LUNCH

NOVEMBER 2026

Beatrice Mayes Institute

Monday	Tuesday	Wednesday	Thursday	Friday
2 Texas Chili Dog Baked Beans Sweet Potato Fries Mixed Fruit Milk	**3** Meatloaf w/Gravy Mashed Potatoes Green Beans Roll Sliced Peaches Milk	**4** Golden Chicken Tenders Corn Mixed Vegetables Sliced Pears Milk	**5** Vegetable Soup Grilled Cheese Celery Sticks Petite Carrots Sliced Apples Milk	**6** Yummy Beef Nachos Black Beans Sweet Peas Mixed Fruit Milk
9 Classic Pepperoni Pizza Glazed Carrots Pinto Beans Sliced Pears Milk	**10** Italian Spaghetti w/Meatsauce Green Beans Corn Sliced Apples Milk	**11** Cheese Burger Seasoned Fries Broccoli Sliced Peaches Milk	**12** Braised Meatballs w/Gravy Mashed Potatoes Black Eyed Peas Roll Mixed Fruit Milk	**13** Deli Turkey Sandwich w/Cheese Celery Stick Petite Carrots Sliced Pears Milk
16 Golden Chicken Tenders Mac & Cheese Broccoli Mixed Fruit Milk	**17** Salisbury Steak w/Gravy Mashed Potatoes Greens Roll Sliced Peaches Milk	**18** Monterey Beef Tacos Black Beans Corn Sliced Pears Milk	**19** Chicken Sandwich Glazed Carrots Sweet Peas Mixed Fruit Milk	**20** Baked Chicken Green Beans Sweet Potatoes Sliced Peaches Milk
23	**24**	**25**	**26**	**27**
30 Texas Chili Dog Baked Beans Sweet Potato Fries Mixed Fruit Milk				

Thanksgiving Break



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BREAKFAST

NOVEMBER 2026

Beatrice Mayes Institute

Monday	Tuesday	Wednesday	Thursday	Friday
2 Pop-Tart Graham Crackers Mixed Fruit Milk	3 Breakfast Pizza Graham Crackers Sliced Peaches Milk	4 Mini Bagel w/ Strawberry Cream Cheese Graham Cracker Sliced Pears Milk	5 Yogurt Granola Sliced Apples Milk	6 Kolache Graham Crackers Mixed Fruit Milk
9 Muffin Top String Cheese Graham Cracker Sliced Pears Milk	10 Cinni Mini Graham Cracker Sliced Peaches Milk	11 Kolache Graham Crackers Mixed Fruit Milk	12 Maple Pancake Sandwich Graham Crackers Sliced Apples Milk	13 Turkey Sausage Cheese Wrap Graham Cracker Sliced Pears Milk
16 Yogurt Granola Sliced Peaches Milk	17 Breakfast Pizza Graham Crackers Mixed Fruit Milk	18 Mini Bagel w/ Strawberry Cream Cheese Graham Cracker Sliced Apples Milk	19 Turkey Sausage Cheese Wrap Graham Cracker Sliced Pears Milk	20 Kolache Graham Cracker Sliced Peaches Milk
23	24	25	26	27
30 Pop-Tart Graham Crackers Mixed Fruit Milk				

Thanksgiving Break



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