A close-up photograph of a hand holding a piece of light-colored, textured paper. The hand is positioned on the left side of the frame, with fingers wrapped around the paper. The paper has a slightly mottled, aged appearance.

When life
doesn't make
sense

A horizontal strip of brown, textured paper with a torn left edge. A small piece of yellow adhesive tape is attached to the right side of the strip.

Psalm 37

Don't worry about the wicked or envy those who do wrong.
For like grass, they soon fade away. Like spring flowers, they
soon wither.

Trust in the Lord and do good. Then you will live safely in the
land and prosper.




When life
doesn't make
sense
Psalm 37

Psalm 37:1–8 (NLT)

Take delight in the Lord, and he will give you your heart's desires. Commit everything you do to the Lord.

Trust him, and he will help you.

He will make your innocence radiate like the dawn, and the justice of your cause will shine like the noonday sun.




When life
doesn't make
sense
Psalm 37

Psalm 37:1–8 (NLT)

Be still in the presence of the Lord, and wait patiently for him
to act.

Don't worry about evil people who prosper or fret about their
wicked schemes.


Stop being angry! Turn from your rage! Do not lose your
temper—it only leads to harm.



When life
doesn't make
sense

Psalm 37

Psalm 37:1–8 (NLT)



When life
doesn't make
sense

Psalm 37

❖ When I worry, I give the wrong people
power in my life

Refrain from anger and turn from wrath; do not fret—it leads
only to evil.




When life
doesn't make
sense

Psalm 37

Psalm 37:8 (NLT)

Commit everything you do to the Lord.

Trust him, and he will help you.



When life
doesn't make
sense

Psalm 37

Psalm 37:5 (NLT)

When life
doesn't make
sense
Psalm 37

"Life is 10% what happens to you and 90% how you
react to it."

Charles R. Swindoll

When life
doesn't make
sense

Psalm 37

“Worry is worshipping the problem.”

TobyMac

“Therefore I tell you, **do not worry** about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?




*When life
doesn't make
sense*

Psalm 37

Matthew 6:25–34 (NIV)

Can any one of you by worrying add a single hour to your life



When life
doesn't make
sense

Psalm 37

Matthew 6:25–34 (NIV)

“And **why do you worry** about clothes? See how the flowers of the field grow. They do not labor or spin. Yet I tell you that not even Solomon in all his splendor was dressed like one of these. If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—**you of little faith?**”



When life
doesn't make
sense

Psalm 37

Matthew 6:25–34 (NIV)

So **do not worry**, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ For the pagans run after all these things, and your heavenly Father knows that you need them.

But seek first his kingdom and his righteousness, and all these things will be given to you as well.



When life
doesn't make
sense

Psalm 37

Matthew 6:25–34 (NIV)


Therefore **do not worry** about tomorrow, for tomorrow will
worry about itself.

Each day has enough trouble of its own.



When life
doesn't make
sense
Psalm 37

Matthew 6:25–34 (NIV)



*When life
doesn't make
sense*

Psalm 37

- When I worry, I give the wrong people power in my life

❖ Worry fades away in the presence of God

Be still before the Lord and wait patiently for him; do not fret when people succeed in their ways, when they carry out their wicked schemes.




When life
doesn't make
sense

Psalm 37

Psalm 37:7 (NIV)


He says, “Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth.”



When life
doesn't make
sense
Psalm 37

Psalm 46:10 (NIV)

God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea, though its waters roar and foam and the mountains quake with their surging.




When life
doesn't make
sense

Psalm 37

Psalm 46:1–3 (NIV)

For to me, living means living for Christ, and dying is even better.



When life
doesn't make
sense
Psalm 37

Philippians 1:21 (NLT)

But when you pray, go into your room, close the door and pray to your Father, who is unseen.


Then your Father, who sees what is done in secret, will reward you.



When life
doesn't make
sense

Psalm 37

Matthew 6:6 (NIV)




*When life
doesn't make
sense*

Psalm 37

- When I worry, I give the wrong people power in my life
- Worry fades away in the presence of God

❖ God knows and will handle it

The third time he said to him, “Simon son of John, do you love me?” Peter was hurt because Jesus asked him the third time, “Do you love me?” He said, “Lord, you know all things; you know that I love you.” Jesus said, “Feed my sheep.




When life
doesn't make
sense

Psalm 37

John 21:17–23 (NIV)

Very truly I tell you, when you were younger you dressed yourself and went where you wanted; but when you are old you will stretch out your hands, and someone else will dress you and lead you where you do not want to go.” Jesus said this to indicate the kind of death by which Peter would glorify God. Then he said to him, “Follow me!”



When life
doesn't make
sense

Psalm 37

John 21:17–23 (NIV)

Peter turned and saw that the disciple whom Jesus loved was following them. (This was the one who had leaned back against Jesus at the supper and had said, “Lord, who is going to betray you?”)

When Peter saw him, he asked, “Lord, what about him?”




When life
doesn't make
sense

Psalm 37

John 21:17–23 (NIV)

Jesus answered, “If I want him to remain alive until I return, **what is that to you?** You must follow me.” Because of this, the rumor spread among the believers that this disciple would not die.

But Jesus did not say that he would not die; he only said, “If I want him to remain alive until I return, **what is that to you?**”




When life
doesn't make
sense

Psalm 37

John 21:17–23 (NIV)

You, then, why do you judge your brother or sister? Or why do you treat them with contempt? For we will all stand before God's judgment seat. It is written: " 'As surely as I live,' says the Lord, 'every knee will bow before me; every tongue will acknowledge God.' "



When life
doesn't make
sense

Psalm 37

Romans 14:10–13 (NIV)

So then, each of us will give an account **of ourselves** to God.

Therefore let us stop passing judgment on one another.

Instead, make up your mind not to put any stumbling block or obstacle in the way of a brother or sister.




When life
doesn't make
sense

Psalm 37


Romans 14:10–13 (NIV)


A little while, and the wicked will be no more; though you
look for them, they will not be found.



When life
doesn't make
sense
Psalm 37

Psalm 37:10 (NIV)

- 
- When I worry, I give the wrong people power in my life
 - Worry fades away in the presence of God
 - God knows and will handle it



When life
doesn't make
sense

Psalm 37