

BREAKFAST BUFFET CHOICES

Great for early birds with morning meetings! <i>Served up to 11am</i>	Per Person
A plattered selection of Bacon and Sausage Baps from £4.10 Served with Ketchup & Brown Sauce	
Danish Pastry Platter ^(V) <i>Includes fully baked apple, cinnamon and red fruit</i>	£3.45
Vegetable Sausage Baps ^(V)	£4.95
Pain Au Chocolat ^(V)	£2.45
Large Blueberry Muffin ^{(V)(VE)} <i>Gluten Free options available</i>	£3.95
Seasonal Fruit Bowl	£1.20

FORK BUFFET

Our fork buffets are for a minimum of 10 people

Baked Fresh Salmon
With dill & black pepper
Coronation Chicken
Served with mango chutney
Traditional Sliced Ham

All the above served with a selection of freshly made salads:

Mixed Leaf Salad
Our own house Coleslaw
Freshly made Potato Salad with spring onion
Pasta Pesto

And for dessert:

Seasonal Fresh Fruit Platter ^(V)
Selection of bite-sized seasonal fruits, served with skewers

Cake Platter ^(V)
Selection of our bite-sized own made Cakes, and other mini sweet treats eg cream eclairs and carrot cake

£17.50 per head

BUFFET SERVICES

Here at Mangetout we have an extensive buffet menu for any manner of occasions; we cater for all types of work-related meetings, such as:

- Board meetings
- Breakfast meetings
- Training lunches
- Conferences
- Seminars and office parties
- Retirements

In addition we can help you all with kinds of home celebrations and special events such as:

- Birthdays
- Anniversaries
- Club & Society Functions

Our buffet menu includes a number of set finger and fork value for money combination packages as well as an extensive range of individual 'build your own' items that enable you to devise your own buffet. Our menu includes sandwiches, a wide selection of savouries, cold meats, salads, cakes and fruit.

If you do not see what you are looking for, or have any special requests, please don't hesitate to ask - we will always do our best to provide it!

Buffets in a league of their own at Mangetout

For personal and friendly attention call us at Mangetout on 0151 227 4878 or e-mail: mangetoutohs@gmail.com



Mangetout
21- 23 Old Hall Street
Liverpool L3 9BS

BUFFET MENU

CLASSIC COMBO

Platter of Sandwiches (see sandwich fillings)

1 round per person on malted wheat or white sliced bread.

Potato Crisps ^(V)

Cake Platter ^(V)

Selection of our bite-sized own made Cakes, and other mini

sweet treats eg cream eclairs and carrot cake

Seasonal Fresh Fruit Platter ^(V)

Selection of bite-sized seasonal fruits, served with skewers

£9.20 per head

Vegan/Gluten Free add £1.40 per head

TRADITIONAL COMBO

Platter of Sandwiches (see sandwich fillings)

1 round per person on malted wheat or white sliced bread.

Savoury Platter

Mini Shepherds Pasties, Breaded Chicken Goujons and

Vegetable Samosas

Cake Platter ^(V)

Selection of our bite-sized own made Cakes, and other mini

sweet treats eg cream eclairs and carrot cake

£10.20 per head

MANGETOUT COMBO (MIN 8 PERSONS)

Platter of Continental Breads & Tortilla Wraps

Savoury Platter

Chicken Yakatori Skewers, Tempura Battered King Prawns, Salt &

Pepper Potato Wedges, Vegetable Samosas with dips

Cake Platter ^(V)

Selection of our bite-sized own made Cakes, and other mini

sweet treats eg cream eclairs and carrot cake

Seasonal Fresh Fruit Platter ^(V)

Selection of bite-sized seasonal fruits, served with skewers

£12.60 per head

(V) denotes suitable for Vegetarians
(VE) denotes suitable for Vegans
(GF) denotes Gluten Free

VEGETARIAN COMBO

Platter of Vegetarian Sandwiches

1 round per person on malted wheat or white sliced bread

Savoury Platter

Falafel, Vegetable & Spinach Pakora, Vegetable Samosa

Cake Platter *Selection of our bite-sized own made Cakes, and*

other mini sweet treats eg cream eclairs and carrot cake

£10.20 per head

VEGAN COMBO

Platter of Sandwiches suitable for Vegans

1 round per person on malted wheat or white sliced bread

Savoury Platter

Vegetable Samosa, Vegetable & Spinach Pekora, Salt &

Pepper Potato Wedges

Vegan Cake

£10.50 per head

GLUTEN FREE COMBO

Platter of Gluten Free Sandwiches

1 round per person on sliced Gluten Free bread

Savoury Platter

Chicken Goujon, Vegetable & Spinach Pekora,

Salt & Pepper Potato Wedges

Gluten Free Cake

£11.50 per head

NO FRILLS COMBO

Platter of Sandwiches (see sandwich fillings)

1 round per person on malted wheat or white sliced bread.

Potato Crisps ^(V)

Seasonal Fruit Bowl *eg apples, bananas, oranges*

£6.25 per head

Gluten Free option +£1

If you do not see what you are looking for, or have any special requests, please don't hesitate to ask - we will always do our best to provide it!

It may be necessary on occasion to alter the content of savouries on your buffet. This will be with items to the same or greater value at no additional cost to you.

BUILD YOUR OWN BUFFET

A	Sandwich Selection (1 round) <i>On malted wheat or white sliced bread. Gluten Free +£1</i>	£4.10
B	Tortilla Wraps Selection	£4.55
C	Continental Selection <i>Baguettes, Wraps and Vienna Rolls</i>	£4.55
D	Flaky Pastry Sausage Roll	£1.40
E	Mini Shepherds Pastie	£1.75
F	Mini Handmade Pork Pie	£1.70
G	Tempura Battered King Prawn	£1.70
H	Yakatori Chicken Skewer <i>Chicken fillet marinated in spices</i>	£1.65
I	Breadcrumbs Chicken Goujon	£1.65
J	Onion Bhaji ^{(V)(VE)}	£1.30
K	Falafel Bite ^{(V)(VE)}	£1.30
L	Vegetable Spring Roll ^{(V)(VE)}	£1.10
M	Vegetable Samosa ^{(V)(VE)} <i>In a light filo pastry</i>	£1.30
N	Vegetable & Spinach Pakora ^{(V)(VE)(GF)} <i>Vegetables mixed with spices in a mild tumeric batter</i>	£1.40
O	Salt & Pepper Potato Wedges ^{(V)(VE)(GF)}	£1.40
P	Beetroot Falafel Bite ^{(V)(VE)(GF)}	£1.25
Q	Smashed Pea & Lemon Bite ^{(V)(VE)(GF)}	£1.40
R	Cake Platter ^(V) <i>Selection of our bite-sized own made Cakes, and other mini sweet treats eg cream eclairs and carrot cake</i>	£2.95
S	Vegan Muffin/Tray Bake	£3.95
T	Gluten Free Traybake	£3.95
U	Seasonal Fresh Fruit Platter ^(V) <i>Selection of bite-sized seasonal fruits, served with skewers</i>	£2.95

All special diets can be catered for and will be plattered separately

Please note that our fryers are not used exclusively for gluten free or vegan cooking

SANDWICH FILLINGS

We include a range of fillings on our sandwich platters; If you wish to specify your own fillings, this may incur an additional charge.

- Breast of Chicken with Sage & Onion Stuffing
- Spicy Cajun Chicken & Tomato Salsa
- Coronation Chicken & Mango Chutney
- Salt 'n' Pepper Chicken
- Chicken & Bacon Mayo
- Sweet Thai Chilli Chicken
- Marinated Italian Chicken
- Topside of Beef & Horseradish
- Corned Beef & Piccalilli
- Sliced Turkey Breast with Cranberry Sauce
- Traditional Gammon Ham with English Mustard
- Tuna Mayo & Sweetcorn
- Smoked Salmon & Cream Cheese
- Three Cheese & Spring Onion Mayo ^(V)
- Mature Cheddar with Sweet Pickle ^(V)
- Brie with Cranberry Sauce ^(V)
- Roasted Vegetables with Goats Cheese ^(V)
- Goats Cheese & Caramelised Onion Chutney ^(V)
- Egg Mayo with Mustard Cress ^(V)
- Houmous with Black Olives ^{(V)(VE)}
- Houmous with Roasted Vegetables ^{(V)(VE)}
- Jack Fruit in BBQ Sauce ^{(V)(VE)}
- Vegan Cheese Salad ^{(V)(VE)}

EXTRAS

Still or Sparkling Bottled Mineral water 1.5 ltr	£3.50
Pure Orange or Apple Juice 1ltr	£3.50
Vacuum Flasks of Freshly Brewed Coffee or Tea	from £3.10
Tea, Coffee & Biscuits	£4.50

Minimum serving of Tea or Coffee Flasks is 8

Alternative milks available.

Paper plates (each) & Water Cups (each) & Serviettes	12p
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Prices quoted are per head and exclude VAT and delivery.

A 10% platter charge will be applied to all buffets.