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One day netflix episode guide

One Day is a Netflix romance drama series that follows two students, Dexter and Emma, whose lives become intertwined over the course of 20 years. The show serves as an adaptation to the 2011 movie, now focusing on Dexter (Leo Woodall) and Emma Morley's (Ambika Mod) relationship. After meeting on July 15, 1988, during their graduation, they decide to remain friends rather than pursuing a romantic relationship. The series delves into snapshots of their lives over the decades, highlighting their hopes, dreams, disagreements, missed opportunities, and tragedies. The show premiered worldwide on Netflix on February 8, 2024, and consists of 14 episodes. It features a cast that includes Joely Richardson, Tim McInnerny, and Eleanor Tomlinson from Poldark. The series explores the lives of Dexter and Emma as they grow apart and come together on each July 15th, capturing their evolution over the years. The trailer for One Day has been released by Netflix, showcasing Ambika Mod and Leo Woodall in the lead roles. For Dexter's character, played by Leo Woodall, there was an initial instant connection with Emma, prompting him to take the first step towards initiating a friendship rather than a romantic relationship. In his preparation for the role, Leo Woodall shared that he felt relieved upon learning he had landed the part after several rounds of auditions. Ambika Mod, playing Emma Morley, highlighted the beginning of their relationship as a beautiful moment where both characters gain something from each other. The series delves into the complexities of Dexter and Emma's lives over time, with a focus on their relationship amidst personal growth and changes. Given article text here Dexter and Emma's relationship is being highlighted in the BBC series One Day, with Ambika Mod as Emma and Eleanor Tomlinson playing Dexter. The show brings together several iconic chapters from the book. Ambika Mod also starred in This Is Going to Hurt and I Hate Suzie. The main characters include Ambika Mod as Shruti, Toby Stephens and Joely Richardson as Sylvie's parents, and Essie Davies and Tim McInnerny as Dexter's mum and dad. Jonny Weldon plays Emma's one-time boyfriend Ian. One Day is written by Nicole Taylor, Anna Jordan, Vinay Patel, and Bijan Sheibani, with directors Molly Manners, Kate Hewitt, John Hardwick, Luke Snellin. The production company is Drama Republic, while executive Producers include Roanna Benn, Jude Liknaitzky, David Nicholls, and Nicole Taylor. May receive compensation for some links to products and services on this website. Offers may be subject to change without notice. One Day | Image via Netflix One Day centers on Emma Morley and Dexter Mayhew, who first meet the night they graduate from Edinburgh University on the 15th of July, 1988. Each episode catches up with the pair on the same date for each subsequent year, spanning 20 years as they become adults, make questionable choices, remain close friends, and continuously pine for one another. Here's a recap of what happens during the two decades for Emma and Dexter throughout Episodes 1-14 of Season 1. The series starts with Dexter approaching Emma at their graduation party in Edinburgh University. The pair hit it off, despite being opposites regarding plans, values, and visions for the future. They exchange numbers and make plans to spend more time together after Dexter returns from his holiday in France. September, he's moving to London. Episode 3 (1990): Life in London isn't meeting Emma's expectations; she's struggling at a Mexican restaurant job and working on her writing. Dexter visits her at work with his girlfriend Naomi, making an awkward situation worse. When they catch up outside, Emma is unhappy about their encounter and considers moving back to Leeds. Dexter invites her to stay over but she declines. Episode 4 (1991): Dexter's career takes off, while Emma trains to become a teacher. They spend time together in Greece, sharing secrets each night. Dex confesses his past drunken kiss, and Emma reveals her childhood crush on him. She wrote poems about him, which he already knew. Later that night, Dex proposes a friends-with-benefits arrangement, but Emma is opposed. Episode 5 (1992): Dexter parties hard in London, then visits his parents after waking up hungover. His mother Alison criticizes his lifestyle and TV show. After helping her to bed, Dexter promises to attend supper, only to sleep through it. He calls Emma, who's on a date with Ian, they're getting along well despite the awkward start. Thanks to her natural ability to boost confidence, Emma helps her students shine during the night of her play. However, Dex's night takes a different turn when he becomes discouraged by negative newspaper reviews and starts drinking too much. His co-host Suki accidentally swaps their water bottles, leading to an embarrassing live TV moment. Meanwhile, Dex struggles to deliver a good performance due to his intoxication. Later that evening, Emma calls Dex after watching his disastrous show on TV, only to find him drunk in a nightclub. In Episode 7 (July 15th, 1994), Dexter and Emma haven't seen much of each other since they broke up. He's now dating Suki, while Emma and Ian just bought their first flat in London. When Dex invites Emma to a fancy cocktail bar, she feels out of place due to his constant belittling. After a heated argument, the two decide to end their friendship. In Episode 8 (July 15th, 1995), we see Emma a year after her falling out with Dexter. She's broken up with Ian and is dealing with his infidelity. Before summer break, Phil gives her a mobile phone as a gift. Emma then finds Ian has been reading her journals and they have a massive argument. However, Ian seems to accept the end of their relationship. In Episode 9 (July 15th, 1996), Dexter meets Sylvie's parents, feeling nervous about making a good impression. Despite his career struggles, he's sober for the meeting. The day doesn't go well as Sylvie's twin brothers constantly insult him and his TV shows. This leads to a bizarre family game where players hit each other, resulting in Dexter accidentally breaking Sylvie's nose. In Episode 10 (July 15th, 1997), Dexter and Emma reunite at Tilly's wedding after three years of no contact. Dexter is with his fiancée Sylvie, while Emma has landed a book deal. When Dex gets Emma alone, he opens up about his struggles and mentions her in conversation. The storyline revolves around two characters, Dex and Em, who engage in a clandestine romance amidst other relationships and life events. Their feelings for eachother are not immediately apparent as they pretend their relationship is platonic. Meanwhile, Dex's ex-wife Sylvie has moved on with his old friend Callum, causing tension. In the next episode, Dex visits Em in Paris where she's living and working on a new book. However, she's already involved with another man, leading to a heart-wrenching encounter for Dex. In subsequent episodes, Dex and Em's relationship deepens as they confront their feelings and ultimately become a couple. They're shown living together, planning a wedding, and starting a family. Tragedy strikes when Emma is killed in an accident, leaving Dex devastated. The series finale jumps forward in time to show how Dexter copes with his loss over the years. A recollection of the season's key events highlights the romance between Dex and Em as a central theme. Their complex relationship, filled with ups and downs, provides the emotional core of the story. The conclusion leaves viewers reflecting on the impact of this love story. The One Day series on Netflix has drawn comparisons with the 2011 film adaptation of David Nicholls' novel, but it is not a remake. The show follows the 20-year relationship between Emma Morley and Dexter Mayhew from their university days in Edinburgh to their adult lives. Ambika Mod and Leo Woodall play the lead roles, diving deeper into the characters' emotions than the original film. With 14 episodes spanning from 1988 to 2007, each ranging from 19 minutes to 38 minutes, viewers can expect a total viewing time of around six and a half hours. The series explores Emma and Dexter's friendship and missed opportunities for love as they navigate life's challenges together. Episode highlights include their first meeting at university in episode one, Emma's less luxurious life compared to Dexter's in Rome during episode two, and the 1991 holiday to Greece where they confront their feelings for each other. Other pivotal moments include Dexter's substance abuse struggles, Emma's relationship with co-worker Ian, and Dexter's engagement and marriage. The series culminates with Emma and Dexter finally realizing their true feelings for each other in Paris, where Emma has become a published author. The 2000-2002 timeline focuses on the aftermath of this revelation, setting up the final episodes to conclude the storylines of these complex characters. One Day follows the winding love story of Emma Morley and Dexter Mayhew over the course of nearly two decades. From their first meeting on July 15, 1988, we witness the ups and downs of their relationship as they navigate love, loss, and life's challenges. Every year on July 15th, we revisit a pivotal moment in the lives of Emma and Dexter, whether it's a chance encounter or a significant event that changes their trajectory. As friends since college, they share a special bond that goes beyond mere acquaintances. The series chronicles their journey as they go from having an unforgettable night to facing heartbreaks and disappointments. Despite the odds against them, Emma and Dexter remain drawn to each other, but will it be enough to overcome life's obstacles? Emma is doing what makes her happy - moving to London with her best friend Tilly and pursuing her writing dreams. She's finally breaking free from her parents' expectations or her own doubts, taking control of her life. Dexter is having a tough day, dealing with his mom's health issues and facing criticism for his photojournalism aspirations. He's trying to stay positive but it's clear that this isn't the ideal way to end his vacation. Emma is having a really bad day - forced to wear a ridiculous outfit and dance in public, her job at a Mexican restaurant is killing her soul, and she's embarrassed about it all. She lashes out at Dexter but eventually they comfort each other. Dexter's day involves pursuing a TV presenting gig, but then gets torn down by someone he respects for wanting to work in the media. Despite this, he tries to be supportive of Emma and reminds her why she's great. The two friends are on vacation in Greece, and it seems like the perfect opportunity for them to confess their feelings for each other. However, things get complicated when Emma reveals her long-held crush on Dexter, only to have him brush it off and admit he "fancies everybody" without wanting anything serious. Dexter is struggling with his own vulnerabilities, but ends up regretting not being more open with Emma about his true feelings. Emma realizes she's been stringing herself along, waiting for something that may never come. For Dexter Mayhew, life post-Greece on July 15, 1992, was a whirlwind of excitement as he established his own identity and kicked off a promising career. He had landed a teaching job, moved into his own place, and even caught the eye of former co-worker Ian. However, beneath the surface, Dexter struggled with guilt over how he treated his dying mother on this same day - showing up late, drunk, and high to her last birthday party, and then facing her harsh criticism about his hosting skills. In stark contrast, Emma's July 15 was a mixed bag. While she excelled in her teaching job, delivering a powerful pep talk to a student and receiving a standing ovation for her directorial debut, the day took an awkward turn when her boyfriend Ian became overly infatuated with her. As for Dexter's TV hosting debut on this same date, critics panned his performance, labeling him "the most odious man on television." The harsh reviews sent Dexter spiraling into a downward spiral of self-destruction. Fast-forward to 1994, and Emma's July 15 was one to forget. Her writing career stalled, her relationship with Ian felt unfulfilling, and even dinner with her best friend turned disastrous. When the two friends finally reunited, their conversation quickly turned sour as Dexter came across as pretentious and condescending. The most heart-wrenching moment of all occurred when Emma realized that Dexter's behavior was no longer just selfish but also self-inflicted pain. As they clashed over his latest antics, Emma saw a glimmer of understanding in Dexter's eyes - the realization that he knew exactly what he was doing, yet continued down this destructive path. This was one day that truly broke both their hearts. In a final twist, Emma reflected on her own relationship with Ian and the affair she had been carrying on, leaving many questions about her July 15 unanswered. Dexter's and Emma's lives become intertwined once again in 1995, as they both face personal struggles. Dexter is struggling with his career and relationship, while Emma finds inspiration to write her novel after a heart-to-heart conversation with Ian. As the year progresses, their paths continue to cross, leading to a mix of joy and agony. A pivotal moment occurs when Dexter and Emma share a soft and sweet kiss, leaving room for interpretation about the future of their complicated relationship. The day begins with Emma's life finally falling into place - her novel is taking off, her friendship with Dex has been revitalized, and she even gets to bond over cute babies with Tilly. However, a subtle hint of longing lingers in the air as she gazes at Tilly and Graham's loving partnership. Meanwhile, Dexter's day isn't without its share of triumphs. He lands a job offer from his friend Callum to manage a coffee-and-sandwich shop, which he surprisingly doesn't seem too fussed about. The only slight bump in the road is Sylvie's frustration with him, but even that seems minor compared to his daughter Jasmine's warm affection. However, beneath the surface of their seemingly perfect lives, hints of an impending storm are beginning to gather. Dexter's friend Callum might have ulterior motives for hiring him, and Sylvie's patience is wearing thin. Little does Dex know, Sylvie has a rather... interesting evening planned with his boss. And as for Emma, her phone call with Dex cuts short as she receives some unexpected news - namely, that she's just been rather intimately acquainted with Callum. In the midst of this subtle chaos, we're treated to a momentous day in the lives of Emma and Dexter: they finally confess their love for each other. In Paris, Dex arrives with an agenda - to discuss their past tryst and how they can be together despite her having a French beau. However, things take a dramatic turn when he storms off after learning about her relationship. But fate has other plans, as Emma also cancels their dinner date, leading to a romantic and passionate encounter that leaves them both breathless. Fast forward to another day in the lives of our beloved couple - this time, it's all about new beginnings. Dex wakes up with the person he loves most, and asks her to move in with him. The world is at their feet as they bask in the joy of their love and a bright future together. As the story unfolds, we see another day in the lives of Emma and Dexter - this time, it's all about trust and commitment. Dex convinces his dad that he's using his mom's inheritance to buy an old fish market and turn it into a café, with Emma by his side. The two are on cloud nine as they discuss their future plans, including moving in together. In another twist of fate, we find Emma working on her fourth novel while also preparing for her upcoming wedding. After spending the day with Dexter and Jasmine, she realizes that she's finally ready to take the next step - having a baby with the love of her life. The scene is set for a future filled with hope and joy. Finally, we see Dex's café struggling to gain traction in the neighborhood. However, back at home, he enjoys a perfect evening with his daughter and fiancée, who shares some exciting news of her own - she wants to have a baby. And so, the story comes full circle as we witness the couple's journey from uncertainty to happiness, with their love growing stronger with each passing day. He's actually a great guy.) With regards to July 15, 1999, is this not the worst day of all time? How was Emma's July 15? This is the most heartbreaking. I take back everything I said before. Emma gets her period on July 15 and picks a fight with Dexter because they've been trying to have a baby for a year. He tries to comfort her but she's really upset. She spends the rest of the day writing and then goes for a bike ride, leaving him a message apologizing for snapping at him. But things take a tragic turn when she gets hit by a car and dies in the street. That's not a typo, folks: Emma's life is cut tragically short. Let me check my Day Rating Scale — yes, that's the World's Saddest Day. How was Dexter's July 15? Not to be flippant about it, but July 15, 2002, is also a very sad day. Because on this day, we find out that the love of his life, Emma, is dead. Until then, everything seemed normal. His café is busy, he's trying to convince his wife they have time for the baby stuff, and he's excited to show her a great house. But when we leave him, all seems well. How was Emma's July 15? She's dead, so you tell me! How was Dexter's July 15? The first anniversary of his wife's death is a terrible day: He gets drunk at a kid's birthday party; even more drunk at a bar; and even drunkest at a strip club. He gets beaten up and kicked out, leaves Sylvie crying, and eventually passes out on her floor. His dad picks him up, takes him home, and he breaks down sobbing uncontrollably in his childhood bed. What could be worse than this day? A day where you have to watch the Sarah McLachlan dog commercial over and over for 24 hours? How was my day? It was awful, thank you for asking. I'm taking this really hard. How was Emma's July 15? She's dead, so you tell me! How was Dexter's July 15? It's worse than 2003, but that's relative. It still makes you want to cry. But at least there are no vomit or blood. There are just tears. When people visit him, he puts on a brave face, but once they leave — oh, buddy! He gets drunk and imagines Emma with him. Tears roll down his face. It's beautiful and heartbreaking all at once. How was Emma's July 15? Incomprehensible sobbing. How was Dexter's July 15? On this day, he decides to take his daughter and dad to Edinburgh — where he visits all the places they went on their first day together. He goes to the lawn where they bumped into each other dancing. He stops outside her old apartment. They chatted until the break of dawn, with him and Jasmine walking up to Arthur's Seat - his footsteps lagging behind hers just as they did with Emma's. Back on those familiar steps, we're remind ed that his goodbye to Emma wasn't a simple one; he'd even shared a passionate kiss with her, one in a series that left an indelible mark. Though still carrying the weight of his loss, the memories no longer hold him captive like they once did - it's a bittersweet development. It's heartening to see Dexter processing his grief, and Emma's parting words ring true - but what about us? We don't have the luxury of time to come to terms with our own sorrow; we're given just an episode, a mere fraction of the days that could've been. Maybe there are never enough days to find closure, or maybe it's precisely this notion that draws us in - making adults sob uncontrollably into their shirts over fictional characters. That's definitely possible! Either way, yesterday was something else, right?

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