



SEPTEMBER 2026

Beatrice Mayes Institute

Monday

Tuesday

Wednesday

Thursday

Friday

**LABOR
DAY**

Cinni Mini **1**
Graham Crackers
Sliced Pears
Milk

Muffin Top **2**
Graham Crackers
Sliced Apples
Milk

Kolache **3**
Graham Crackers
Sliced Peaches
Milk

Mini Bagel w/ **4**
Strawberry Cream Cheese
Graham Crackers
Mixed Fruit
Milk

Breakfast Pizza **8**
Graham Crackers
Sliced Pears
Milk

Turkey Sausage **9**
Cheese Wrap
Graham Crackers
Sliced Apples
Milk

Yogurt **10**
Granola
Sliced Peaches
Milk

Cowboy Bread **11**
Graham Crackers
Sliced Pears
Milk

Maple Pancake **14**
Sausage Sandwich
Graham Crackers
Sliced Peaches
Milk

Cinni Mini **15**
Graham Crackers
Sliced Apples
Milk

Muffin Top **16**
String Cheese
Mixed Fruit
Milk

Pop Tart **17**
Graham Crackers
Sliced Pears
Milk

Breakfast Pizza **18**
Graham Crackers
Sliced Peaches
Milk

Turkey Sausage **21**
Cheese Wrap
Graham Crackers
Sliced Apples
Milk

Yogurt **22**
Granola
Sliced Pears
Milk

Kolache **23**
Graham Crackers
Mixed Fruit
Milk

Mini Bagel w/ **24**
Strawberry Cream Cheese
Graham Crackers
Sliced Apples
Milk

Pop Tart **25**
Graham Crackers
Sliced Peaches
Milk

Cinni Mini **28**
Graham Crackers
Mixed Fruit
Milk

Muffin Top **29**
Graham Crackers
Sliced Peaches
Milk

Breakfast Pizza **30**
Graham Crackers
Sliced Apples
Milk



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Oven Baked Chicken **1**
Green Beans
Steamed Carrots
Sliced Pears
Milk

Classic Pepperoni Pizza **2**
Sweet Potato Fries
Celery Sticks
Sliced Apples
Milk

Braised Meatball w/Gravy **3**
Mashed Potatoes
Mixed Vegetables
Sliced Peaches
Milk

Chessey Chicken Quesadilla **4**
Black Beans
Corn
Mixed Fruit
Milk

LABOR DAY **7**

Vegetable Soup **8**
Grilled Cheese
Sliced Pears
Milk

Texas Chili Dog **9**
Baked Beans
Seasoned Fries
Sliced Apples
Milk

Chili con Carne **10**
Rice
Mustard Greens
Sliced Peaches
Milk

All American Hamburger **11**
Seasoned Fries
Broccoli
Sliced Pears
Milk

Yummy Beef & Cheese **14**
Tacos
Black Beans
Celery Sticks
Sliced Peaches
Milk

Italian Spaghetti w/ Meatsauce **15**
Green Beans
Mixed Vegetables
Sliced Apples
Milk

Beef & Cheese Nachos **16**
Black Bean
Corn
Mixed Fruit
Milk

Classic Salisbury w/Gravy **17**
Roll
Mashed Potatoes
Broccoli
Sliced Pears
Milk

Crispy Chicken Nuggets **18**
Black Eye Peas
Petite Carrots
Sliced Peaches
Milk

Texas Chili Dogs **21**
Baked Beans
Seasoned Fries
Sliced Apples
Milk

Braised Meatball w/Gravy **22**
Green Beans
Mashed Potatoes
Sliced Pears
Milk

Golden Chicken Tenders **23**
Mac & Cheese
Broccoli
Mixed Fruit
Milk

Homestyle Meatloaf w/Gravy **24**
Roll
Mashed Potatoes
Corn
Sliced Apples
Milk

Classic Pepperoni Pizza **25**
Pinto Bean
Steamed Carrots
Sliced Peaches
Milk

All American Cheeseburger **28**
Seasoned Fries
Celery Sticks
Mixed Fruit
Milk

Chipotle Chicken **29**
Fajita Rice Bowl
Green Bean
Corn
Sliced Peaches
Milk

Crispy Golden Corn Dogs **30**
Sweet Potato Fries
Broccoli
Sliced Apples
Milk