



BREAKFAST

AUGUST 2025

Beatrice Mayes Institute

Monday

Tuesday

Wednesday

Thursday

Friday

4

5

6

7

8

11

Pop Tart
Graham Crackers
Sliced Peaches
Milk

12

Yogurt
Granola
Mixed Fruit
Milk

13

Muffin Top
Graham Crackers
Sliced Pears
Milk

14

Mini Bagel w/
Strawberry Cream Cheese
Graham Crackers
Sliced Peaches
Milk

15

18

Pop Tart
Graham Crackers
Mixed Fruit
Milk

19

Yogurt
Granola
Sliced Pears
Milk

20

Muffin Top
Graham Crackers
Sliced Peaches
Milk

21

Cinni Mini
Graham Crackers
Mixed Fruit
Milk

22

Cowboy Bread
Graham Crackers
Sliced Pears
Milk

25

Mini Bagel w/
Strawberry Cream Cheese
Graham Crackers
Sliced Peaches
Milk

26

Banana Muffin Top
String Cheese
Mixed Fruit
Milk

27

Kolache
Graham Crackers
Sliced Pears
Milk

28

Yogurt
Granola
Sliced Peaches
Milk

29

Breakfast Pizza
Graham Crackers
Mixed Fruit
Milk



AUGUST 2025

Beatrice Mayes Institute

Monday

Tuesday

Wednesday

Thursday

Friday

4

5

6

7

1

8

11

Braised Meatballs
in a Brown Sauce
Green Beans
Mashed Potatoes
Sliced Peaches
Milk

12

Chicken Sandwich
Steamed Broccoli
Corn
Mixed Fruit
Milk

13

Chili Con Carne
Steamed Carrots
Spring Mixed Salad
Sliced Pears
Milk

14

Texas Chili Dog
Baked Beans
Sweet Potato Fries
Sliced Peaches
Milk

15

Turkey and Cheese Nachos
Black Beans
Celery Sticks
Mixed Fruit
Milk

18

Meatloaf w/ Gravy
Scalloped Potatoes
Black Eyed Peas
Sliced Pears
Milk

19

Chicken Tenders
Mixed Vegetables
Steamed Carrots
Sliced Peaches
Milk

20

Spaghetti w/ Meat Sauce
Green Beans
Spring Mixed
Mixed Fruit
Milk

21

Pepperoni Pizza
Pinto Beans
Corn
Sliced Pears
Milk

22

Sloppy Joe
Sweet Potato Fries
Steamed Broccoli
Sliced Peaches
Milk

25

Salisbury Steak w/ Gravy
Mashed Potatoes
Mustard Greens
Mixed Fruit
Milk

26

Chicken Nuggets
Baked Beans
Steamed Carrots
Sliced Pears
Milk

27

Chili Mac
Green Beans
Spring Mixed Salad
Sliced Peaches
Milk

28

Cheeseburger
Seasoned Fries
Celery Sticks
Mixed Fruit
Milk

29

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