



AUGUST 2026

Beatrice Mayes Institute



Monday

Tuesday

Wednesday

Thursday

Friday

3

4

5

6

7

Pop Tart
Graham Crackers
Sliced Peaches
Milk

10

Yogurt
Granola
Mixed Fruit
Milk

11

Muffin Top
Graham Crackers
Sliced Pears
Milk

12

Mini Bagel w/
Strawberry Cream Cheese
Graham Cracker
Sliced Apples
Milk

13

Pop Tart
Graham Cracker
Sliced Peaches
Milk

14

Yogurt
Granola
Mixed Fruit
Milk

17

Muffin Top
Graham Crackers
Sliced Pears
Milk

18

Cinni Mini
Graham Crackers
Sliced Apples
Milk

19

Cowboy Bread
Graham Crackers
Sliced Peaches
Milk

20

Mini Bagel w/
Strawberry Cream Cheese
Graham Crackers
Mixed Fruit
Milk

21

Muffin Top
String Cheese
Sliced Pears
Milk

24

Kolache
Graham Crackers
Sliced Apples
Milk

25

Yogurt
Granola
Mixed Fruit
Milk

26

Breakfast Pizza
Graham Crackers
Sliced Peaches
Milk

27

Pop Tart
Graham Crackers
Diced Pears
Milk

28

Muffin Top
Graham Crackers
Mixed fruit
Milk

31





AUGUST 2026

Beatrice Mayes Institute

[Enter Menu Details]



Monday

Tuesday

Wednesday

Thursday

Friday

3

4

5

6

7

Nachos w/Diced Chicken
Black Beans
Steamed Carrots
Sliced Peaches
Milk

10

Classic Salisbury Steak
w/Gravy
Mashed Potatoes
Green Beans
Mixed Fruit
Milk

11

Texas Chili Dog
Baked Beans
Sweet Potato Fries
Sliced Pears
Milk

12

Braised Meatballs
w/Gravy
Mashed Potatoes
Green Beans
Sliced Apple
Milk

13

All American Cheeseburger
Seasoned Fries
Celery Sticks
Sliced Peaches
Milk

14

Classic Pepperoni Pizza
Pinto Beans
Corn
Mixed Fruit
Milk

17

Creamy Chicken Tetrazzini
Green Beans
Steamed Carrots
Sliced Pears
Milk

18

Monterey Beef Tacos
Steamed Broccoli
Refried Beans
Sliced Apples
Milk

19

Chicken Gumbo
Rice
Petite Carrots
Sliced Peaches
Milk

20

Golden Chicken Tenders
Steamed Broccoli
Corn
Mixed Fruit
Milk

21

Crispy Popcorn Chicken
Green Beans
Corn
Sliced Pears
Milk

24

Asian Chicken Stir Fry
Glazed Carrots
Sweet Peas
Sliced Apples
Milk

25

Yummy Beef & Cheese
Nachos
Black Beans
Petite Carrots
Mixed Fruit
Milk

26

Italian Spaghetti w
Gr. Beef Meatsauce
Green Beans
Mixed Vegetables
Sliced Peaches
Milk

27

Golden Chicken Nuggets
Corn
Steamed Carrots
Diced Pears
Milk

28

All American Cheeseburger
Season Fries
Celery Sticks
Mixed Fruit
Milk

31



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