

Autumn 1 Term 2025

# SEND Newsletter



theplacetobe



## A message from Mrs Hart

I've had a wonderfully busy start to the term, getting to know SEND children across the school, as well as their parents and carers. I've loved popping into classrooms each day and joining the Wellbeing Table for lunch.

It was a real pleasure to host my first 'Meet the SENDCo' at the Wellbeing Drop-in in September, where I proudly introduced our new Wellbeing Hub—brimming with games and sensory resources. Our Calm Room has already become a favourite space for many children.

The Wellbeing Team's full schedule of interventions are underway, including Lego Therapy, ELSA, Sand Tray Therapy, Draw and Talk, and Gardening Club. We've introduced two new morning routines for some children: Welcome Club in Yr3-6, which offer a soft start to the day for children who find separation tricky, and Sensory Circuits, a mix of physical, sensory and calming activities to help children feel ready for the day.

If you have any concerns about your child, please speak with their class teacher so we can work together to ensure you and your child feel fully supported.



Our amazing Wellbeing Team

## Wellbeing Drop-in

Our Wellbeing Drop-in every Wednesday afternoon from 2pm is always such a lovely, relaxed session where parents can connect, share experiences, and gain advice from our friendly Wellbeing Team in a supportive and welcoming space.

We were delighted to welcome Tas, our School Nurse, to one of our recent sessions – she was brilliant! Tas offered fantastic advice and signposted parents to helpful support.

We're already looking forward to next half term, when we'll be joined by more special visitors. Everyone is welcome – pop in for a chat, a cuppa, and a bit of support!



Sensory Circuits

## Meet Molly!



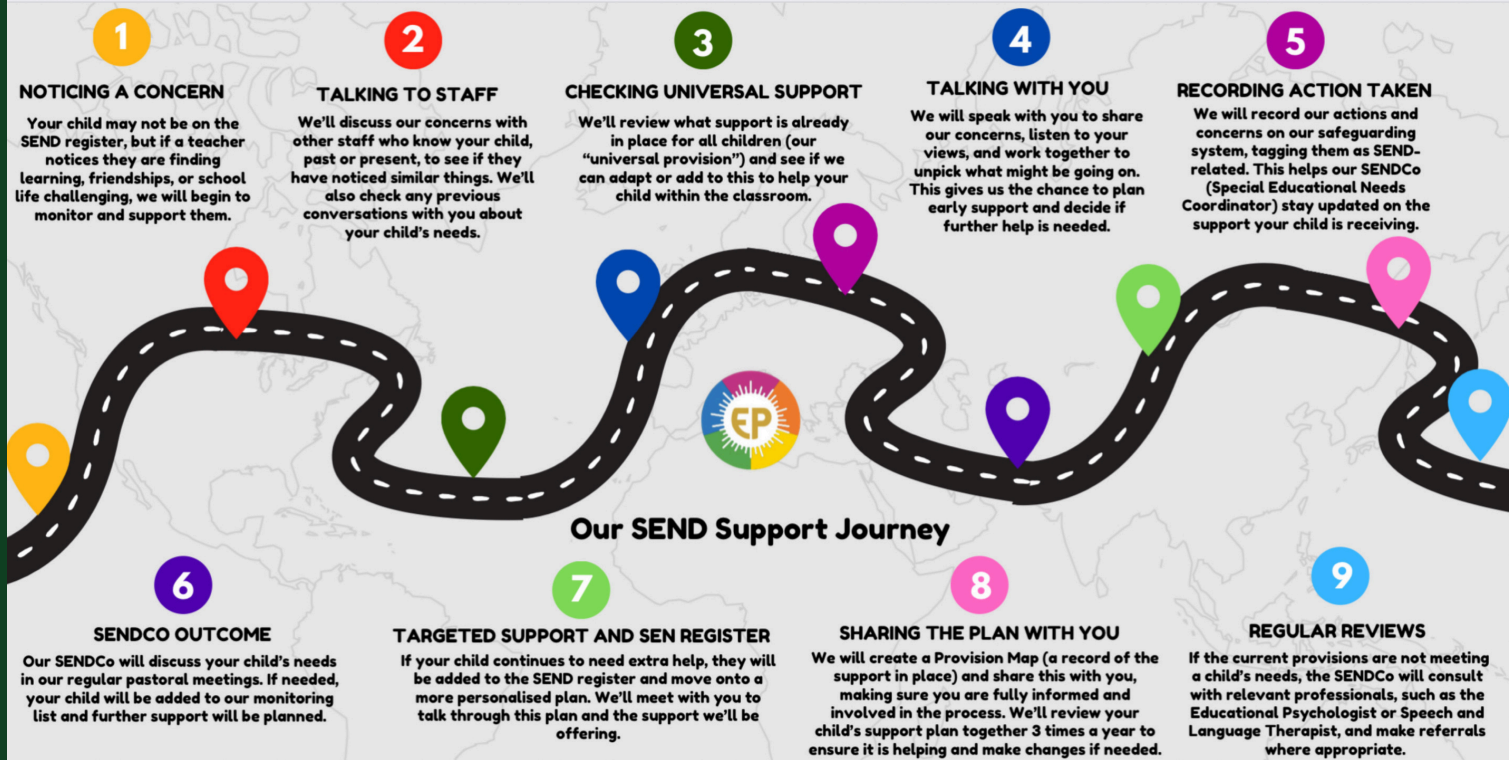
Molly is our new Therapy Dog who visits Eden Park every other week with her owner, Christel. During her visits, children are able to read their favourite books to Molly – a calm, caring listener who never judges! This special time helps build confidence, reduce anxiety, and nurture a lifelong love of reading.



Mrs Hart  
Inclusion Lead & SENDCo



# Eden Park's SEND Support Journey



The Children's Society

## CheckPoint

We provide help to young people aged 8–24 across Torbay to:

- Overcome the challenges that hold you back.
- Achieve the things that matter to you.
- Give you skills and strategies to help you move forward.



Online



face-to-face



Over the phone

## Wellbeing Services



Early help for ages 8-13 who are struggling with big emotions, that they can feel happier, supported, and safer.

**Time**

for young people

Flexible, immediate support for ages 11-25 years to help manage emotional challenges and improve wellbeing.

**low-intensity CBT**

6-8 weeks of structured support for ages 8-18 with mild - moderate anxiety, low mood and/or behavioural difficulties.

**autism & learning difficulties support**

Support for young people with complex needs: relationships, mood, support around diagnosis, behaviours, and more.

**Resolve@**

Support for people aged 8 - 18 who have experienced domestic violence or abuse.

**Phoenix Youth Groups**

Social groups for young people who are isolated, anxious or neurodivergent.

For more information & to refer



<https://www.childrenssociety.org.uk/information/young-people/checkpoint>



01803 200100 9am- 5pm

## UNDERSTANDING YOUR CHILD



S O L I H U L L   A P P R O A C H

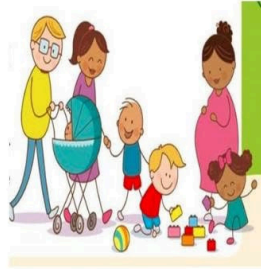
9:30am – 11:30am for 10 weeks at Parkfield House, Paignton, TQ3 2NH

On the following Fridays

26th Sept / 3rd Oct, 10th Oct, 17th Oct, 24th Oct /  
7th Nov, 14th Nov, 21st Nov, 28th Nov / 5th Dec

### We may cover topics including:

- Feelings
- Importance of Play
- Effective Communication
- Developmental Needs
- Challenging Behaviour
- Sleep



To book a place, please contact  
Andrew Wright or Kate Smith on  
[andrew.wright@torbay.gov.uk](mailto:andrew.wright@torbay.gov.uk)  
07776495028  
[kate.smith@torbay.gov.uk](mailto:kate.smith@torbay.gov.uk)  
07919218400

Understanding Your Child is a course for all parents, grandparents and carers of children aged 6 months to 6 years.

Familyhub



Torbay School  
Nursing Team

0 to 19  
TORBAY  
for you



## Contact Us

T: 0300 333 5352 (Monday – Friday 9am to 5pm)  
E: [tsdft.0to19torbay@nhs.net](mailto:tsdft.0to19torbay@nhs.net)  
A: 0 to 19 Torbay, St. Edmunds, Victoria Park Rd, Torquay TQ1 3QH  
W: [torbayfamilyhub.org.uk](http://torbayfamilyhub.org.uk)  
Chat via the Torbay Family Hub App

TORBAY  
COUNCIL

## Torbay Locality Pilot

### FAMILY SUPPORT COFFEE MORNINGS FOR SEND PARENTS & CARERS



COME AND JOIN US FOR A CHAT!



Are you a parent or carer of a child with  
SEND aged 0-25?

If so, we would love you to join us at one of our coffee  
mornings as below – all welcome:

What  
support is  
available?

Chat to colleagues from  
Social Care,  
Early Years &  
SENDIASS

How can I get  
help?

Monday 13<sup>th</sup> October

The Beehive, Paignton – 10am-12pm

Thursday 16<sup>th</sup> October

The Barn, Brixham – 12.30pm-2.30pm.

Wednesday 22<sup>nd</sup> October

Family Hub Room, Zig Zags Torquay – 11.00am–2.00pm

Drop in at any of the times above -

Babies and Toddlers are most welcome!



# WELLBEING DROP-IN

Every Wednesday from 2pm

A welcoming and relaxed opportunity to chat to the Wellbeing Team who are available to offer support and advice.