Matthews House
Hospice

TO REGISTER, PLEASE CALL 705-435-7218

Monday:

Weekly	**Afternoon Tea** Kitchen 2:00-3:00PM
Weekly	**Meditation** Media Room 2:00-3:30PM
Nov. 16	**Spousal Loss Support Group** 2nd Floor Library 2:00-3:30PM
Nov. 23	**Continuing The Journey: Spousal Loss Support Group** 2nd Floor Library 2:00-3:30PM

Tuesday:

Weekly	**Therapy Dogs** Residence 1:45-2:45PM
Nov. 3, 17	**Men's Group**** Media Room 12:00-1:30PM
Nov. 3	**Widowed and Young (WAY) Group** 2nd Floor Library 6:00-7:30PM
Nov. 3	**Kintsugi Bowl Workshop** Merkley 1:00-4:00PM
Nov. 10	**Cancer Support Group** 2nd Floor Library 10:30AM-12:00PM
Nov. 10, 24	**Drumming** 2nd Floor Great Room 4:30-5:30PM
Nov. 17	**National Grief & Bereavement Day Lunch** Merkley 12:00-1:00PM
Nov. 24	**Connecting Caregivers Lunch**** 2nd Floor Library 12:30-2:00PM
Nov. 24	**Parkinson's Disease Support Group A** Merkley and Virtual (Zoom) 1:30-3:00PM

Wednesday:

Weekly	**Walking Group** Glass Room 10:30-12:00PM
Weekly	**Therapeutic Touch** Residence/Wellness Room 2:00-4:00PM
Nov. 4, 11, 18, 25	**Help Us Understand Grief (HUUG) Group** Somerville 4:00-5:30PM
Nov. 4, 11, 18, 25	**Grieving Parents** Media Room 2:00-3:00PM
Nov. 18	**When Time Matters Most: Executor Pre-Planning Seminar** Merkley 11:00AM-12:00PM
Nov. 18	**Memory Care and Neuro Support Circle** 2nd Floor Library 9:30-11:00AM
Nov. 18	**Community Dinner**** 2nd Floor Great Room 5:00-7:00PM

Thursday:

Nov. 5, 12, 19, 26	**Grieving Hearts** Media Room 1:00-2:30PM
Nov. 12	**Caregiver Support Group** 2nd Floor Library 1:00-3:00PM
Nov. 5, 12, 19	**Powerful Tools for Caregivers** Somerville 10:00AM-12:00PM
Nov. 26	**Parkinson's Disease Support Group B** Merkley and Virtual (Zoom) 1:30-3:00PM

Friday:

Weekly	**Therapy Dogs** Residence 1:00-2:00PM
Nov. 27	**Cancer Support Group** 2nd Floor Library 1:30-3:00PM

****These groups have a meal provided. Please contact Azalee at 705-435-7218 ext.241 to confirm your attendance**

November 2026