



Clinical Genetics

NON-INVASIVE PRENATAL TESTING

NIPT

Non-invasive prenatal testing (NIPT), since its introduction into clinical practice over 10 years ago, has contributed greatly to the area of prenatal diagnostics¹. NIPT has established itself as a safe alternative to invasive investigations (i.e., amniocentesis and villocentesis), while ensuring high sensitivity by comparison to serological testing, e.g. Bi-Test.

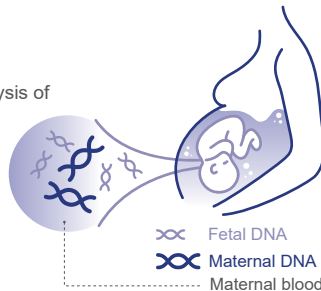


Recommended for **all pregnant women**

HOW DOES NIPT WORK?

NIPT is a non-invasive test that allows the analysis of fetal genetic material with a simple blood sample from the mother.

The test can detect fetal DNA circulating in maternal blood and analyse this DNA to identify the presence of chromosomal abnormalities and genetic diseases in the fetus.

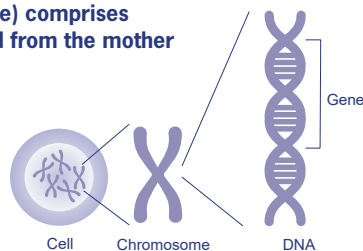


The amount of fetal DNA present in maternal blood increases throughout the pregnancy and is generally adequate for screening from week 10 of gestation. If the amount of fetal DNA in the sample is not adequate (determined during testing), it may be recommended that a new sample is obtained from the mother.

The chromosome set (called a karyotype) comprises 23 pairs of chromosomes, half inherited from the mother and half from the father:

- 22 pairs of non-sex chromosomes
- 1 pair of sex chromosomes

Chromosomes are formed from DNA. Some DNA segments are defined as GENES and provide the cell with the information required to perform its function.



Abnormalities in the process that leads to the formation of the embryo can cause different types of chromosomal alterations:

- Abnormalities in the **number** of chromosomes: ANEUPLOIDIES
- Abnormalities in the **structure** of CHROMOSOMES



Variations in the DNA sequence of the fetus, known as genetic mutations, may be inherited from the parents or occur for the first time in the fetus. These variations, depending on where they occur in the DNA sequence, can lead to different Genetic Diseases.

Genetic Diseases

Several studies have shown that the frequency of genetic alterations increases with maternal age. Advanced paternal age has also been shown to be a risk factor.

WHAT CAN BE INVESTIGATED WITH NIPT?

1) Abnormalities in the number of chromosomes (Aneuploidies)

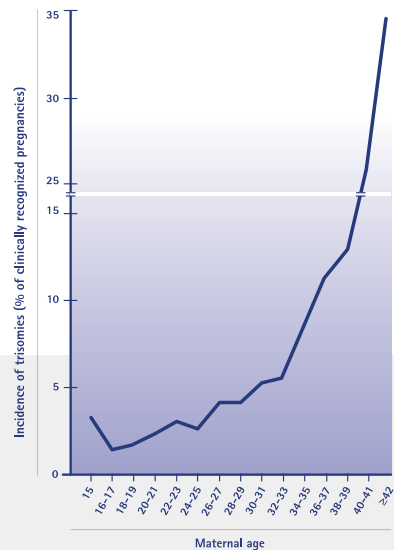
TRISOMY: three copies of a chromosome

MONOSOMY: single copy of a chromosome

Common Aneuploidies²

- Trisomy of chromosome 21 (Down Syndrome): 1 in 700 births
- Trisomy of chromosome 18 (Edwards Syndrome): 1 in 3000 births
- Trisomy of chromosome 13 (Patau Syndrome): 1 in 6000 births

Incidence increases with increasing maternal age³.



2) Abnormalities in the structure of CHROMOSOMES

DELETION: loss of a chromosome segment

DUPLICATION: doubling of a chromosome segment

If these rearrangements are very small, they are called microdeletions and microduplications.

Microdeletion 22q11.3 is the most frequent microdeletion and is linked to DiGeorge syndrome, which has an incidence of 1 / 2000–4000 people, regardless of maternal age⁴.

3) Genetic DISEASES



DE NOVO: caused by DNA mutations that occur for the first time in the fetus

HEREDITARY: caused by mutations inherited from parents

It is important to test specifically for the possibility of being a **HEALTHY CARRIER***.

*A healthy carrier is an individual who can pass on a genetic mutation to their offspring, but is not affected by the mutation themselves

In Eurofins Clinical Genetics Laboratory, Dublin, we currently offer PrenatalSafe® 3 & 5. The laboratory has been established since 2024 in partnership with Eurofins Genoma who have over 20 years experience in genetic testing.

	 PrenatalSafe® 3 (PNS3)	 PrenatalSafe® 5 (PNS5)
Fetal sex	●	●
Trisomy 21 Down Syndrome	●	●
Trisomy 18 Edwards Syndrome	●	●
Trisomy 13 Patau Syndrome	●	●
Sex Chromosome Aneuploidies		●



WHO IS IT FOR?

Any expectant mother, single or twin pregnancies, conceived either through natural conception or medically assisted reproductive technologies, whether autologous or heterologous.




Reporting times:

3-7 days

- PNS3 is available for singleton and twin pregnancies.
- PNS5 only available for singleton pregnancies.
- Fetal sex determination in twin pregnancies only detects presence or absence of Y chromosome.

Extended Testing Range

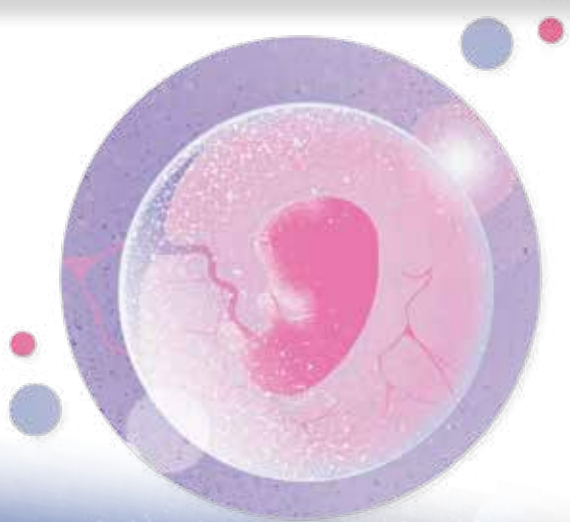
Through our partners Eurofins Genoma Italy we are able to offer the comprehensive range of PrenatalSafe® testing options. In the below table you can see that these additional options cover everything from the addition of DiGeorge screening test up to full Carrier Screening. For more information on these options please email sales@ctie.eurofinseu.com.

 PrenatalSafe®	Tested in Eurofins Genoma Italy						
	5DiGeorge	Plus	Karyo	Karyo Plus	Complete	Complete Plus	Full Risk
Fetal sex	●	●	●	●	●	●	●
Trisomy 21 Down Syndrome	●	●	●	●	●	●	●
Trisomy 18 Edwards Syndrome	●	●	●	●	●	●	●
Trisomy 13 Patau Syndrome	●	●	●	●	●	●	●
Sex Chromosome Aneuploidies	●	●	●	●	●	●	●
Rare Autosomal Aneuploidies		9 and 16	●	●	●	●	●
Deletions and Duplications			●	●	●	●	●
Microdeletions	22q11.2	●		●		●	●
Inherited genetic diseases					●	●	●
<i>De novo</i> Genetic diseases					●	●	●
Carrier screening test*							●

Reporting times:

10-15 days
gene analysis

15-20 days
carrier testing on parents



Microdeletions:

	Microdeletion Syndromes	Chromosome regions
Prenatalsafe® 5DiGeorge	DiGeorge Syndrome	deletion 22q11.2
Prenatalsafe® Plus	includes Prenatalsafe® 5DiGeorge + Cri-du-chat Syndrome Prader-Willi Syndrome Angelman Syndrome 1p36 Deletion Syndrome Wolf-Hirschhorn Syndrome	deletion 5p15.3 deletion 15q11.2 deletion 15q11.2 deletion 1p36 deletion 4p16.3
Prenatalsafe® Karyo Plus	includes Prenatalsafe® Plus + Jacobsen Syndrome Langer-Giedion Syndrome Smith-Magenis Syndrome	deletion 11q23 deletion 8q24.11-q24.13 deletion 17p11.2

Inherited genetic diseases:

- CFTR Cystic Fibrosis
- CX26 (GJB2) Deafness Autosomal Recessive Type 1A
- CX30 (GJB6) Deafness Autosomal Recessive Type 1B
- HBB Beta Thalassemia
- HBB Sickle Cell Anemia

De novo genetic diseases:

Syndromic Disorders		Skeletal Disorders	
Alagille Syndrome	JAG1	Achondrogenesis, type II	COL2A1
CHARGE Syndrome	CHD7	Achondroplasia	FGFR3
Cornelia de Lange Syndrome, type 5	HDAC8	CATSHL Syndrome	
Cornelia de Lange Syndrome, type 1	NIPBL	Crouzon syndrome with acanthosis nigricans	
Rett Syndrome	MECP2	Hypochondroplasia	
Sotos Syndrome, type 1	NSD1	Muenke syndrome	
Bohring-Opitz Syndrome	ASXL1	Thanatophoric dysplasia, type I	COL1A1
Schinz-el-Giedion Syndrome	SETBP1	Thanatophoric dysplasia, type II	
Holoprosencephaly	SIX3	Ehlers-Danlos syndrome, classic	
Noonan Spectrum Disorders		Ehlers-Danlossyndrome, type VIIA	
Cardiofaciocutaneous Syndrome, type 1	BRAF	Osteogenesis imperfecta, type I	
Noonan Syndrome-like disorder with or without juvenile myelomonocytic leukemia (NSL)	CBL	Osteogenesis imperfecta, type II	COL1A2
Noonan Syndrome, type 3	KRAS	Osteogenesis imperfecta, type III	
Cardiofaciocutaneous Syndrome 3	MAP2K1	Osteogenesis imperfecta, type IV	
Cardiofaciocutaneous Syndrome 4	MAP2K2	Ehlers-Danlos Syndrome cardiac valvular form	
Noonan Syndrome, type 6	NRAS	Ehlers-Danlos, type VIIB Syndrome	
Noonan Syndrome, type 1 LEOPARD Syndrome 1	PTPN11	Osteogenesis imperfecta, type II	FGFR2
Noonan syndrome, type 5 LEOPARD Syndrome 2	RAF1	Osteogenesis imperfecta, type III	
Noonan syndrome, type 8	RIT1	Osteogenesis imperfecta, type IV	
Noonan syndrome-like disorder with loose anagen hair	SHOC2	Antley-Bixler syndrome without genital anomalies or disordered steroidogenesis	
Noonan syndrome, type 4	SOS1	Apert Syndrome	
		Crouzon Syndrome	FGFR2
		Jackson-Weiss Syndrome	
		Pfeiffer Syndrome, type 1	
		Pfeiffer Syndrome, type 2	
		Pfeiffer Syndrome, type 3	

LATEST GENERATION CE-IVD TECHNOLOGY



PROPRIETARY CE-IVD NIPT FLOW™ ALGORITHM

**Sensitivity and specificity > 99%
demonstrated on 71,740 pregnancies**

	Sensitivity (95% CI)	Specificity (95% CI)
--	----------------------	----------------------

Common Aneuploidies

Trisomy 21	99.54% (98.36% - 99.94%)	100% (96.11% - 100.00%)
Trisomy 18	100% (96.11% - 100.00%)	100% (99.99% - 100.00%)
Trisomy 13	100% (90.51% - 100.00%)	99.99% (99.98% - 100.00%)

**Validation on a large
sample cohort** (Eurofins Genoma)

- Analysis of over 70,000 samples for common aneuploidies (trisomies)
- Over 65,000 samples for sex chromosome aneuploidies
- Over 40,000 samples for other abnormalities

Sex Chromosome Aneuploidies

X0	98.11% (89.93% - 99.95%)	99.98% (99.97% - 99.99%)
XXX	100% (87.23% - 100.00%)	100% (99.99% - 100.00%)
XXY	100% (86.77% - 100.00%)	99.99% (99.99% - 100.00%)
XYY	100% (86.77% - 100.00%)	99.99% (99.99% - 100.00%)

**Reliability on all
abnormalities**

almost comparable to invasive investigation

Rare Autosomal Aneuploidies, Deletions, Duplications and Microdeletions

Rare Autosomal Aneuploidies	100% (89.42% - 100.00%)	99.92% (99.89% - 99.95%)
Deletions and Duplications	100% (83.16% - 100.00%)	99.97% (99.96% - 99.99%)
Microdeletions	83.33% (35.88% - 99.58%)	99.99% (99.99% - 100.00%)

Validation of rare Autosomal Aneuploidies (RAA), segmental abnormalities (deletions and duplications) and microdeletions was performed at Eurofins Genoma.

Precision Genetic Testing
Improving Clinical Practice

PrenatalSafe®, combined with an accurate ultrasound investigation, allows early identification of fetal abnormalities.



Customer care available at any time on the path, from counselling to reporting



Logistics authorised for transporting biological material UN3373



Sample traceability



eurofins

Clinical Genetics

sales@ctie.eurofinseu.com

1800 252 966

www.clinicalgenetics.ie/non-invasive-prenatal-testing

Bibliography

1. Non invasive prenatal testing (NIPT) for common aneuploidies and beyond. Eur J Obstet Gynecol Reprod Biol 2021 Mar;258:424-429
2. Screening for Fetal Chromosomal Abnormalities. ACOG Practice Bulletin, Number 226. Obstetrics & Gynecology: October 2020 - Volume 136 - Issue 4 - p e48-e69
3. To err (meiotically) is human: the genesis of human aneuploidy. Nature Reviews Genetics volume 2, pages280–291 (2001)
4. Cell-free DNA screening for prenatal detection of 22q11.2 deletion syndrome. Maternal and Fetal Medicine, held virtually, January 25–30, 2021

Eurofins Clinical Genetics, Sample Reception

Eurofins Biomnis, Unit 3, Sandyford
Business Centre, Sandyford Business
Park, Dublin 18, D18 E528, Ireland.

Eurofins Genoma

Laboratories and Medical Offices
Registered headquarters and
Laboratory for Research and
Development in Molecular Genetics

Via Castel Giubileo, 11 / 00138

Laboratory for Medical Genetics
and Molecular Diagnostics
Sampling and Counselling

Via Castel Giubileo, 62 / 00138