



BREAKFAST

NOVEMBER 2025

Beatrice Mayes Institute

Monday

Tuesday

Wednesday

Thursday

Friday



Kolache
Graham Crackers
Sliced Apples
Milk

3

Yogurt
Muffin Top
Sliced Peaches
Milk

4

Cowboy Bread
Graham Crackers
Mixed Fruit
Milk

5

Cinni Mini
Graham Crackers
Diced Peaches
Milk

6

Pop Tart
Graham Crackers
Sliced Pears
Milk

7

Muffin Top
String Cheese
Pineapple Tidbits
Milk

10

Mini Bagel w/
Strawberry Cream Cheese
Graham Crackers
Diced Pears
Milk

11

Turkey Sausage
Cheese Wrap
Graham Crackers
Mandarin Oranges
Milk

12

Breakfast Pizza
Graham Crackers
Diced Peaches
Milk

13

Yogurt
Granola
Sliced Apples
Milk

14

Pop Tart
Graham Crackers
Sliced Pears
Milk

17

Cowboy Bread
Graham Crackers
Mixed Fruit
Milk

18

Kolache
Graham Crackers
Pineapple Chunks
Milk

19

Yogurt
Muffin Top
Sliced Peaches
Milk

20

Cinni Mini
Graham Cracker
Sliced Apples
Milk

21

24

25

26

27

28

Thanksgiving Break



NOVEMBER 2025

Beatrice Mayes Institute

Monday

Tuesday

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Friday

Monterey Beef Tacos **3**
Pinto Bean
Corn
Sliced Apples
Milk

Braised Meatballs **4**
w/Sauce
Mashed Potatoes
Glazed Carrots
Sliced Peaches
Milk

Crispy Popcorn Chicken **5**
Blackeye Peas
Steamed Broccoli
Mixed Fruit
Milk

Chili Mac **6**
Mixed Vegetables
Mustard Grenns
Diced Peaches
Milk

All America Hamburger **7**
Seasoned Fries
Celery Sticks
Sliced Peas
Milk

Lettuce Stack, Mayo, Mustard, Ketchup

Chicken Tenders **10**
Sweet Potato Fries
Green Beans
Pineapple Tidbits
Milk

Homestyle Meatloaf **11**
w/Gravy
Scalloped Potatoes
Steamed Broccoli
Diced Pears
Milk

Monterey Beef Enchiladas **12**
Black Beans
Mixed Vegetables
Mandarin Oranges
Milk

Chicken Noodle Soup **13**
Glazed Carrots
Corn
Diced Peaches
Milk

Texas Chili Dog **14**
Seasoned Fries
Pinto Beans
Sliced Apples
Milk
Mustard, Ketchup, Relish

Yummy Beef and Cheese **17**
Nachos
Refried Beans
Steamed Broccoli
Sliced Pears
Milk
Taco Sauce

Classic Salisbury Steak w/Gravy **18**
Mashed Potatoes
Spinach
Mixed Fruit
Milk

Golden Chicken Nuggets **19**
Seasoned Fries
Sweet Peas
Pineapple Chunks
Milk

Deli Turkey Sandwich **20**
w/Cheese
Celery Sticks
Petite Carrots
Sliced Peaches
Milk

Baked Chicken **21**
Green Beans
Sweet Potatoes
Sliced Apples
Milk

24

25

26

27

28

Thanksgiving Break