



# STÓ:LŌ BULLETIN

## FEBRUARY 2026

**REMINDER:** If you see any suspicious activity, please contact **Allegiance Security** at either **604-701-1692 OR 604-392-1692** and please state which property (Coqualeetza or St. Mary's) you are reporting from. If you believe it to be an emergency, please call 911.

### A MESSAGE FROM THE OFFICE OF THE EXECUTIVE DIRECTOR (OED)

The Office of the Executive Director team is preparing for;

- Individual Director/Manager Budget meetings with OED, SSA Board of Directors (BOD) meeting in February, and providing support to the All communities-Stó:lō Collective meeting.
- Reviewing and finalizing the 2026-27 Budget, Org Chart & Workplan packages with department/programs for final approval at the SSA Board of Directors meeting in March.
- Reaching out to our communities to request endorsement of the yearly Tribal Council Funding program package.
- Meetings for the Sanitary Sewer Replacement project at Coqualeetza with McElhanney Ltd. and with ISC for funding approval.

### INCLEMENT WEATHER CONDITIONS

With the winter season upon us, a friendly reminder that if the Chilliwack School district is closed due to inclement weather, then the SSA Offices will be closed.

### XYÓLHMET YE SYÉWIQWÉLH (Taking Care of Our Children) – [Community Update](#) Investigating Unmarked Graves at Multiple Sites Associated with Three Former Residential Schools in S'ólh Téméxw

Stó:lō Nation Chiefs' Council (SNCC) is directing a broad-based and inclusive initiative to investigate missing children and potential unmarked graves related to three former Residential Schools and one Federal Indian Hospital within S'ólh Téméxw: All Hallows Boarding School in Yale, Coqualeetza Industrial Institute and Coqualeetza Hospital in Chilliwack, and St. Mary's Residential School in Mission.

The investigation team has been conducting archival, oral historical, and on-site remote sensing work since the fall of 2021. We are also working with local Stó:lō First Nations including Sqwá, Sq'ewqéyl, and Ch'íyáqtel regarding burials known to have been relocated to each of their cemeteries from the Coqualeetza grounds.

[TakingCareOfOurChildren@stolonation.bc.ca](mailto:TakingCareOfOurChildren@stolonation.bc.ca)

### RESIDENTIAL SCHOOL UPDATE:

This CBC article recently came out about the destruction of residential school records of abuses taken during the Independent Assessment Process. If Survivors provided a statement as part of the IAP, their records will be destroyed in 2027 unless they request their files for themselves or consent to send them to the National Centre for Truth and Reconciliation. This would be good information for you to know and be able to share with anyone who this may affect. Contact [Kathleen.Bertrand@stolonation.bc.ca](mailto:Kathleen.Bertrand@stolonation.bc.ca) with any questions.

[CBC News: Files documenting worst abuses at residential schools to be destroyed unless survivors ask otherwise](#)





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### HOMEWOOD HEALTH

Click beside to see updated information.



Homewood  
Health

Experience  
the power  
of care

### YOGA WEDNESDAYS WITH INNER VISION YOGA

**Every Wednesday, 11:30 - 12:30 pm**

SSA staff are welcome to attend FREE yoga sessions on campus in Portable 2C with instructors from Inner Vision Yoga, supported by the Stó:lō Research and Research Management Centre.

### STÓ:LŌ GIFT SHOP

Online shopping is available 24/7 with in-store pickup!

Located at Building #19-7201 Vedder Rd. Chilliwack, BC

Email us with any inquiries to: [sales@stologiftshop.com](mailto:sales@stologiftshop.com)

## STÓ:LŌ ABORIGINAL SKILLS & EMPLOYMENT TRAINING

### SASET Training Programs

Youth in trades are offering weekly completion incentives. Carpentry program dual credit with school district!

- [Employment Training](#) – Various communities & dates
- [Basic Computer Training](#) – Every Friday at SASET Chilliwack office
- [Service Canada](#) – Various locations & times
- [Carpentry Foundations](#) – Trades Centre, Sept. 8 – Mar. 20, 2026
- [ECE Training](#) – School of your choice, call 604-858-3691 or email [info@saset.ca](mailto:info@saset.ca)
- [SASET Career Fair](#) – Chilliwack Landing Sport Centre, February 4, 2026
- [LMI Survey](#) – \$50 Gift card for every completed survey!



### SASET CDP Outreach Schedule



### SSA MEMORANDUM – INCOME ASSISTANCE DEPARTMENT (SASET Client Memo)

A **friendly reminder** that you will need to continue to submit your monthly renewals and Monthly Employment Action Plan (EAP). You can arrange a meeting with a SASET Counsellor by calling 604-858-3691 or emailing [info@saset.ca](mailto:info@saset.ca).





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## FEBRUARY 2026

### STÓ:LŌ HEALTH SERVICES

#### STÓ:LŌ DENTAL OFFICE

Our next walk-in clinic will be Tuesday February 17, 2026. We will be closed for Family Day on February 16, 2026. Bookings requested on text to 604-824-3234 or email: [dental@stolonation.bc.ca](mailto:dental@stolonation.bc.ca) or website: <https://www.stolonation.bc.ca/dental>.



Staff are challenging themselves for the month of February 100 squats per day. If you would like to join our team or donate: <https://fundraisemyway.cancer.ca/> all money raised goes to Cancer society.

#### STÓ:LŌ ACUPUNCTURE

Dr. Karen Smith, Dr. TCM, R.AC, offers appointments on Monday's, 9am to 4pm at Building 7 for the month of February. Book NOW! Jane App: [Book an appointment with Dr. Smith here:](#) or call 604-824-3200.

#### QWÍ:QWELSTÓM EVENTS

##### Language Class

Every Wednesday  
9:00am-10:00am

##### WellBriety

Every Wednesday  
4:30pm-6:30pm

##### Mens Respectful Relationships

Every Wednesday  
1:00pm-3:00pm

##### Grief and Loss Support Group

Every Wednesday  
10:00am-12:00pm

##### Pathways to Red Road

Tuesday  
10:00am-12:00pm







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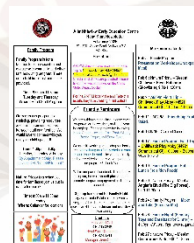
### STÓ:LŌ COUNSELLING

[Book an appointment with Bel Bhushan here:](#)  
or call 604-824-3200.



### Á:LMÉLHÁWTXW: Early Education Centre

Head Start, Tuesdays & Thursdays 9:00am – 12:00pm  
Please call for more information, 604-824-6505



Head Start Newsletter



Head Start Calendar

### ABORIGINAL FAMILY PLACE



Family Place Calendar

### NUTRIION Advice?

Mana Bayanzadeh, Registered Dietitian  
Call or text: 778-926-9451



### PHYSIOTHERAPY

Call 604-824-2681 to book an appointment



### MÉMIYELHTEL PROGRAM



### STÓ:LŌ COMMUNITY FUTURES

Indigenous entrepreneur who is thinking about starting or growing a business: connect with us for free support (advice, workshops, loans, and referrals). Phone 604-858-0009.

This free in-person workshop is for Indigenous Youth who are located within the SCF service area.



### CLASS ACTION SUPPORT:

Indigenous Community Legal Clinic Intake Line: 604-822-1311,  
These UBC Law Students assist with drawing up Wills, and filing Class Action Lawsuits, beginning July 1, 2025. Please call





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## FEBRUARY 2026

### CERTIFICATE OF INDIAN STATUS CARD AND ASSISTANCE WITH THE APPLICATION FOR THE SECURE CERTIFICATE OF INDIAN STATUS CARD

Building 8A, 1<sup>st</sup> Floor, 2<sup>nd</sup> door

**BY APPOINTMENT ONLY. Tuesday, Wednesday, and Thursday from 9:00 am – 3:30 pm**

Email [June.jimmie@stolonation.bc.ca](mailto:June.jimmie@stolonation.bc.ca) or call 604-824-3266 to book

Building 8A – North Side Entrance | Registry is on the Main Floor, 2<sup>nd</sup> door

#### PROTOCOLS FOR THE APPOINTMENT

- Give yourself enough travel time
  - Arrive on time
  - No walk-ins

#### CERTIFICATE OF INDIAN STATUS CARD

- Two pieces of valid ID, one with a photo
- Bring your own 1"x1" picture

#### ASSISTANCE WITH APPLYING FOR SECURE CERTIFICATE OF INDIAN STATUS CARD

- One valid picture ID
- Two recent passport photos

#### Valid Identification is required for applying for Status Cards, Registration, & other Personal Information Updates.

ISC is **no longer accepting expired ID** for registration, status card issuance, or for requests to update personal information in the Indian Register. All ID must be valid, that is, not expired.

Since provincial and territorial authorities that issue ID (such as health care cards and driver's licenses) across Canada have reopened, applicants with expired ID are encouraged to obtain valid ID as soon as possible.

For more information on the ID, requirements to apply for registration, and the status card, visit [What is considered valid acceptable identification.](#)

#### **Bands that will be issued Certificate of Indian Status Cards and assistance with the Secure Certificate of Indian Status Cards**

|                              |       |                            |       |
|------------------------------|-------|----------------------------|-------|
| Aitchelitz First Nation      | (558) | Shxw'ow'hamel First Nation | (587) |
| Kwaw Kwaw Apilt First Nation | (580) | Skawahlook First Nation    | (582) |
| Matsqui First Nation         | (565) | Soowahlie First Nation     | (572) |
| Popkum First Nation          | (585) | Sumas First Nation         | (578) |
|                              |       | Squiala                    | (574) |





# STÓ:LŌ BULLETIN

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### STÓ:LŌ WORKPLACE INCIDENT REPORTS

If a workplace Incident occurs, please follow the link to follow the procedure on how to report an incident:  
[Workplace Incident Report Form](#)

### FRIENDLY REMINDERS FROM FINANCE AND OPERATIONS

- For meeting-room bookings, staff are encouraged to book meeting rooms in the building they have an office in. For bookings, please contact the following:
  - Building 7 Boardrooms – [Sheradon Roberts](#) / [Heather Walker](#) / [Lauralee Campbell](#)
  - Building 8B Small and large boardrooms- [Abby Duncan](#) / [Kelly Willmets](#)
  - Building 10 Floor 1 & 2 - [Tracey Joe](#) / [Tara Green](#)
  - Longhouse Bookings -[Tracey Joe](#) /[Tara Green](#) / [Jade Point](#)
- To Request new or changes to existing access cards, please complete the online Access Form at:  
[www.stolonation.bc.ca/access](http://www.stolonation.bc.ca/access)
- Tent rentals please contact June Jimmie at [June.Jimmie@stolonation.bc.ca](mailto:June.Jimmie@stolonation.bc.ca)
- Cell Phones and Landlines! Contact Brianna Nakagawa for all things related to cellphones and landlines.
- **To review current operational policies and other general information, please go to N:\Info.**
- Reminder for all staff to submit any announcements/invitations to [Michelle Van Tongeren](#) for the monthly bulletin and to refrain from sending “all-staff” emails.
- Staff are reminded to avoid publishing phone numbers – work or personal – on Facebook or any other social media. Recently SSA experienced harassing phone calls from someone who obtained a staff’s cell number – as well as their relative’s numbers - on Facebook.
- USE THE MAINTENANCE REQUEST FORM ([www.stolonation.bc.ca/mrf](http://www.stolonation.bc.ca/mrf)) for sending all requests to the Maintenance Team. Verbal, phone, or email requests not on the form will not be accepted. You can also use the QR code for easy access to the form.



### HOMEWOOD HEALTH

Effective May 1, 2025, Homewood Health is the new provider for the employee assistance and workplace mental health program. All employees and dependent family members will have access to a range of employee assistance, mental health and wellness services. For over 140 years, Homewood Health has been Canada's leader in mental health services. If you are currently utilizing the Telus EFAP, you can continue until your issue is resolved (within the maximum plan). To connect with EFAP for a new situation after May 1, 2025 please contact Homewood Health. [Click here for updated articles.](#)

### SSA GROUP BENEFITS PLAN - MENTAL HEALTH NAVIGATOR

The Best Doctors Mental Health Navigator program offers you a discreet and confidential way to seek mental health support. If you or an eligible family member struggle with feelings such as depression, stress, or anxiety, contact Best Doctors. Supported every step of the way by your personal Mental Health Navigator and expert health professionals including psychiatrists and psychologists, we provide an assessment of your diagnosis and recommend an appropriate treatment plan, from the comfort of your home via phone or video conference. Your Mental Health Navigator will also provide you with support along your journey through the complex mental health care system. Please see the [MHN Employee Flyer](#) for more information.







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### STÓ:LŌ SERVICE AGENCY

#### VISION

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A healthier, stronger, brighter future for all communities.

#### MISSION

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We empower, support, and contribute to the health and well-being of all people by providing leadership and delivering a broad range of quality services.

#### VALUES

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We strive to act in accordance with our seven core values at all times.

|                        |  |
|------------------------|--|
| <b>Honesty</b>         | We communicate internally and externally with clarity, honesty, and openness.  |
| <b>Accountability</b>  | We accept responsibility for our decisions and actions and answer to our partners openly and transparently.                      |
| <b>Pride</b>           | We feel and demonstrate pride in our actions and accomplishments.  |
| <b>Professionalism</b> | We act professionally as an outward reflection of our internal values.   |
| <b>Integrity</b>       | We do our best work, hold ourselves to the highest standards of conduct and act in the interest of our communities and partners. |
| <b>Empathy</b>         | We work to understand and relate to the feelings, experiences, and situations of others and are non-judgemental.                 |
| <b>Respect</b>         | We respect others' ideas, experiences, and ways of thinking and treat all people as equals.                                      |





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## FEBRUARY 2026

**Congratulations to Stó:lō Gift Shop on being awarded  
Indigenous Business of the Year!**



**SSA has a new stage! Teamwork to unload!  
Thank you, Lenny, Dayton & SASET Staff.**

