

ROOTED IN RESILIENCE:

Healing the Circles within Indigenous Social Drivers of Health

Co-learning Series

THURSDAY, OCTOBER 23RD
INDIAN PUEBLO CULTURAL CENTER





Greetings!

We are pleased to welcome you to the 2025 Rooted in Resilience: Healing the Circles within Indigenous Social Drivers of Health Co-Learning Series. In this document you will find helpful information for the co-learning series including information about series the goals, agenda and the venue. In this series, while we have facilitators and presenters guiding our conversations, we acknowledge that everyone is coming into this space with lived-experience, knowledge and practices that will inform our shared learning. Our intention is to create a space for trust and participation where experiences are affirmed, diversity is honored, and our collective knowledge leads to action ([Read our Guiding Principles](#)). Thank you for choosing to be part of this space.

If you have any questions, please email the NMSDOH-C facilitator, Danielle Lucero at dlucero45@phs.org. We look forward to seeing you soon!

Land Acknowledgement

We will be gathering on the ancestral homelands of the Southern Tiwa People, in particular the Pueblos of Sandia and Isleta. As caretakers of the Middle Rio Grande, these Tiwa speaking Nations have nurtured its desert, mountain, and riverine ecosystems, and continue to foster the cultural and economic life of the area. Albuquerque has also long been a meeting place of diverse Indigenous peoples, including Pueblo, Diné, Inde, and Genízaros. These Nations continue the struggle against Indigenous erasure that began in the sixteenth century. These ongoing actions ensure that Albuquerque is tied to Southern Tiwa land and the site of a vibrant, intertribal Indigenous community ([Adapted from the Albuquerque Museum Land Acknowledgement](#)).



About the Series

The New Mexico Social Drivers of Health Collaborative Tribal Health Systems Workgroup co-developed this hybrid in-person and virtual co-learning series focused on the Indigenous Social Drivers of Health (ISDOH). Using information provided through Seven Directions, Indigenous Public Health Institute's Indigenous Social Drivers of Health Training Modules, we hope to work together to develop an ISDOH framework tailored to the unique landscape of Tribal Health in New Mexico.

Why Indigenous Social Drivers of Health?

ISDOH acknowledges that Indigenous knowledge and ways of being and doing that have kept communities' health well since time immemorial. Emergent domains include connection to lands and kinship, continuity of language and identity, exercising sovereignty and governance, and historic – contemporary systemic and structural determinants. The United Nations states It is critical that we ensure that Indigenous cultural systems' definitions of health are expressed and determined locally by Indigenous Peoples. We will work together to uplift ISDOH efforts across the state of New Mexico.

Series Goals

1. Increase understanding of Indigenous Social Drivers of Health
2. Identify and share examples of strategies to Integrate Indigenous Social Drivers of Health within the Healthcare system
3. Build knowledge about best practices in applying and evaluating Indigenous Social Drivers of Health
4. Develop a localized ISDOH Framework to share with broader network

We will achieve these goals by applying the Becoming Butterfly Framework (Red Star International). This framework reflects the cyclical, non-linear, iterative process to break down silos. Becoming Butterfly is promising practice for sustainable transformation and stronger health governance

Guiding Frameworks

Prior to the in-person kick-off we invite you to review the social drivers of health frameworks that we will discuss throughout the session.

Pre-Learning Series Activities

- Review Social Drivers of Health Framework by The Praxis Project
- Read the Indigenous Social Determinants of Health Training Modules Report
- Check out the CDC Social Determinants of Health Framework
- Read the article - *Developing Indigenous-Centered Healing, Health, and Wellness Frameworks to Strengthen Indigenous Health Systems, Decolonize Public Health, and Achieve Health Equity*



Session One Agenda

OCTOBER 23, 2025

MORNING

09.15 AM – 09.30 AM

CHECK-IN/COFFEE

09.30 AM – 09.45 AM

GROUNDING & OVERVIEW

09.45 AM – 10.15 AM

ACTIVITY 1

Describe Indigenous Social
Drivers of Health –
Frameworks and Definitions

10.15 AM – 10.20 AM

BREAK

10.20 AM – 12.00 PM

ACTIVITY 2

Workshop Determinant
Definitions and Local
Examples

Session One Agenda

OCTOBER 23, 2025

AFTERNOON

12.00 PM – 12.30 PM

LUNCH

12.30 PM – 01.00 PM

ACTIVITY 2 CONTINUED

01.00 PM – 1.30 PM

ACTIVITY 3
Amplifying Current Work
within the Determinants

01.30 PM – 1.35 PM

BREAK

01.35 PM – 2.15 PM

Activity 4: Reflecting on
Shared Definitions and
Current Efforts

02.15 PM – 2.30 PM

PLUS/DELTA
CLOSING



About the Sessions

Each session has unique goals and objectives.

Session 1

An Introduction to Indigenous Social Determinants of Health and the Systems that Impact Them

In-person – Thursday, October 23rd 9:30 am – 2:30 pm

Session Goal: Increase understanding of Indigenous Social Drivers of Health

Session Objectives

1. Define the term Indigenous Social Determinants of Health (ISDOH) and develop definitions of SDOH and ISDOH that are community specific.
2. Connect the ISDOH factors with specific American Indian and Alaska Native communities
3. Confirm New Mexico-specific ISDOH efforts and examples

Session 2

Community-led Approaches to Integrating ISDOH within the Healthcare System

Virtual – Thursday, November 20th 10:00 – 11:30 am

Session Goal: Identify and share examples of strategies to Integrate Indigenous Social Drivers of Health within the Healthcare system.

Session Objectives

1. Recognize that an ISDOH framework can address unique cultural and contextual needs and present their effect on health and wellness for American Indian and Alaska Native communities.
2. Describe ways these new understandings can inform public health practice.

About the Sessions

Each session has unique goals and objectives.

Session 3

Using the ISDOH framework to Strengthen Assessment

Virtual - Thursday, December 11th 10:00 - 11:30 am

Session Goal: Build knowledge about best practices in applying and evaluating Indigenous Social Drivers of Health

Session Objectives

1. Describe how to use an ISDOH framework to conduct assessments, develop programs, and advocate policies (tribal, county, state, federal).
2. Share examples of organizations applying ISDOH framework for program assessment, program development and policy.

Session 4

Committing to an ISDOH Framework Virtual

Thursday, January 15th 10:00 - 11:30 am

Session Goal: Review and approve the localized ISDOH Framework to share with broader network

Session Objectives

1. Participants carefully review the localized and community-developed ISDOH Framework.
2. Participants identify opportunities to share this framework with partners.



About the Indian Pueblo Cultural Center

The Indian Pueblo Cultural Center (IPCC) Campus serves as a gathering place where Pueblo Culture is celebrated through creative and cultural experiences, while providing economic opportunities to Pueblo and local communities. It is located at the heart of nearly 80 acres of land owned by the 19 Pueblos and governed by the 19 Pueblos District (a sovereign government formed by the Tribal Councils of the 19 New Mexico Pueblo Communities) at the former location of the Albuquerque Indian School (1881-1982).

Accessibility

Please note that any accessibility accommodations not specifically listed below are likely not yet being accounted for. We are committed to addressing and accommodating all needs to the best of our ability. For the best chance of success, please contact us as early as possible at dlucero45@phs.org.

IN-PERSON ACCESSIBILITY

COVID-19 & Airborne Illness Precautions

We will continue to follow NM Department of Health recommendations and guidance on COVID-19 safety practices. We will keep registrants informed of requirements and recommendations if they shift in the time leading up to the symposium.

We respect any individual's choice to wear a mask during the symposium and plan to have an optional reserved seating area for attendees who wish to remain masked throughout the event.

If you test positive for a contagious illness (including but not limited to COVID-19, Flu, RSV, & Strep), have a fever, are experiencing other symptoms illness, or are otherwise not feeling well, please practice community care by staying home.

Physical Accessibility

The meeting space can be accessed by those using mobility devices. There is accessible parking available within 100 feet of the building, but not the main entrance.

Hearing, Sight and Sensory Accessibility

We will use microphones with sound projected through the large, in-house speakers. IPCC is not a scent-free environment or building. There is no planned use of strobing or flashing lights.

Amenities

- Multi-stall, gendered restrooms
- Water fountains & a bottle fill fountain
- Ice machine and refrigerator, available upon request.
- A lactation room will be available upon request.

There is an AED machine near the meeting room.



Thank you to our Series Sponsors!

