



NEWS & VIEWS DECEMBER 2025

FROM THE MANAGER

And just like that the festive season is upon us! December is always a busy time at Balmoral Village as we celebrate the approach of Christmas and the holiday season. There are plenty of opportunities to catch the Christmas spirit at Balmoral with a Christmas dinner, a Christmas concert and a performance from the local primary school choir all planned. On behalf of the staff team, I wish each and every one of you a magical Christmas and happiness and health in 2026.

The dining room will be closing for the Christmas and New Year period, Sara's last dinner for December is on Wednesday 17 December and she will be back on Wednesday 14 January 2026 with the first LABEEC dinner of the year. Kindly note that the office will be closed for the public holidays over the Christmas break but our on-call staff will still be on hand for emergencies during this time, residents need only press their Tunstall alarm if there are any troubles.

Work is in full swing with the installation of a roof over the BBQ area and a new bar/kitchenette. Thank you again to residents for their on-going patience with having the area closed off for safety. The project is on schedule to be completed before Christmas and we may even be able to open up the BBQs a little earlier once the roof plumbing is completed. Unfortunately there has been a delay in procuring all the new furniture items for the space but we hope to have everything in place in the new year.

Charity and helping those in need is one aspect of our Balmoral community I am most proud of. We have regular raffles throughout the year to raise funds for a variety of worthy causes, annual biggest morning teas to raise funds for cancer research and a Christmas time collection of toys and food goods for the Knox Community Christmas support. During October, a number of our residents utilised the MPR kitchen facilities to bake and decorate more than 300 Halloween cookies to raise funds for the Superheroes Foundation brain cancer appeal.

FROM THE MANAGER

I was very pleased to learn the Balmoral Bowls club will be hosting a charity day sausage sizzle in February to raise funds for the Boronia Community Breakfast Program. I encourage all residents to support this venture and all our other charity and fundraising efforts at Balmoral.

As we head into the silly season of gift giving and feasting this December, it's a timely reminder to all to be mindful of disposing of the increased waste. Please ensure you use the correct bin for the correct type of waste remembering no soft plastics in the recycling bins and no plastics at all in the organic waste bins. If you are unsure there are guidelines for what goes in which bin on the bins themselves and more detail is available at the office.

Kindly note there will not be a News & Views issued in January so until February, take care,

Jody.



From all the Staff at
Balmoral Village we wish
you a very Merry Christmas
and a

Happy New Year!

MEGA MARKET DAY MONDAY 1ST DECEMBER

10.00am - 12noon

Come along for some Christmas shopping.



PENNY FARTHING GIFTS

SHOES ON THE GO

FIFTH AVENUE JEWELLERY

LEVENA - CARDS

EVELYN - HAND PAINTED CARDS

DEB - CRAFTS

BARBARA - PAPER TOLE

PICK & SWAP - FREE TO GOOD HOME

Goods can be brought up & left on designated table from 8.00am

Stay for a chat and cuppa afterwards.





BALMORAL RESIDENT CHRISTMAS CELEBRATION

DINNER

THURSDAY 4TH DECEMBER

** 6.00pm sherry/6.30pm dinner **

Great entertainment will be provided by **Graeme Ferdinands**. Get into the Christmas spirit and join other residents for some great festivities and fun.

KNOX GARDENS PRIMARY SCHOOL CHRISTMAS CHOIR MONDAY 8TH DECEMBER 9.30AM IN THE MPR



The school children from Knox Gardens Primary School will come and delight us with their singing.

Please come to the MPR and show your support while you listen to some lovely Christmas carols.



CHRISTMAS CONCERT Wednesday 10th December 7.00pm in the MPR

Bring along your singing voices and join us for Christmas carols in the Multi Purpose Room for our annual Christmas Concert. Grateful to have Graham McKenzie back as our MC - your warmth and wit make this celebration unforgettable.

This year we will be entertained by the Balmoral Singers, The City of Greater Dandenong Band and a reading from Hazel.

A gold coin donation for the City of Greater Dandenong Band would be appreciated.

CANBERRA TRIP







Thank you....

On behalf of all residents and staff we would like to extend our sincere thanks to Doreen for organising the recent trip to Canberra.

We truly appreciate the time, effort, and care that went into planning such a wonderful trip. A special thank-you also goes to Noel and Margaret for their valuable contributions and support to Doreen.

Thank you once again for making it possible.









HELPERS REQUIRED!

Thank you to all residents who have already volunteered their time to help set up for Christmas dinner. Please meet in the MPR on Thursday 4th December at 1.00pm.

If you would like to help please pop your name on the list located on the noticeboard in the Library.

SANTA'S

Little:

Thank you for your support - Natasha

CHRISTMAS SPECIAL - Chicken Lunch

Thursday 11th December - pay by noon Tuesday 9th Dec 12.00noon in the Dining Room



1/4 Chicken & Chips - \$11.50 1/4 Chicken, Peas, Potato, Carrot & Gravy - \$13.50 1/4 Chicken, Chips, & 2 Salads - \$13.50 Christmas Cake & Custard - \$2.50



BOWLS CLUB CHARITY DAY BORONIA COMMUNITY BREAKFAST PROGRAM SUNDAY 1ST FEBRUARY AT 1.00PM

We are excited to announce that the Bowls Club Charity Day is coming up soon, and we're proudly supporting the Boronia Community Breakfast Program — a wonderful local initiative helping those in need.

Join us on Sunday 1st February from for a fun afternoon of good food, good company, and a friendly game of bowls!

Here's what's happening:

- · Sausage Sizzle 1:00 PM Sign up on the notice board. Sausages are \$4.00 each.
- · **Bowls** 2:00 PM Members playing are asked to make a \$5.00 donation.
- Raffle Tickets are \$2.00 each, with the raffle on display in the Community Centre from mid January.
- **Donations Welcome** A donation box will also be available for anyone who'd like to contribute further to this great local charity.

It's a wonderful way to spend a Sunday afternoon - sharing laughs, supporting a local charity, and enjoying some community spirit.

Let's make this a fantastic day for both bowlers and all residents.

DEVONSHIRE TEA

SATURDAY 20TH DECEMBER 10.00AM IN DINING ROOM



Come and enjoy a delicious mince tart or scone

Please make sure your name is on the list to ensure there is a scone or mince tart for you!

Please order <u>no later</u> than Thursday 18th December \$2.50 per mince tart & \$3.00 per scone - pay on the day



SATURDAY 17TH JANUARY 2026 10.00AM IN DINING ROOM

Come and enjoy a delicious scone

<u>Please make sure your name is on the list to ensure there is a scone for you!</u>

Please order <u>no later</u> than Thursday 15th January

\$3.00 per Scone - pay on the day

Reminder.....

Cats the Musical, Hamer Hall, Melbourne

WHEN: Wednesday 21st January 2026

10.15am : Bus leaves Balmoral Village 11.00am : Lunch (at own expense)

1.00pm : Show

Please wear your name badge on the day.



TRASH AND TREASURE

SATURDAY 14TH FEBRUARY 2026 11am - 1pm in MPR

Bring items to MPR 1pm - 2pm FRIDAY 13TH FEBRUARY

More details in the February News & Views.









THURSDAY LUNCHES EAT IN THE DINING ROOM OR TAKEAWAY

CHRISTMAS SPECIAL - Chicken Lunch

Thursday 11th December - pay by noon Tuesday 9th
1/4 Chicken & Chips - \$11.50
1/4 Chicken, Peas, Potato, Carrot & Gravy - \$13.50
1/4 Chicken, Chips, & 2 Salads - \$13.50
Christmas Cake & Custard - \$2.50



POTATO LUNCH

Thursday 18th December - pay by noon Tuesday 16th
Potato & Coleslaw - \$6.00
Potato, Coleslaw, Cheese & Sour Cream - \$7.50

*** <u>2026</u> ***

PIZZA LUNCH

Thursday 15th January - pay by noon Tuesday 13th (Pepperoni/Margherita/Ham & Cheese/Simply Cheese) \$5.00 ** each (4 slices) ** price increase

HUEY'S LUNCH

Thursday 22nd January - pay by noon Tuesday 20th January
Plain Meat Pie - \$4.50
Steak and Mushroom Pie - \$5.00
Meat & Vegetable Pastie or Vegetable Pastie - \$4.50
Large Sausage Roll - \$4.00
Quiche - Lorraine - \$5.00
(all served hot)

POTATO LUNCH

Thursday 29th January - pay by noon Tuesday 27th
Potato & Coleslaw - \$6.00
Potato, Coleslaw, Cheese & Sour Cream - \$7.50

BALMORAL DINING ROOM MENU DECEMBER & JANUARY 2026

guests capped at 45 dine-in &10 take-away
Booking/Payment needs to be made by 4.00pm <u>2 days prior</u>
(subject to availability)

	WEDNESDAY I \$32 (2 courses)	DINNER @ 6.00PM \$27 (1 course)
3 rd Dec	bage, brussels sprouts & steamed vegetables	(B) Shepherd's pie with steamed vegetables <u>OR</u> salad R Fresh Fruit Salad
10 th Dec	(A) Lamb shank with mashed potato & steamed vegetables	(B) Green fish curry with rice
5.30pm	<u> </u>	R_Fresh Fruit Salad
17 th Dec	(A) Roast beef with roast potato, roast pumpkin & steamed vegetables	(B) Butter chicken with rice
	Brownie pudding	OR Fresh Fruit Salad
14 th Jan	(A) Corned silverside with cabbage, brussels sprouts & steamed vegetables	(B) Spinach & feta chicken bake with pasta
<u>LABEEC</u>	Berry cheesecake	<u>OR</u> Fresh Fruit Salad

21 st	salad <u>OR</u> vegetables	(B) Chilli con carne
Jan	Banana cream puddi	ing <u>OR</u> Fresh Fruit Salad
28 th Jan LABEEC	(A) Roast lamb, roast potato, roast pumpkin and steamed vegetables	(B) Spaghetti bolognese with garlic bread
LABLLO	Apple crumble C	<u>R</u> Fresh Fruit Salad







SMORGASBORD DINNER

The Balmoral Bowls Club Smorgasbord Dinners will be held at 6.00pm on

SUNDAY 14TH DECEMBER

Please add you name to the booking list and pay at reception by Friday 5th December.

Cost is \$34.00 per person/\$32.00 for current outdoor bowls members.

SUNDAY 11TH JANUARY 2026

Please add you name to the booking list and pay at reception by Friday 2nd January.

Cost is \$35.00 per person/\$33.00 for current outdoor bowls members - new price **

SUNDAY 8TH FEBRUARY 2026

Please add you name to the booking list and pay at reception by Friday 30th January.

Cost is \$35.00 per person/\$33.00 for current outdoor bowls members - new price **

BYO drinks and glasses.

ALL RESIDENTS WELCOME!

Please note this event is based on a minimum number of <u>50</u> people to go ahead.

MASSAGE AT BALMORAL

Another year has passed and the Xmas season is upon us once again.

It has been a busy time, and I cannot believe how quickly this year has flown!

After much deliberation, I have decided that 2025 will be my last year of Massage at Balmoral. After 5 years, I will be leaving Balmoral with fond memories of working with a diverse range of clients with differing needs knowing that I have contributed towards making your Wellness my priority and seeing much progress made.

I thank you for the conversations, the laughter and for allowing me to contribute to your wellbeing.

I wish all my clients both past and present good health and happiness in the future.

Stay well and keep working towards your personal wellness - it is so important!

My last day at Balmoral will be Wednesday 17th December.

Warmest Regards

Karen.





SHARING THE JOY CHRISTMAS APPEAL

The Knox Community Christmas Support Appeal is looking for assistance to support local families "doing it tough". This year Balmoral will again be helping the appeal by collecting non-perishable food and new gifts for children.

A box will be outside the kiosk area if you would like to make a donation. The box will be here until **Friday 12**th **December**.

Your generosity is greatly appreciated!

<u>Dining Room closed for the festive season as follows</u> Last Service December - Wednesday 17th December First Service January 2026 - Wednesday 14th January

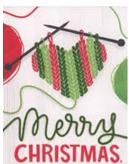


Merry Christmas to all of you! Thanks for your kindness and the lovely community you create here – it's a real joy cooking for you.

Sara 🧐



KOGO - knit-one-give-one



I have a lot of wool that has been donated, so if you are in need of wool come and see me in the dining room on a Tuesday morning and I will help you out. KOGO closes in early December and reopens in February, I will have a pickup late November, so if you have anything for them please bring it up so we can send it off and maybe make someone's Christmas.

A very warm welcome to



Raymond & Gloría

who are all moving in during December.

We hope you enjoy many happy years at Balmoral Village.



EXPRESSION OF INTEREST WALKING (STEP-UP) BASKETBALL





BALMORAL VILLAGE DAY TOUR THURSDAY 19th FEBRUARY 2026

TRAMBOAT CRUISE - 10.30 AM to 2.00 PM

COACH LEAVES 9.30 am

Maximum 36 passengers





The Tramboat is fully enclosed and has an open upper deck. It is equipped with excellent facilities including a fully licensed bar and men's and ladies amenities. From Victoria Harbour at Docklands we cruise downstream along the Yarra through the Port of Melbourne and then along the Maribyrnong River to the Anglers Tavern in Maribyrnong where we will have lunch with a commentary along the way.

Morning tea is served on our journey.

COST \$80.00 INCLUDES MORNING TEA & LUNCH

WHEN: THURSDAY 19TH FEBRUARY

TIME: Leave Balmoral at 9.30am

COST: \$80.00 includes

Morning tea and lunch

PAYABLE NO LATER THAN FRIDAY 6TH FEBRUARY

LABEEC

"Living Alone But Enjoy Extra Company"

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E \mathbf{C} **LABEEC Birthday Dinner**

: Wednesday 10th December Date

Time: 5.30pm** Dinner in dining room

LABEEC Birthday Dinner

Date: Wednesday 14th January 2026

Time: 6.00pm Dinner in dining room

LABEEC Dinner

Date: Wednesday 28th January 2026

Time: 6.00pm Dinner in dining room

We would love anyone living by themselves to join our special LABEEC dinners (Living Alone But Enjoy Extra Company).

These dinners are especially put on for those who live by themselves to get out with friends more often. The birthday dinner celebrates a birthday of anyone in the group.

Booking lists are at reception for December and January.





Wishing everyone a wonderful Christmas with family and friends. Be safe if travelling and we look forward to seeing everyone on the green again in the New Year.

February 1st will be the first time your Committee has accepted the challenge to give back to our local community. "Boronia Community Breakfast Program" is a very deserving local charity, so we are hoping all our members will give us their support to make this a successful event.

We have 54 members so let us all get out on the green, a \$5 to play, all money collected will go towards this charity.

All village residents can also help by attending the sausage sizzle which will be held before play. \$4 for a sausage and drink. Come and enjoy the new BBQ area, relax and enjoy watching the competitions.

Look out for our raffle which will be on display in the office area mid January @ \$2 a ticket. A donation box will also be made available for anyone who wishes to contribute to our effort.

Regards Margaret

DOCUMENT SHREDDING

For any resident wishing to shred any confidential papers we will have a secure bin up in the office area from Tuesday 9th December.

For a gold coin donation, you are more than welcome to come up to the office during business hours and pop your papers in the bin to be taken away and shredded.

INDOOR BOWLS

Our numbers have been quite low in recent weeks, and with the holiday season approaching they will probably remain this way. If you have a free Friday afternoon or a Monday evening come and join us for some fun and laughter.

Dates for your diary

Chicken and chips was finally held in late November. As always there was a lot of noise and laughter, not to mention great chicken.

Don't forget to ensure your names are on the players list by 4.00pm on Mondays and 11.20am on Fridays so that the right number of mats are put out and no one is disappointed.

Flat soled shoes without treads must be worn at all times when playing. Our regular playing times are Monday evenings at 7.15pm and Friday afternoons at 1.30pm. Please arrive a few minutes before this so teams can be selected.

New players are most welcome to join us, and previous experience is not necessary (we had to learn, and you will be helped). The aim of the Indoor Bowls Group is

to have lots of fun and laughter, and is not intended to be taken too seriously.



CARER'S COMMUNIQUE



Dr Ranil and his team at Commercial Road Medical Centre thank Balmoral residents for their continued support throughout the year and take this opportunity to wish everyone a Merry Christmas and a Happy New Year.

Dr Ranil's last clinic will be Friday 19th December and he will return on Tuesday 6th January 2026.

BALMORAL VILLAGE DAY TOUR WEDNESDAY 11TH MARCH 2026

BLACK PEPPER/BREAKAWAY FACTORY OUTLET

plus

TASTING & LUNCH AT MOONDARRA CHEESE SHOP COUNCIL BUS LEAVES 10.00am





Visit large Black Pepper/Breakaway Outlet in Dandenong bargains for both Men's & Women's Clothing

WHEN: WEDNESDAY 11TH MARCH

TIME: Leave Balmoral at 10.00am

COST: \$35.00 includes lunch

(Lunch - soup, toasted sandwich, dessert &

tea/coffee)

PAYABLE NO LATER THAN FRIDAY 27th FEBRUARY

EXPRESSION OF INTEREST NEW YEAR'S EVE

If you would like to have a fun night celebrating New Years Eve with your village friends and neighbours in the

MPR, please put your name on the expression of interest list on the noticeboard.

- BYO nibbles and drinks on the night.

AUSTRALIA DAY BARBEQUE

FREE SAUSAGE SIZZLE AND ENTERTAINMENT MONDAY 26TH JANUARY 2026 12.00 NOON - 2.30PM IN THE MPR/BBQ AREA

Come along and enjoy a sausage with other residents from the Village and listen to some live music from the very talented Susie King.

A sign up list will be available on the library notice board from Friday 2nd January, for catering purposes (a limit of 2 sausages per person).

We will require a team of helpers for this event. If you are available to help out, please add you name to the helpers list on the noticeboard from the 2nd January.

Thank you for your support with this annual event.

Happy +
 Australia Day

Natasha - Activities Co-ordinator

FIRESIDE CHAT 10 - NOVEMBER

Christmas in other lands

Deb, you seem to enjoy travelling at this time of the year

Well, being a teacher, the best opportunities for long distance travel came during our Summer holidays - Winter in the northern clime.

Where was your first overseas Christmas experience?

It was in Bangkok. My brother was working at a university there and I joined him for Christmas. The heat, humidity, dirt and noise of Bangkok in the late 70's was a shock to the system. My brother and his wife were quite homesick, so I took a frozen leg of lamb over to them in my hand luggage! We had it roasted complete with roast veggies for Christmas lunch, in C40+ degree heat and high humidity. But what did we care ... we were together.

Being with family for Christmas is definitely the best way to celebrate. Where to next?

My second Christmas sojourn was to Fort Collins in Colorado, where I experienced my only "White Christmas." Fort Collins was a university town in the Rocky Mountains. The same brother had moved thereand we got around on pushbike. I clearly remember riding the bike into town to go shopping and looking up to see the temperature was F18 degrees. Yes, it was a bit chilly but the roast on Christmas Day went down a treat. It was delightful to see the store windows lit with fairy lights, sparkling in a winter wonderland.

And the third one?

Just before Kevin and I moved into Balmoral, we celebrated our 40th wedding anniversary at the Christmas Markets in Europe. We took the whole family - there were six adults, a six-year-old and a six-month-old - it was a real adventure. Kevin and I headed over before the others mid-December and made our first base in Munich.

Was this another White Christmas?

Slightly disappointingly it didn't snow, but it was certainly cold. We visited the Kriskindl Market in Marienplatz and drank "gluhwein". We watched ice skating on Karlsplatz and visited the Christmas Market in the English Gardens. We discovered that many of the stalls in the Marienplatz specialised in various Christmas decorations, from things to hang on the Christmas tree or front door, to Nativity figurines with associated animals, to lights for the front of your home.

Cont

What was the atmosphere like?

Magical, with the Christmas decorations and lighting on all the buildings adding a special atmosphere to the cold, winter night. We drank more gluhwein as we lined up to catch the Kriskindl Tram which took us on a tour around Munich.

Once the rest of the family arrived, we ventured out together, even meeting Saint Nikolas walking around one day. We tried the sport of curling on rinks in the English Garden and spent Christmas Eve trying to find food for tea, as most of the shops and restaurants closed mid-afternoon so the locals could celebrate Christmas Eve with their families, as is the custom in Germany.

What else did you do on Christmas Eve?

Kevin and I went to midnight mass at a church on Marienplatz. Walking through the cold night air, then into the warmth of the church, to celebrate a worldwide ritual but in a different cultural setting, was a very special experience... and the Choir was magnificent.

And on Christmas Day?

Christmas Day we were treated like royalty at the Augustiner Keller Restaurant - we had booked a table several weeks prior to our departure. Christmas lunch German style was a little different but good fun.

It sounds wonderful

Our family Christmas in Germany was very special and is talked about each year, however, I don't know how I'd go putting up with snow and ice and freezing temperatures each year - give me an Aussie Christmas where we can get together with extended family any day.

Thank you, Deb for telling us about your different Christmas experiences.

I hope you all enjoy your Christmas Experience this year, and I hope you have enjoyed the Fireside Chats shared with you through the year.

NEWS FROM THE KIOSK

Hello all - Are you ready for Christmas?

For that special gift or just a treat, the kiosk has stocked up with some Xmas specials. **You cannot order**, so get in early to avoid disappointment.

CHRISTMAS SPECIALS

- Traditional Lions Christmas cakes and puddings \$16.00
- Strudla Cookies Fig or Mixed Fruit Jam \$2.70
- Choceur Chocolate Mint Thins after dinner mint \$5.70
- Speculaas Dutch Spiced biscuits \$5.20
- Tins of traditional Danish Butter Cookies \$6.20
- Box of Cadbury Favourites \$7.20
- Box of Short Bread Macadamia Finger biscuits \$5.50
- Kringle Chocolate Drizzle Star biscuits \$6.20
- Kringle Iced Xmas Cakes (single serve) \$2.60
- Kringle Fruit Xmas Mini puddings (2pkt) \$5.00
- Kringle Christmas Biscuit pkt \$4.00
- Kringle Christmas tree Biscuits pkt \$4.70
- Cadbury Milk Chocolate Advent Calendars \$4.50
- Cadbury Chocolate Coated Hazelnuts \$6.80
- Cadbury Chocolate Coated Peanuts \$6.80
- Cadbury Chocolate Coated Sultanas \$6.80
- Cadbury Chocolate Coated Almonds & Cherry \$6.80

Hope you all have a wonderful Christmas with family and friends, and a healthy and safe 2026. Thank you for your support of the Balmoral Kiosk.

KIOSK OPENING HOURS

Mon/Tues/Wed/Thurs 10am - 12noon

Friday 2pm - 4pm

Sat/Sun & Public Holidays Closed



FROZEN MEALS FROM THE KIOSK



KATRINA'S KITCHEN MEALS - \$11.00

Roast Pork or Lamb or Beef Crumbed Whiting or Salmon Patties Beef Steak Pie or Meatloaf or Silverside



PUB FAVES MEALS - \$6.00

Chicken Kiev or Parma with Veg Roast Beef or Chicken with Veg Slow Cooked Lamb with Veg Beef Rissoles or Mixed Grill with Veg

FROM HUEY'S BAKERY

Meat & Curry Pies and Pasties Small Apple Pies

HAPPY GET TOGETHER SATURDAY 6th December & 3rd January 2026

On the first Saturday of each month, we have a gathering in the lounge from 4:30pm for any interested residents. Ordering of food is between 3.30pm to 4.45pm.

Bring your own drinks and maybe some nibbles to share. We order in take-away to eat together in the dining room.

No booking is required and everyone is welcome.

Tunstall Alarm

Don't forget to wear your pendant whilst in your unit, and notify Tunstall when you are going away or if your medication, contact details, or circumstances change. <u>Most importantly test monthly by pressing your pendant and speak with the operator.</u>

IMPORTANT BUTTONS

Activation/Help Button (Red)
Cancel Button (Green tick)



CHURCH SERVICES - ST JUDE'S CATHOLIC

You are warmly invited to join us in the MPR at 2.00pm on the second Thursday of each month to celebrate the Eucharist together.

Afterwards, if you are free to stay for a little longer, we enjoy a cuppa and a chat together with our celebrant. A gold coin donation for our celebrant is appreciated.

Our next celebrations are scheduled for

Thursday 11th December at 2.00pm in the MPR and

Thursday 8th January at 2.00pm in the MPR

If you have any queries or need any assistance to attend, please contact

ALL MOST WELCOME

CHRISTIAN FELLOWSHIP

Every Monday 1.30pm to 2.30pm in the Meeting Room

We warmly welcome all residents.

DEADLINE DATE FOR ARTICLES TO BE INCLUDED IN THE

FEBRUARY ISSUE OF "NEWS & VIEWS" IS......

FRIDAY 24TH JANUARY

PLEASE ENSURE YOUR ARTICLE IS AT THE OFFICE BY
THE ABOVE DATE

Please drop a copy to the office or email admin@balmoralvillage.com.au

BALMORAL SOCIAL MEDIA



Balmoral Village



balmoral lifestyle village



BALMORAL BUS TIMETABLE



(Please book a seat on the bus up at reception)

MONDAY	DEPARTURE	PICK UP
MONDAY Stud Park S/Centre	9.30am	11.30am
TUESDAY Stud Park S/Centre	9.30am	11.30am
WEDNESDAY	641 BB 413	
(First Wednesday o Bunnings/Spotlight		11.30am
THURSDAY		
Knox City S/Centre	9.30am	11.30am
	11.15am	1.30pm
FRIDAY Knox City S/Centre	9.30am	11.30am

** Maximum of (ten) 10 residents per trip and only (four) 4 walkers **

TRACIE'S STYLES & SMILES (HAIRDRESSER)

Salon Open Tuesdays & Thursdays





<u>DECEMBER</u>				
ZONE 1 (1- 67) MON/TUES/WED – job requests THUR/FRI - other	WEEK 1 & 5 1/12/25 - 5/12/25 29/12/25 - 2/1/26			
ZONE 2 (68 – 133) MON/TUES/WED – job requests THUR/FRI - other	WEEK 2 8/12/25 - 12/12/25			
ZONE 3 (134 - 202) MON/TUES/WED – job requests THUR/FRI - other	WEEK 3 15/12/25 - 19/12/25			
ZONE 4 PROJECTS & OTHER	WEEK 4 22/12/25 - 26/12/25			
MOWING & EDGING (external contractors)	Fortnightly (weather & season dependent)			



GARDENING ZONES FOR JANUARY 2026				
ZONE 1 (1-67) MON/TUES/WED – job requests THUR/FRI - other	WEEK 1 & 5 29/12/25 - 2/1/26 26/1/26 - 30/1/26			
ZONE 2 (68 – 133) MON/TUES/WED – job requests THUR/FRI - other	WEEK 2 5/1/26 - 9/1/26			
ZONE 3 (134 - 202) MON/TUES/WED – job requests THUR/FRI - other	WEEK 3 12/1/26 - 16/1/26			
ZONE 4 PROJECTS & OTHER	WEEK 4 19/1/26 - 23/1/26			
MOWING & EDGING (external contractors)	Fortnightly (weather & season dependent)			

BOOK CLUB - (TV ROOM)

1st Wednesday of the month 7.30pm

CARDS

Crazy Whist Mondays 1.30pm in the TV Room

Cribbage Tuesdays 1.30pm in the Dining Room

Thursdays 1.30pm in the TV Room

CRAFT GROUP - (DINING ROOM)

Every Tuesday 10am -11am

COLOURING GROUP - (TV ROOM)

Every Tuesday 1.30pm

COMMUNITY BBQ

Every Tuesday at 5.30pm

CROQUET

Mon/Tues/Fri/Sat - 9.00am

CROSSWORD GROUP

Saturdays 10.00am - TV Room

DARTS - (SNOOKER ROOM)

Every Monday at 10.00am

FITNESS GROUP - (FITNESS CENTRE)

Wednesday mornings at 9.00am & 10.00am

GENTLE EXERCISE - (MPR)

Every Friday 10.30am (\$6.50 per class or \$55 for 10)

INDOOR BOWLS - (MPR)

Mondays - 7.15pm Fridays - 1.30pm

LINE DANCING - (MPR)

Monday

Wednesday

1.15pm - 2.15pm (*Beginner A*)

3.00pm - 4.00pm (Beginner B)

2.30pm - 3.30pm (*Improvers*)

RUMMIKUB - (TV ROOM)

Wednesdays & Saturdays 2.00pm

SINGING GROUP - (MPR)

1st & 3rd Tuesday (Also 5th Tuesday of any month) at 3.00pm

STRENGTH, BALANCE & CO-ORDINATION EXERCISE CLASS - (MPR)

Every Wednesday at 10.30am \$6.50 per class or \$55 for 10

TABLE TENNIS - (MPR)

Thursdays and Saturdays at 10.00am

WATER EXERCISE - (POOL)

Every Monday 9.00am - 10.00am

WOODWORK GROUPS

Men's every Wednesday 8.30am
Women's every Thursday 9.00am (limited to 5 women per week)