistry. He is a founding member and past president of the ADI and has been elected as an honorary life member of the Association.

He has written a book “Practical Implant Dentistry” jointly with Thomas Kaus, which



is published by Quintessence International and has been translated into 10 different languages. The 2nd edition, “Practical Implant Dentistry–the Science and Art”, is available.

**‘Ashok highly personable tour leader and great company.
He was clearly eminent in his field.’**

Andrew Gilkes, Dental Study Tour in Uzbekistan, Oct 2024

A herd of Zebra at Kruger National Park



Itinerary 1 – 12 March 2027

B = Breakfast **L** = Lunch **D** = Dinner

2 nights Johannesburg – 3 nights Hazyview – 1 night Eswatini
– 2 nights Kwa Zulu Natal – 3 nights Cape Town



Pre-tour extension to Victoria Falls

26 February – 1 March 2027

Day 1: Johannesburg (Fri, 26 Feb)

Am: Arrive in Johannesburg and transfer to the hotel.

Day 2: Johannesburg / Victoria Falls (Sat, 27 Feb) **B**

Am: Mid-morning flight to Victoria Falls.
Pm: Arrive and transfer to the A'Zambezi River Lodge and at leisure.

Day 3: Victoria Falls (Sun, 28 Feb) **B L**

Am: Guided tour of Victoria Falls after breakfast. Lunch at the Lookout Café.
Pm: At leisure before an evening cruise during a beautiful Zambezi sunset.

Day 4: Victoria Falls/ Johannesburg (Mon, 1 Mar) **B D**

Am: At leisure.
Pm: Fly back to Johannesburg and transfer to the Garden Court to join the main tour.

Day 1: Johannesburg (Mon, 1 Mar) **D**

Am: Arrive in Johannesburg and transfer to the Garden Court.
Eve: Enjoy a welcome dinner at a restaurant.

Day 2: Johannesburg (Tues, 2 Mar) **B L**

Am: Visit the Netcare Medicross medical and dental centre, South Africa's largest private primary healthcare network. Drive to Soweto.
Pm: Lunch at a traditional shebeen. Sightseeing tour of Soweto including the Baragwanath taxi rank area, Freedom Square and Nelson Mandela's former home.

Day 3: Johannesburg / Hazyview (Wed, 3 Mar) **B D**

Am: Drive to Hazyview, arrive at Hippo Hollow and check in. At leisure to relax around the pool or go on local nature walks.
Pm: CPD lecture before dinner at the lodge.

Day 4: Hazyview (Thurs, 4 Mar) **B L**

Am: Rise before sunrise for an early morning game drive in the Kruger National Park in open safari vehicles. It isn't unusual to spot all of the 'big five' in a single day, alongside many other mammal, bird and reptile species. Experience a bush lunch and return to the lodge in the early evening.
Eve: Hear a talk from Kruger Park veterinarian, Peter Buss, on his work in the Kruger National Park which will cover veterinary dentistry in the park.

Day 5: Hazyview (Fri, 5 Mar) **B**

Am: Full day to explore the stunning Panorama Route, including God's Window, Bourke's Luck Potholes, the Blyde River Canyon, the Three Rondavels and the historic gold rush town of

Pilgrims Rest. Return to the lodge for dinner and time at leisure.

Day 6: Hazyview / Royal Kingdom of Eswatini (Sat, 6 Mar)

B

Am: Drive into the Royal Kingdom of Eswatini (formerly Swaziland). En-route stop and explore the capital Mbabane on an orientation tour. Continue to Mhlambanyatsi and check in to the Foresters Arms.

Pm: At leisure to enjoy the surroundings, walk, cycle or relax with a massage. CPD lecture before dinner at the hotel.

Day 7: Royal Kingdom of Eswatini / Kwa Zulu Natal (Sun, 7 Mar)

B D

Am: Take a stunning coastal drive to into Zululand and visit a local dental clinic en-route to learn of rural dentistry in South Africa. Continue to the town of Mkuze and check in to Ghost Mountain Lodge.

Pm: At leisure to enjoy the lovely lodge, perhaps visiting the spa, pottering in the garden or enjoying a gin and tonic on the jetty before dinner at the lodge.

Day 8: Kwa Zulu Natal (Mon, 8 Mar)

B D

Am: Take a boat trip across Lake Jozini to view elephants and hippos in the water amidst spectacular scenery. Safari at Mkuze Game Reserve amongst rolling acacia savannah, swamps, woodlands and riverine forest. Wildlife includes black and white rhino, elephant, giraffe, leopard, cheetah, buffalo and plains game.

Pm: Return and option to use the spa (included) before dinner at the lodge.

Day 9: Kwa Zulu Natal / Cape Town (Tues, 9 Mar)

B D

Am: Drive to Durban to catch flight to glamorous Cape Town with its stunning natural setting, dominated by Table Mountain.

Pm: Orientation tour of this spectacularly located city. Visit a local clinic.

Day 10: Cape Town (Wed, 10 Mar)

B L

Am: Take a cable car ride up to Table Mountain for spectacular views.

Pm: Drive to Stellenbosch and the winelands and take part in wine, cheese and tasting at two vineyards. Return to Cape Town and at leisure.

Day 11: Cape Town (Thurs, 11 Mar)

B D

Am: Drive to Chapmans Peak and onto the Boulders Beach and see the thriving colony of endangered African penguins. Take the Flying Dutchman Funicular up to Cape Point for panoramic views and to see the old lighthouse.

Pm: Return to Cape Town and at leisure before farewell dinner.

Day 12: Cape Town (Fri, 12 Mar)

B

Am: Depart the hotel after breakfast and transfer to the airport.

NB: All itineraries are subject to change according to local conditions.

Views of Table Mountain





Victoria Falls

Hotels

Garden Court Sandton City, Johannesburg

This comfortable, modern hotel has an excellent location in a good area adjacent to the shops and restaurants in the Sandton City complex, next to Nelson Mandela Square.

Hippo Hollow (Mpumalanga Hazyview)

Nestled amongst lush indigenous gardens overlooking the beautiful Sapi River, Hippo Hollow provides spacious rooms with river or garden views, two swimming pools set in the peaceful gardens, a bar and a restaurant.

Foresters Arms (Eswantini)

A charming, owner-run hotel set within stunning mountain countryside, just a short scenic drive from the capital, Mbabane. The hotel offers an intimate, rustic atmosphere throughout its rooms, restaurant, and bar, and the beautiful gardens feature a swimming pool.

Ghost Mountain Inn (Mkuze, Kwa Zulu Natal)

An elegant homestead that has been a hotel for 50 years, Ghost Mountain Inn is renowned for its superb service and the comfort of its rooms. Enjoy five acres of gardens rolling down to the water, dotted with ancient fig trees, with two lovely pools and a spa.

President Hotel (Cape Town)

The hotel is in an upmarket district a very short walk from the promenade and the beach. The rooms are designed in contemporary style and include mountain or sea views. Amenities include an outdoor pool, spa treatment rooms, an exercise room, lounge bar, restaurant and a gift shop.

A'Zambezi River Lodge, Victoria Falls (extension)

A charming 4-star hotel set within beautiful grounds on the banks of the Zambezi River, with friendly staff and an excellent bar and restaurant. Watch wildlife such as warthogs and perhaps a hippo enjoying the peaceful setting, with mighty Victoria Falls just a few kilometres upriver.



Hippo Hollow



White Rhinos (top); Cape coastline; The majestic Cape Winelands; Penguins at Boulders Beach, Cape Town (above)

The cost of the tour sharing a double or twin room is £3,980

The cost of the tour with a room to yourself is £4,620

The cost of the tour includes:

- 11 nights' accommodation in double or twin-bedded rooms in medium grade and boutique hotels and game lodges
- The services of a tour leader, Ashok Sethi
- The services of an English-speaking national guide throughout the tour
- A full programme of professional visits, meetings and talks as per the itinerary (12hrs CPD)
- A full programme of cultural tours and visits as detailed in the itinerary
- A full programme of safaris in the Kruger National Park and Mkuze Game Reserve
- Breakfast daily and dinner and lunches as per the itinerary
- All internal transport including flights from Durban to Cape Town
- Comprehensive briefing notes
- All admission fees and tips

The cost excludes:

- International flights, airport transfers and taxes
- Meals not mentioned
- Drinks with meals
- All optional excursions, tours and visits; all personal extras such as portage, laundry and inoculation fees; travel insurance, visas (if required) and taxes

The extension cost is £842

OR £1,122 with a room to yourself

Extension cost includes:

- 2 night's bed and breakfast accommodation at the A'Zambezi River Lodge
- Transfer from hotel to the airport in Johannesburg
- Transfers to/from Victoria Falls guided tour
- Victoria Falls guided tour and sunset cruise

The cost excludes:

- Return flights from Jo'burg to Victoria Falls
- Visa fee (if required); Victoria Falls entrance fee (payable in USD on arrival); River fee (prior to cruise in USD)
- Meals and transfers not mentioned

About Us

To travel with us is to dig below the surface, revealing the deeper destination. Of course, you will visit the great historical sites; marvel at the wonders of architecture and engineering; be moved by the riches of culture and art; and experience the most spectacular landscapes in the world. We also ensure that you see the country as it is today, giving you privileged access that independent travel and other tour companies rarely get close to.

From the sublime to the humble, we provide a variety of experiences in the company of intelligent, curious, like-minded people. And while we can be worthy, we also make sure that you have a lot of fun!

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Cape Town harbourside (top); Zulu women; Stellenbosch Mountain Vineyards; Humpback breaching False Bay South Africa (above)



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