



TO REGISTER, PLEASE CALL 705-435-7218

Monday:

Weekly

Afternoon Tea Kitchen 2:00 - 3:00PM

Tuesday:

Weekly

Weekly

August 5, 19

August 12

August 12, 26

August 26

August 26

Therapy Dogs Residence 1:45 - 2:45PM

Meditation Media Room 1:00 - 3:00PM

Men's Group 2nd Floor Library 12:00 - 1:30PM

Cancer Support Group 2nd Floor Library 10:30AM - 12:00PM

Drumming 2nd Floor Great Room 4:00 - 5:00PM

Parkinson's Disease Support Group Merkley 1:30 - 3:00PM

Connecting Caregivers 2nd Floor Library 12:30 - 2:00PM

Wednesday:

Weekly

August 20

August 20

Walking Group Glass Room 10:30 - 12:00PM

Day Program Caregiver Support Group 2nd Floor Library 9:30 - 11:00AM

Community Dinner 2nd Floor Great Room 5:00 - 7:00PM

Thursday:

Weekly

Weekly

August 14

Reiki Residence/Therapy Room 9:00AM - 12:00PM

Meditation 2nd Floor Library 6:30 - 8:00PM

Caregiver Support Group 2nd Floor Library 1:00 - 3:00PM

Friday:

Weekly

Weekly

August 8

August 22

Friday Social Group 2nd Floor Library 10:00AM - 12:00PM

Gentle Aroma Touch Therapy Room/Residence 2:00 - 4:00PM

Multiple Sclerosis & Neuromotor Group Somerville Room 1:00 - 2:30PM

Cancer Support Group 2nd Floor Library 1:30 - 3:00PM

August 2025