

WCA PROFESSIONAL SERVICES

Helping sports organizations empower female athletes to thrive on & off the field.

OUR OFFERINGS

Our expert led talks, workshops and trainings are backed by scientific evidence of what helps women and girls succeed.





PROFESSIONAL DEVELOPMENT TOPICS

- Peak Performance for Leadership Teams
- Building a Strong, Positive Team Culture
- Coaching Girls: Building relationships Gaining Trust - Empowering Leadership
- Pre-Season Coaching Academy (9 different sports)
- Mentorship Programming



- From Muscle to Mindset: Building Confidence
- · Lead Like a Champion
- Get Your Game Face On! Helping athletes thrive not only physically but mentally
- Communication & Mental Strategies
- Leadership: Connecting Sports to Careers

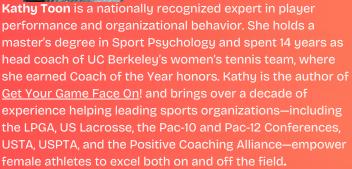


COMMUNITY ENGAGEMENT: 101 SKILLS CLINICS FOR MOMS

We help professional sports organizations build community, gratitude & brand loyalty with moms through 101 sports skills clinics. These events empower moms to feel capable & confident helping their kids practice sports. "The clinic was awesome! I'm coaching my child's team & felt terrified & unprepared but feel better now."



MEET OUR TEAM



Claire Rietmann-Grout is a champion for empowering young women through sports. With more than 18 years of experience as a coach, curriculum designer, and athletic director in girls' schools, she founded The Positive Coach to equip coaches with the tools to build strong, connected teams rooted in growth and joy. A former Division I softball player, Claire earned her degree in Kinesiology and Sports Studies from Towson University and a master's in Journalism from California State University, Northridge.



- San Diego Chargers:
 - Coach Clinic High School Girls Flag Football
- Bay FC and Sutter Health:
 - Soccer Mom Clinic

- NBA All Star Weekend:
 - Leadership Development Workshop
- Golden State:
 - "Coaches Unplugged" Coaching Clinic