





My team and I welcome you to Goa and to Planet Hollywood Beach Resort Goa.

We are delighted that you have chosen us and trust that your stay will be one to remember. This directory is designed to be a helpful guide to the services and amenities we offer at Planet Hollywood Beach Resort. Please do not let it limit your imagination. If there is anything else you would like us to organise for you, all you have to do is ask.

We wish you a most enjoyable stay.

Yours sincerely,

Anand Chatterjee
Executive Director



THE SPIRIT OF PLANET HOLLYWOOD BEACH RESORT GOA

Planet Hollywood Beach Resort, Goa is located on the white sands of Utorda Beach at South Goa bound by Majorda Beach on the South and Cansaulim Beach on the North. The Resort is a tourist's paradise for its low-rise architecture depicting elegant Goan style, breathtaking landscapes, dramatic sculptures and art work. The tropical garden and the coconut orchard in the Resort spanning more than 10 acres and the beach frontage make this a perfect holiday

GOA

HISTORY

Goa's history goes back 20,000-30,000 years. The rock art engravings exhibit the earliest traces of human life in India. Upper Paleolithic or Mesolithic rock art engravings have been found on the bank of the river Kushavati at Usgalimal. Petroglyphs, cones, stone-axe, and choppers dating to 10,000 years ago have been found in many places in Goa, such as Kazur, Mauxim, and the Mandovi-Zuari basin. Evidence of Palaeolithic life is seen at Dabolim, Adkon, Shigao, Fatorpa, Arli, Maulinguinim, Diwar, Sanguem, Pilerne, and Aquem-Margaon etc. Difficulty in carbon dating the laterite rock compounds poses a problem for determining the exact time period. Early Goan society underwent radical changes when Indo-Aryan and Dravidian migrants amalgamated with the aboriginal locals, forming the base of early Goan culture.

In the 3rd century BC, Goa was part of the Maurya Empire, ruled by the Buddhist emperor, Ashoka of Magadha. Buddhist monks laid the foundation of Buddhism in Goa. Between the 2nd century BC and the 6th century AD, Goa was ruled by the Bhojas of Goa. Chutus of Karwar also ruled some parts as feudatories of the Satavahanas of Kolhapur (2nd century BC to the 2nd century AD), Western Kshatrapas (around 150 AD), the Abhiras of Western Maharashtra, Bhojas of the Yadav clans of Gujarat, and the Konkan Mauryas as feudatories of the Kalachuris. The rule later passed to the Chalukyas of Badami, who controlled it between 578 to 753, and later the Rashtrakutas of Malkhed from 753 to 963. From 765 to 1015, the Southern Silharas of Konkan ruled Goa as the feudatories of the Chalukyas and the Rashtrakutas. Over the next few centuries, Goa was successively ruled by the Kadambas as the feudatories of the Chalukyas of Kalyani. They patronised Jainism in Goa.

In 1312, Goa came under the governance of the Delhi Sultanate. The kingdom's grip on the region was weak, and by 1370 it was forced to surrender it to Harihara I of the Vijayanagara Empire. The Vijayanagara monarchs held on to the territory until 1469, when it was appropriated by the Bahmani sultans of Gulbarga. After that dynasty crumbled, the area fell into the hands of the Adil Shahis of Bijapur, who established as their auxiliary capital the city known under the Portuguese as Velha Goa. In 1510, the Portuguese defeated the ruling Bijapur sultan Yousuf Adil Shah with the help of a local ally, Timayya. They set up a permanent settlement in Velha Goa (or Old Goa). This was the beginning of Portuguese rule in Goa that would last for four and a half centuries, until 1961.

In 1843 the Portuguese moved the capital to Panjim from Velha Goa. By the mid-18th century, Portuguese Goa had expanded to most of the present-day state limits. Simultaneously the Portuguese lost other possessions in India until their borders stabilized and formed the Estado da India Portuguesa or State of Portuguese India, of which Goa was the largest territory.

On 19 December 1961, the Indian Army began military operations with Operation Vijay resulting in the annexation of Goa, Daman and Diu into the Indian union. Goa, along with Daman and Diu, was organized as a centrally administered union territory of India. On 30 May 1987, the union territory was split, and Goa was made India's twenty-fifth state, with Daman and Diu remaining a union territory.



PLACES OF INTEREST



Abyss Marine Aquarium

Abyss is located at national highway Verna-Goa. This is 18 kms from Panjim, 10 kms from Margao, 9 kms from Vasco and 12 kms from Ponda. At Abyss, you will find wide range of attractive marine live fish and the traditional activities of Goan fishermen families in statue format.

Ancestral Goa Museum / Big Foot

The Ancestral Goa museum / exhibition is situated in the small village of Loutolim which is about 10 kms from Margao and 25 kms from Panaji. The museum is also known as Big Foot. It is privately run by an artist called Maendra Jacelino Araujo Alvares. The open-air museum recreates Goan rural life as it was a hundred years ago. At Ancestral Goa there are a number of places to visit such as an art gallery where one can see work done by local children and artists of State and National fame. There is a handicraft centre where one can get some locally made Goan artificats, Big Foot dance floor, Big Foot restaurant, a cross, a spring known as Boca da Vaca, a bird habitat, a spice yard, rubber plantations and lots more.



Cabo De Rama

Cabo de Rama is situated 16 km north of Agonda beach in the coast road at the south end of Colva Bay.

Also known as The Cape of Rama, it takes its name from the Hindu epic Ramayana hero, Lord Rama as according to the Hindu belief Lord Rama during his exile from Ayodhya stayed here.

Chapora Fort

An awesome site with all sides having steep Slopes. The fort stands above the whole upland area having irregular outer plan, outline of the higher slopes, uses the natural contours to add defensive height to the fullest advantage instead of dry ditches being dug. At the top of the steep approach track on the main gate, which is small and unpretentious for so large fort, is deep and narrow. Depending on their position of the defense requirement, the bastions with their enormous embrasures for cannon are irregularly spaced, each having the cylindrical turret that gives a special character.



Devil's Canyon

Devil's Canyon also known as Devcharacho Kond in Konkani, is a picturesque river gorge near Molem





Divar Island

The beautiful Divar Island that is rarely visited is situated across the Mandovi River from Old Goa. A ferry connects the southern end of the island with Old Goa. The ferry wharf is situated near the Viceroy's Arch at Old Goa.

Dudhsagar Waterfall

The Dudhsagar waterfall is situated in the Indian state of Goa in Sanguem taluka. It is located 60 kms from the capital city of Panaji and is well connected with Panjim and Margao through a rail and road network.

Dudhsagar is even accessible through buses and taxis which can be taken from Panaji city.



Fort Aguada

The Fort Aguada is one of the largest and impressive forts preserved as one of the best known landmarks in Goan history. Its prominence has grown from the fact that its headland on which it is built offers a wonderful site for military architects due to its shielding of the vital sea access from the heart of the Portuguese territory thereby making it an ideal site for seaward as well as landward defense.

Naval Aviation Museum

The Naval Aviation Museum is situated at about 2 kms from the airport on the Bogmalo beach. It is the only Naval Aviation Museum that exist in Asia and is also one of the only seven naval aviation museums that exist in the world.



The spice plantations in Goa are situated in the Ponda region and are quite popular as a major tourist attraction. The plantations use organic methods of cultivation and farming and are known to produce many of Goa's fantastic aromatic spices. At the spice plantations in Goa one can explore the fields and the farms. A guide is known to explain about all the spices and plants also tell about their medicinal properties. One can also see men climbing Betel Nut trees which are very tall and how they maintain a balance whilst

plucking betel nut fruits from those swaying trees.

The spice plantations are known to be managed by people who excel in the technical knowhow of farming spices and who have comprehensive knowledge. Black pepper, cardamom, nutmeg, vanilla, cinnamon, cloves, chilies, coriander, betel nut palm are some of the spices one will find at the plantation. Tropical





Braganza Mansion

Located in Chandor Village, Braganza House was built in the 17th century. This huge house is situated on one side of the village square. It has now separate houses, with a common entrance. The east wing occupied by the Pereira-Braganza family, has a small chapel with a relief of St. Francis Xavier, which is a fingernail.

The artefacts collected by the family over a number of years, have added to the beauty of the house.

There is a Great Salon, a big ballroom with the floor made of Italian marble antique chandelier from Europe adorning the ceiling, and heavily carved, ornate rosewood furniture. What stands out among the furniture is a pair of high-backed chairs, bearing the family crest, which was given to the Pereira-Braganza family by King Dom Luis of Portugal. Most of the furniture dates back to the 18th Century and is made from local seesho (mattel wood), lacquered or inlaid with mother of pearl by craftsman from Curtorim Village. For antique aficionados, the house holds many delightful finds.

Three Kings Church In Cansaulim

The Three King's church stands on a hill top in the Cansaulim village. It is a place that can be described as a "haunted place with a view". There are unconfirmed legend that, the spirits of three Portuguese kings - two were murdered and one committed suicide- still roam around in The Three Kings Church. However recently, I got a comment which explains that there are no connection between the murder of Kings and the church.



According to the comment, the original name of the church is Remedios Saibini Church and the Ghost story is just an urban legend. Thanks to the anonymous commentator!

Three kings church celebrates the feast on the 6th of Jan, when the 3 kings from different Kingdoms visited Baby Jesus to present him with gifts. Even if you are not a fan of Ghost stories, this place is a must visit for the serene atmosphere and the charming view it offers. The greenery below the hills is a sight which cannot be described in words. During the monsoons the view becomes particularly enchanting.

Just like this small chapel in the valley which stands out in the lush green backdrop beyond the array of thin coconut trees.



Goa Chitra Museum

An ethnographical museum is a reflection of civilizations, whether or not technically advanced. In planning the museum importance is given to the concept that the Implements represent the lifestyle of a people, their indigenous methods, their craftsmanship, their art and folklore. The original 200 privately collected items have grown to more than 4000 objects on display. The Museum nevertheless preserves its universality in its collections of artifacts representing the culture of ancient Goa. Each of the artifacts is supplemented



BEACHES OF GOA



Calangute:

Calangute is the most popular holiday destination in Goa. Calangute Beach is colloquially known as the Queen of all the Beaches. Excellent accommodation facilities are available, particularly at the tourist resorts and cottages.

Colva Beach:

It is about 6 kms from Margao. Colva Beach is the pride of Salcette and the only rival to Calangute by its scenic splendor. Here the sand, sea and sky blend in enchanting natural harmony unspoilt by man.



Dona Paula:

An idyllic picturesque spot. This place is called the Lovers Paradise in Goa, named after Dona Paula de Menezes. Water scooter facilities also available here.

Miramar beach:

A lovely golden beach of soft sand surrounded by overlooking palm trees facing the blue Arabian Sea, is the nearest to Panaji.



Anjuna:

A popular beach area adjacent to Chapora fort. In Anjuna there is a magnificent Albuquerque mansion built in 1920, flanked by octagonal towers and attractive Mangalore tiled roof.

Vagator:

It is a popular beach dominated by Chapora Fort to the north. To the south of Vagator is Baga beach.



Arambol Beach:

A unique beach in the North of Goa, it is simultaneously rocky and sandy along the beach and much after for its serenity.

Palolem:

Palolem: The most enchanting beach in Goa is relatively deserted, with backdrop of Western Ghats, situated in Southern Taluka of Canacona.



AIRLINE INFORMATION

Air India	+91 832 243 1100
Jet Airways	+91 832 243 8790
Indigo	+91 832 245 1354
Air Arabia	+91 832 336 6444
Gulf Air	+91 832 222 2438
British Airways	+91 832 243 8055

GUESTSERVICES

Saudi Arabian Airlines	+91 832 243 0830
Srilankan Airlines	+91 832 665 3931
Dambolim - Domestic	
Airport	+91 832 254 1577
Dambolim - International	
Airport	+91 99751 00211

Airport Transportation

Goa Airport is a 25-minutes drive from the hotel. We suggest that you allow a further 60 minutes for check-in formalities. Please contact Concierge to arrange for a chauffeur driven car. **Touch 1053.**

Bell Captain

Please contact Concierge for delivery or pick up of any item or luggage from your room. **Touch 1053.**

Gymnasium

Located near the pool, the Gymnasium is open from 07:00 am to 09:00 pm. Should you wish to use the gymnasium outside operating hours, please contact reception. Please note that children under 16 years are not allowed in the gymnasium. You are requested to wear sports shoes and attire. **Touch 1049.**

Limousine

Planet Hollywood Beach Resort, Goa operates chauffeur driven cars. Cars are available for both airport arrival and departure. Please contact the

Business Centre

A full range of services and equipment is available. Office and meeting rooms can also be arranged. The business centre also offers internet/computer rental stations, wired laptop connectivity, copies and office equipment rentals. **Touch 1085.**

Check-Out

Check out time is 11:00 am. However, we appreciate that it may not always be convenient. Please contact Reception should you wish to retain your room. We shall endeavor to accommodate your needs, subject to availability. **Touch 1050.**

Reception

You may reach the Reception by simply pressing The Reception button on your telephone. **Touch 1050.**

High-Speed Internet Service

Wireless/high-speed internet service is available in a guest rooms and the Business Centre. **1050.**

Housekeeping

Housekeeping services are offered twice daily, between 08:00 am and 04:00 pm, and again with turn down service between 06:00 pm and 09:30 pm. If you prefer that we service your room at a specific time during your stay. Please inform housekeeping. **Touch 1030.**

Laundry/Valet Services

Dry-cleaning, laundry and ironing services are available daily with both normal and express service. Laundry, dry-cleaning and ironing list have been placed in the wardrobe. Please contact the Housekeeping for assistance.

Touch 1030.

Hotel Reservations

We will be pleased to assist you in making a reservation at Planet Hollywood Beach Resort, Goa, should you wish to return to Goa on holiday. **Touch 1056.**

In-Room Dining

In-room dining is available 24 hours a day. Please refer to the menu in the directory under "In-Room Dining". Should you have a specific request for items not on the menu, please inform In-room dining. We will try to accommodate your request. Items from the restaurant menu are available during lunch and dinner. Please call In-room dining to have the menu delivered to your room. **Touch 1070.**

Cashier and Currency Exchange

Please contact Reception to exchange foreign currency and travelers cheques. We regret our inability to redeem personal cheques. **Touch 1052.**

Banks

Most banks are open from 09:00 am to 01:00 pm. ATM is located in the lobby. Please contact Reception. **Touch 1050.**

Baby Sitting

To arrange for a baby sitter, please contact Front Office. 24 Hrs prior notice is required. **Touch 1053.**

Lost and Found

Housekeeping can assist you in the event of a misplaced article in the hotel. **Touch 1030.**

Maintenance

Our housekeeping department will be happy to assist you should the need for engineering assistance arise. **Touch 1030.**

Newspapers

The hotel has a newspapers available at the reception. It will be delivered to your room in the morning. **Touch 1050.**

Nutrition

All menus include items that are nutritionally balanced and low in calories, cholesterol, sodium and Religious Services Our reception will be happy to provide you with the details and locations of local religious services.

Touch 1050.

Religious Services

Our reception will be happy to provide you with the details and locations of local religious Services. **Touch 1050**

Shoe Shine

Call your room attendant should you wish to have your shoes polished and the same will be returned within an hour. **Touch 1030.**

Restaurant Reservations

For a complete list of Planet Hollywood Beach Resort, Goa's restaurants, please refer to the Dining Section of this directory. For reservations, please press the restaurant reservations button on your telephone or **Touch 1072.**

Safes and Safe Deposit

For your convenience, a private laptop compatible electronic safe has been placed in the armoire.

The hotel cannot accept responsibility for any valuable items missing from your room.

Lost and Found

Housekeeping can assist you in the event of a misplaced article in the hotel. **Touch 1030.**

The Pink Room - Spa

The Pink Room - Spa is an oasis of tranquility.

Swimming Pool

The swimming pool is open to guests in the hotel from 07:00 am to. 8:00 pm.

Wake Up Call

Please call the hotel operator. While placing your wake call, should you wish to have morning tea or coffee in your room, the operator will be pleased to arrange for this In-room dining.

Wheelchair Assistance

The Bell Staff will be happy to assist you with wheelchair assistance. Press the bell desk button on your telephone or **Touch 1053.**

Electricity Supply

Power sockets in your room are 20 volts. The shaver socket in your bathroom is adjustable to 110 volts.

The power supply in Goa is erratic. Though we have two modern generators to ensure constant power, a few seconds break in supply may occur when they switch on.

E-mail

An individual e-mail connection is available on the back of the telephone instrument placed on the deck. Please contact Reception should you require assistance in connecting to your internet service provider.

Flowers

Should you wish to arrange for a bouquet of flowers, please contact Housekeeping. **Touch 1030.**

Gratuity

Gratuities are shared equally amongst all the hotel staff. We do not encourage gratuities to individual members of staff. Should you wish to leave gratuities, please place it in an envelope and hand it over to Reception.

Privacy

If you do not wish to be disturbed in your room, please place the "Do not Disturb" sign on the external door knob. Should you wish to restrict phone calls to your room, please contact the hotel operator. **Touch 0.**

Personalized Yoga Sessions

Respecting the individuality of every guest we also have the personalized sessions where the yoga instructor will guide you with postures to suit your body type to keep your body flexible and healthy. A good way to boost your immunity and strengthen your mind. [On chargeable basis]

Fitness

Get a world-class workout in our fitness center while enjoying spectacular views of the Planet Hollywood Resort's expansive pool. Our fitness center includes a variety of cardio and strength training state-of-the-art equipments, designed to improve physical well-being, function and performance.

Personalized Fitness Training Sessions

It will be our pleasure to guide you under the expertise of our fitness trainer for a workout. The session will start with a fitness consultation for a customized program of exercises which will suit your individual needs. Chargeable and prior appointment.

MEETINGS AND CONFERENCES

Whether an exclusive high profile Board meeting or an in-house conference for a hundred, we have the perfect setting at Planet Hollywood Beach Resort Goa. Unobtrusive service and professional expertise help to make your business meetings both productive and memorable.

The private meeting facilities include three Meeting Rooms including a Boardroom. The meeting rooms are designed for optimal acoustic efficiency and state of the art conference aids are within easy reach.

With its elaborate yet thoughtfully designed halls and rooms, Planet Hollywood Beach Resort Goa offers many options to choose from when planning your conferences. Our professional conference co-coordinators personally assist in customizing the set-up, venues, events and services to suit every need.

BANQUETING CAPACITY

Banquets	Area (sq ft)	U Shape	Class Room	Theatre	Cluster	Board Room	Cocktail
Cinema Paradiso	3160	60	144	260	160	46	300-320
Cinema Paradiso 1	1580	42	60	140	96	36	150
Cinema Paradiso 2	1580	42	60	140	96	36	150
PFA	1250						
The Living Room	2217	60		160	110		160
PFA	1076						
Meeting Room 1	195				8		
Meeting Room 2	350	21	12	34	24	21	
Meeting Room 3	273	15	12	30	8	14	
Maximus (Lawn)	4900				240		350
Beach (Lawn)	16450				350		600

Your meetings and functions at Planet Hollywood Beach Resort Goa will benefit from the latest audio visual equipment and our unparalleled service standards that consistently deliver successful results.

For any further information or assistance, kindly touch XXX on your telephone.



TELEPHONES

Guest Service Extensions

Baggage	9
Butler	1070
Fire or emergency	555
Housekeeping	1030
In-room dining	1070
Laundry	1030

Operator	9
Outside line	0
Reception	1050
Restaurant reservations	1072
Spa	1048

AUTOMATIC CALL-BACK

If you call an extension that is busy, you may program an automatic call back on your telephone by touching *9. Your telephone will ring as soon as the extension you have called is free.

INTERNATIONAL CALLS

To make an international call, touch 0 plus 00 followed by the country code, city area code and the telephone number.

Charges will begin only when the telephone you are calling answers. The cost of the call will automatically be added to your Resort bill.

LOCAL CALLS

To make a local call, please touch 0 followed by the local telephone number.

PERSONAL TELEPHONES

Every room is equipped with two telephone instruments. The telephone on the side table has a data port connection, which can be used to access the Internet and your e-mail.

ROOM-TO-ROOM DIALLING

Please dial 2 followed by the room number directly if you wish to call another room.

To ensure guest privacy, the room-to-room dialling facility is only available between 6:00 am and 11:00 pm.

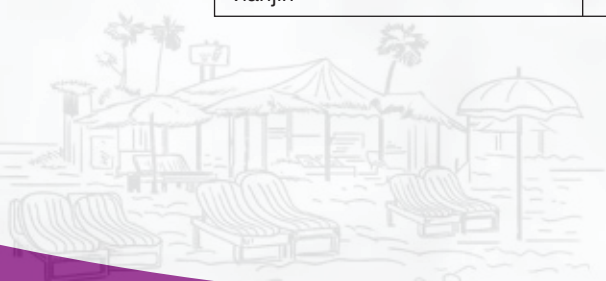
Outside these hours, please contact the Resort Operator by touching 9. The Operator will be pleased to connect your call.

MESSAGE LIGHT

The message light on your telephone will flash indicating that you have a message. Please touch the message button, to connect to the Operator.

TELEPHONES

	COUNTRY CODE	CITY CODE	TIME DIFFERENCE
AUSTRALIA	61		+ 2 1/2 to + 4 1/2 hrs
Adelaide		8	
Brisbane		7	
Canberra		262	
Melbourne		3	
Perth		89	
Sydney		2	
AUSTRIA	43	- 4 1/2 hrs	
Linz		732/70	
Salzburg		662	
Vienna		1	
BELGIUM	32		- 4 1/2 hrs
Antwerp		3	
Brugge		50	
Brussels		2	
BRAZIL	55		- 8 1/2 to 10 1/2 hrs
Brasilia		61	
Rio De Janeiro		21	
CANADA	1		- 8 to -14 1/2 hrs
Calgary		403	
Montreal		514	
Ottawa		613	
Quebec		418	
Toronto		416/905	
Vancouver		604	
CHINA	86		+ 2 1/2 hrs
Beijing		10	
Chengdu		28	
Guangzhou		20	
Nanjing		25	
Shenyang		24	
Shanghai		21	
Tianjin		22	



TELEPHONES

	COUNTRY CODE	CITY CODE	TIME DIFFERENCE
DENMARK	45		- 4 1/2 hrs
EGYPT	20		- 3 1/2 hrs
Aswan		97	
Cairo		2	
FINLAND	358		- 3 1/2 hrs
Helsinki		9	
FRANCE	33		- 4 1/2 hrs
Paris		1	
Nice		4	
Lyon		4	
Marseilles		4	
GERMANY	49		- 4 1/2 hrs
Bonn		228	
Dusseldorf		211	
Frankfurt		69	
Hamburg		40	
Hanover		511	
Munich		89	
Berlin		30	
GREECE	30		- 3 1/2 hrs
Athens		1	
HONG KONG	852		+ 2 1/2 hrs
HUNGARY	36		- 4 1/2 hrs
Budapest		1	
INDIA	91		
New Delhi		11	
Mumbai		22	
Calcutta		33	
Chennai		44	
Jaipur		141	
Agra		562	
Bangalore		80	

TELEPHONES

	COUNTRY CODE	CITY CODE	TIME DIFFERENCE
INDONESIA	62		+11/2 hrs
Bali		361	
Lombok		370	
Jakarta		21	
IRELAND	353		- 51/2 hrs
Dublin		1	
ISRAEL	972		- 31/2 hrs
Tel Aviv		3	
Jerusalem		2	
ITALY	39		- 41/2 hrs
Milan		02	
Rome		06	
Venice		041	
Florence		055	
JAPAN	81		+ 31/2 hrs
Hiroshima		82	
Kobe		78	
Osaka		6	
Tokyo		3	
Yokohama		45	
LUXEMBOURG	352		- 4 1/2 hrs
MALAYSIA	60		+2 1/2 hrs
Kuala Lumpur		3	
Langkawi		4	
MALDIVES	960		-1/2 hr
MAURITIUS	230		- 1 ½ hrs
MOROCCO	212		- 51/2 hrs
NETHERLANDS	31		- 41/2 hrs
Amsterdam		20	
Rotterdam		10	
NEW ZEALAND	64		+61/2 hrs
Auckland		9	
Wellington		4	
Christ Church		3	

TELEPHONES

	COUNTRY CODE	CITY CODE	TIME DIFFERENCE
NORWAY	47		- 4 1/2 hrs
Oslo		2	
RUSSIA	7		- 2 1/2 hr
Kiev		44	
Leningrad		812	
Moscow		095	
SAUDI ARABIA	966		- 2 1/2 hr
Dammam & Al Khobar		3	
Jeddah		2	
Mecca		2	
Medina		4	
Riyadh		1	
SEYCHELLES	248		- 1 1/2 hr
SINGAPORE	65		+ 2 1/2 hrs
SOUTH AFRICA	27		- 3 1/2 hrs
Johannesburg		11	
Cape Town		21	
Durban		31	
SPAIN	34		- 4 1/2 hrs
Madrid		91	
Barcelona		93	
SWEDEN	46		- 4 1/2 hrs
Stockholm		8	
SWITZERLAND	41		- 4 hrs
Berne		31	
Geneva		22	
Lugano		91	
St. Moritz		82	
Zurich		1	
THAILAND	66		+ 1 1/2 hrs
Bangkok		2	
Chiang Mai		53	
Phuket		76	

TELEPHONES

	COUNTRY CODE	CITY CODE	TIME DIFFERENCE
UNITED ARAB EMIRATES	971		-1 1/2 hr
UNITED KINGDOM	44		- 5 1/2 hrs (GMT)
Aberdeen		1224	
Birmingham		121	
Bristol		117	
Coventry		1203	
Edinburgh		131	
Glasgow		141	
Leeds		113	
Liverpool		151	
London		207/208	
Manchester		161	
USA	1		- 9 1/2 to - 12 1/2 hrs
Atlanta, GA		404/770	
Boston, MA		617	
Chicago, IL		312/708	
Dallas, TX		214/972	
Detroit, MI		313	
Houston, TX		713/281	
Honolulu, HI		808	
Los Angeles, CA		213/424	
Las Vegas, NV		702	
Miami, FL		305	
New York, NY		212/718	
New Orleans, LA		504	
Philadelphia, PA		215	
Phoenix, AZ		602	
Portland, OR		503	
Pittsburgh, PA		412	
San Diego, CA		619	
San Jose, CA		408	
San Francisco, CA		415	
Seattle, WA		206	
Sacramento, CA		916	
Washington, DC		202/703	

SPA, SALON, GYM, POOL

For thousands of years Indians have understood the philosophy of renewal and celebration of the body and soul. We use essential oils, blended herbs, spices and aromas to touch the senses in the journey to well being. Our internationally trained therapists and world-class facilities provide the perfect atmosphere, conducive to total relaxation.

Spa facilities

Relax and unwind through massages, hair and nail treatments, facials and more at Goa's Planet Hollywood Beach Resort

1. Contact Spa reception for all treatment bookings and consultations.
2. 5 Private treatment rooms including suites for couples.
3. Each therapy room equipped with a steam room and shower

Spa services

1. Massage therapies
2. Body care treatments
3. Spa packages

Salon Services:

1. Hair treatments
2. Facials
3. Manicure / Pedicure
4. Salon packages for wedding

The Spa is open from 9:00 a.m. to 8:00 p.m.

Trance Fitness Gymnasium:

The fully equipped Trance Fitness gymnasium with cardio vascular, strength, endurance building equipments is open from 7:00 am to 9:00 pm. If you plan to use the fitness facility please wear appropriate attire. Proper athletic shoes are required.

Swimming Pool

The swimming pool is open to the guests in the hotel from 07:00 am to 08:00 pm.



SAFETY AND SECURITY

Medical Services

Please contact concierge at ext. 1053 for a listing of the nearest medical facilities and pharmacies.

In the Event of a Fire

Remain calm

Close all doors close all doors around the fire to contain it. If you are in your room, place a wet towel or cloth at the base of the door. This will help to prevent smoke and other fumes from entering your area.

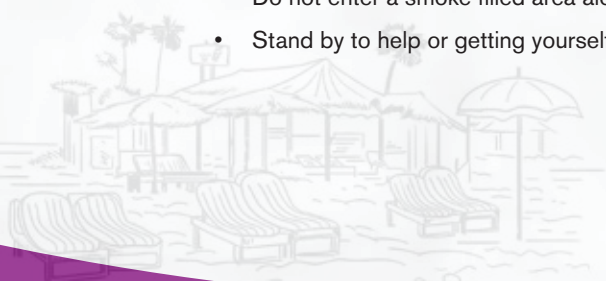
Report the fire Please call and report the fire by pressing the emergency button on your telephone. Be sure to identify yourself and your room number.

Small fire If the fire is small and can be extinguished without further harm, use one of the fire extinguishers located in the corridor. Never try to combat a major fire.

Large fire if confronted with a large fire, never take unnecessary risks. Use the nearest emergency exit to leave the area.

Fire Evacuation

- Kindly refer to the Fire Exit Plan on the back of the door.
- Do not panic.
- Do not put yourself and other at risk.
- Call operator / emergency immediately. (555)
- Give exact location and size of fire.
- Give your name and room no. 6.
- If phone is not available, break the glass of the MCP / fire alarm call point.
- Try to control fire without putting yourself at risk.
- Do not open doors to room, passage corridor's.
- Should the door be cool to touch, open it slightly while checking for smoke.
- If there is heavy smoke, close the door immediately and stay in your room.
- With little or no smoke in the corridor, advance to the nearest exit. Take the room key with you. If your vision is reduced, touch the corridor walls while exiting. Remember to count the number of doors to the exit.
- While in the hallway, stay low and close to the floor, by staying close to the floor, you will have better visibility as well as cleaner and cooler air.
- Before exiting, check the exit door for the heat.
- If the exit door is cool, open it slightly while checking for smoke.
- Should the stairwell be safe, continue to the ground floor and exit the building.
- If you detect heavy smoke, close the door immediately, then try other exit or return to your room.
- Should there be smoke or in case of fire, do not enter elevators.
- Do not enter a smoke filled area alone.
- Stand by to help or getting yourself assembly to the nearest assembly point.



Our Wheelchair Guests

- Should you be in your room and be aware that an alarm has been activated, please contact the Hotel Operator by dialing 9 or wait for further instructions from the public address system.
- In public area access area, please wait for further instructions over the public address system.

