



Balmoral
GARDENS VILLAGE



NEWS & VIEWS
MAY 2026

FROM THE MANAGER

Welcome to May's News and Views!

What a huge turnout we had for last month's 100th birthday party for Eveline, Peg and Joy. For those residents that attended, I know you'll agree that it was definitely a celebration to remember. All three of our centenarians felt very honoured to be made a fuss over and are extremely thankful for all the beautiful well wishes extended to them for reaching such an incredible milestone.

Coming up in May we have another couple of special events on the calendar. Following on from their success in hosting January's Disco Night, Steve and Lyn are back to organise their next big do. With the assistance of their helpers, they are putting on a True Blue Aussie Shindig on the 23rd. Fair dinkum, I reckon all you cobbbers and your mates will have a ripper of a bonza time!

Also in May we are hosting our annual Biggest Morning tea on the 21st. This event is Balmoral's largest fundraising effort each year, please do support this very worthy cause to raise much needed funds for cancer research.

After 9 years of working in the gardens here at Balmoral, our beloved gardener Hilton has announced that he will be retiring in June. Hilton started with us as a Garden Labourer in 2017 and was promoted to Grounds and Garden Supervisor in 2023. Hilton has been a stable force during turbulent times of staff turnover. He has seen many changes and has helped to implement ideas that have improved the way we offer gardening services to our residents, zones, contract mowing. In addition to gardening, Hilton proved himself to be very handy on the tools and was able to attend to numerous maintenance requests while Ian was on leave. Always full of energy and happy for a chat, Hilton will be sorely missed at Balmoral and we wish him all the best for his next chapter in life. At Hilton's request, we will not be hosting a farewell party for him but I encourage all residents to take the time to say their goodbyes to him in the coming weeks.

FROM THE MANAGER

Liam is all set to take on the Grounds and Garden Supervisor role in mid June, filling the big shoes Hilton leaves. Having been with us for several months now, Liam has received an excellent handover from Hilton and so the transition should be seamless for residents. We are currently advertising for a new gardener and hope to recruit someone in the coming weeks.

Wishing all Balmoral Village mothers a very happy Mothers Day on the 10th.

Until next time, Jody



ANZAC DAY



*Happy Mother's Day to
Mums of all kinds!*

From all the Staff at Balmoral Village.

BIGGEST MORNING TEA

WHEN : THURSDAY 21ST MAY
WHERE : MPR
TIME : 10.00AM - 12.00NOON



Do come along and help raise money for the Australian Cancer Council. Have a cup of tea or coffee and buy some cakes, slices and/or biscuits for your morning tea.

There will be a stall for you to buy something special to take home with you*. Helper list, baking/donation of goodies list are on the notice board in the library. (We will also have a wishing well for monetary donations to help support people with cancer.

* For items that have been home baked, please list ingredients used and bring food items up to the office prior to 2.00pm on Wednesday 20th May.

Please contact Natasha at the Office if you are able to help, as we will require a small team of helpers on the day. Thank you for your support with this event.



THANK YOU.....

We would like to say a **BIG** thank you to Doreen for 10 wonderful years of organising outings and holidays for our residents. Your hard work, thoughtful planning, and enthusiasm have brought so many cherished memories to our residents, from local trips to memorable getaways across Australia. We appreciate all your effort!

Another very **BIG** thank you to Hazel for her incredible dedication over the past 14 years in monitoring and caring for the coffee station at Balmoral. Hazel always made sure there were plenty of supplies on hand, helping to create a welcoming space in our lounge area where everyone could enjoy a cuppa and chat. We would like to welcome our new volunteers and thank you for your assistance in monitoring the coffee station in the community centre.



THURSDAY LUNCHES

EAT IN THE DINING ROOM OR TAKEAWAY

PIZZA LUNCH

Thursday 7th May - pay by noon Tuesday 5th
(Pepperoni/Margherita/Ham & Cheese/Simply Cheese)
\$5.00 each (4 slices)

POTATO LUNCH

Thursday 14th May - pay by noon Tuesday 12th
Potato & Coleslaw - **\$6.00**
Potato, Coleslaw, Cheese & Sour Cream - **\$7.50**

NO LUNCH

Thursday 21st May

HUEY'S LUNCH

Thursday 28th May - pay by noon Tuesday 26th
Plain Meat Pie - **\$4.50**
Steak and Mushroom Pie - **\$5.00**
Meat & Vegetable Pastie or Vegetable Pastie - **\$4.50**
Large Sausage Roll - **\$4.00**
Quiche - Lorraine - **\$5.00**
(all served hot)




Lunch packs ordered through

Domino's Pizza - Burwood Highway, Wantirna South
Huey's Bakery, Scoresby Village, Scoresby

BALMORAL DINING ROOM MENU

MAY - capped at 45 guests

(Booking/Payment needs to be made by 4.00pm 2 days prior, subject to availability)

Wednesday Dinner @ 6.00pm	
\$32 (2 courses) \$27 (1 course)	
6TH MAY	<div style="width: 45%;"> <p>(A) Roast chicken, roast potato, roast pumpkin & steamed vegetables</p> </div> <div style="width: 45%;"> <p>(B) Beef bourguignon served with potatoes au gratin</p> </div>
	Bread & Butter Pudding <u>OR</u> Fresh Fruit Salad
13TH MAY LABEEC	<div style="width: 45%;"> <p>(A) Lamb shank, mashed potato, sweet potato & steamed vegetables</p> </div> <div style="width: 45%;"> <p>(B) Sweet & Sour fish served with rice</p> </div>
	Tiramisu <u>OR</u> Fresh Fruit Salad
 KOREAN THEME NIGHT THURSDAY 14TH MAY	<div style="width: 45%;"> <p>(A) Bibimbap (Korean Rice Bowl)</p>  </div> <div style="width: 45%;"> <p>(B) Bonchon (Korean Fried Chicken) served with rice</p>  </div>
	<p>Kkwabaegi (Twisted Donut) </p> <p><u>OR</u></p> <p>Fresh Fruit Salad</p>
20TH MAY	<div style="width: 45%;"> <p>(A) Grilled salmon, mashed potato, pumpkin & steamed vegetables</p> </div> <div style="width: 45%;"> <p>(B) Lasagna with salad <u>OR</u> vegetables</p> </div>
	Blueberry Pancake <u>OR</u> Fresh Fruit Salad
27TH MAY LABEEC	<div style="width: 45%;"> <p>(A) Roast pork, roast potato, roast pumpkin & steamed vegetables</p> </div> <div style="width: 45%;"> <p>(B) Fish & chips with salad <u>OR</u> vegetables</p> </div>
	Cherry Clafoutis <u>OR</u> Fresh Fruit Salad

WINTER SMORGASBORD DINNER



SUNDAY 17TH MAY

6pm in the MPR

Please sign up at reception and pay by
Friday 8th May

\$35 per person (BYO drinks/glasses)

SUNDAY 14TH JUNE

6pm in the MPR

Please sign up at reception and pay by
Friday 5th June

\$35 per person (BYO drinks/glasses)

All residents welcome!

Thank you to Ian who has kindly volunteered to be the MC for our Winter Smorgasbord Dinners.

Please note these events are based on a minimum number of **50** people to go ahead.

DEVONSHIRE TEA

SATURDAY 16TH MAY

10.00AM IN DINING ROOM

Come and enjoy a or scone



Please make sure your name is on the list to ensure there is a
scone for you!

Please order no later than

Thursday 14th May

\$3.00 per scone - pay on the day

MARKET DAY - MONDAY 1ST JUNE

10.00AM - 12NOON IN THE MPR



MADE LOCALLY - *Unique Gifts & Crafts*

JUMBO UGG BOOTS

MOOROOLBARK WOOL - *The Aussie Knitting Co*

NUTRIMETICS

DEB - *Slices & Cakes*

MARGARET - *Cards*

PICK & SWAP - FREE TO GOOD HOME

Come along to our Market Day
make a morning of it and stay
around for a cuppa



BALMORAL VILLAGE DAY TOUR



TYABB PACKING HOUSE **Plus** **RED HILL WINERY**



WHEN : FRIDAY 19TH JUNE
TIME : COACH LEAVES BALMORAL AT 9.30AM
COST : \$65 INCLUDING BUS/LUNCH/WINE TASTING

The fascinating Tyabb Packing House reputedly has one of the largest collections of Antiques in the Southern Hemisphere including furniture, art deco, collectable toys, linen & lace, glassware, old and antique cameras, jewellery and a large collection of books.

You can purchase Morning Tea in the Café in the main building or in the Red Rattler Train Café in the adjacent Arts & Craft Village.

Established in 1989 Red Hill Estate Winery sits in an internationally recognised "Cool Climate" region on Victoria's Mornington Peninsula and boasts one of the best views from any winery in the world with superb panoramic views of Western Port Bay

LUNCH AT STEEPLES RESTAURANT MORNINGTON

PAYABLE NO LATER THAN 9TH JUNE

BALMORAL GARDENS VILLAGE RESIDENTS COMMITTEE

Recently two major water leaks in the village have been repaired and there have been instances where water pipes and hot water services have failed, causing water to leak within units. This made me wonder how many of our residents know where to find their water (and gas if any) shut off valves. In the case of a leak it would be beneficial to know how to shut these off before major damage (or danger in the case of gas) occurs. After hours and on weekends it could take some time for help to arrive.

The other thing to think about is smoke detector batteries. Most smoke detectors in the village are hard wired into the units' electrical supply with a 9 volt back up battery. This battery must be periodically replaced because if the power is out and the battery is flat the smoke alarm will not work. Ron - President

Reminder.....



TRUE BLUE AUSSIE SHINDIG



Saturday 23rd May - 6.30pm till late

In the MPR



A big thank you to Geoff and Linda for organising the delicious Chicken Dinner in the Dining Room on Wednesday 22nd April.

We are so grateful for all the time, effort, and care you put into making the event such a success. It truly means a lot to our community.

The residents had a fantastic time and thoroughly enjoyed the evening.

Thank you again for all your help and dedication!

LABEEC

“Living Alone But Enjoy Extra Company”

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LABEEC Birthday Dinner

Date : **Wednesday 13th May**

Time : 6.00pm Dinner in dining room

LABEEC Dinner

Date : **Wednesday 27th May**

Time : 6.00pm Dinner in dining room

We would love anyone living by themselves to join our special LABEEC dinners (Living Alone But Enjoy Extra Company).

These dinners are especially put on for those who live by themselves to get out with friends more often. The birthday dinner celebrates a birthday of anyone in the group.

Booking lists are at reception for May.

KOREAN THEME DINNER NIGHT
THURSDAY 14TH MAY AT 6.00PM



MENU OPTIONS

(A) Bibimbap (Korean Rice Bowl)

(B) Bonchon (Korean Fried Chicken)
served with rice

Kkwabaegi (Twisted Donut)

OR

Fresh Fruit Salad

\$32 (2 course) \$27 (1 Course)

RSVP By Tuesday 12th May

Sign up sheets up at the office



Join other residents for a great night of Korean
flavours and fun, with food specially prepared by
Chef Sara in our Dining Room.

(Capped at 45 guests dining in)

BALMORAL SPEAKERS GROUP 2026
THURSDAY 28TH MAY - 2.00PM IN THE MPR

Speaker is resident Hugo on “Post War Migration”

- Family choices migrating from war-torn Europe
- Settling into a new environment & community

We invite residents to stay afterwards for a cuppa and chat. A gold coin donation is appreciated, and contributes to speaker group donations, ie. Ping-pong-a-thon speaker in March.



Ann - President

100TH BIRTHDAY CELEBRATIONS



A truly heartwarming afternoon tea brought the community together to celebrate the remarkable milestone of three extraordinary ladies reaching their 100th birthdays.

Congratulations Eveline, Peg and Joy!



FOOTBALL TIPPING 2026



It is good to hear that the AFL has listened to the supporters and common sense prevails, they will scrap the stupid “0” opening round next year, which means no early rounds with “byes”, more “Jackpot” opportunities, if you pick 9 winners.

After 6 rounds the battle for best tipper is still wide open, with Andrea leading the pack with 42 and Caroline and Glenda both on 41, with a further 16 tippers within 2 to 4 of the leaders.

Good news is the Jackpot of \$20 went off in round 6 – well done to Di for picking 9 winners. Round 7 Jackpot is \$10.00.

THE IMPORTANT STUFF

Please make sure you write your name on **ALL** your tipping forms before you lodge them in the Blue Box.

Going forward each weeks tipping form must be placed in the Blue Box by 4.30pm EVERY Thursday. The **BLUE BOX is on the desk** at Reception.

HAPPY TIPPING EVERYONE – GOOD LUCK

Tunstall Alarm



Don't forget to wear your pendant whilst in your unit, and notify Tunstall when you are going away or if your medication, contact details, or circumstances change.

Most importantly test monthly by pressing your pendant and speak with the operator.

IMPORTANT BUTTONS

Activation/Help Button (Red)

Cancel Button (Green tick)





MOTHER'S DAY RAFFLE

Tickets are \$2.00 each
(3 lovely prizes to be won)

Raffle will be drawn at 1pm on Friday 8th May

All money raised will be proudly donated to
Ronald McDonald House Charities
to help support families in need.



INDOOR BOWLS

Our first chicken and chips for the year will be held this month, so make sure your names are down. It is a fun evening so please join us. All of our new players just need to put their names down, then come along for some fun.

Don't forget to ensure your names are on the players list by 4.00pm on Mondays and 11.20am on Fridays so that the right number of mats are put out and no one is disappointed.

Flat soled shoes without treads must be worn at all times when playing. Our regular playing times are Monday evenings at 7.15pm and Friday afternoons at 1.30pm. Please arrive a few minutes before this so teams can be selected.

New players are most welcome to join us, and previous experience is not necessary (we had to learn, and you will be helped). The aim of the Indoor Bowls Group is to have lots of fun and laughter, and is not intended to be taken too seriously.





CARE & WELLNESS COMMUNIQUE

DR RANIL BALMORAL CLINIC DAYS

- * Tuesday 12.00noon - 4.00pm
- * Friday 11.30am - 3.00pm

Please ensure that you book a Doctors appointment in advance and not on the day of the clinic, unless it is an emergency.

DOREVITCH PATHOLOGY

Dorevitch mobile collectors now attend Balmoral Village each Thursday (except Public Holidays) at 9.00am for an hour. All routine pathology lab requests are accepted by Dorevitch.

REPEAT SCRIPTS

Remember to book in advance to renew your medical scripts with Dr Ranil. Please try not to leave it until the last minute to ensure you do not run out of your medication.

FLU VACCINE/COVID VACCINE

For any resident wishing to have their Flu Vaccine &/or Covid Vaccine please see Nim up at the office and she can organise this for you with Dr Ranil.

BALMORAL GUEST SUITE

Our Guest Suite at Balmoral is available to accommodate your guests as an alternative to a hotel whilst they are here to visit. The cost is \$100 per night and your visitors may use all the facilities within the Village with you during their stay.

Check-in is from 1.00pm on day of arrival and check-out is 10.00am on day of departure.

All bookings for the Guest Suite are available through the office.



Balmoral Bowls Club

Our summer season finished once again with our “fun day”, with members and partners attending a sausage sizzle followed by a very different game of bowls. Rules of the day were strictly followed, especially right handers bowling with their left, luckily only for one end.

Our final smorgasbord for the season was very well attended and competition winners were presented with certificates. Graham was the winner of the Open Perpetual 21 up trophy with Viv as runner up.

The inter village competition has finished with Balmoral winning the season. Thank you once again to all our members who took part in the competition and everyone who helped to make it a great success.

The Balmoral Cup is under way again with 18 of our members taking part. Balmoral will host 2 matches on the 6th & 13th May come along and support our members.

Make sure you check the notice board for the 26/27 competition dates as they will be starting in June this season to spread the playing calendar out.

HAPPY GET TOGETHER **SATURDAY 2ND MAY**

On the first Saturday of each month, we have a gathering in the lounge from 4:30pm for any interested residents. Ordering of food is between 3.30pm to 4.45pm.

Bring your own drinks and maybe some nibbles to share. We order in take-away to eat together in the dining room.

No booking is required and everyone is welcome.



NEWS FROM THE KIOSK

Its business as usual in the kiosk with our merry band of volunteers providing their time each month to provide this vital service to the Balmoral community. It is a great team effort.

You can see the change in the season around the village, with the beautiful and colourful Autumn leaves falling from the trees.

With that in mind and as we head into the colder months look out for the Campbell's and Heinz packet soups and canned soups now available in the Kiosk. They make a perfect meal with toast on those colder days. Campbell's range – Tomato & Basil, Butternut Pumpkin, Minestrone & Basil and Chicken & Sweet Corn only \$3.00 each Heinz range – Old Fashion Chicken, Green Pea with Ham, Butternut Pumpkin & Veg, 7 Veg with Garden Herbs and Creamy Mushroom only \$4.00 each.

Did you know that you can order your bread through the kiosk, just place your order on Monday for delivery on Tuesday – bread supplied by Huey's.

In the freezer Fish Fillets/ Potato Gratin/Frozen vegetables/chips.
Apple and Blackberry Pies/Ice Cream/Chicken Kiev.

In the fridge Milk – Fresh + Long Life +Soy + Almond and Lactose Free.
Pkts of Silverside and Ham/Bacon (Aust).
Tubs of Yogurt (Probiotic). Small Quiches. Eggs.
Dairy - Butter, Olive spread, Margarine, Cheese
Huey's Meat, Curry, Pasties and Apple Pies.

Variety of drinks and fruit juices.

Finally, I would like to thank Lindsay for his valuable contribution to the kiosk over many years. Due to his other commitments at Balmoral, Lindsay has decided to step away from his role as "The Kiosk Milkman". He has been in charge of the important task of the milk ordering for many years.

Therefore, we are looking for someone to take on this very important role, if you are interested, please give me a call.

Until next month, keep healthy and safe. Thank you for your ongoing support of the Kiosk. Geoff

KATRINA'S KITCHEN MEALS - \$11.00

Roast Pork or Lamb or Beef
Crumbed Whiting or Salmon Patties
Beef Steak Pie

PUB FAVES MEALS - \$6.00

Chicken Kiev or Parma with Veg
Roast Beef or Chicken with Veg
Slow Cooked Lamb with Veg
Beef Rissoles or
Mixed Grill with Veg

KIOSK OPENING HOURS

Mon/Tues/Wed/Thurs	10.00am - 12.00pm
Friday	2.00pm - 4.00pm
Sat/Sun & Public Holidays	Closed

CHURCH SERVICES - ST JUDE'S CATHOLIC

ALL MOST WELCOME

We gather in the MPR at 2.00pm on the second Thursday of each month to celebrate the Eucharist together and share a cuppa and a chat afterwards.

**Unfortunately another group has booked the MPR in May,
so our next gathering**

Thursday 11th June at 2.00pm in the MPR

CHRISTIAN FELLOWSHIP

**Every Monday 1.30pm to 2.30pm
in the Meeting Room**

We warmly welcome all residents.

DEADLINE DATE FOR ARTICLES TO BE INCLUDED IN THE

JUNE ISSUE OF "NEWS & VIEWS" IS.....

FRIDAY 22ND MAY

**PLEASE ENSURE YOUR ARTICLE IS AT THE OFFICE BY
THE ABOVE DATE**

Please drop a copy to the office or email
admin@balmoralvillage.com.au

BALMORAL SOCIAL MEDIA



Balmoral Village



[balmoral_lifestyle_village](#)



BALMORAL BUS TIMETABLE



(Please book a seat on the bus up at reception)

	<u>DEPARTURE</u>	<u>PICK UP</u>
<u>MONDAY</u>		
Stud Park S/Centre	9.30am	11.30am
<u>TUESDAY</u>		
Stud Park S/Centre	9.30am	11.30am
<u>WEDNESDAY (First Wednesday of the Month)</u>		
Bunnings/Spotlight	9.30am	11.30am
<u>THURSDAY</u>		
Knox City S/Centre	9.30am 11.15am	11.30am 1.30pm
<u>FRIDAY</u>		
Knox City S/Centre	9.30am	11.30am

**** Maximum of (ten) 10 residents per trip
and only (four) 4 walkers ****



TRACIE'S STYLES & SMILES **(HAIRDRESSER)**

Salon open
Tuesdays & Thursdays
For appointments contact
Tracie on 0414 600 702

GARDENING ZONES FOR



MAY



<p><u>ZONE 2 (68 – 133)</u> MON/TUES/WED – job requests THUR/FRI - other</p>	<p>WEEK 1 & 5 27/4/26 - 1/5/26 25/5/26 - 29/5/26</p>
<p><u>ZONE 3 (134 - 202)</u> MON/TUES/WED – job requests THUR/FRI - other</p>	<p>WEEK 2 4/5/26 - 8/5/26</p>
<p><u>ZONE 4</u> PROJECTS & OTHER</p>	<p>WEEK 3 11/5/26 - 15/5/26</p>
<p><u>ZONE 1 (1- 67)</u> MON/TUES/WED – job requests THUR/FRI - other</p>	<p>WEEK 4 18/5/26 - 22/5/26</p>
<p><u>MOWING & EDGING</u> <u>(external contractors)</u></p>	<p>Fortnightly (weather & season dependent)</p>

BINGO - (DINING ROOM)

4th Thursday of the month
2.00pm Contacts :

BOOK CLUB - (TV ROOM)

1st Wednesday of the month
7.30pm

CARDS

Crazy Whist Mondays 1.30pm in the TV Room

Cribbage Tuesdays 1.30pm in the Dining Room

500 Thursdays 1.30pm in the TV Room

CARERS GROUP

4th Wednesday of the month
2.00pm

COLOURING GROUP - (TV ROOM)

Every Tuesday
1.30pm

COMMUNITY BBQ

Every Tuesday at 5.30pm

CRAFT GROUP - (DINING ROOM)

Every Tuesday 10am -11am

CROQUET

Mon/Tues/Fri — 10.00am Sat - 9.00am
If anyone is interest playing on a
Wednesday, ring Hazel.

CROSSWORD GROUP

Saturdays 10.00am - TV Room

DARTS - (SNOOKER ROOM)

Every Monday at 10.00am

FITNESS GROUP - (FITNESS CENTRE)

Wednesday mornings at 9.00am & 10.00am
(max 5 per class)

GENTLE EXERCISE - (MPR)

Every Friday 10.30am (\$6.50 per class or \$55 for 10)

INDOOR BOWLS - (MPR)

Mondays - 7.15pm Fridays - 1.30pm

LINE DANCING - (MPR)

Monday

1.15pm - 2.15pm (*Beginner A*)
2.30pm - 3.30pm (*Improvers*)

Wednesday

2.30pm - 3.30pm (*Beginner B*)

QUIZ - (TV ROOM)

Every Tuesday 10.30am

RUMMIKUB - (TV ROOM)

Wednesdays & Saturdays 2.00pm

SINGING GROUP - (MPR)

1st & 3rd Tuesday (Also 5th Tuesday of any month) at 3.00pm

**STRENGTH, BALANCE & CO-ORDINATION
EXERCISE CLASS - (MPR)**

Every Wednesday at 10.30am \$6.50 per class or \$55 for 10

TABLE TENNIS - (MPR)

Thursdays and Saturdays at 10.00am

WATER EXERCISE - (POOL)

Every Monday 9.00am - 10.00am

WOODWORK GROUPS

Men's every Wednesday 8.30am

Women's every Thursday 9.00am (limited to 5 women per week)