

TO REGISTER, PLEASE CALL 705-435-7218

October 2026

Monday:

Weekly
Oct. 19, 26
Oct. 19
Oct. 26

Afternoon Tea Kitchen 2:00-3:00PM
Meditation Media Room 2:00-3:30PM
Spousal Loss Support Group 2nd Floor Library 2:00-3:30PM
Continuing The Journey: Spousal Loss Support Group 2nd Floor Library 2:00-3:30PM

Tuesday:

Weekly
Oct. 6, 20
Oct. 6
Oct. 13
Oct. 13, 27
Oct. 27
Oct. 27

Therapy Dogs Residence 1:45-2:45PM
Men's Group** Media Room 12:00-1:30PM
WAY 2nd Floor Library 6:00-7:30PM
Cancer Support Group 2nd Floor Library 10:30AM-12:00PM
Drumming 2nd Floor Great Room 4:30-5:30PM
Connecting Caregivers Lunch** 2nd Floor Library 12:30-2:00PM
Parkinson's Disease Support Group A Merkley and Virtual (Zoom) 1:30-3:00PM

Wednesday:

Weekly
Weekly
Oct. 7
Oct. 21
Oct. 21

Walking Group Glass Room 10:30-12:00PM
Therapeutic Touch Residence/Wellness Room 2:00-4:00PM
Fall Card Making Workshop Merkley 1:00-3:00PM
Memory Care and Neuro Support Circle 2nd Floor Library 9:30-11:00AM
Community Dinner** 2nd Floor Great Room 5:00-7:00PM

Thursday:

Oct. 8
Oct. 15, 22, 29
Oct. 29

Caregiver Support Group 2nd Floor Library 1:00-3:00PM
Powerful Tools for Caregivers Somerville 10:00AM-12:00PM
Parkinson's Disease Support Group B Merkley and Virtual (Zoom) 1:30-3:00PM

Friday:

Weekly
Oct. 9
Oct. 23

Therapy Dogs Residence 1:00-2:00PM
Multiple Sclerosis and Neuromotor Support Group Merkley Room 1:00-2:30PM
Cancer Support Group 2nd Floor Library 1:30-3:00PM

****These groups have a meal provided. Please contact Azalee at 705-435-7218 ext.241 to confirm your attendance**