

Tech Specs Selvbetjent Sentralen

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What is selvbetjent

Each venue can be rented with a basic technical package that the client can self-operate. This document will give you further information.

Contact information

Site address:	Sentralen, Øvre Slottsgate 3, 0157 Oslo
Post address:	PO Box 183 Sentrum, 0154 Oslo
Office contact Tel:	+47 22 47 25 00 (07:30-16:00)
Venue Rep Tel:	+47 414 17 930 (07:30-22:00)
General enquiries:	post@sentralen.no
Booking enquiries:	booking@sentralen.no
Production enquiries:	produksjon@sentralen.no
Technical enquiries:	anders@sentralen.no

Food and Beverage

Should you wish to order any food or beverage for any room please contact Sentralen Mat directly. Alternatively, there is a cafe and restaurant onsite.

Sentralen Mat: mat@sentralen.no

Sentralen Kafe

Monday-Friday: 07:30 - 20:00
Saturday-Sunday: 12:00 -17:00

Restaurant Hitchhiker

Monday: Closed
Tuesday - Friday: 11:00-23:00
Saturday: 12:00-23:00
Sunday: Closed

Map of Load in/Load out



* From Akersgata

Entry to Marmorsalen side stage.
Access to all rooms.

** From Øvre Slottsgate 3

Entry to basement storage.
Access to all rooms.

Parking

Cars

Limited parking onsite.
Must be booked in advance.
Access via Akersgata or Øvre Slottgate.

Vans

Limited parking onsite.
Must be booked in advance.
Access via Akersgata or Øvre Slottgate

Bus/ Truck

No parking on site.
Loading/unloading possible from Øvre Slottsgate.
Extended parking available upon application approval.
Must be booked in advance.

Marmorsalen

Foto: Joakim Riise



Foto: NUPI



Capacity

360theatre / 1000 standing

Area

550 m²

Sound

Main speaker system	8x	d&b audiotechnic Y8
	4x	d&b audiotechnic Y12
	6x	d&b audiotechnic Y-Sub
Font Fills:	2x	d&b audiotechnic Y10
Delay speaker system	4x	d&b audiotechnic 16c
Wireless	2x	Channels of Sennheiser EW100G3
	2x	Headmicss
	2x	Handheld micss

*PA split in L/R Line array hangs.

Lights

Front light	Simple front wash available
Deco light	Simple deco wash available

AV

Projector 1	1x	Panasonic PT-RZ21K
Screen 1 (short stage/stage end)	1x	6.30m x 4.01m, 16:10
Projector 2	2x	Barco RLS-W12
Screen 2 (long side)	1x	3.62m x 2.26m, 16:10
Input	2x	Theatrixx Xvision HDMI

Internet

Wireless internet available throughout the house.

Network

Password:

Network speed:

*1Gb/s hard wired internet available on request.

Sentralen Guest

Sentralen2019

1Gb/s

Forstanderskapssalen

Foto: Marius Dale



Foto: Benni Gjemble



Capacity

135theatre / 150 standing

Area

158 m²

Sound

Main speaker system*	2x	d&b audiotechnic Y7p
	2x	d&b audiotechnic B6-Sub
Wireless:	2x	Channels of Sennheiser W100G3
	2x	Headmicss
	2x	Handheld micss

*PA split in L/R

Lights

Front light	Simple front wash available
Deco light	Simple deco wash available

AV

Projectors	1x	Panasonic PT-MZ10KL BEJ
Screen 1	1x	4.02m x 2.51m, 16:10
Input	1x	Theatrx Xvision HDMI

Internet

Wireless internet available throughout the house.

Network	Sentralen Guest
Password:	Sentralen2019
Network speed:	1Gb/s

*1Gb/s hard wired internet available on request.

Important

Our Steinway & Sons model C grand piano is situated on stage as standard. Should you need a clear stage a fee of 6000kr is applicable to remove the piano. Please let us know in advance if this is necessary.

Hvelvet

Foto: Joakim Riise



Foto: Mikael Ortenheim



Capacity

60 theatre / 150 standing

Area

135 m²

Sound

Main speaker system	4x	d&b audiotechnic Y7p
	2x	d&b audiotechnic B6-Sub
Wireless	2x	Channels of Sennheiser EW100G3
	2x	Headmicss
	2x	Handheld micss

*PA split in L/R

Lights

Front light	Simple front wash available
Deco light	Simple deco wash available

AV

Projectors	1x	Panasonic PT-EZ770EJ
Screen 1	1x	3.05m x 1.90m, 16:10
Input	1x	Theatrixx Xvision HDMI

Internet

Wireless internet available throughout the house.

Network

Password:

Network speed:

Sentralen Guest

Sentralen2019

1Gb/s

*1Gb/s hard wired internet available on request.

Gymsalen

Foto: Mikael Ortenheim



Foto Mikael Ortenheim



Capacity

88 theatre / 150 standing

Area

114 m²

Sound

Main speaker system*	2x	d&b audiotechnic Y7p
	2x	d&b audiotechnic B6-Sub
Wireless	2x	Channels of Sennheiser W100G3
	2x	Headmicss
	2x	Handheld micss

*PA split in L/R

Lights

Front light	Simple front wash available
Deco light	Simple deco wash available

AV:

Projectors	1x	Panasonic PT-EZ770EJ
Screen 1	1x	3.05m x 1.90m, 16:10
Input:	1x	HDMI

Internet:

Wireless internet available throughout the house.

Network

Password

Network speed

Sentralen Guest

Sentralen2019

1Gb/s

*1Gb/s hard wired internet available on request.

Kronesalen

Foto: Helge Brekke



Foto: Ole Onstad



Capacity

88 theatre / 120 standing

Area

100 m²

Sound

Main speaker system*	2x	d&b audiotechnic Y7p
	2x	d&b audiotechnic B6-Sub
Wireless:	2x	Channels of Sennheiser EWG4 100
	2x	Headmics
	2x	Handheld mics

*PA split in L/R

Lights

Front light	Simple front wash available
Deco light	Simple deco wash available

AV

Projectors	1x	Panasonic PT-MZ10KLWEJ
Screen 1	1x	4.3m x 2.63m 16:10
Input:	1x	Theatrixx Xvision HDMI

Internet

Wireless internet available throughout the house.

Network

Password

Network speed

*1Gb/s hard wired internet available on request.

Sentralen Guest

Sentralen2019

1Gb/s

Vinterhagen



Capacity

55 theatre / 80 standing

Area

150 m²

Sound

Main speaker system*:	2x	d&b audiotechnic Y7p
	2x	d&b audiotechnic B6-Sub
Wireless:	2x	Channels of Sennheiser W100G3
	2x	Headmicss
	2x	Handheld micss

*PA split in L/R

Lights

Front light	Simple front wash available
Deco light	Simple deco wash available

AV

Projectors	1x	Panasonic PT-EZ770EJ
Screen 1	1x	3.05m x 1.90m, 16:10
Input:	1x	HDMI

Internet

Wireless internet available throughout the house.

Network

Password

Network speed

*1Gb/s hard wired internet available on request.

Sentralen Guest

Sentralen2019

1Gb/s

Studio A

Foto: Marius Dale



Capacity

50 theatre / Pre-production: up to 20 performers depending on the amount of equipment

Area

66 m²

Sound

Main speaker system*:	2x	d&b audiotechnic Y7p
	2x	d&b audiotechnic B6-Sub
Wireless:	2x	Channels of Sennheiser EW-D
	2x	Headmics
	2x	Handheld mics

*PA split in L/R

Lights

Front light	Simple front wash available
Deco light	Simple deco wash available

AV

Projectors	1x	Panasonic PT-MZ10KLBEJ
Screen 1	1x	4.42m x 2.49m, 16:10
Input:	1x	Theatritx Xvision HDMI

Internet

Wireless internet available throughout the house.

Network

Password

Network speed

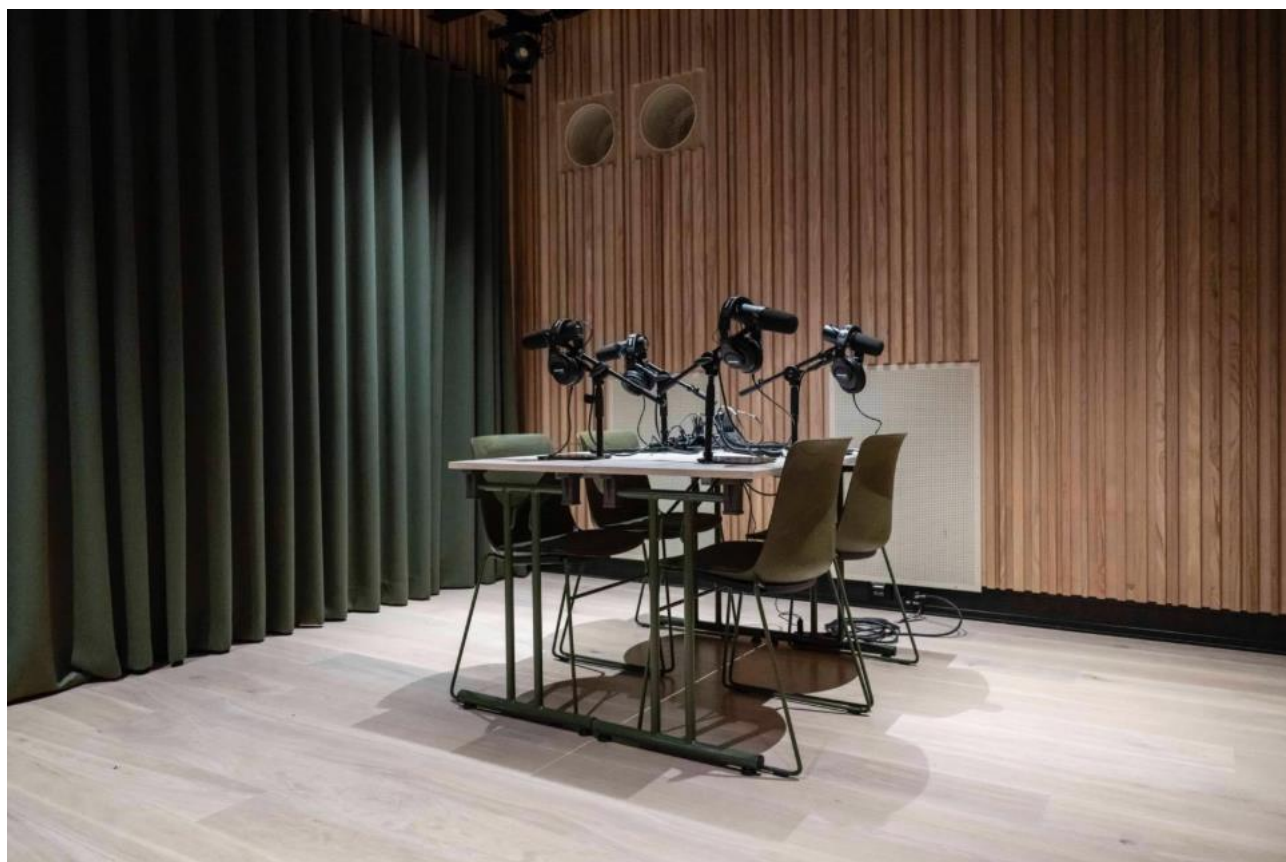
*1Gb/s hard wired internet available on request.

Sentralen Guest

Sentralen2019

1Gb/s

Studio B



Capacity

8 seated / 13 theatre / 8 classroom

Area

20 m²

Lights

Front light	Simple front wash available
Deco light	Simple deco wash available

Internet

Wireless internet available throughout the house.

Network

Sentralen Guest

Password:

Sentralen2019

Network speed:

1Gb/s

*1Gb/s hard wired internet available on request.

Produksjonsrom 1



Capacity

100 standing / 80 seated

Area

124 m²

Sound

Main speaker system*:	2x	d&b audiotechnic 24c
	1x	d&b audiotechnic D10
Wireless:	2x	Channels of Sennheiser EWG4
	2x	Headmics
	2x	Handheld mics

AV

Projectors	1x	Panasonic PT-EZ770EJ
Screen 1	1x	3.05m x 1.90m, 16:10
Input:	1x	HDMI

Internet

Wireless internet available throughout the house.

Network

Password

Network speed

*1Gb/s hard wired internet available on request.

Sentralen Guest

Sentralen2019

1Gb/s

Produksjonsrom 2



Capacity

10 board room setup / 21 theatre

Area

26 m²

AV

TV	1x	Samsung 60" LED TVUE60H6204
Input	1x	HDMI

Internet

Wireless internet available throughout the house.

Oppdatert 25.09.2025

Tech Specs Selvbetjent Sentralen

Network

Password

Network speed

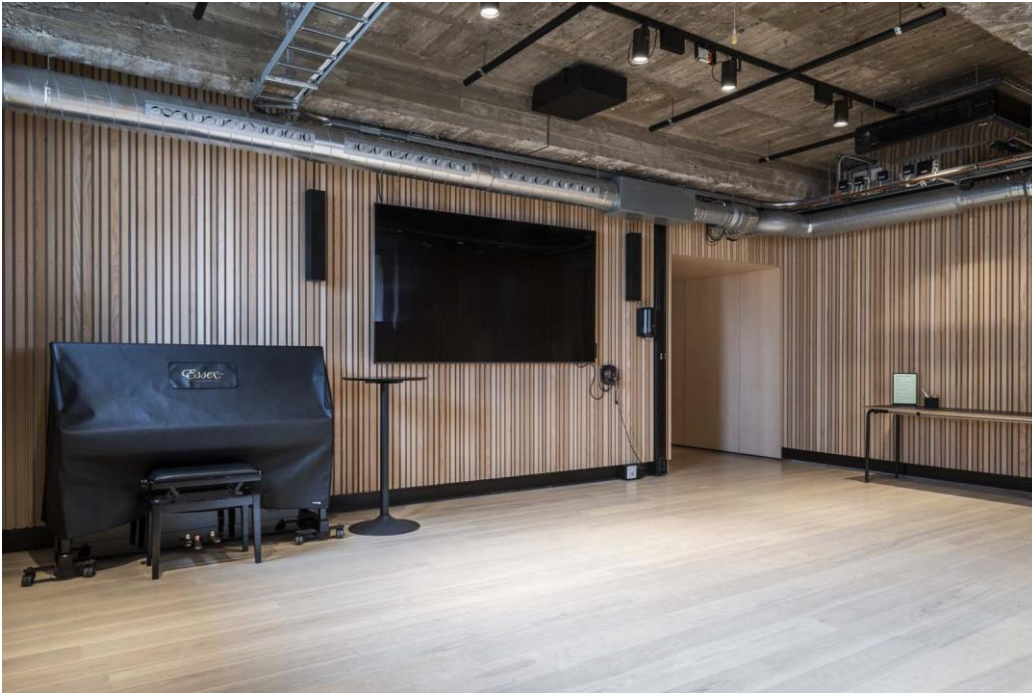
*1Gb/s hard wired internet available on request.

Sentralen Guest

Sentralen2019

1Gb/s

Produksjonsrom 3



Capacity

50 standing / 20 seated

Area

39 m²

Sound

Main speaker system:	2x	d&b audiotechnic 16c
Amplification (Monitors)	1x	d&b audiotechnic D10

AV

TV	1x	Samsung 98" Q80 QLED 4K TV TQ98Q80C
Input:	1x	HDMI

Internet

Wireless internet available throughout the house.

Network

Sentralen Guest

Oppdatert 25.09.2025

Tech Specs Selvbetjent Sentralen

Password

Sentralen2019

Network speed

1Gb/s

*1Gb/s hard wired internet available on request.

Hitchhiker



Capacity

100 theatre (100 long tables / 50 classroom)

Area

177 m²

Sound

Main speaker system*	2x	Yamaha 8"
	2x	d&b audiotechnic B6-Sub
Wireless	2x	Channels of Shure SLX
	2x	Headmicss
	2x	Handheld mics

*PA split in L/R

Lights

Front light	Simple front wash available
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AV:

Projectors	1x	Panasonic EB-L735U Laser
Screen 1	1x	3m x 1.90m, 16:10
Input:	1x	HDMI

Internet:

Wireless internet available throughout the house.

Network

Password

Network speed

*1Gb/s hard wired internet available on request.

Sentralen Guest

Sentralen2019

1Gb/s