

OCTOBER 2025

Beatrice Mayes Institute

Monday	Tuesday	Wednesday	Thursday	Friday
		Muffin Top Graham Crackers Sliced Peaches Milk	Breakfast Pizza Graham Crackers Pineapple Chunks Milk	Cowboy Bread Graham Crackers Diced Peaches Milk
Mini Bagel w/ Strawberry Cream Cheese Graham Crackers Diced Pears Milk	Yogurt Granola Mixed Fruit Milk	Kolache Graham Crackers Pineapple Tidbits Milk	Maple Pancake Sausage9 Graham Crackers Diced Peaches Milk	Turkey Sausage Cheese Wrap Graham Crackers Sliced Pears Milk
Breakfast Pizza Graham Crackers Pineapple Chunks Milk	Pop Tart Graham Crackers Sliced Pears Milk	Cinni Mini Graham Crackers Sliced Apples Milk	Muffin Top String Cheese Mixed Fruit Milk	Mental Health Day
Cowboy Bread Graham Crackers Sliced Peaches Milk	Yogurt Granola Mixed Fruit Milk	Mini Bagel w/ Strawberry Cream Cheese Graham Crackers Diced Pears Milk	Kolache Graham Craackers Pineapple Tidbits Milk	Muffin Top Graham Crackers Sliced Peaches Milk
Pop Tart Graham Crackers Diced Pears Milk	Cinni Mini Graham Crackers Diced Peaches Milk	Turkey Sausage Cheese Wrap Graham Crackers Pineapple Chunks Milk	Breakfast Pizza Graham Crackers Mixed Fruit Milk	Professiona 31 Development Day

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Monday	Tuesday	Wednesday	Thursday	Friday
		Crispy Popcorn Chicken Steamed Broccoli Blackeye Peas Sliced Peaches Milk	Chicken Tortilla Soup Celery Sticks Spring Mixed Salad w/ Cherry Tomatoes Pineapple Chunks Milk	All American Cheeseburger Seasoned Fries Petite Carrots Diced Peaches Milk
Golden Chicken Nuggets 6 Sweet Potato Fries Sweet Peas Diced Pears Milk	Braised Meatballs w/Sauce Mashed Potatoes Spinach Mixed Fruit Milk	Yummy Beef and Cheese Nachos Ranchero Bean Spring Mixed Salad w/ Cherry Tomatoes Pineapple Tidbits Milk	Chic' Penne Pasta Green Beans Corn Diced Peaches Milk	Texas Chili Dog Seasoned Fries Celery Sticks Sliced Pears Milk
Cheesy Double Beef and 13 Cheese Burrito Refried Beans Glazed Carrots Pineapple Chunks Milk	Homestyle Meatloaf w/Gravy Scalloped Potatoes Steamed Broccoli Sliced Pears Milk	Golden Chicken Tenders Mixed Vegetables Spring Mixed Salad w/ Sliced Cucumbers Sliced Apples Milk	Classic Deli Turkey Sandwich w/Cheese Celery Sticks Petite Carrots Mixed Fruit Milk	Mental Health Day
Sloppy Joe Seasoned Fries Pinto Beans Sliced Peaches Milk	Asian Chicken Stir-Fry Glazed Carrots Sweet Peas Mixed Fruit Milk	Monterey Beef Tacos Black Beans Corn Diced Pears Milk	Classic Salisbury Steak w/Gravy Scalloped Potatoes Mustard Greens Pineapple Tidbits Milk	Classic Pepperoni Pizz Pinto Bean Steamed Carrots Sliced Peaches Milk
Golden Chicken Sandwic 27 Sweet Potato Fries Mixed Vegetables Diced Pears Milk	Italian Spaghetti w/ Gr. Beef Meatsauce Green Beans Spring Mixed Salad w/ Cherry Tomatoes Diced Peaches Milk	Yummy Beef & Cheese Nachas Refried Beans Steamed Brocc0oli Pineapple Chunks Milk	Chicken Alfredo w/Twist Sweet Peas Spring Mixed Salad w/ Cherry Tomatoes Mixed Fruit Milk	Professiona <mark>3</mark> Development

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