

SALAT

ATFAL TARBIYYAT CLASS
JANUARY 2026



Majlis Atfalul
Ahmadiyya USA



**"SURELY, SUCCESS
DOES COME TO THE
BELIEVERS,**



**WHO ARE HUMBLE
IN THEIR PRAYERS,**

1

**AND WHO ARE ACTIVE
IN PAYING THE ZAKAT,**

3

**AND WHO ARE WATCHFUL
OF THEIR TRUSTS AND
THEIR COVENANTS,**

5

**AND WHO SHUN ALL THAT
WHICH IS VAIN,**

2

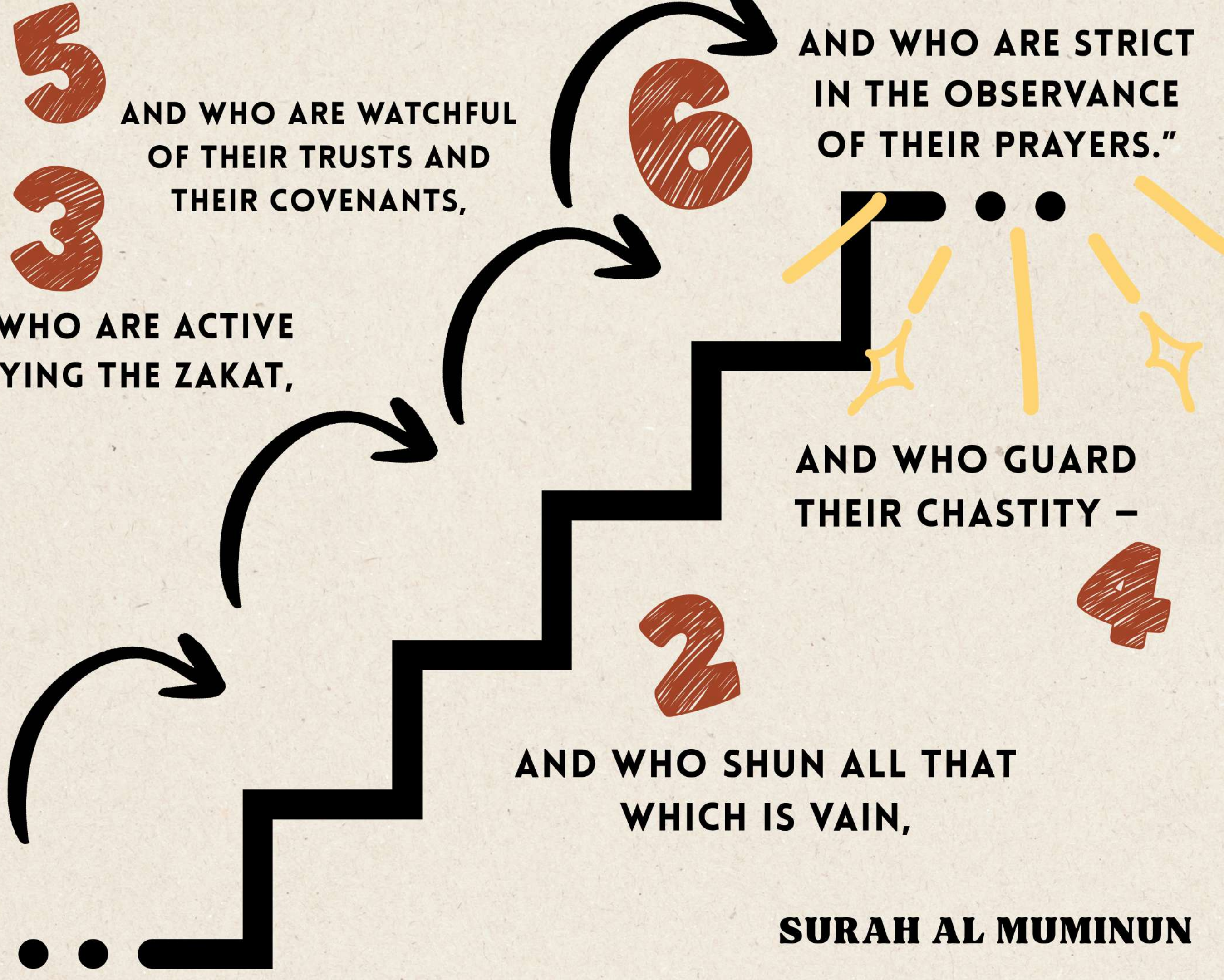
**AND WHO GUARD
THEIR CHASTITY –**

4

**AND WHO ARE STRICT
IN THE OBSERVANCE
OF THEIR PRAYERS."**

6

SURAH AL MUMINUN



**WHAT IS
SALAT?**



WHAT IS SALAT?

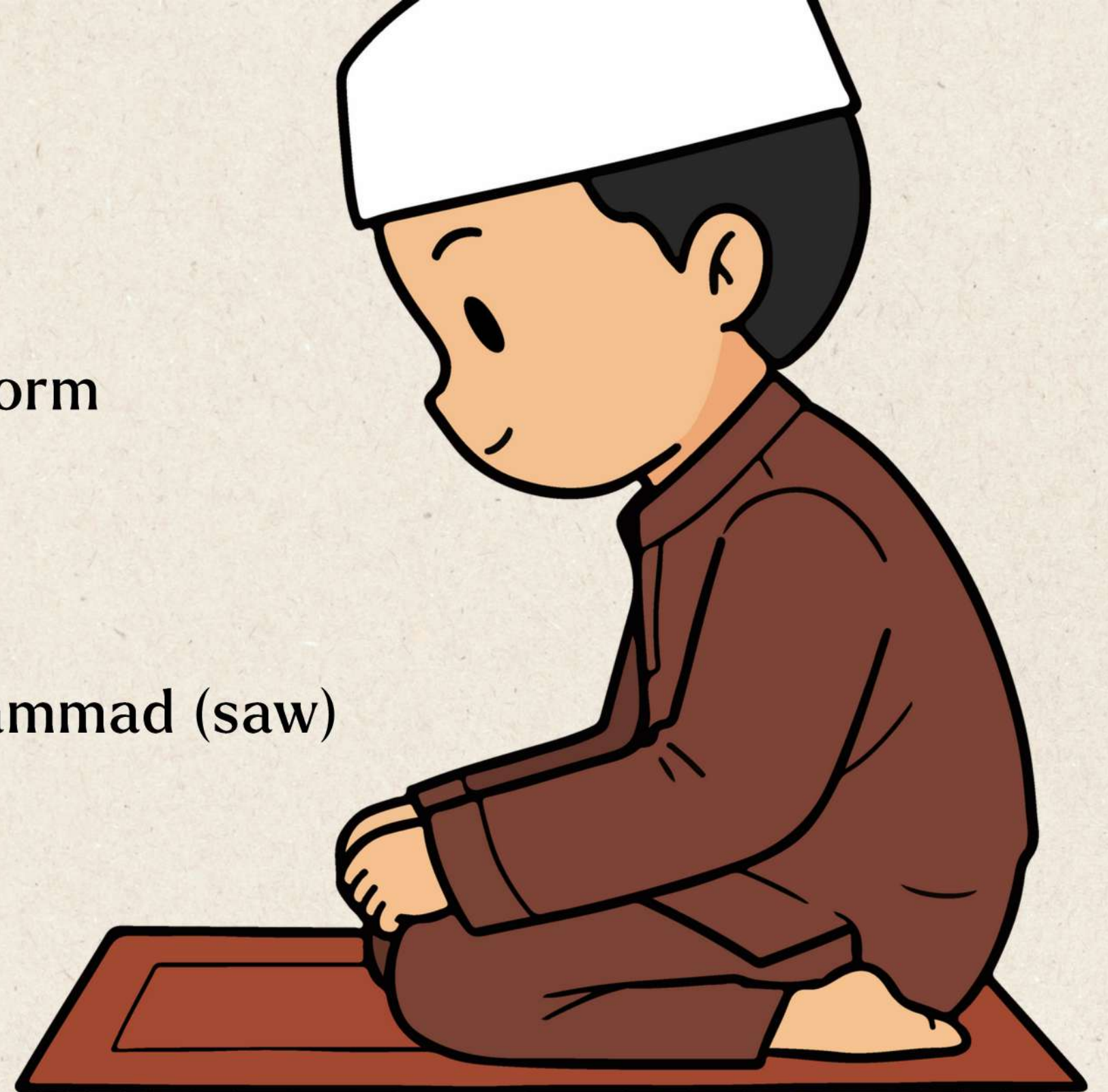
- Salat is the daily prayer that all Muslims perform
- It is one of the Five Pillars of Islam
- Muslims perform Salat 5 times a day
- It was taught to us by the Holy Prophet Muhammad (saw)
- We pray today exactly the way he prayed

WHY DO WE PRAY?

- "And I have not created the jinn and the men but that they may worship Me." (51:57).

That is our purpose

- It is the foundation of our relationship with Allah



**WHY DO YOU
THINK SALAT
LEADS TO
SUCCESS?**



"What is Salat? It is a supplication addressed to the Lord of Honour without which a person cannot be truly alive, nor can he procure any means of security and happiness."

(Essence of Islam, Vol II, Pg 297)

"The remembrance of God charged with love, which is called the Salat, truly becomes their food without which they cannot survive and which they guard and watch constantly, like a traveller who in the midst of a stark wilderness guards his scanty supply of bread and water."

(Essence of Islam, Vol II, Pg 300)



The Promised Messiah (as)

**HOW DID THE MOST
SUCCESSFUL MAN IN
HISTORY PRAY AND
WORSHIP ALLAH?**

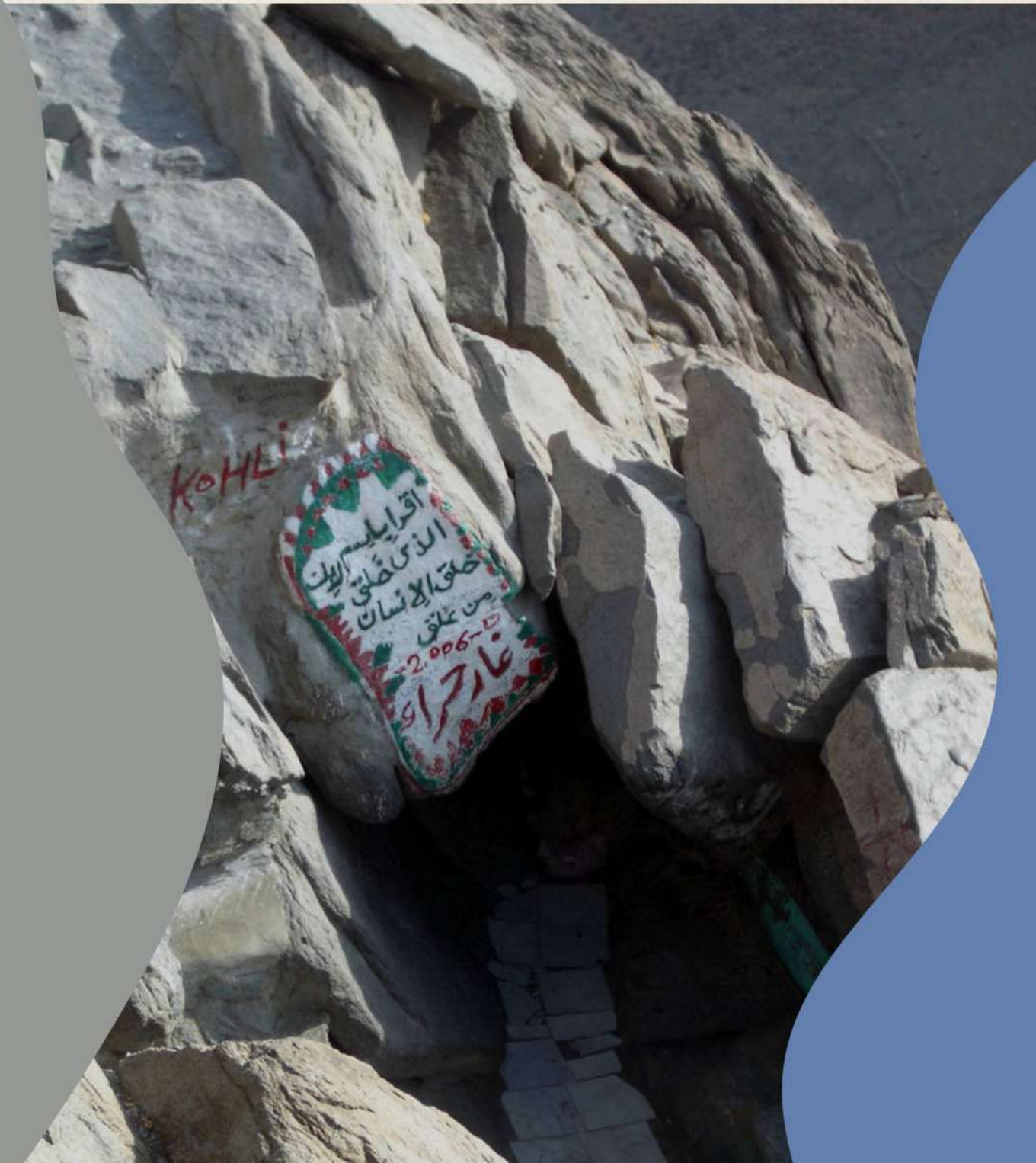


The people around him worshipped idols. But the Holy Prophet (sa) knew in his heart:

○ *There is only One God.*

He would pray in his own words and say: *"O my loving God, please guide me to You."*

- When Holy Prophet Muhammad (sa) was a young man, before he became a Prophet, he loved to be alone with Allah.
- He used to climb a very high mountain and go into a small cave.
- He would stay there for many days and nights.
- At that time, he did not know how to pray like we do today.
- But he still talked to Allah from his heart.



The people of Mecca sometimes made fun of him.

But they were also amazed by his worship.

They used to say:

"Muhammad is deeply in love with his Lord."

Did you Know?

The Holy Prophet
(saw) spent most of
his nights in prayer

A companions story

The Holy Prophet (saw)
prayed so much that:
His feet would become
swollen from standing so
long he still prayed with full
effort and humility.

- HAZRAT ABDULLAH BIN MASUD (RA) WAS A YOUNG COMPANION.
- ONE NIGHT, HE DECIDED TO PRAY TAHAJJUD NEXT TO THE HOLY PROPHET (SA).
- HE SAID:
 - THE HOLY PROPHET (SA) STOOD FOR SO LONG IN PRAYER,
 - AND STAYED IN SUJOOD FOR SO LONG,
 - THAT I BECAME TIRED AND ALMOST STOPPED MY PRAYER.

One night the Holy Prophet (saw) spent the entire night reciting one verse of the Holy Qur'an:

إِنْ تُعَذِّبُهُمْ فَإِنَّهُمْ عِبَادُكَ ۚ وَإِنْ تَغْفِرَ لَهُمْ فَإِنَّكَ أَنْتَ الْعَزِيزُ الْحَكِيمُ

'O Allah if you punish them then they are your servants but if you forgive them then you are the Mighty, the Wise' (Ch. 5, V. 119)

Hazrat Ayesha (ra) and his other wives mention that we used to wake up in the middle of the night from his excessive crying in the Salat. One of them mentioned that his chest used to sound like something is boiling on the stove.



Huzoor (aba) said that the standards of the Holy Prophet's (saw) prayer were that after half the night had passed, the Holy Prophet (saw) would wake up and stand in prayer.

Hazrat A'ishah (ra) states that once, while the Holy Prophet (saw) stood in prayer, she asked him that he was already God's chosen one, then why did he put himself under such difficulties of spending half the night in prayer.

Friday Sermon 19th December 2025



The Holy Prophet (saw) replied, ‘O A’ishah, should I not be a grateful servant?’

God had bestowed the immense favour of making the Holy Prophet (saw) the final law-bearing prophet and had revealed the Holy Qur’an to him, and in response the Holy Prophet (saw) was extremely grateful and expressed it through his prayers.

Friday Sermon 19th December 2025



The Promised Messiah (as) was the most devoted servant of the Holy Prophet (saw) and followed him with absolute obedience.

When he was still a very young child (even younger than some of you sitting here) he asked one of the young girls he was playing with, "Pray for me that may Allah destine regularity in Salaat for me."

His father used to worry about him that he is not interested in making money how will he survive. He used to be called in punjabi '*a Maseetarr*' (one who is always in the Masjid)



Never missed Salat even in most difficult situations

- Once in a court case.
- Waiting for his turn to appear before the judge.
- Time for Salat.
- Decided that Salat is more important.
- Left the court to pray in the courtyard.
- Missed his hearing.
- But the judge still ruled in his favor

the Holy Prophet (saw) was so particular about being regular in offering prayers that he would do so even whilst severely ill. the Holy Prophet (sa) went to the mosque to offer prayers with the help of two companions who were supporting him.

Hazrat A'ishah (ra) records that with the two companions supporting him, the state of the Holy Prophet (saw) was such that his feet were dragging on the ground.



Yet, even in this state, the Holy Prophet (saw) ensured not only to offer prayers but to go to the mosque. This was the manner in which he loved God.



Hadhrat Mirza Bashiruddin Mahmud Ahmad Khalifatul
Masih II (ra) -

"When I was 11 years old I asked myself why do I believe in God? He says that I spent the entire night/s thinking about this issue and in the morning I had reached the decision that yes there is a God.

He said one morning I put on a shirt of the Promised Messiah (as) and prayed to Allah and I do not know why but I cried without any control. In that Salat, I promised to Allah that I will never miss Salat.

He says that it was that day and now I have never missed a single Salat. And even though I am an old man now but I am in awe of the strong resolve of that 11 year old boy."

(Sawaneh Fazle Umar, Vol 1, pg 96-97)



**Has anyone heard
the story of
Chaudhry Zafrullah
Khan Sahib and his
watch?**



**LET US MAKE A PROMISE TODAY
THAT WE WILL NEVER MISS A
SINGLE SALAT NO MATTER WHAT!**

ALLAH GUARANTEES US SUCCESS!

Activity: Game of Kahoot

The key takeaway of this game is to see how much they learned from the presentation.

INSTRUCTIONS

- Each Tifl will get on Kahoot from their handheld devices.
- Have the game be displayed in front, once the code is displayed.
- Each Tifl will use that code to enter on their devices and play the game.

<https://create.kahoot.it/share/atc-jan-2026-salat-kahoot-game/3058e633-757c-44d7-9034-b866e46b0acd>





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