

GRATEFULNESS

ATFAL TARBIYYAT CLASS

AUGUST 2026



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Ahmadiyya USA



IN ISLAM, WHAT IS

GRATEFULNESS?

LET'S SEE WHAT
THE QUR'AN SAYS



أَوْعَجِبْتُمْ أَنْ جَاءَكُمْ ذِكْرٌ مِّن رَّبِّكُمْ عَلَى رَجُلٍ مِّنكُمْ لِيُنذِرَكُمْ^ط
وَأَذْكُرُوا إِذْ جَعَلَكُمْ خُلَفَاءَ مِن بَعْدِ قَوْمِ نُوحٍ وَزَادَكُمْ فِي الْخَلْقِ
بَصُطَةً^ج فَادْكُرُوا الْآءَ اللَّهِ لَعَلَّكُمْ تُفْلِحُونَ

‘Do you wonder that an exhortation has come to you from your Lord through a man from among yourselves that he may warn you? And remember the time when He made you inheritors of His favours after the people of Noah, and increased you abundantly in constitution. Remember, then, the favours of Allah, that you may prosper.’





"Before creating humankind, God created countless bounties for its sake.

This grace of God certainly warrants that man be grateful to Him.

Every prophet has guided their people to be grateful servants to their Lord. The greatest example of this gratitude was none other than the Holy Prophet (sa), who exhibited gratitude to God through his every action."

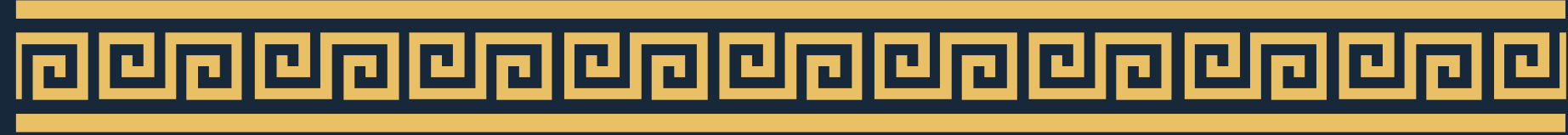
MIRZA MASROOR AHMAD KHALIFATUL MASIH V
- JULY 17 2026



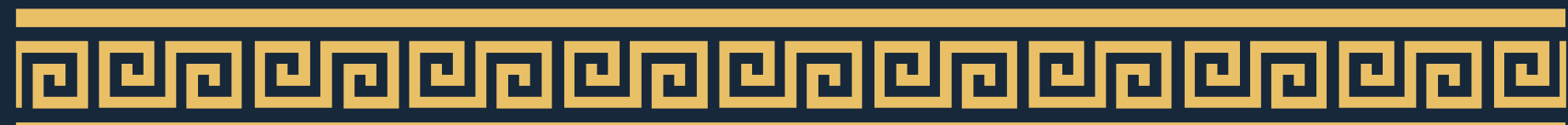
- When the Holy Prophet (pbuh) was asked why he prayed so fervently to God when God had already promised him every sort of success and victory, he replied,

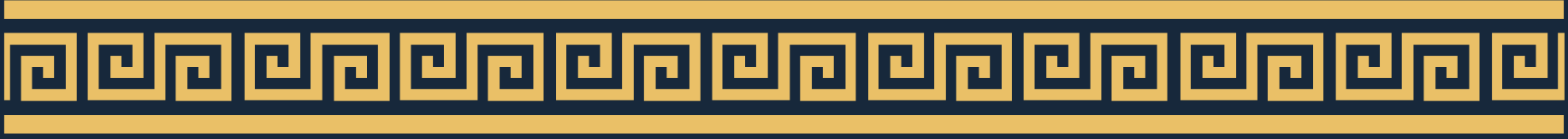
‘Should I not be a grateful servant to my Lord?’

- Not only did the Holy Prophet (pbuh) himself practice gratitude to God, but he enjoined the same to his followers as well.



How Can We Show
Gratitude Towards
Allah?

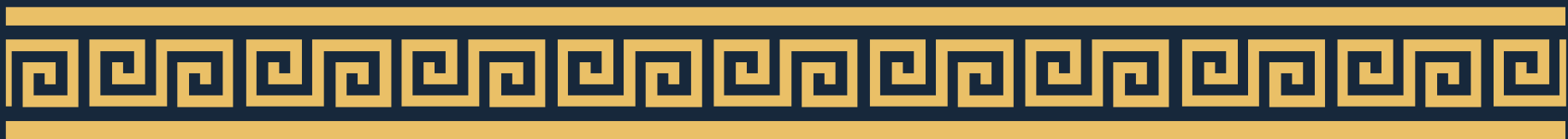




Sabr

What Quality Pairs
Perfectly With 'Gratitude'?

صبر





- The Holy Prophet (pbuh) said that a person who is unable to be grateful for something small cannot then be grateful for something big;
- And those who are not grateful to other people are not grateful to God. Ruminating on the blessings of God is also a form of gratitude,
- And not speaking about His bounties is a form of ungratefulness.



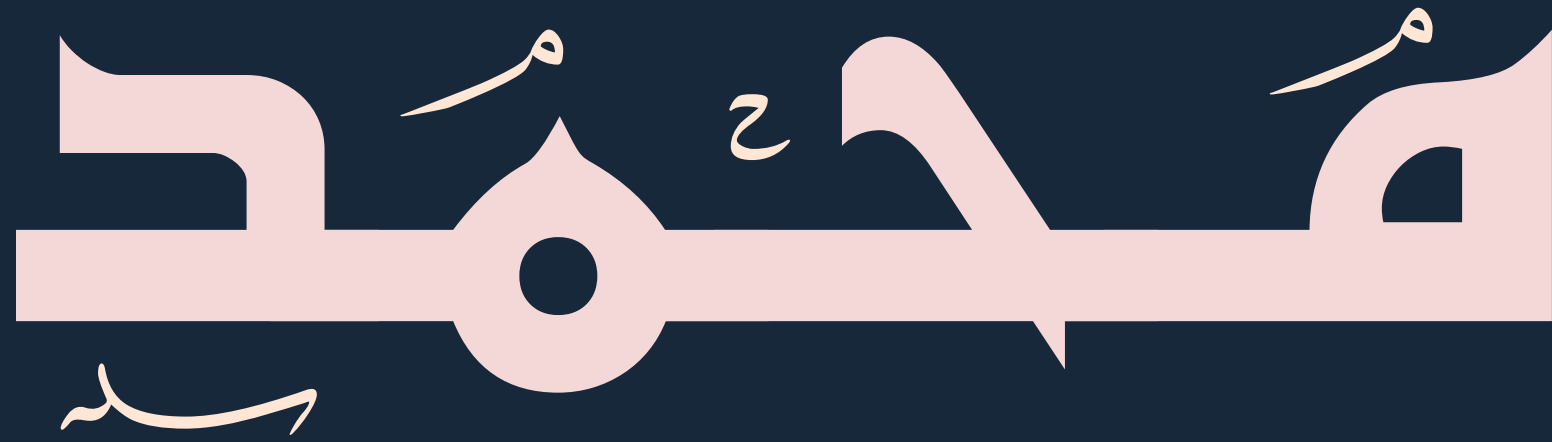
“if someone received a favour
and they say

Jazakallah Khair

‘May Allah give you the best
reward’, then they have done
justice to showing gratitude.”

MIRZA MASROOR AHMAD KHALIFATUL MASIH V

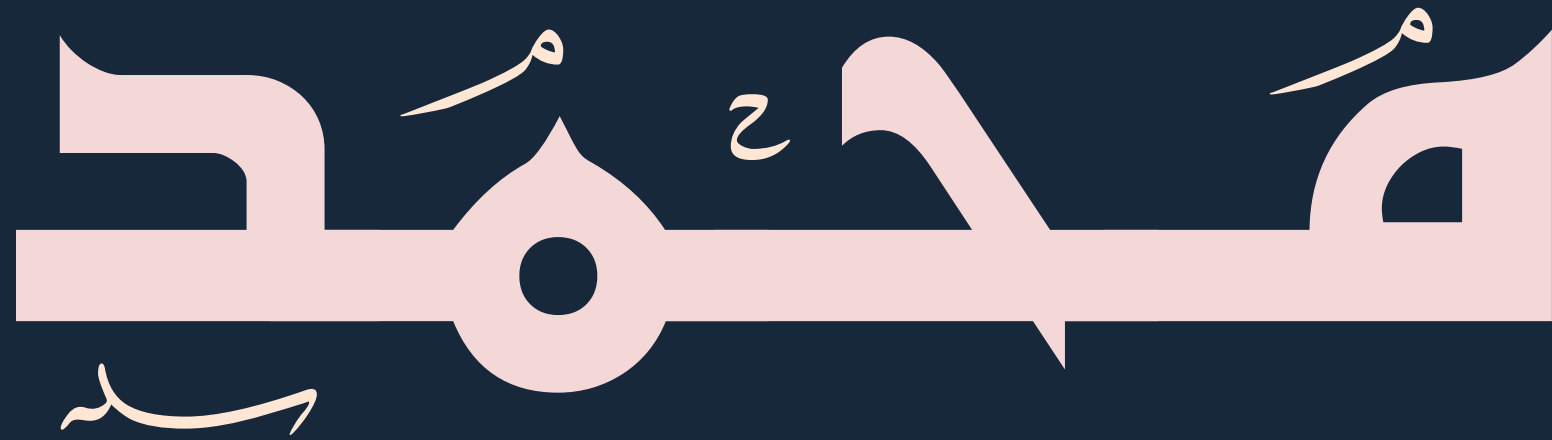
- JULY 17 2026



If ever the Holy Prophet (pbuh) saw his reflection, he would pray, ‘All praise belongs to Allah Who created me a good appearance and good morals and made beautiful in me that which are perceived to be faults in others.

Similarly, the Holy Prophet (pbuh) would pray prayers of gratitude before eating and after eating, before sleeping and upon waking up.

The Holy Prophet (pbuh) taught that expressing the bounties of God is also a form of gratitude.



- The Holy Prophet (pbuh) would also show gratitude during battle. For example, during the Battle of Badr, when the Holy Prophet (pbuh) was informed that Abu Jahl had been defeated and killed, the Holy Prophet (pbuh) confirmed the news three times, upon which he fell into prostration before God in gratitude.
- On the occasion of the Conquest of Makkah, the Holy Prophet (pbuh) thanked God for fulfilling His promise of victory.
- The Holy Prophet (pbuh) showed gratitude during his farewell pilgrimage, when going back and forth between mounts Safa and Marwa, when he praised God and gave all glory and thanks to Him.
- Once, when an entire tribe accepted Islam, the Holy Prophet (pbuh) fell into prostration to thank God.



- “Your true expression of gratitude is by adopting righteousness and purity.
- To merely respond by saying Alhamdulillah (all praise belongs to Allah) when asked if you are a Muslim does not constitute thankfulness and appreciation.
- If you pay true gratitude, i.e., if you tread the ways of purity and righteousness,
- I give you glad tidings that when you stand at the frontier, as it were, no one can gain dominance over you.”

***THE PROMISED MESSIAH (AS)
(MALFUZAT [ENGLISH], VOL. 1, P. 75)***

NEVER DESIRE PRAISE OR RECOGNITION

Once, someone went to the Promised Messiah (as) and suggested that after writing the book

The Philosophy of Divine Revelation

which the Promised Messiah (as) wrote with great care, stating that it would make him unwell; he should now take some days to rest.

Upon this, the Promised Messiah (as) said that his efforts were nothing in comparison to the efforts and sacrifices made by the companions of the Holy Prophet (saw), who would go so far as to lay down their lives.



The Promised Messiah [as], swearing by God,
said:

it was not within his very nature to desire any form of recognition or appreciation. He preferred a life of humility and to remain unknown. Yet, it was God Himself who brought him out to be known to the world.



SIMPLE ETIQUETTE

TARBIYYAT 101

When do you say?

Astaghfirullah

(أَسْتَغْفِرُ اللَّهَ)

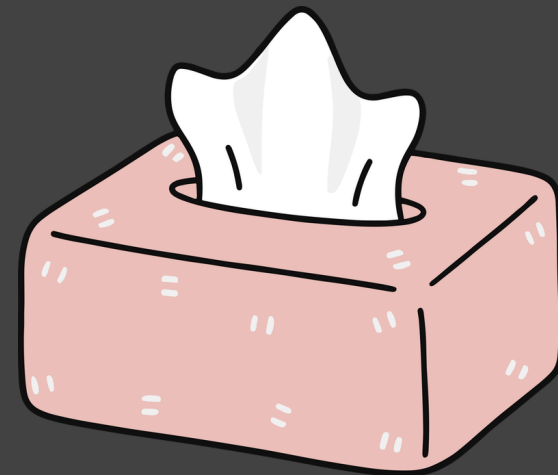
Meaning: "I seek forgiveness from Allah."

Sneezing

Who

The person who
sneezes

Whoever hears



Says

Alhamdulillah

"All praise belongs to
Allah"

Yarhamukallah

"May Allah have mercy on
you"

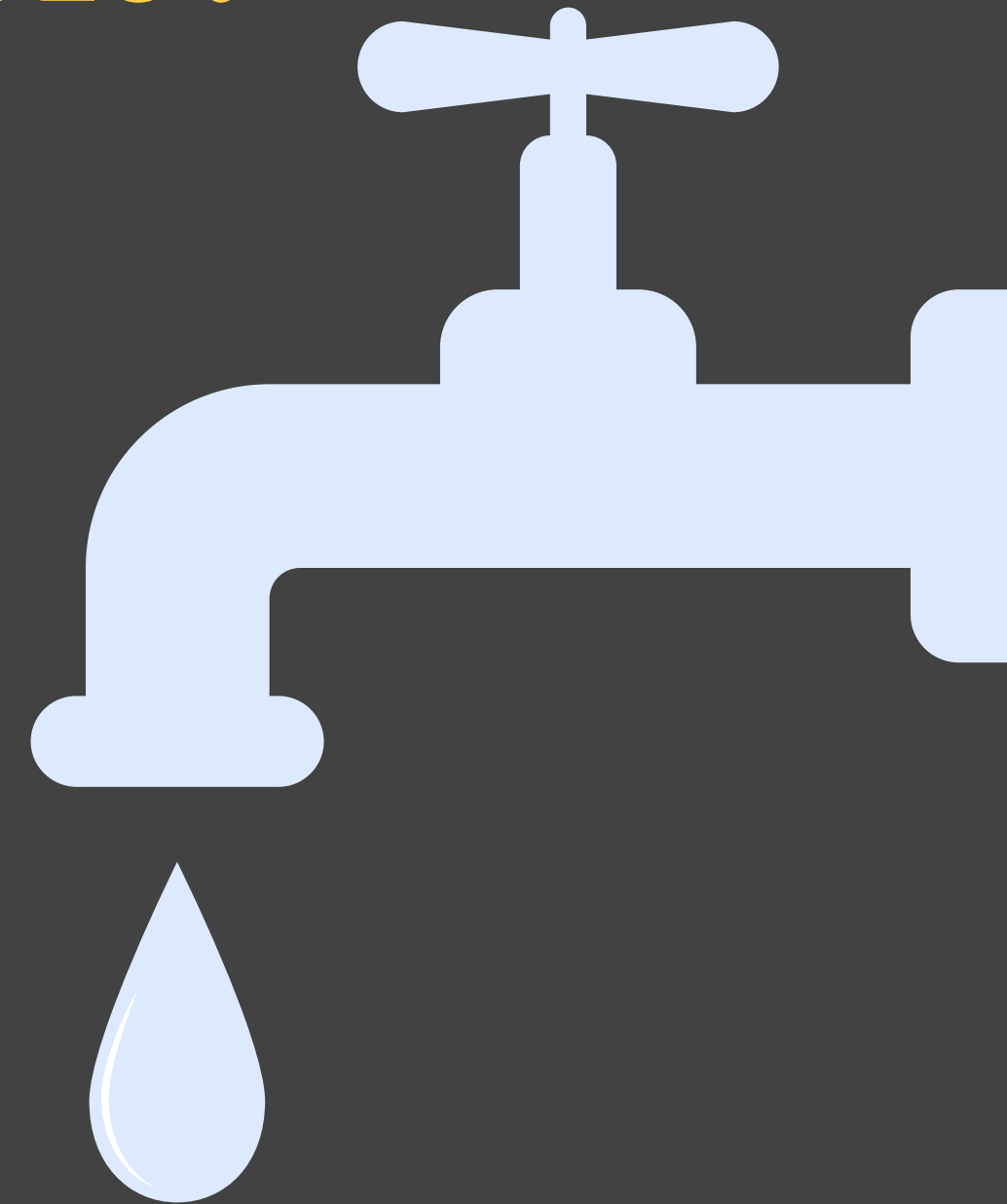




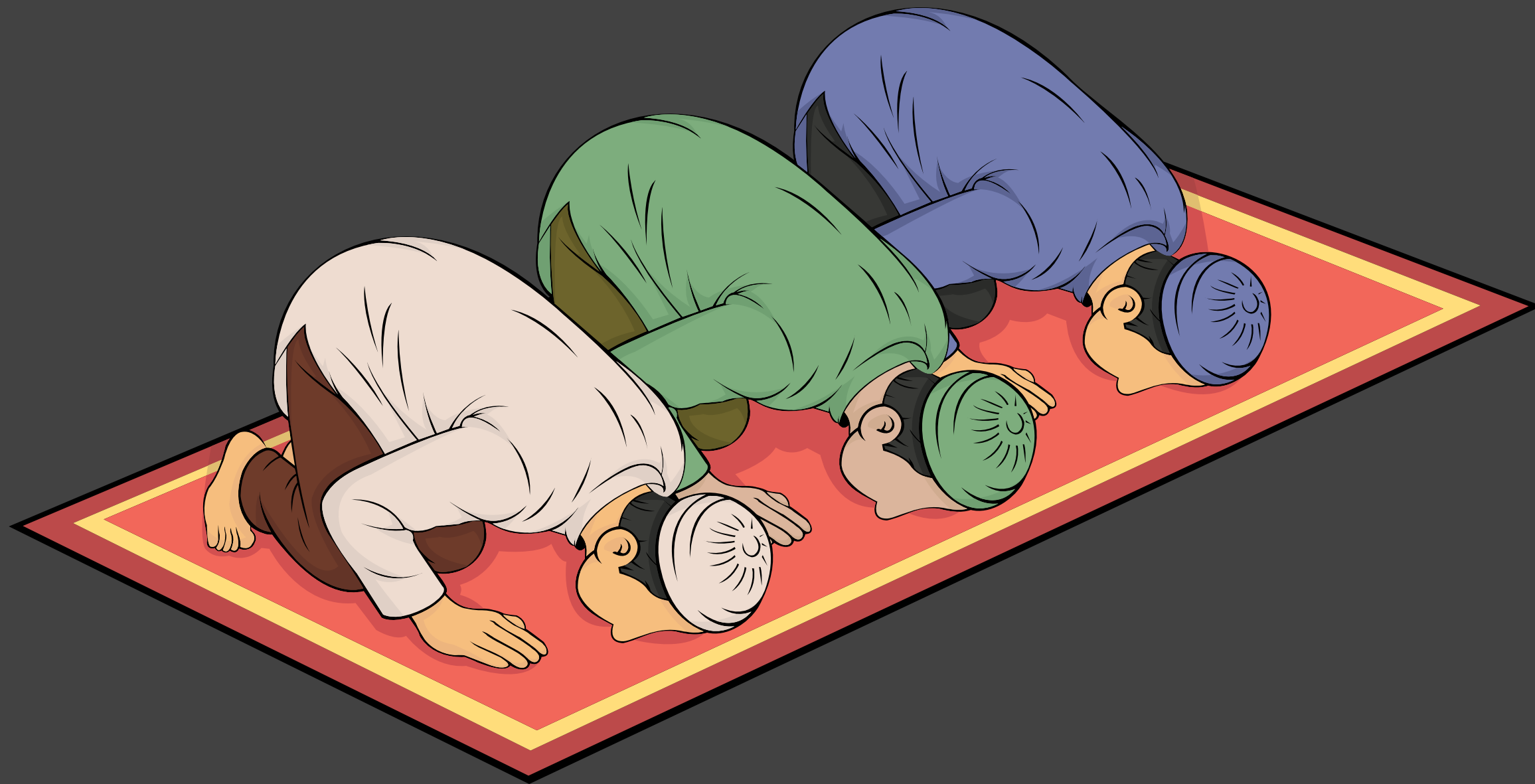
The Holy Prophet (saw)
taught that we should
hold back a yawn as
much as we can, and if
it comes, place the
hand over the mouth.

Do you know the steps to Wuzu?

Ablution



In Salat, how do you make your row?



WHATS WRONG HERE?



Discussion Groups

Separate between Mayar-e-Sagheer and Mayar-e-Kabeer

Mayar-e-Kabeer to Discuss Topic 1

Mayar-e-Sagheer to Discuss Topic 2 Only.

Guided Discussion with the help of Murabbi Atfal, Nazim Atfal and/or other elders

Topic # 1

‘WASSIYAT’

A favour from Allah

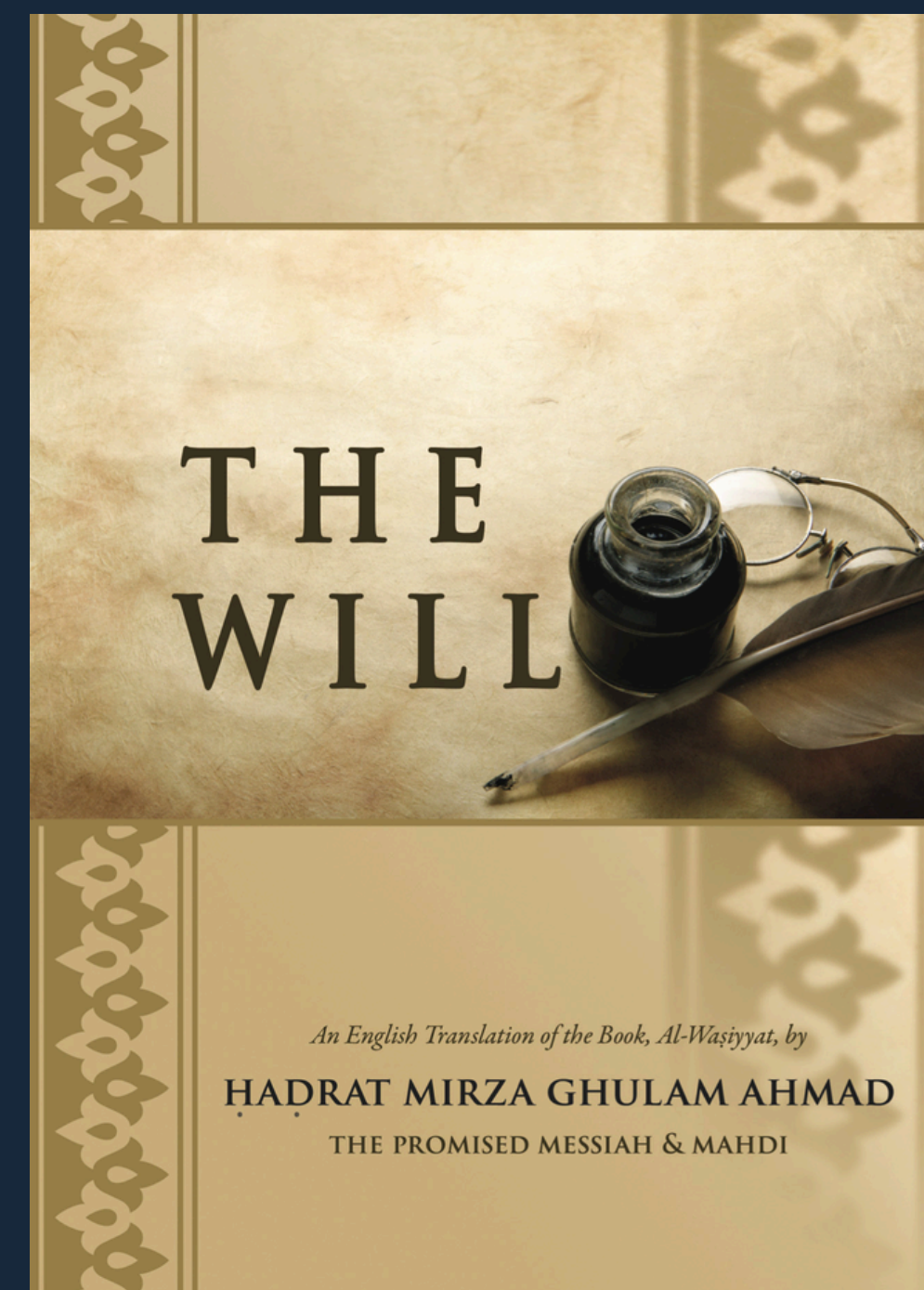
Mayar e Kabeer only



- In his book – **Al-Wassiyat, "The Will",**
- Published in 1905
- the Promised Messiah (as) explains about his succession and gives the glad tidings of the second manifestation of Divine grace in the form of Khilafat.
- The Promised Messiah (as) also gives details of the blessed institution of Wasiyyat stressing the importance of making a financial sacrifice for the cause of Islam.
- The Promised Messiah (as) described the establishment of a graveyard named as the Bahishti Maqbara (The Heavenly Graveyard).



- Anyone who wishes to do Wasiyyat needs to read this book The Will to understand the concept.
- These funds are used for the propagation of Islam by the spread of Qur'anic knowledge, publishing religious books and meeting expenses that may help the advancement of Islam.
- These funds are also used to help such orphans, poor and needy people, and new converts as do not have sufficient means of livelihood.
- Other conditions associated with this blessed scheme are those of piety and righteousness.



- Wasiyyat is the making of a will in the favour of the Community, pledging 1/10 to 1/3 of one's assets to the Jama'at at the time of one's death.
- A person who has pledged Wasiyyat is known as a Moosi and must also donate 1/10 to 1/3 of his earnings yearly for the cause of Islam.



Why and when to do Wasiyyat?

Waqf Nau Canada

15:29 GMT



Watch on  YouTube

Topic # 2

*What are you grateful
for?*

Mayar-e-Saghir (7-10) Only



THROUGHOUT YOUR LIFE,
WHAT ARE SOME
FAVOURS OF ALLAH
THAT YOU ARE GRATEFUL
FOR?

LET'S TRY **NOT** TO REPEAT
ANSWERS



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