

JANUARY 2026

Beatrice Mayes Institute

Monday
Tuesday
Wednesday
Thursday
Friday

Professional Development Day

5

Cinni Mini
Graham Crackers
Pineapple Tidbits
Milk

6

Kolache
Graham Crackers
Mandarin Oranges
Milk

7

Pop Tart
Graham Crackers
Mixed Fruit
Milk

8

Breakfast Pizza
Graham Crackers
Diced Pears
Milk

9

Cowboy Bread
Graham Crackers
Sliced Apples
Milk

12

Yogurt
Granola
Fruit Cocktail
Milk

13

Mini Bagel w/
Strawberry Cream Cheese
Graham Crackers
Sliced Pears
Milk

14

Muffin Top
Graham Crackers
Sliced Peaches
Milk

15

Turkey Sausage
Cheese Wrap
Graham Crackers
Mandarin Oranges
Milk

16

MLK Holiday

19

Kolache
Graham Crackers
Mixed Fruit
Milk

20

Muffin Top
Graham Crackers
Diced Peaches
Milk

21

Cinni Mini
Graham Crackers
Pineapple Chunks
Milk

22

Yogurt
Granola
Sliced Apples
Milk

23

Mini Bagel w/
Strawberry Cream Cheese
Graham Crackers
Sliced Pears
Milk

26

Pop Tart
Graham Crackers
Pineapple Tidbits
Milk

27

Breakfast Pizza
Graham Crackers
Sliced Peaches
Milk

28

Yogurt
Muffin Top
Fruit Cocktail
Milk

29

Cowboy Bread
Graham Crackers
Sliced Apples
Milk

30

Winter Break

1
2



JANUARY 2026

Beatrice Mayes Institute

Monday

Tuesday

Wednesday

Thursday

Friday

Professional
Development
Day

Sloppy Joe
Seasoned Fries
Baked Beans
Sliced Apples
Milk

MLK
Holiday

Yummy Beef and Cheese
Nachos
Refried Beans
Steamed Broccoli
Sliced Pears
Milk

Braised Meatballs w/Gravy
Mashed Potatoes
Spinach
Pineapple Tidbits
Milk

Chicken Tortilla Soup
Celery Sticks
Glazed Carrots
Fruit Cocktail
Milk

Italian Spaghetti w/
Gr. Beef Meat sauce
Green Beans
Spring Mixed Salad w/
Cherry Tomatoes
Mixed Fruit
Milk

Homestyle Meatloaf w/Gravy
Scalloped Potatoes
Steamed Broccoli
Pineapple Tidbits
Milk

Golden Chicken Sandwich
Sweet Potato Fries
Mixed Vegetables
Mandarin Oranges
Milk

Golden Chicken Tenders
Mixed Vegetables
Spring Mixed Salad w/
Cherry Tomatoes
Sliced Pears
Milk

Golden Chicken Nuggets
Sweet Potato Fries
Sweet Peas
Diced Peaches
Milk

Chicken Quesadilla
Refried Beans
Corn
Sliced Peaches
Milk

Winter Break

Italian Spaghetti w/
Gr. Beef Meat sauce
Green Beans
Spring Mixed Salad w/
Cherry Tomatoes
Mixed Fruit
Milk

Deli Turkey Sandwich
Petite Carrots
Celery Sticks
Sliced Peaches
Milk

Classic Salisbury Steak
w/Gravy
Scalloped Potatoes
Mustard Greens
Pineapple Chunks
Milk

Braised Meatballs w/Gravy
Mashed Potatoes
Spinach
Fruit Cocktail
Milk

Texas Chili Dog
Seasoned Fries
Pinto Beans
Diced Pears
Milk

Monterey Beef Tacos
Black Beans
Corn
Mandarin Oranges
Milk

All American Cheeseburger
Seasoned Fries
Mixed Vegetables
Sliced Apples
Milk

Golden Corn Dog
Sweet Potato Fries
Green Beans
Sliced Apples
Milk