



Issue 37 | August 2025

Just as ripples spread when a single pebble is dropped into water, the actions of individuals can have far-reaching impact. *The Ripple* is a special newsletter created by Cincinnati Nature Center for people looking for ideas and support in their efforts to protect nature.

### Important Announcement

Our team is currently working on ways to expand *The Ripple* in new and exciting ways! **During this process, our usual monthly e-newsletter will now be delivered to your inbox every other month.** We value your opinion—if you would like to share your thoughts or feedback on current content or frequency of emails, please email **Connie O'Connor** at [coconnor@cincynature.org](mailto:coconnor@cincynature.org).

## OCVN ANNOUNCEMENTS

As *The Ripple* e-newsletter evolves, all future volunteer opportunities and OCVN announcements will now be shared via the [OCVN Cincinnati Nature Center Facebook Group](#). Please request to join to see or share content within this private group.

[Click to Join!](#)

## GET INSPIRED!



### Get Inspired: Wisdom from an Award-Winning Volunteer

Article by Tracy Vonder Brink

Spending his retirement on a golf course doesn't suit Robert Kincses. Instead, he's taken on projects that include everything from restoring green space for Dayton-area veterans to working against fracking in Ohio. Robert's efforts have earned him a Philo Festival of Media Arts Award and a Sinclair Alumni Association Service Award, and he was inducted into the Ohio Veterans Hall of Fame in 2014.

Read about how this Vietnam-era veteran helps his community and his advice for anyone who

wants to do the same.

[Click to Read More](#)

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## LEARN MORE TO DO MORE

### 10 Scientific Tips to Make You Better at Conversation

A new book explores everything we think we know—and often get wrong—about having good conversations.

[Click to Learn More](#)

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### The Six Points of Connection We All Need

Research indicates that a variety of different social behaviors help prevent loneliness and foster a sense of community and belonging.

[Click to Learn More](#)

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### Become a Master Rain Gardener

Help your community address stormwater issues! Click below to learn more about becoming a master rain gardener.

[Click to Learn More](#)

## YOU'RE INVITED!

Below you will find invitations from Cincinnati Nature Center members who are hosting meet-ups around topics and skills that might positively impact conservation. This section of *The Ripple* helps people find each other, because we are better together!

### You don't need to be a climate activist to create a space for conversation.

If you'd like to expand or deepen your social network but aren't quite sure how, consider taking the lead on a program like [The Week](#). We would be happy to promote your group gatherings in *The Ripple*.

[Click to Learn More](#)

# VOLUNTEER OPPORTUNITIES

## Course Creation Volunteer Needed

If you have experience using [Articulate](#) to design digital curriculum, and are creative and self motivated, we could use some help transferring a Powerpoint based program to Articulate learning modules.

If you're interesting and would like to learn more, please contact **Connie O'Connor** at [coconnor@cincynature.org](mailto:coconnor@cincynature.org).

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## OCVN Sunday Land Stewards

Cincinnati Nature Center is dedicated to creating a space for OCVN graduates to continue bonding with each other and earn service hours towards their certification. On Sundays, CNC Volunteer Coordinator Jeremy Garlock will take a group of volunteers into the woods to remove non-native species and restore habitat for natives to thrive.

This opportunity is open to all OCVN graduates as well as CNC volunteers, so come earn some hours, meet new people, or catch up with old cohort friends. Use the waiver to sign up today!

Even if you aren't yet an official Cincinnati Nature Center volunteer, you can sign a one-time waiver to join via the link below.

Meet at the visitor center on any of the following dates—the more the merrier:

- Sunday, August 17, 2–4:30 pm
- Sunday, August 24, 2–4:30 pm
- Sunday, August 31, 2–4:30 pm
- Sunday, September 14, 2–4:30 pm
- Sunday, September 21, 2–4:30 pm
- Sunday, September 28, 2–4:30 pm

Contact Jeremy Garlock at [jgarlock@cincynature.org](mailto:jgarlock@cincynature.org) with any questions.

[OCVN Sunday Volunteer Waiver](#)

## SHARE & SUBSCRIBE

### Give Us Your Feedback

You're receiving this action-oriented newsletter because you signed up for it, because you are a graduate of the Nature Center's Ohio Certified Volunteer Naturalist program, or because you have completed *The Ripple Effect* online course.

Wouldn't it be great if everyone had better information about ways to act (and inspire others to act) for conservation? **Take a minute to share this electronic digest with your friends**—they'll thank you for it!

If someone forwarded you this newsletter and you want to become a regular subscriber, [click here](#).

If you have suggestions for content or have other input, contact the Director of Applied Learning Connie O'Connor at [coconnor@cincynature.org](mailto:coconnor@cincynature.org).

If you want to unsubscribe, please [click here](#).

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