

**BREAKFAST**

FEBRUARY 2026

Beatrice Mayes Institute

Monday

Mini Bagel w/
Strawberry Cream Cheese
Graham Crackers
Pineapple Tidbits
Milk

Tuesday

Kolache
Graham Crackers
Sliced Pears
Milk

Wednesday

Muffin Top
String Cheese
Graham Crackers
Diced Peaches
Milk

Thursday

Cowboy Bread
Graham Crackers
Fruit Cocktail
Milk

Friday

Yogurt
Granola
Mixed Fruit
Milk

Cinni Mini
Graham Crackers
Sliced Pears
Milk

Muffin Top
String Cheese
Graham Crackers
Diced Peaches
Milk

Pop Tart
Graham Crackers
Pineapple Chunks
Milk

Breakfast Pizza
Graham Crackers
Sliced Peaches
Milk

Turkey Sausage
Cheese Wrap
Graham Crackers
Mandarin Oranges
Milk

**Professional
Development
Day**

Breakfast Pizza
Graham Crackers
Sliced Peaches
Milk

Cowboy Bread
Graham Crackers
Sliced Apples
Milk

Yogurt
Granola
Pineapple Tidbits
Milk

Kolache
Graham Crackers
Mandarin Oranges
Milk

Maple Pancake Sausage
Graham Crackers
Sliced Pears
Milk



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FEBRUARY 2026

Beatrice Mayes Institute

Monday

Yummy Beef and Cheese
Nachos
Black Beans
Steamed Broccoli
Pineapple Tidbits
Milk

Tuesday

Homestyle Meatloaf
Mashed Potatoes
Mustard Greens
Mandarin Oranges
Milk

Wednesday

Golden Chicken Sandwich
Green Beans
Corn
Diced Peaches
Milk

Thursday

Chili Con Carne
Sweet Potatoes
Mixed Vegetables
Sliced Apples
Milk

Friday

Texas Chili Dog
Pinto Beans
Seasoned Fries
Mixed Fruit
Milk

All American Cheeseburger
Baked Beans
Steamed Broccoli
Sliced Pears
Milk

Chicken Tetrzzini
Green Beans
Spring Mixed Salad w/
Cherry Tomatoes
Sliced Peaches
Milk
Dressing

Monterey Beef Tacos
Ranchero Beans
Corn
Pineapple Chunks
Milk

Classic Salisbury Steak
w/ Gravy
Mashed Potatoes
Mustard Greens
Diced Peaches
Milk

Classic Pepperoni Pizza
Sweet Potato Fries
Baked Beans
Sliced Apples
Milk

Professional Development Day

Golden Popcorn Chicken
Steamed Broccoli
Sweet Potatoes
Sliced Peaches
Milk

Homestyle Meatloaf w/
Gravy
Steamed Carrots
Corn
Fruit Cocktail
Milk

Yummy Beef and Cheese
Nachos
Refried Beans
Steamed Broccoli
Pineapple Tidbits
Milk

Baked Chicken
Green Beans
Scalloped Potatoes
Mandarin Oranges
Milk

Golden Corn Dog
Sweet Potato Fries
Baked Beans
Sliced Pears
Milk
Dressing

Braised Meatballs w/Gravy
Mashed Potatoes
Spinach
Pineapple Chunks
Milk

Classic Pepperoni Pizza
Sweet Potato Fries
Sweet Peas
Diced Pears
Milk

Deli Sliced Turkey Sandwich
w/Cheese
Celery Sticks
Petite Carrots
Diced Peaches
Milk

Mental Health Day

