

| KW 07                    | Trainingsplan HC TIWAG Innsbruck - Saison 2025/2026 |                                       |             |                                       |                                            |                           |             |              |    |             |        |                            |
|--------------------------|-----------------------------------------------------|---------------------------------------|-------------|---------------------------------------|--------------------------------------------|---------------------------|-------------|--------------|----|-------------|--------|----------------------------|
| Datum                    | ICE                                                 | U20                                   | U17         | U15                                   | U13                                        | U11                       | U09         | U07          | LS | Prospect    | Goalie | Gesamt                     |
| Montag<br>09.02.2026     | 10.00-11.20                                         |                                       |             |                                       |                                            | Turnier                   |             |              |    |             |        | 10.00-13.50<br>15.00-20.50 |
|                          |                                                     | 20.00-20.50                           | 19.00-19.50 | 18.00-18.50                           | 17.00-17.50                                | Start 11.30               | 16.00-16.50 | 15.00-15.50  |    |             |        |                            |
| Dienstag<br>10.02.2026   | 10.00-11.20                                         |                                       |             |                                       |                                            | U11 LL rot<br>14.00-16.20 |             |              |    |             |        | 10.00-11.20<br>14.00-20.50 |
|                          |                                                     | 20.00-20.50                           | 18.50-19.50 | 17.40-18.40                           | 16.30-17.30                                |                           |             |              |    |             |        |                            |
| Mittwoch<br>11.02.2026   | 10.00-11.20                                         |                                       |             |                                       |                                            |                           |             |              |    |             |        |                            |
|                          |                                                     | 20.30-21.20                           | 19.30-20.20 |                                       |                                            | 17.30-18.20               | 16.30-17.20 |              |    | 18.30-19.20 |        |                            |
| Donnerstag<br>12.02.2026 | 10.00-11.20                                         |                                       |             |                                       | LL HCI:SPGKN<br>wup: 11.30<br>Spiel: 11.40 |                           |             |              |    |             |        | 10.00-13.20<br>16.30-19.20 |
|                          |                                                     |                                       |             | 18.30-19.20                           |                                            | 17.30-18.20               |             | 16.30-17.20  |    |             |        |                            |
| Freitag<br>13.02.2026    |                                                     |                                       |             |                                       |                                            |                           |             |              |    |             |        |                            |
|                          |                                                     | 20.00-20.50                           | 18.50-19.50 |                                       | 17.40-18.40                                |                           | 16.30-17.30 |              |    |             |        | 16.30-20.50                |
| Samstag<br>14.02.2026    |                                                     | HCI:OHA<br>wup: 16.30<br>Spiel: 16.45 |             | HCI:RBS<br>wup: 11.30<br>Spiel: 11.40 |                                            | Rot/Blau<br>Telfs         |             |              |    |             |        | 11.30-13.50<br>16.30-18.50 |
|                          |                                                     |                                       |             |                                       |                                            |                           |             |              |    |             |        |                            |
| Sonntag<br>15.02.2026    |                                                     |                                       |             | HCI:RBS<br>wup: 10.00<br>Spiel: 10.10 |                                            |                           |             | LTP<br>Telfs |    |             |        | 09.00-11.50                |
|                          |                                                     |                                       | Steiermark  |                                       | LL Wattens                                 |                           |             |              |    |             |        |                            |
| Auswärtsspiele           | Mannschaft                                          | Sponsorentraining: 09.00-09.50        |             |                                       |                                            |                           |             |              |    |             |        |                            |
|                          | U17                                                 | Hockey Club Ferlach                   |             |                                       |                                            |                           |             |              |    |             |        |                            |
|                          |                                                     | Eishockey - Akademie Steiermark       |             |                                       |                                            |                           |             |              |    |             |        |                            |
|                          | LL U13                                              | WSG Swarovski Wattens - Penguins      |             |                                       |                                            |                           |             |              |    |             |        |                            |
|                          | LL U11                                              | Telfs                                 |             |                                       |                                            |                           |             |              |    |             |        |                            |
|                          | U7                                                  | LTP Telfs                             |             |                                       |                                            |                           |             |              |    |             |        |                            |