Balmoral
GARDENS VILLAGE



NEWS & VIEWS
NOVEMBER 2026

FROM THE MANAGER

Welcome to November's News & Views

The countdown to Christmas is on, with just 55 days to go! Is it just me, or do the shops seem to bring out their Christmas decorations and wares earlier every year? As always, the weeks leading up to Christmas are a special time at Balmoral, with plenty of activities and events for residents to enjoy, including our ever-popular Christmas dinner. You'll find all the upcoming Christmas festivities outlined in this edition of News & Views.

October was a busy month at Balmoral, with both the Residents Association and Management Annual General Meetings taking place. Congratulations to our new committee members, Peter, Geoff and Robyn. We also farewell outgoing members Karen, Harald and Lyn . Thank you all for your time,dedication and contribution to our village and its residents.

Last month, we were delighted to host an afternoon tea for our wonderful resident helpers as a small token of appreciation for everything they do to make Balmoral such a welcoming, fun and engaging community. Invitations were extended to almost 80 residents who generously give their time and energy in countless ways to support our staff and fellow residents. It was a lovely opportunity to say thank you for their efforts and recognise the important role they play in village life. To all our helpers, thank you once again for everything you do!

October also saw us host another of our biannual Open Days. While our total attendance of 28 guests was lower than in previous years, the smaller group provided a wonderful opportunity to spend more time with prospective residents, answer their questions and share what makes Balmoral such a special place to call home.

After many years in the role, Bev has announced that she will be stepping down as our Resident Open Day Coordinator. Bev, thank you for your dedication and for ensuring our Open Days have run so smoothly over the years. Your efforts have been greatly appreciated! We're now looking for someone to take on the role, so please let us know if you'd be interested in putting your hand up.

Finally, good luck to everyone having a flutter on Melbourne Cup Day! And a friendly reminder to make sure you cast your vote for the Victorian state election on 28 November, or arrange a postal vote beforehand.

Until next time, have a wonderful November!

BALMORAL GARDENS RESIDENTS ASSOCIATION

At our Annual General Meeting on the 15th October a new committee was formed for 2026/2027.



BACK ROW L TO R: : Peter (Secretary), Ron (President), Geoff , Ian, Malcolm

FRONT ROW L TO R: Jean, Robyn,Pam, Helen



REMEMBRANCE DAY SERVICE

WEDNESDAY 11TH NOVEMBER
10.40AM IN THE MPR

Please join other Balmoral residents in the MPR on Wednesday 11th November at 10.40am for our Remembrance Day Ceremony. It is requested that out of respect, no billiards, darts, other sports or activities be played during the conduct of this ceremony.

Any person wishing to lay a wreath will be most welcome to do so.

Remembrance Day poppies will be sold Monday 9th November between 11.00am - 1.00pm in the lounge area.

Any queries please see Lindsay



BALMORAL RESIDENT CHRISTMAS DINNER CELEBRATION

THURSDAY 3RD DECEMBER

6.00pm sherry/6.30pm dinner

payment by Wednesday 25th November

Cost - $52.00 per person

includes a 2 course meal & entertainment

Great entertainment will be provided by Farren Jones



Get into the Christmas spirit and join other residents for some great festivities and fun.

Christmas Menu

* Turkey, chicken & leg ham
* Roast Potatoes, medley of roast pumpkin, carrot & sweet potato
* Cranberry sauce & gravy
* Plum pudding with custard & cream

OR

- Pavlova with whipped cream, strawberries, kiwi fruit & chocolate

** Sign up sheet is available up at the office **



MEGA MARKET DAY
MONDAY 7TH DECEMBER
10.00am - 12noon



Come along for some Christmas shopping in the dining room and breezeway

Made Locally - Unique gifts and crafts

Flowers by Yvette

Fifth Avenue Jewellery

Sally's Jams

Penny Farthing

JUMBO UGG Boots

Nutrimetics - Lee

Woodwork Workshop

Margaret - Cards

PICK & SWAP - Free to good home

Stay for a chat and cuppa afterwards





Reminder.....

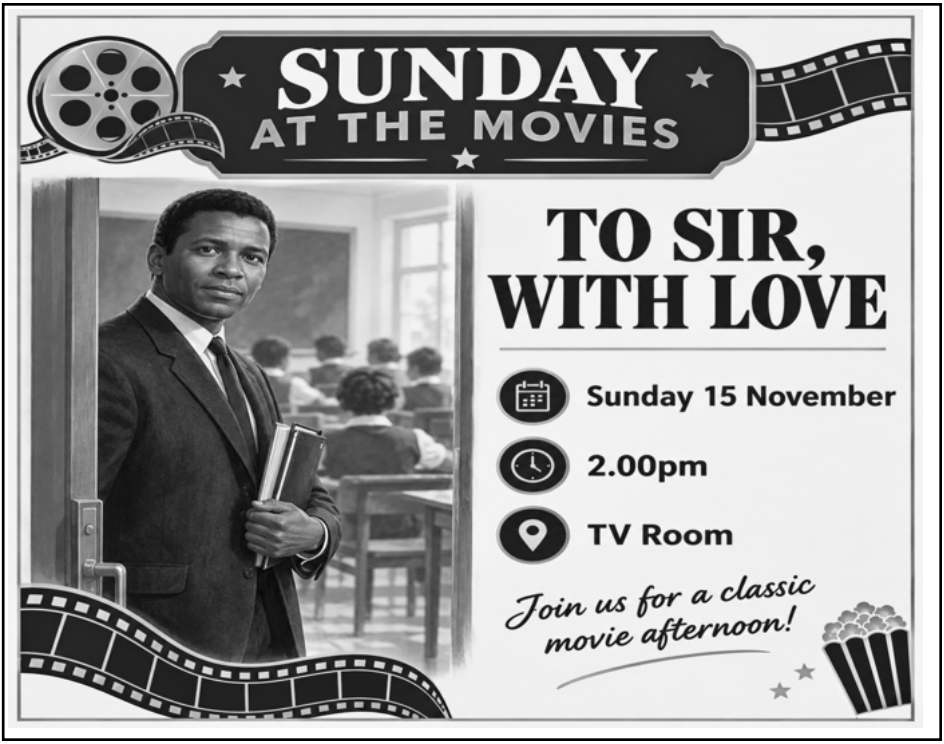
MY FAIR LADY –
70TH ANNIVERSARY PRODUCTION

When : Wednesday 25th November
(Ian Potter Theatre, Arts Centre, Melbourne)

Time : Bus departs Balmoral at 11.15am

Lunch is at La Camera Restaurant, Southbank

*** Please wear your name badge on the day ***



CHRISTMAS CONCERT
Wednesday 9th December
7.00pm in the MPR



Bring along your singing voices and join us for Christmas carols in the MPR for our annual Christmas Concert.

This year we will be entertained by the City of Greater Dandenong Band.

A gold coin donation for the City of Greater Dandenong Band would be appreciated.



SHARING THE JOY

CHRISTMAS APPEAL

The Knox Community Christmas Support Appeal is looking for assistance to support local families "doing it tough". This year Balmoral will again be helping the appeal by collecting non-perishable food and new gifts for children.

A box will be outside the kiosk area if you would like to make a donation. The box will be here until Friday 11th December.

Donations of non-perishable food items (before use by date) or toys and gifts (new) for children aged from birth to 18 years old.

Non-perishable food items include:

Puddings	Tinned ham	Tinned fruit	Fruit cakes
Custard	Tinned tuna	Long life milk	Lollies
Biscuits	Gravy mix	Tea/coffee	Sugar
Fruit juice	Tinned vegies	Christmas crackers	
Soft drink			

Thank you for your support.

BALMORAL VILLAGE

5 DAYS MOUNT GAMBIER TOUR

MONDAY 15TH MARCH



Cost $1,100.00 per person twin share

plus $380.00 per person single supplement

Full Details can be found on the Notice Board in the Library

Our tour has all days planned and includes all

Any queries, please speak to Doreen

(Cost has increased from our last trip but similar tours by Bus companies and Travel Agents are all around $2000 with lunch included in 1 – 2 days only and 2 afternoons “at leisure” which means you are left to entertain yourselves)

KNOX GARDENS PRIMARY SCHOOL CHRISTMAS CHOIR MONDAY 14TH DECEMBER 9.30AM IN THE MPR



The school children from Knox Gardens Primary School will come and delight us with their singing.

Please come to the MPR and show your support while you listen to some lovely Christmas carols.



MAHJONG – COMING SOON TO BALMORAL

We're pleased to be introducing Mahjong as a new activity at Balmoral Village, with a few ladies currently learning the game ahead of its launch.

Beginners are very welcome! Whether you're new to Mahjong or an intermediate or advanced player, we'd love to hear from you.

Interested in joining?
Please add your name to the Expression of Interest list on the noticeboard.

Start date to be confirmed – Friday 2.00pm - TV Room.

For enquiries, please contact **Leanne** who will be leading the activity.

DRUMMING WITH LINDA



Feel the rhythm and have some fun!

Date : Thursday 24th November

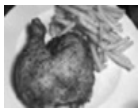
Time : 2.00pm - 3.00pm

Venue : MPR

Please bring your own drink bottle and towel to the class.
Maximum 15 participants per class.

Whether you're a beginner or have drummed before, come along for an enjoyable and energetic session.





THURSDAY LUNCHES

EAT IN THE DINING ROOM OR TAKEAWAY

PIZZA LUNCH
Thursday 5th November - pay by noon Wednesday 4th
(Pepperoni/Margherita/Ham & Cheese/Simply Cheese)
$5.00 each (4 slices)

POTATO LUNCH
Thursday 12th November - pay by noon Tuesday 10th
Potato & Coleslaw **- $6.00**
Potato, Coleslaw, Cheese & Sour Cream **- $7.50**

CHICKEN LUNCH
Thursday 19th November - pay by noon Tuesday 17th
1/4 Chicken & Chips **- $11.50**
1/4 Chicken, Peas, Potato, Carrot & Gravy **- $13.50**
1/4 Chicken, Chips, & 2 Salads **- $13.50**

HUEY'S LUNCH
Thursday 26th November - pay by noon Tuesday 24th
Plain Meat Pie **- $4.50**
Steak and Mushroom Pie **- $5.00**
Meat & Vegetable Pastie or Vegetable Pastie **- $4.50**
Large Sausage Roll **- $4.00**
Quiche - Lorraine **- $5.00**

BALMORAL DINING ROOM MENU

(capped at 45 guests dine in & 10 takeaway)

(Booking/Payment needs to be made by 4.00pm 2 days prior, subject to availability)

	Wednesday Dinner @ 6.00pm **$34** (2 courses) **$29** (1 course)	
4TH NOVEMBER	**(A)** Pickled pork, braised cabbage & scalloped potato	**(B)** Irish stew, mashed potato & steamed vegetables
	Apple pie OR Fresh Fruit Salad	
11TH NOVEMBER LABEEC	**(A)** Roast pork, roast potato, roast pumpkin & steamed vegetables	**(B)** Fish & chips with salad *OR* steamed vegetables
	Passionfruit cheesecake OR Fresh Fruit Salad	
18TH NOVEMBER	**(A)** Roast lamb, roast potato, roast pumpkin & steamed vegetables	**(B)** Stir fry chicken served with rice & steamed vegetables
	Cherry clafoutis OR Fresh Fruit Salad	
25TH NOVEMBER LABEEC	**(A)** Fish pie served with steamed vegetables	**(B)** Lasagna with steamed vegetables *OR* salad
	Berry pavlova OR Fresh Fruit Salad	

THURSDAY 19TH NOVEMBER

19TH NOVEMBER	**(A)** Citrus salmon, mashed potato & steamed vegetables	**(B)** Shepherd's Pie & steamed vegetables
	Orange cake OR Fresh Fruit Salad	

HOLLYWOOD NIGHT OF NIGHTS
OSCARS AFTER PARTY

Saturday 16 January 2027
MPR
Doors Open: 6.00pm
Event Starts: 6.30pm

DRESS TO IMPRESS!
Dress-up is optional, but why not channel your favourite movie star?

Cost: $10.00 per person
BYO drinks and nibbles

PAYMENT DETAILS
Payments will be taken on **Tuesday 10 November, between 9.00am and 12 noon, in the Lounge.**

Cash payments only, please.

We look forward to seeing you there for a fabulous Hollywood night!



Balmoral
GARDENS VILLAGE

HAPPY GET TOGETHER
SATURDAY 7TH NOVEMBER

On the first Saturday of each month, we have a gathering in the lounge from 4:30pm for any interested residents. Ordering of food is between 3.30pm to 4.45pm.

Bring your own drinks and maybe some nibbles to share. We order in take-away to eat together in the dining room.

No booking is required and everyone is welcome.



Les & Pam

INDOOR BOWLS

A very successful chicken and chips was held in October. Our numbers have dropped a little on Monday nights. It is light to walk to the centre now and there is usually someone going your way after bowling.

****

Don't forget to ensure your names are on the players list by 4.00pm on Mondays and 11.20am on Fridays so that the right number of mats are put out and no one is disappointed.

Flat soled shoes without treads must be worn at all times when playing. Our regular playing times are Monday evenings at 7.15pm and Friday afternoons at 1.30pm. Please arrive a few minutes before this so teams can be selected.

New players are most welcome to join us, and previous experience is not necessary (we had to learn, and you will be helped). The aim of the Indoor Bowls Group is to have lots of fun and laughter, and is no intended to be taken too seriously.

Bruce



A very warm welcome to ....



Evelyn

Who is moving in during November.

We hope you enjoy many happy years at Balmoral Village!



Monday 2nd November
(Kiosk will be open 2.00pm to 4.00pm

Tuesday 3rd November -Cup Day
(Office and kiosk both closed)

SMORGASBORD DINNER



The Balmoral Bowls Club Smorgasbord Dinners
will be held at **6.00pm** on

SUNDAY 8TH NOVEMBER
Please add you name to the booking list and
pay at reception by **Friday 30th October**

SUNDAY 13TH DECEMBER
Please add you name to the booking list and
pay at reception by **Friday 4th December**

Cost is $36.00 per person or
$34.00 for current outdoor bowls members.

BYO drinks and glasses.

ALL RESIDENTS WELCOME!

Please note this event is based
on a minimum number of **50** people to go ahead.

Any queries, please speak to Lindsay

BALMORAL SPEAKERS GROUP

THURSDAY 20TH NOVEMBER AT 2.00PM IN THE MPR

Speakers Group invites residents to our final meeting for 2026.

Guest speaker is Kate - Fund Raising Convenor at the RSPCA Centre in Burwood, the largest centre in Victoria.

Kate will show a PowerPoint story about the many animals - dogs, cats, rabbits etc who are rescued, and are up for fostering.

A $2.00 donation covers afternoon tea/coffee and a donation to the RSPCA.

Ann

LABEEC

"Living Alone But Enjoy Extra Company"

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LABEEC Birthday Dinner

Date : **Wednesday 11th November**
Time : 6.00pm Dinner in dining room

LABEEC Dinner

Date : **Wednesday 25th November**
Time : 6.00pm Dinner in dining room

We would love anyone living by themselves to join our special LABEEC dinners (Living Alone But Enjoy Extra Company).

These dinners are especially put on for those who live by themselves to get out with friends more often. The birthday dinner celebrates a birthday of anyone in the group.

Booking lists are up at the office.

Balmoral Bowls Club

Thank you to our 8 bowlers who represented Balmoral at the Parliament House tournament. Although our teams weren't successful on very challenging greens it was an enjoyable experience, also giving us a chance once again to thank Kim Wells and his team for the many years he has organised this event.

Our inter-village competition is once again being organised for the 2027 season starting on the 15th February. The previous season 28 members took part in bringing the trophy back to Balmoral. So be ready to put your name down to take part when the lists are put up on the notice board.

Our Tuesday summer season has begun with a 10.00am start, weather permitting the new outdoor area is being put to good use for lunch by our bowlers.

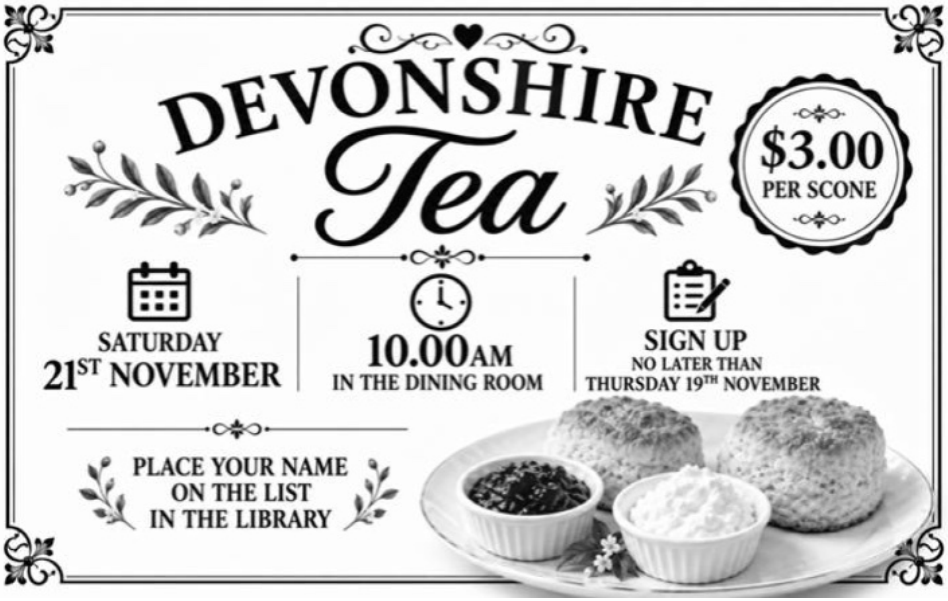
Thanks to all members who played on the Balmoral Open Day showing our visitors what a wonderful asset the green is for all village residents.

Regards Margaret

FEEDING OF MAGPIES



A friendly reminder as magpie breeding season approaches, please remember not to feed the magpies bread. Bird feeding will encourage rodents within the village and feeding birds inappropriate food can cause them dietary problems and make them very unwell.





2027 Room Booking Diary

2027 Room Booking Diary for all social groups representatives to reserve a room and time slot for their group is now located at the Office. Please come up to the office to fill the diary out for next year.



CARE & WELLNESS COMMUNIQUE

DR RANIL BALMORAL CLINIC DAYS

* Tuesday 12.00noon - 4.00pm
* Friday 11.30am - 4.00pm

Please ensure that you book a Doctors appointment in advance and not on the day of the clinic, unless it is an emergency.

EMERGENCY HOSPITAL VISITS



In the event of a sudden hospital admission, please ensure you have a small bag packed with necessary clothing and toiletries, which is to be placed in the front coat cupboard of your unit or apartment.

DOREVITCH PATHOLOGY

Dorevitch mobile collectors now attend Balmoral Village each Thursday (except Public Holidays) at 9.00am for an hour. All routine pathology lab requests are accepted by Dorevitch.

REPEAT SCRIPTS

Remember to book in advance to renew your medical scripts with Dr Ranil. Please try not to leave it until the last minute to ensure you do not run out of your medication.

☎ SERVICE PROVIDER CONTACTS ☎

- **Doctor** (Commercial Road Medical Centre) - 9752 2407
- **Hairdresser** (Tracie) - 0414 600 702
- **Massage** (Heidi) - 0419 390 069
- **Pharmacy** (Knoxgate Pharmacy) - 9801 3852
- **Podiatrist** (Croydon Podiatry) - 9723 2508

NEWS FROM THE KIOSK

We are pleased to report that our financial year ended 30 September 2026 shows that the Kiosk is in a very healthy and stable financial position, this is despite many product prices increases this past year.

We have achieved this outcome by buying in bulk, sourcing specials and operating on a very small margin to cover our operating costs, the wonderful support of the Balmoral community and the band of helpers who serve in the Kiosk.

At start of November there are only 8 weeks to Christmas!!!!! Look out for the very early Xmas goodies at the Kiosk – Fruit Mince Pies $4.20 and Butter Shortbread Fingers $4.20. We will be offering other Xmas goodies over the coming months.

The Friday Bakery offering has been welcomed by many residents, with limited supplies selling out quickly.

With the success of the Friday Bakery, we will introduce from November a Bakery ordering option. You can order Bread and/or Bread Rolls, sourced from Huey's, on a Monday for delivery to the Kiosk on a Tuesday. Order forms will be available in the Kiosk.

We are looking at introducing a new range of frozen meal range in the new year to replace the Katrina meals offering.

Thank you to all our volunteers who provide their time each month to bring this vital service to the Balmoral community.

Until next month, keep healthy and safe.

Geoff

KIOSK OPENING HOURS



Mon/Tues/Wed/Thurs	10.00am - 12.00pm
Friday	2.00pm - 4.00pm
Saturday and Sunday	Closed

CHURCH SERVICES
ST JUDE'S CATHOLIC

We gather in the MPR on 2.00pm on the second Thursday of each month to celebrate the Eucharist tgoether and enjoy a cuppa and chat afterwards.

Unfortunately, Fr Jerald was unable to attend in October because he was a victim of the flu. However, all being well, he will be with us on **Thursday 12th November at 2.00pm in the MPR.**

A gold coin donation for Fr Jerald is always appreciated as is your company for a cuppa and chat after our celebration.
If you have any queries, or need assistance to attend, please contact **Lyn**

Tunstall Alarm



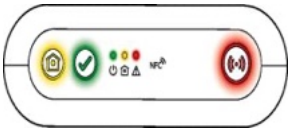
Don't forget to wear your pendant whilst in your unit, and notify Tunstall when you are going away or if your medication, contact details, or circumstances change.

Most importantly test monthly by pressing your pendant and speak with the operator.

IMPORTANT BUTTONS

Activation/Help Button (Red)

Cancel Button (Green tick)



DEADLINE DATE FOR ARTICLES TO BE INCLUDED IN THE

DECEMBER/JANUARY ISSUE OF "NEWS & VIEWS" IS…….

MONDAY 23RD NOVEMBER

PLEASE ENSURE YOUR ARTICLE IS AT THE OFFICE BY THE ABOVE DATE

Please drop a copy to the office or email admin@balmoralvillage.com.au



BALMORAL BUS TIMETABLE



(Please book a seat on the bus up at reception)

	DEPARTURE	**PICK UP**
MONDAY		
Stud Park S/Centre	9.30am	11.30am
TUESDAY		
Stud Park S/Centre	9.30am	11.30am
WEDNESDAY (First Wednesday of the Month)		
Bunnings/Spotlight	9.30am	11.30am
THURSDAY		
Knox City S/Centre	9.30am	11.30am
	11.15am	1.30pm
FRIDAY		
Knox City S/Centre	9.30am	11.30am

**** Maximum of (ten) 10 residents per trip and only (four) 4 walkers ****



GARDENING ZONES FOR NOVEMBER



ZONE 1 (1- 67) MON/TUES/WED – job requests THUR/FRI - other	**WEEK 1&5** 2/11/26 - 6/11/26 30/11/26 - 4/12/26
ZONE 2 (68 – 133) MON/TUES/WED – job requests THUR/FRI - other	**WEEK 2** 9/11/26 - 13/11/26
ZONE 3 (134 - 202) MON/TUES/WED – job requests THUR/FRI - other	**WEEK 3** 16/11/26 - 20/11/26
ZONE 4 PROJECTS & OTHER	**WEEK 4** 23/11/26 - 27/11/26
MOWING & EDGING (external contractors)	Fortnightly (**weather & season dependent)**

COMMUNITY ACTIVITIES

GET INVOLVED • MEET FRIENDS • HAVE FUN!



500
Thursdays, 1.30pm
TV Room



BINGO
4th Thursday of the month, 2.00pm
Dining Room



BOOK CLUB
1st Wednesday of the month, 7.30pm
TV Room



CARDS
- **Crazy Whist** – Mondays, 1.30pm • TV Room
- **Cribbage** – Tuesdays, 1.30pm • Dining Room



COLOURING GROUP
Every Tuesday, 1.30pm
TV Room



COMMUNITY BBQ
Every Tuesday, 5.30pm



CRAFT GROUP
Every Tuesday, 10.00am – 11.00am
Dining Room



CROQUET
- Mon / Tues / Fri, 9.00am
- Saturday, 9.00am

**If anyone is interested playing on a Wednesday, ring Hazel.*



CROSSWORD GROUP
Saturdays, 10.00am
TV Room



DARTS
Every Monday, 10.00am
Snooker Room



FITNESS GROUP
Wednesdays, 9.00am & 10.00am
Fitness Centre
(Maximum 5 per class)



FRIENDSHIP SUPPORT GROUP
4th Wednesday of the month, 2.00pm



GENTLE EXERCISE
Every Friday, 10.30am • MPR



INDOOR BOWLS (MPR)

Mondays – 7.15pm
Fridays – 1.30pm



LINE DANCING (MPR)

MONDAY

- 1.15pm – 2.15pm *(Beginner A)*
- 2.30pm – 3.30pm *(Improvers)*

WEDNESDAY

- 2.30pm – 3.30pm *(Beginner B)*



QUIZ (TV ROOM)

Every Tuesday
10.30am



RUMMIKUB (TV ROOM)

Wednesdays & Saturdays
2.00pm



SINGING GROUP (MPR)

1st & 3rd Tuesday (Also 5th Tuesday of any month) at 3.00pm



STRENGTH, BALANCE & CO-ORDINATION EXERCISE CLASS (MPR)

Every Wednesday at 10.30am

$6.50 per class
or $55 for 10 classes



TABLE TENNIS (MPR)

Thursdays and Saturdays
10.00am



WATER EXERCISE (POOL)

Every Monday
9.00am – 10.00am



WOODWORK GROUPS

Men's every Wednesday 8.30am
Women's every Thursday 9.00am *(limited to 5 women per week)*