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## Disciplines of a godly woman study guide

Discipline is not as daunting as it seems, but rather a vital lifeline that we learn to cherish and appreciate as we deepen our faith in Him. According to Apostle Paul's teachings, discipline is akin to a spiritual workout, essential for cultivating godliness (1 Tim. 4:7-8). A Christian woman's journey revolves around surrendering her will and every aspect of her life to God's divine plan. To embody godly qualities, one must first grasp the essence of the Gospel - Christ's sacrifice for our sins as outlined in Scripture (1 Cor. 15:3) - and make it the bedrock of her existence. Never lose sight of the profound wonder that is the Gospel, for it serves as the foundation upon which godliness is built. Furthermore, submission plays a pivotal role in a woman's pursuit of godliness. It involves surrendering one's life to God's will, embracing the posture of humility and obedience (Phil. 2:8-11). This discipline not only paves the way for joy but also necessitates an ongoing, daily choice to align with God's will over our own. Prayer serves as a vital lifeline in this journey, providing the power necessary for spiritual growth and perseverance. It entails submitting one's will to God's through consistent prayer (Eph. 6:18), acknowledging that there is no prescribed order or set rules for this sacred practice. Lastly, worship - encompassing every aspect of life - is an essential discipline that requires surrendering oneself completely to Christ as outlined in Scripture (Rom. 12:1). Worship is not merely a Sunday ritual but rather a daily consecration, underscoring the importance of prioritizing our relationship with God above all else. Lastly, cultivating a godly mind involves acknowledging the limitations of technology and instead utilizing our brains for their intended purpose - to think God's thoughts, comprehend His heart, and carry out His works. Christian women are encouraged to think more deeply and spiritually about their daily lives, as Paul's writings provide guidance on how to cultivate contentment, propriety, and perseverance. He suggests that our mental program should focus on what is true, honorable, just, pure, lovely, commendable, and praiseworthy (Phil 4:8). This mindset can lead to a life directed by God in all areas, including relationships, parenting, career, and internal moral character. In addition to this, four disciplines are highlighted as essential for submission. Firstly, the discipline of contentment involves learning to be satisfied in any situation, trusting that God has provided everything we need (Phil 4:11). Secondly, propriety refers to behaving in ways that bring no shame to the Gospel and Christ, elevating our words, appearance, and attitudes. This is reflected in actions worthy of the gospel, as described by Paul (Phil 1:27). Thirdly, perseverance is a discipline that grows out of faith in God's goodness, even in the face of adversity. By daily submitting to God's will and looking to Jesus, we can develop endurance for the trials we face (Heb 12:1-3). Finally, singleness or marriage is seen as an assignment from God, and both single and married women are encouraged to discipline themselves to submit to their husbands' leadership and develop gentle and quiet spirits (Eph 5:22-24, 1 Pet 3:1-6). Ultimately, the Bible encourages believers to cultivate good deeds and a life of service to others, as exemplified by Christ's selfless love. We are called by God to live out our faith through good works, which He has prepared beforehand for us to follow (Eph. 2:10). Good deeds are a natural response of gratitude for the gift of His grace (1 Pet. 2:12). As gospel women, it's essential to develop this discipline, doing good to everyone as opportunities arise, especially those in our spiritual community (Gal. 6:10). Let us prioritize good deeds by filling our days with purposeful actions. Consider Paul's words: "I worked harder than anyone else, yet it was not I but God's grace that sustained me" (1 Cor. 15:10). There is no conflict between relying on God's grace and putting in effort - He always provides more grace as we strive to follow His will.

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