



# STÓ:LŌ BULLETIN

## JULY 2025

**REMINDER:** If you see any suspicious activity, please contact **Allegiance Security** at either **604-701-1692 OR 604-392-1692** and please state which property (Coqualeetza or St. Mary's) you are reporting from. If you believe it to be an emergency, please call 911.

### A MESSAGE FROM THE OFFICE OF THE EXECUTIVE DIRECTOR (OED)

Congratulations to the Directors, Management and staff on meeting the Annual Report due date and to the Office of the ED, Operations and Finance Directors for a successful Audit approval. It was nice to have the reports completed before the summer months and holidays begin. We hosted a successful hybrid Stó:lō Service Agency (SSA) Annual General meeting (AGM) on Wednesday, July 9, 2025 at building #8B, Government House boardroom.



The next few months ahead we are preparing for;

- Stó:lō Collective meetings regarding St. Mary's deconstruction project and properties.
- Sewer Main Replacement project discussions.
- Entering the Battle of the Businesses Baseball tournament on Tuesday, August 12, 2025 at Tzeachten Sports fields.
- SSA Golf Tournament Thursday, August 21, 2025 at the Cultus Lake Golf Course, and
- Xá:ytem (Stó:lō Heritage Trust Society) AGM scheduled for Wednesday, September 17 at 11am via Zoom.

Hope each of you can book some holidays to relax and rejuvenate over the summer months and enjoy some family time! Stay healthy and safe as the weather changes.

### HOMEWOOD HEALTH

Effective May 1, 2025, Homewood Health is the new provider for the employee assistance and workplace mental health program. All employees and dependent family members will have access to a range of employee assistance, mental health and wellness services. For over 140 years, Homewood Health has been Canada's leader in mental health services. If you are currently utilizing the Telus EFAP, you can continue until your issue is resolved (within the plan maximums). To connect with EFAP for a new situation after May 1, 2025 please contact Homewood Health. [Click here for updated articles.](#)





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## JULY 2025

### **Xyólhmet ye Syéwiqwélh (Taking Care of Our Children) – [Community Update](#)**

#### **Investigating Unmarked Graves at Multiple Sites Associated with Three Former Residential Schools in S'ólh Téméxw**

Stó:lō Nation Chiefs' Council (SNCC), under the leadership of Chief David Jimmie, President of the SNCC, has launched a broad-based and inclusive initiative to investigate potential unmarked graves and missing children related to three of the former Residential School sites within S'ólh Téméxw: the former St. Mary's, Coqualeetza, and All Hallows institutions in Mission, Chilliwack, and Yale. The project team will carry out archival, oral historical, and on-site remote sensing work in search of identifiable unmarked graves. We are also working with local Stó:lō First Nations including Sqwá, Sq'ewqéyl, and Ch'íyáqtel regarding unmarked burials known to have been relocated to each of their cemeteries from the Coqualeetza Grounds.

#### **RESIDENTIAL School Update:**

This CBC article recently came out about the destruction of residential school records of abuses taken during the Independent Assessment Process. If Survivors provided a statement as part of the IAP, their records will be destroyed in 2027 unless they request their files for themselves or consent to send them to the National Centre for Truth and Reconciliation. This would be good information for you to know and be able to share with anyone who this may affect. Contact [Kathleen.Bertrand@stolonation.bc.ca](mailto:Kathleen.Bertrand@stolonation.bc.ca) with any questions.

[CBC News: Files documenting worst abuses at residential schools to be destroyed unless survivors ask otherwise](#)

#### **SSA GROUP BENEFITS PLAN MENTAL HEALTH NAVIGATOR**

The Best Doctors Mental Health Navigator program offers you a discreet and confidential way to seek mental health support. If you or an eligible family member struggle with feelings such as depression, stress, or anxiety, contact Best Doctors. Supported every step of the way by your personal Mental Health Navigator and expert health professionals including psychiatrists and psychologists, we provide an assessment of your diagnosis and recommend an appropriate treatment plan, from the comfort of your home via phone or video conference. Your Mental Health Navigator will also provide you with support along your journey through the complex mental health care system. Please see the [MHN Employee Flyer](#) for more information.

#### **YOGA WEDNESDAYS WITH INNER VISION YOGA**

**Every Wednesday, 11:30 - 12:30 pm**

SSA staff are welcome to attend FREE yoga sessions on campus in Building 2C portable with instructors from Inner Vision Yoga, supported by the Stó:lō Research and Research Management Centre.

#### **STÓ:LŌ GIFT SHOP**

Online shopping is available 24/7 with in-store pickup!  
Storefront is open Monday through Friday 9:00 am – 4:00 pm.  
Located at Building #19-7201 Vedder Rd. Chilliwack, BC  
Email us with any inquiries to: [sales@stologiftshop.com](mailto:sales@stologiftshop.com)







# STÓ:LŌ BULLETIN

## JULY 2025

### STÓ:LŌ SHXWELI

Open House - July 29, 2025

Drop in: 2pm-6pm

Meet & greet the team. Learn and speak Halq'eméylem!

7201 Vedder Road, building 10, 1<sup>st</sup> floor.



### STÓ:LŌ CULTURAL EXPERIENCE

You're Invited!



## STÓ:LŌ ABORIGINAL SKILLS AND EMPLOYMENT TRAINING (SASET)

### Upcoming SASET Training Program

Youth in trades are offering weekly completion incentives. Carpentry program dual credit with school district!

- [Youth in Trades](#) - UFV, July 2025
- [Employment Training](#) - Various communities & dates
- [Basic Computer Training](#) - Call to book! 604-858-3691
- [Service Canada](#) - Various locations & times
- [Summer Certificate Week](#) - Tzeachten First Nation, July 15-18, 2025
- [Welding Foundations](#) - Hope Secondary School, August 2025
- [Culinary Arts Pre-Trades Program](#) - UFV, Sept. 8, 2025
- [Carpentry Foundations](#) - Trades Centre, September 8 - March 20, 2026
- [Indigenous Labour Market Survey](#) \$50 gift card for every completed survey!



### SASET CDP Outreach Schedule



### SSA MEMORANDUM – INCOME ASSISTANCE DEPARTMENT (SASET Client Memo)

A **friendly reminder** that you will need to continue to submit your monthly renewals and Monthly Employment Action Plan (EAP). You can arrange a meeting with a SASET Counsellor by calling 604-858-3691 or emailing [info@saset.ca](mailto:info@saset.ca). Next EAPs are due to be submitted to the SASET office by **August 12, 2025**, along with your monthly renewal. Please see the letter regarding inflation relief benefits.

To view the full Income Assistance client memos:

[Employment Action Plan](#)

[Food Allowance Memo](#)





# STÓ:LŌ BULLETIN

## JULY 2025

### STÓ:LŌ HEALTH SERVICES

#### STÓ:LŌ DENTAL OFFICE

Walk-in Dental Clinic: July 22, noon registration.

Reminders to all of our families - Summer months are great for kids recall exams and cleanings. Book ahead request through text or our website.

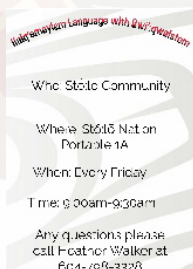
Thank you to everyone who helped us celebrate our 20<sup>th</sup> Anniversary!



#### QWÍ:QWELSTÓM Events

##### Language Class

Every Friday  
9-9:30am



#### Á:LMÉLHÁWTXW: Early Education Centre

Head Start, Tuesday & Thursday 9:00am – 12:00pm  
Please call for more information, 604-824-6505



Head Start Newsletter



Head Start Calendar

#### STÓ:LŌ ACUPUNCTURE

Dr. Karen Smith, Dr. TCM, R.AC, offers appointments on Monday's, 9am to 4pm at Building 7 for the month of July. Book NOW! Jane App: [Book an appointment with Dr. Smith here:](#) or 604-824-3200.

#### CASCADE THERAPY

Massage Therapy & Chiropractor  
S.A.Y Health Building- 8256 Chilliwack River Road  
Call to book your appointment: 604-792-0158





# STÓ:LŌ BULLETIN

## JULY 2025

### STÓ:LŌ COUNSELLING

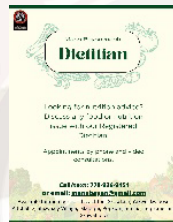
[Book an appointment with Bel Bhushan here:](#)

or call 604-824-3200



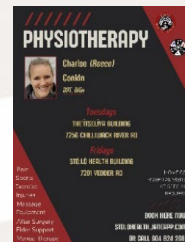
### Looking for Nutrition Advice?

Mana Bayanzadeh, Registered Dietitian  
Call or text: 778-926-9451



### PHYSIOTHERAPY

Call 604-824-2681 to book an appointment



### MÉMIYELHTEL PROGRAM



## STÓ:LŌ CAREERS

### STÓ:LŌ SERVICE AGENCY BOARD OF DIRECTORS (SSA BOD)

**Open until filled**

The 7-member Board of Directors (BOD) is responsible for governance over the operations of the SSA. The SSA BOD is a non-political oversight body working on behalf of the SNC

[View Posting Here](#)

### OPERATIONS ASSISTANT (MATERNITY COVERAGE)

**Open until July 17, 2025.**

The Heritage Stewardship and Archaeology Unit Operations Assistant will assist with all day-day op All day-to-day operations.

[View Posting Here](#)

### ADMINISTRATIVE MEDICAL OFFICE ASSISTANT

**Open until July 29, 2025.**

The Administrative Assistant will assist with the day-to-day operations and work within a multidisciplinary health team alongside the care team/ professionals in supporting client specific needs and the operations of the health services.

[View Posting Here](#)







# STÓ:LŌ BULLETIN

## JULY 2025

### CERTIFICATE OF INDIAN STATUS CARD AND ASSISTANCE WITH THE APPLICATION FOR THE SECURE CERTIFICATE OF INDIAN STATUS CARD

Building 8A, 1<sup>st</sup> Floor, 2<sup>nd</sup> door

**BY APPOINTMENT ONLY. Tuesday, Wednesday, and Thursday from 9:00 am – 3:30 pm**

Email [June.jimmie@stolonation.bc.ca](mailto:June.jimmie@stolonation.bc.ca) or call 604-824-3266 to book

Building 8A – North Side Entrance | Registry is on the Main Floor, 2<sup>nd</sup> door

#### PROTOCOLS FOR THE APPOINTMENT

- Give yourself enough travel time
  - Arrive on time
  - No walk-ins

#### **CERTIFICATE OF INDIAN STATUS CARD**

- Two pieces of valid ID, one with a photo
- Bring your own 1"x1" picture

#### **ASSISTANCE WITH APPLYING FOR SECURE CERTIFICATE OF INDIAN STATUS CARD**

- One valid picture ID
- Two recent passport photos

#### **Valid Identification is required for applying for Status Cards, Registration, & other Personal Information Updates.**

ISC is **no longer accepting expired ID** for registration, status card issuance, or for requests to update personal information in the Indian Register. All ID must be valid, that is, not expired.

Since provincial and territorial authorities that issue ID (such as health care cards and driver's licenses) across Canada have reopened, applicants with expired ID are encouraged to obtain valid ID as soon as possible.

For more information on the ID, requirements to apply for registration, and the status card, visit [What is considered valid acceptable identification.](#)

#### **Bands that will be issued Certificate of Indian Status Cards and assistance with the Secure Certificate of Indian Status Cards**

Aitchelitz First Nation	(558)	Shxw'ow'hamel First Nation	(587)
Kwaw Kwaw Apilt First Nation	(580)	Skawahlook First Nation	(582)
Matsqui First Nation	(565)	Soowahlie First Nation	(572)
Popkum First Nation	(585)	Sumas First Nation	(578)





# STÓ:LO BULLETIN

## JULY 2025

### STÓ:LO WORKPLACE INCIDENT REPORTS

A friendly reminder to All Staff:

If a workplace Incident occurs, please follow the link to follow the procedure on how to report an incident:

[Workplace Incident Report Form](#)

### FRIENDLY REMINDERS FROM FINANCE AND OPERATIONS

For meeting-room bookings, staff are encouraged to **book meeting rooms in the building they have an office in**. For bookings, please contact the following:

- Building 7 Boardrooms – [Sheradon Roberts](#) / [Heather Walker](#) / [Lauralee Campbell](#)
- Building 8B Small and large boardrooms- [Abby Duncan](#) / [Kelly Willmets](#)
- Building 10 Floor 1- [Tracey Joe](#) / [Tara Green](#)
- Building 10 Floor 2 – [Tracey Joe](#) / [Tara Green](#)
- Longhouse Bookings -[Tracey Joe](#) /[Tara Green](#) / [Jade Point](#)
- To Request new or changes to existing access cards, please complete the online Access Form at: [www.stolonation.bc.ca/access](http://www.stolonation.bc.ca/access)
- Tent rentals please contact June Jimmie at [June.Jimmie@stolonation.bc.ca](mailto:June.Jimmie@stolonation.bc.ca)
- Cell Phones and Landlines! Contact Brianna Nakagawa for all things related to cellphones and landlines.
- **To review current operational policies and other general information, please go to N:\Info.**
- Reminder for all staff to submit any announcements/invitations to [Michelle Van Tongeren](#) for the monthly bulletin and to refrain from sending “all-staff” emails.
- Staff are reminded to avoid publishing phone numbers – work or personal – on Facebook or any other social media. Recently SSA experienced harassing phone calls from someone who obtained a staff’s cell number – as well as their relative’s numbers - on Facebook.

### FRIENDLY REMINDERS FROM MAINTENANCE:

USE THE MAINTENANCE REQUEST FORM ([www.stolonation.bc.ca/mrf](http://www.stolonation.bc.ca/mrf)) for sending all requests to the Maintenance Team. Verbal, phone, or email requests not on the form will not be accepted.

You can also use the QR code for easy access to the form.



### COVID-19 PROTOCOLS

SSA continues to reinforce preventative measures. Variants of COVID-19 spread the same as the original COVID-19 so the measures already in place continue to be effective at reducing the spread. Please be diligent in doing your part to help reduce the spread which includes doing your daily health check, staying home when feeling sick, using available space to spread out and respect personal space, wearing masks if required, cleaning hands, and disinfecting work surfaces regularly. If you are feeling ill or test positive for COVID-19, notify your supervisor and staff.





# STÓ:LŌ BULLETIN

## JULY 2025

### STÓ:LŌ SERVICE AGENCY

#### VISION

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A healthier, stronger, brighter future for all communities.

#### MISSION

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We empower, support, and contribute to the health and well-being of all people by providing leadership and delivering a broad range of quality services.

#### VALUES

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We strive to act in accordance with our seven core values at all times.

<b>Honesty</b>	We communicate internally and externally with clarity, honesty, and openness.
<b>Accountability</b>	We accept responsibility for our decisions and actions and answer to our partners openly and transparently.
<b>Pride</b>	We feel and demonstrate pride in our actions and accomplishments.
<b>Professionalism</b>	We act professionally as an outward reflection of our internal values.
<b>Integrity</b>	We do our best work, hold ourselves to the highest standards of conduct and act in the interest of our communities and partners.
<b>Empathy</b>	We work to understand and relate to the feelings, experiences, and situations of others and are non-judgemental.
<b>Respect</b>	We respect others' ideas, experiences, and ways of thinking and treat all people as equals.







# STO:LO BULLETIN

## JULY 2025

### Sto:lo Dental 20<sup>th</sup> Anniversary



### Happy 60<sup>th</sup> Birthday June Jimmie!



### Wellness Wednesday- Metis Dot painting

