

Life threw me a curve ball and I wasn't ready for it



### I don't understand what God is doing



God reminds me He is aware of my situation



I'm not sure what to do



God intervenes to keep me on his path



God opens the right door at the right time



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# How DO we handle difficult circumstances?



GOD IS GOOD AND HE LOVES ME

brother "coworker 👑 🧪 📶 COWOrker

laughter

husband I



Give thanks to the Lord, for he is good. His love endures forever. Give thanks to the God of gods. His love endures forever. Give thanks to the Lord of lords: His love endures forever. to him who alone does great wonders, His love endures forever. who by his understanding made the heavens, His love endures forever.





who spread out the earth upon the waters, His love endures forever. who made the great lights— His love endures forever. the sun to govern the day, His love endures forever. the moon and stars to govern the night; His love endures forever.





to him who struck down the firstborn of Egypt His love endures forever. and brought Israel out from among them His love endures forever. with a mighty hand and outstretched arm; His love endures forever. to him who divided the Red Sea asunder His love endures forever.





and brought Israel through the midst of it, His love endures forever. but swept Pharaoh and his army into the Red Sea; His love endures forever. to him who led his people through the wilderness; His love endures forever.





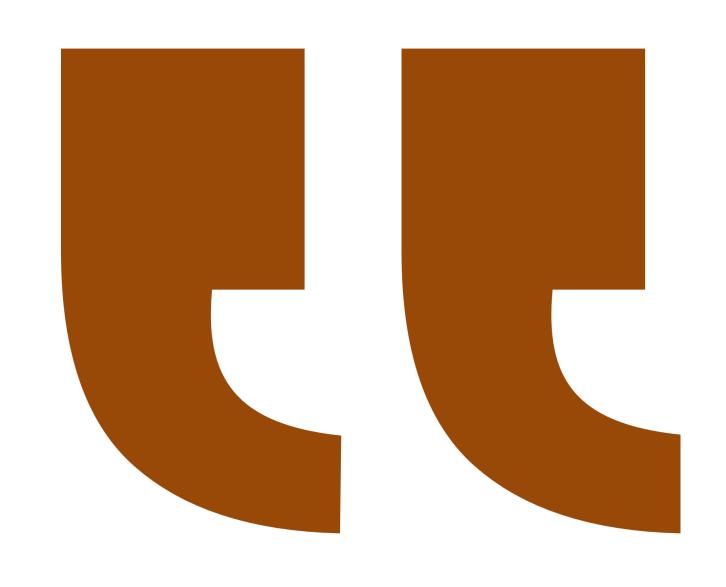
to him who struck down great kings, His love endures forever. and killed mighty kings— His love endures forever. Sihon king of the Amorites His love endures forever. and Og king of Bashan— His love endures forever. and gave their land as an inheritance, His love endures forever. an inheritance to his servant Israel. His love endures forever.





He remembered us in our low estate His love endures forever. and freed us from our enemies. His love endures forever. He gives food to every creature. His love endures forever. Give thanks to the God of heaven. His love endures forever.





God knows we are weak and, in His love, and grace allows circumstances to come into our lives to remind us that WE NEED HIM.

God is good and He loves me



GOD DOESN'T LOVE ME LESS WHEN LIFE

GETS HARD

- God is good and he loves me
- God doesn't love me less when life gets hard



MY FEARS



I will extol the Lord at all times; his praise will always be on my lips. I will glory in the Lord; let the afflicted hear and rejoice. Glorify the Lord with me; let us exalt his name together.





I sought the Lord, and he answered me; he delivered me from all my fears. Those who look to him are radiant; their faces are never covered with shame. This poor man called, and the Lord heard him; he saved him out of all his troubles.





The angel of the Lord encamps around those who fear him, and he delivers them. Taste and see that the Lord is good; blessed is the one who takes refuge in him. Fear the Lord, you his holy people, for those who fear him lack nothing. The lions may grow weak and hungry, but those who seek the Lord lack no good thing.



- God is good and he loves me'
- God doesn't love me less when life gets hard
- Go to the Word and talk to God about my fears



GIVE MY CIRCUMSTANCES TO GOD



Cast all your anxiety on him because he cares for you.





Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him, standing firm in the faith, because you know that the family of believers throughout the world is undergoing the same kind of sufferings.





And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast. To him be the power for ever and ever. Amen.



- God is good and he loves me
- God doesn't love me less when life gets hard
- Go to the Word and talk to God about my fears
- Give my circumstances to God



TAKE ONE STEP AT A TIME

God's grace provides everything you require. God's grace is form fitted for your moment of need.

God's grace is multifaceted and expansive, but also focused and personal.

God, in grace, doesn't just forgive you, he also empowers you to do what he called you to do. But he gives you his grace as you follow him and at the moment when you need it.



I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want.

I can do all this through him who gives me strength.



- God is good and he loves me
- God doesn't love me less when life gets hard
- Go to the Word and talk to God about my fears
- Give my circumstances to God
- Take one step at a time



#### LOOK FOR GOD IN MY CIRCUMSTANCES



Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ, through whom we have gained access by faith into this grace in which we now stand. And we boast in the hope of the glory of God.





Not only so, but we also glory in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope.

And hope does not put us to shame, because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us.



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- Go to the Word and talk to God about my fears
- Give my circumstances to God
- Take one step at a time
- Look for God in my circumstances

## I WON'T LET ANYTHING OR ANYONE DEFINE ME EXCEPT GOD



The Lord is my rock, my fortress, and my savior; my God is my rock, in whom I find protection. He is my shield, the power that saves me, and my place of safety.





How precious to me are your thoughts, God! How vast is the sum of them! Were I to count them, they would outnumber the grains of sand— when I awake, I am still with you.



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