



Centre **33**
Supporting Young People

2026 **IMPACT REPORT**

A WORD FROM BETH GREEN:

This year we saw a rise in young people seeking support from Centre 33, especially those from marginalised groups and especially for their mental health. The numbers of young people who are not in education, employment or training (NEET) is growing too. Multiple government reports state that this group of young people are demonstrating high levels of distress and struggling to participate, with one in five (20%) of all NEET young people reporting a mental health condition. There are also indications that community youth mental health hubs, school-based counselling, and peer support programmes delivered by organisations like Centre 33 have all shown promise in reducing this escalation. Time and time again we are seeing the very clear evidence that early support is not only wanted but needed.

We know the importance of a community response when it comes to supporting young people. So, this year we have continued to invest in community work and in partnerships to ensure timely and joined up provision for young people. It's so gratifying to see this working – in Peterborough, 100% of secondary schools now have a Centre 33 trained Young Carers Champion – this is huge progress.

The realisation of our long-term project to open a new support hub in Cambridge took another step and builders went onsite in James Street. It's a strong signal to local young people that they deserve high-quality support in welcoming and accessible hubs designed with them in mind. We think it's a message of hope.



Beth Green

Chief Executive Officer, Centre 33



Centre 33 supports young people, up to age 25, with their emotional and practical needs. We operate across Cambridgeshire and Peterborough out of hubs in Cambridge, Ely, Huntingdon, Peterborough and Wisbech and in the community. Our services are free, confidential and our drop-in is available without appointment or need for referral.

At Centre 33 we believe young people:

- should be able to seek help without barriers or judgement
- should be at the centre of their own support
- should receive early, flexible and timely support - they tell us this makes all the difference
- benefit from joined up working across the sector.

Ultimately, we aim to ensure that local young people have someone to talk to when they need it the most.

Thanks to our supporters, partners and dedicated team of staff and volunteers, more young people in Cambridgeshire can live better lives - please do read more in these pages.

THE YEAR IN NUMBERS



This year, we worked closely with **3,696** young people.

That's 9% more than the previous year.
It includes:



“People seem to genuinely care about me, listen to me, they provided welcoming facilities that gave peace of mind and were kind to me.”

WHAT SUPPORT DID WE GIVE?

1,375 young people referred into our mental health support received therapeutic first appointments.

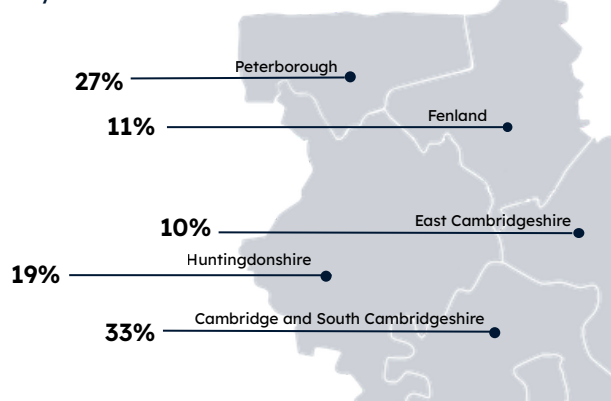
970 young people accessed counselling and 163 young people accessed Guided Self Help support.

96% of young people we supported had a mental health need and 32% of young people had 8 or more needs.

We provided 2053 signposts for 726 young people.

DEMOGRAPHICS

We saw these numbers in these districts last year:



THE BIGGEST ISSUES

The biggest issues coming through the door were:

- Worry/anxiety
- Low mood/sadness
- Stress
- Sleep issues
- Low confidence
- Anger
- Self-harm
- Isolation/loneliness
- Education
- Trauma

Centre 33 figures continue to show significant numbers of young people from more deprived postcodes who are more likely to experience health inequalities.

FEEDBACK FROM YOUNG PEOPLE

We believe that its important young people feel heard and safe. We received overwhelmingly positive feedback this year. Following Centre 33 support:

97% agreed that they felt listened to and were able to talk about what they wanted to talk about.

92% said they would recommend us.

70% of those receiving mental health support said their mental health was improved.

86% of young people with paired goal-based outcomes (before and after scores) showed progress towards their goals.

83% of young carers felt less isolated and 72% said their caring responsibilities affected them less.

SOMEONE TO TALK TO DROP-IN AND PRACTICAL SUPPORT



Helen Baker, Centre 33's Head of 'Someone to Talk to' service, North, talks about the offer and the young people who visit the drop-in.

Our doors are open for anyone aged 13 to 25. We see young people experiencing insecure or unsafe housing, trying to manage relationships, figuring out post school options or with safeguarding needs. Poor mental health is a common presenting need for the team.

Being a non-clinical presenting service also helps. We like to have a radio playing in the reception, offer a cup of tea together with a friendly face and a smile saying welcome, what brings you in here today? We have clear information around what our confidentiality looks like, allowing young people to have an informed choice in their support and what happens next. This is key, particularly to young people.

I think an open access service for young people is so important.

When young people book an appointment with another service, it can sometimes mean a long waiting time. Things can change between the point of booking to the point of seeing someone. The fact that Centre 33 is open door with no barriers is a big factor in young people engaging. It means they get to approach their issues on their terms when they want, how they want.

Offering different services under one roof can be a way in for young people who might be hesitant about reaching out. Sometimes a young person might have a look through the door, see what it's like, then maybe ask for a free pack of condoms, then might mention that things are a bit tricky at home.

SUPPORT WITHOUT BARRIERS

Young people have told us they value:

- Choice over where, when, and how they get support
- Flexible endings so they can return when needed
- Workers who check in "just to see how you are"

When young people come to the Centre 33 drop-in (no appointment or referral needed) they can talk to us about anything. An experienced worker will take the time to find out what's on their mind, where they need support and together, work with them to make a plan for next steps.

We also signpost to others, advocate for those who need it, provide information and offer practical services such as food bank vouchers, help with job applications and more.

Our 5 accessible and welcoming hubs offer support across 6 days a week and we can also be contacted by phone, text, email or messaging.

This year:

1,000 young people were supported through our drop-in of which:

98%

had needs around their mental health

43%

sought help with work, money, or housing

64%

had needs around relationships

88%

were from marginalised groups



"I felt listened to more here than anywhere else."

REFLECTIONS ON THE DROP-IN



I see the ‘Someone to Talk to’ service as Centre 33’s shop front door.

Both the work going on behind the scenes and the informal and friendly approach are all done with the young person’s needs in mind. Our drop-in teams hold varied specialist skill sets which enhance the support young people receive.

We are good at engaging young people because we listen to them.

Even if young people have a supportive network and great relationships with their parents or caregivers, it can be difficult to share everything for fear of worrying them. Often, they want to figure this out with somebody neutral first. So, holding the drop in space for the young person to have their voice heard is important to us and the young people that come to us. We look at a young person’s perspective coming through that shop front door, and all the work that goes on behind the scenes is in response to that.

A good outcome for the whole team is when a young person walks away feeling heard, feeling safer or having more clarity. Just crossing the threshold can be a big step. So, when a young person shares their problem with us, we help figure out next steps with them, and they walk away saying,

‘Thanks, I feel a bit better now that I’ve spoken that out loud’ - that’s massive to us and it’s huge for the young person.

So, whether it’s handing out a free pack of condoms or protecting an unaccompanied minor or asylum seeker - helping these young people will always be wins to the team.

We monitor outcomes to measure what we do, but some of the soft outcomes the team love is when a young person comes in to just say hi and update us on how they got on or how they’re feeling now. That’s always lovely. It’s wonderful.



“This whole place’s atmosphere is caring and gentle.”

SOMEONE TO TALK TO MENTAL HEALTH AND WELLBEING SUPPORT



It's a challenging time to be a young person and numbers of those needing support with mental health are rising.

We operate a counselling service (free and confidential) in our hubs and in some schools and a 'guided self-help' programme which offers resources and strategies for better wellbeing.

Alongside multiple-session offers, we champion the 'single session' approach which gives a young person timely support with an open door for more sessions and support should they need it. Our mental health team offer a safe and non-judgemental place for young people to share their feelings and explore ways of overcoming their distress.

We also play a role in the YOUnited partnership ensuring young people don't slip through the cracks in the system. More young people than we would like were on waiting lists for support this year. This is our big challenge right now and we are working hard to tackle it.

We've been doing this work since 1981 – we know young people and what works for them in terms of support. We listen and we create ways to better manage how they are feeling.

"It was hard talking about stuff but it was okay. I felt heard."



LISTENING AND RESPONDING

This year:

1,384 young people accessed counselling or guided self-help with Centre 33

We held over **5,300** therapeutic sessions and nearly ...

1,400 first contacts to offer the most timely support.

After accessing support, **70%** of young people saw positive progress following the support they received

86% of young people reported having made progress towards their goals.

More young people than we would like were on waiting lists for support this year. This is our big challenge right now and we are working hard to tackle it.

"It allowed me to explore and think about worries I had in another light, opening my eyes to issues and solutions I hadn't seen before."

"My counsellor is outstanding, she helped me figure out why old memories make me struggle with certain things now."

THE MENTAL HEALTH LANDSCAPE



Carolin Reisert, Centre 33's Clinical Lead, gives us a personal view of some of the challenges facing young people and our approach to supporting young people with their mental health.

We all have mental health needs. Some may be diagnosable, while others are understandable responses to what is happening in a young person's environment.

These responses make sense and need to be met with validation and understanding.

For example, if a young person is anxious because they are being bullied at school, the anxiety is a response to the bullying. In that situation, it is important to help the young person understand that their response is understandable, and that the environment around them needs to change so their unheard mental health needs can be properly addressed. I often wonder whether many of these needs have always been there, but that we, as a society, are now noticing and responding to them differently.

With the introduction of smartphones, we have access to information that people may not have had before on a regular basis. Some of it is useful because young people understand themselves much better than years ago. I think Covid made us slightly more anxious because it was all consuming. Everyone, and both young people and their parents experienced this sudden increased level of anxiety. This continues to have an impact.

I remember the first time I said to a young person, 'Of course you are responding like that. Of course you are feeling like that. You have just explained what has happened to you, and I can absolutely understand why you are responding in this way.'

That kind of response does not dismiss their feelings. Instead, it offers a form of containment that can be extremely helpful. When a Centre 33 worker sits with a young person and says, 'You are responding reasonably; you are responding in a way that makes sense,' it can be deeply validating. The difficulty begins when those feelings and responses start to prevent the young person from engaging in their regular life.

There is no question that waiting times are unhelpful.

When someone is seeking support, the ideal response is to offer help as soon as possible.

Anything else risks creating a poor help-seeking experience and may make young people less likely to seek support again. But if a young person has waited for an appointment, the session can still be valuable even if their situation has improved. Instead, it can be useful to focus on what helped things get better, so the young person can understand what helped and how they might use those strategies again.

Another important point is that at Centre 33 we take the position of the young person. We are objective: we are not the school, the GP, or the parent. That means we can engage in a way that is genuinely non-judgemental. Our role is to listen to what the young person is saying and help them make sense of it. This includes helping them understand themselves, their situation, and the responses they are having. I think mental health needs are often less complicated than society makes them out to be.

The thing I think makes a real difference for a young person is feeling they belong. Being seen.



YOUNG CARERS SUPPORT “”



Abi Cook, Project Worker with Centre 33's Young Carer's Team talks about the service and the children and young people they work with.

A young carer is a child or young person aged 25 or under who cares for a member of their immediate family. The family member could be impacted by alcohol or drug misuse, neurodiversity, a long-term health condition, illnesses, physical disability, or mental health needs.

We provide the statutory Young Carers Assessment to look at how a young person's caring role impacts their wellbeing. Working together, we create a personalised support plan tailored to their specific needs. This can include 1:1 sessions, which focus on understanding their caring role and providing a safe space to talk. We offer free training to schools such as our 'Young Carers Champion' training. Often, recognising a young carer in a school doesn't mean a referral to Centre 33, sometimes it's just an awareness or a nod in the corridor ensuring the young person knows there's a trusted adult there if needed.

We offer online groups giving young carers a space to talk and connect with others. Throughout the year we offer respite activities so that those, who might not otherwise get a break from their caring responsibilities, have a chance to try new things, have fun, and connect with others. We work within the community to help build capacity and raise awareness. Our Young Carers Advisory Board made up of 10 to 15 young carers, also helps raise awareness by attending and supporting events or feeding into initiatives.

“It has been brill to talk about everything and being listened to.”



OVERCOMING BIG CHALLENGES

The scale of responsibility many young carers are managing is huge. 57% of primary-age young carers and 31% of secondary-age young carers were carrying out high/very high levels of caring. For them, caring often includes frequent emotional support alongside household tasks, looking after siblings and sometimes personal or physical care. Where caring is affecting a young person's wellbeing and mental health, many showed improvement following support.

Even when caring responsibilities remain substantial, support can help young people feel less overwhelmed by their caring role.

72% of young carers said they felt better about their caring role after our support.

83% felt less isolated

99% felt listened to

“I just wanted to email you to say a massive thank you for all the young carer support you gave me. You do not realise how much your support saved me when I needed it the most and you got me back onto a straight path and your support saved me in the times I needed it the most and I will forever be grateful for the rest of my life.”

SPOTLIGHT ON YOUNG CARERS



Due to the impact of their caring responsibilities, we often see young carers with issues around school attendance and access to education. This can both negatively impact their education and mean they're not engaging with their peers. They might have a huge online presence, which can sometimes be quite concerning. But often it's the only way they get to socialise. I think the main issue we see is isolation.

With young adult carers (18-25), we worry about how they might progress into the adult world, access support or how caring responsibilities might impact future employment. We see young people feeling anxious. Often, they are worried about practical issues, other times about medical emergencies. I once worked with a young carer who shared that at primary school, whenever they heard an ambulance, they would panic that it was for their mum.

We find many young carers are emotionally mature but don't get the opportunity to build social confidence with their peers. Some might be proud that people say they're mature, others might say, 'I just want to be a child.' They often say they want to be included but have a want and need to just be children. So, it's keeping them informed and included at an appropriate level, whilst also protecting them. It's a balance.

Unfortunately, young carers sometimes tell us that because of caring, life can feel too much, and they don't want to be here anymore, this is obviously a huge concern for us.

Recognition of young carers is great, but whilst Centre 33 is a support for young carers, no meaningful change will happen unless all areas of families' lives are looked at in supporting that young person, as well as those they are caring for. So, lots of work is being done to help build the bridge between adult social care and us, ensuring that appropriate adult support is in place to help reduce the impact on the young carer.

Centre 33 are incredibly experienced in understanding what it means to be a young carer and that each situation is different. At the centre of this support is the young carer's voice. I think being non-judgmental is imperative for all frontline work but especially important within the young carers team, because there can be a lot of guilt carried around by these children and young people. We want them to know that it's okay to feel angry sometimes that your brother has high needs; it's okay to feel disappointed if mum isn't always available. We want to validate those feelings. This space is for you.

**Because feeling heard can sometimes be enough.
So often they just say, 'Thank you for listening'.**



IN THEIR WORDS

ARTHUR'S STORY A SPACE THAT'S ABOUT ME

Arthur has more to think about than most 12-year-olds. As well as keeping up with school and friends, he also helps his parents care for his two brothers Finley and Harrison who live with Batten disease a rare, life limiting condition.

He helps get his brothers ready for school, dinner and bed, describes places and activities to them helping to navigate their loss of sight. Arthur is often his brothers go to when they need someone to talk to.

Arthur isn't alone. Across Cambridgeshire and Peterborough, more than 25,000 young carers aged 11 to 16 care for a family member with an illness, disability, mental health condition or addiction. Many feel hidden and isolated. They often miss out on opportunities, fall behind with schoolwork, take more days off school than their peers and find it hard to maintain friendships.

Arthur said that, 'I love caring for my brothers but sometimes it's hard and I have quite a few things I worry about.' He struggles to find time to himself, making normal things like going to the park with friends more difficult.

"Centre 33 gave me a space that's just about me."

To make sure he had support, his mum Sarah turned to Centre 33, where Arthur met his project worker Amanda. Centre 33 gave Arthur a space to talk, a chance to meet other young carers on group activities and helped Arthur navigate the difficult transition to secondary school. Arthur's mum says Arthur has flourished ever since first coming to Centre 33.

Arthur said, 'I feel really happy when I come to Centre 33. It makes me feel like I belong. Centre 33 has given me a space that is about me.'

Arthur's story was featured in our 2025 Winter Campaign. Please scan this code to watch a film about Arthur and view stories of other young people we have worked with.



MAYA'S STORY THE FEELING OF BEING HEARD

Centre 33 emerged in the midst of one of the lowest points of my life. I finally came to the centre one afternoon and was greeted with a quiet environment and welcoming faces. I returned regularly after that. It felt like a safe space and I was able to talk to a safe person.

I was able to talk freely and consequently unravel the knots in my mind. This helped especially in times of need like exams, the near loss of a loved one, and moments of complete isolation. Though I didn't plan on it, the topic of sexuality came up and I found myself voicing what I'd thought about myself.

This was met with support and acceptance and a huge sense of relief washed over me. I'd never expected myself to admit anything about my identity, but I don't think I'll ever forget that feeling of being heard and understood entirely.



LOOKING BACK

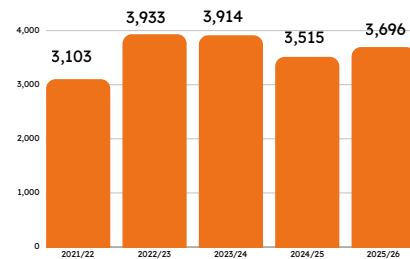
We're moving into a period of reflection about the last five years and thinking about the next five.

We've done some counting and you can see the really significant numbers of young people we've closely supported and the impact that has made over this time. We're so proud of the work that has happened.



YOUNG PEOPLE SUPPORTED, in our SERVICES 2022-2026

- 6,900 MENTAL HEALTH
- 3,800 ENGAGEMENT & SUPPORT
- 1,400 SCHOOLS COUNSELLING
- 3,100 YOUNG CARERS



83%

of young people supported more likely to experience inequality or disadvantage

37,500

therapeutic sessions delivered by our mental health services

Reaching those who need us

Access from more young people facing health inequalities, esp. those with disability/neurodivergence, LGBTQ+ identity, NEET status, and in our most deprived communities.

£3m+

annual income- beyond the £2-3m the strategic plan envisaged

77%

of schools in Cambridgeshire and Peterborough with a young carers champion

Support that makes a difference

Consistently - 70% of young people improve on their wellbeing scores, and 60% of young carers feel less weighed down by caring.

5 hubs

across Cambridgeshire & Peterborough - for the first time

36%

unrestricted income has grown approx £250k per annum or 36%

From 17% to 26%

Peterborough now accounts for 26% of the young people we support, up from 17% in 2021/22, when the full offer didn't exist there.

92%

of young people say they were treated well across all our services

5+ years

of statutory and VCSE partnership with YOUnited and Fullscope delivering real system change

"Centre 33 has been the only service that I have put my full trust in to be open and honest..."
Feedback from a young person

FULLSCOPE

Fullscope is a consortium of local charities, hosted by Centre 33 and working together to benefit children, young people and their families. Fullscope develops innovative real-world projects and frameworks to help identify what matters for local children, young people and their families and how the system needs to shift to benefit them.

This year, powerful pieces of work made a real and visible difference. Children and young people who joined Our Voices reported better mental health, increased confidence and new friendships. The 'Help You Help Them' toolkit has been used by more than 4,700 10-24 year olds across the UK and beyond. Hundreds of young people benefitted from Understanding Self-Harm pilot workshops. Bethany and Charlie, aged 9 and 10, addressed Parliament; their classmates' insights are shaping the system thinking with what matters to children through their voices. LGBTQ+ young people, young people who self-harm, and families in deprived neighbourhoods have been directly served by, and have directly shaped the work. Fullscope has helped move the system a little closer to one that listens, responds and changes because of this work.

We want to create hope in the mental health system, a sense that good outcomes for children and young people at scale are possible and achievable. Please scan this QR code to read more.



FUNDRAISING HIGHLIGHTS



We rely on our funding partners and supporters to keep being here for young people. THANK YOU for everything you do.

GOING THE EXTRA MILE

30 inspiring runners took on the challenge of the Cambridge Half Marathon in March, raising an incredible £15,600 to support local young people and doubling Team Centre 33's fundraising from the previous year.

A SPACE THAT'S ABOUT ME

Our Winter Campaign, 'A Space That's About Me: Arthur's Story', shone a light on the experience of young carers, inspiring donations of £16,000 to help other young people towards a brighter future.

You can read more about Arthur's story on page 10.



GENEROUS COMMUNITIES

Community support from local groups, businesses and individuals fundraising grew this year. Highlights included a coffee morning held by a youth group in St Neots raising £300, bingo nights at Piccolo Lounge, Ely that raised more than £1,200, the Rotary Club of Cambridge's Carol Concert which raised £5,000, and Cambridge Intelligence, who made a generous £12,000 donation.

Together with churches, colleges, community organisations and in-memory fundraisers, this support helped young people access the help they needed to thrive



BUILDING STRONGER FUTURES

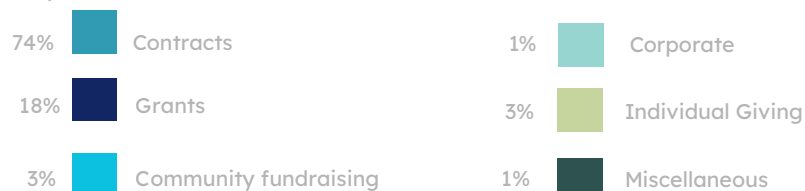
In May 2025, we launched our Building Stronger Futures appeal to create a larger Centre 33 hub in Cambridge, to better meet the growing needs of local young people. As part of the appeal, our Big Give Christmas Challenge, supported by the Reed Foundation, The Ancient Shepherds in Fen Ditton and Hadley & Ottaway, raised more than £9,000. Combined with generous funders and incredible community support, this helped secure the funding needed, bringing this £2.6m project to successful fruition.

OUR FINANCES

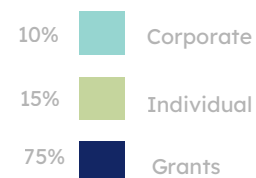
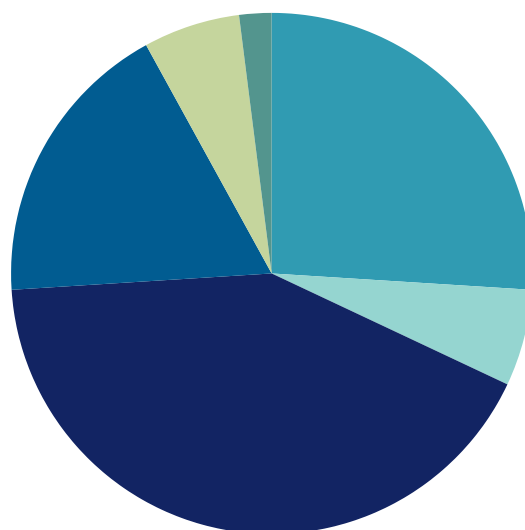


Total income:
£3,299,404.00

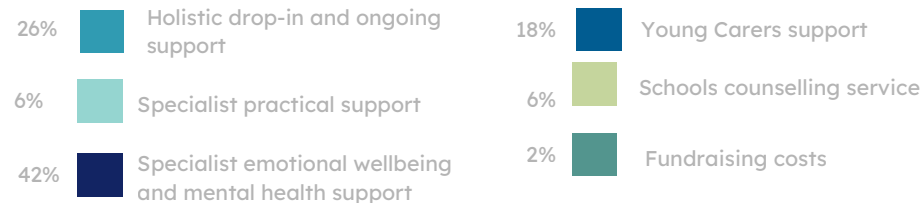
A surplus of £185k has been allocated to help support young people in the next financial year.



We also received £247,403 for our new Cambridge hub project, which you can read more about in our audited accounts and on page 15 of this report.



Total expenditure:
£3,114,548.00



These charts don't include figures from the Fullscope Consortium.

HOW YOU CAN HELP

Every young person deserves someone to talk to. With your support, we can continue to make a lasting difference to the lives of young people across Cambridgeshire and Peterborough. Every contribution, big or small, helps us be there when we're needed most.

Donate

Make a one-off or regular donation at centre33.org.uk/donate. Your gift helps ensure young people can access free, confidential support when they need it.

Fundraise

Take on a personal challenge, organise a fundraising event at school, work or with friends, or join one of our campaigns to help raise vital funds and make a difference for local young people.

Become a corporate partner

Whether it's choosing us as your Charity of the Year, nominating us through your workplace, fundraising or sponsoring our work, your business can help fund key aspects of our services.

Leave a gift in your will

A legacy gift can help future generations of young people access the support they need for years to come.

Help spread the word

Follow us and share our stories on social media to help more people discover our services and support our work.



Visit centre33.org.uk/get-involved to find out more - or email the team on fundraising@centre33.org.uk



OUR SUPPORTERS

We are so grateful to everyone who supports our work at Centre 33 including these wonderful organisations and individuals:

Alan Boswell Group Charitable Trust
Anna Freud National Centre for Children and Families

Cambridge City Council
Cambridge Intelligence
Cambridgeshire & Peterborough
Integrated Care Board

Cambridgeshire and Peterborough NHS
Foundation Trust

Cambridgeshire Community
Foundation

Cambridgeshire County Council

Cambridgeshire Constabulary

D G Marshall of Cambridge Trust

Department of Health and Social Care

FXP Festival

Govia Thameslink Railway

Hadley & Ottaway

Huntingdon Freeman's Trust

Huntingdonshire District Council

Mark Richer

The Ancient Shepherds

Peterborough City Council

Prudence Trust

The Bishop Laney Foundation

The Penchant Foundation

The Rotary Club of Cambridge

Wright's Clock Land CIO

WHAT NEXT FOR CENTRE 33?

CREATING A NEW STRATEGY

We're embarking on our next 5 year plan

Supporting young people is a moving picture, with many factors impacting the work of charities like Centre 33 including local government and health reforms, and changes in funding pots and priorities. Additionally, young people themselves are facing multiple challenges in the form of the impact of digital developments (AI is a huge unknown, and social media continues to be a significant part of most young people's lives) and the cost of living. We want to navigate how best to support them going forward.

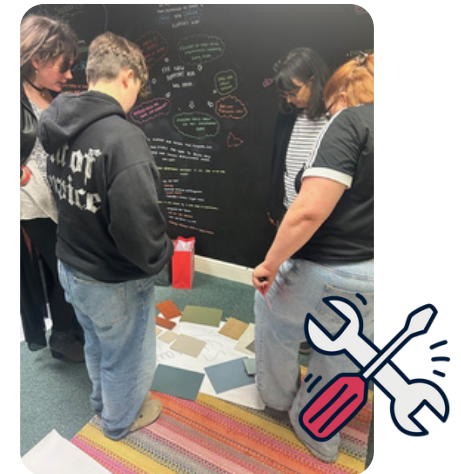
As part of developing our next strategic plan we're busy talking with young people and all the wider Centre 33 community about what we should be focussing on next. Watch this space.



CAN YOU HELP? VOLUNTEER TO SUPPORT YOUNG PEOPLE

Our volunteers are at the heart of Centre 33. Every year, dedicated people give their time and skills to support young people across our services. From counsellors and information workers to Trustees, fundraisers and more, volunteers play an invaluable role in helping us make a difference. There are many opportunities available.

Find out more at centre33.org.uk/get-involved/volunteer
Please contact volunteering@centre33.org.uk



A NEW CENTRE 33 HUB IN CAMBRIDGE

We're creating a bigger Cambridge hub to better meet the needs of local young people.

Our much-loved Cambridge home at 33 Clarendon Street is too small to support the number of young people seeking our help. In 2024 we bought a new building on the corner of James Street and Maids Causeway to create a new Cambridge base for Centre 33 to support double the number of local young people - providing them with support for their mental health, practical issues and caring responsibilities - all under one roof.

The builders are in, and busy converting the site into a fit-for-purpose Early Support Hub. We've also embarked on multiple ways of engaging young people to ensure the design meets their needs and creates a space just for them.

We absolutely can't wait to see the impact of this important resource for young people in Cambridge and the areas around.

Please scan this code for more information about our new Cambridge hub.



ABOUT CENTRE 33



We are proud to have supported over 50,000 amazing young people since we were founded in Cambridge in 1981. Though today we are a team of 100 staff and volunteers, we stay true to our founding principles - to provide a safe space where young people can receive free, confidential and non-judgemental support.

Our vision is a future where all young people are listened to, respected and supported. Our mission is to offer young people support with practical issues and emotional needs that is free, confidential, empowering, easy-access and high quality, and to actively work with other local services so that young people's needs are met and their voices are heard.

We are young people-led, we strive for excellence, we work collaboratively and we champion inclusivity - values we apply to all our work and those we work with.



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Or visit our website at www.centre33.org.uk
- just scan the code above.

Get the latest from Centre 33 straight to your inbox by subscribing to our newsletter. Visit
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SPREAD THE WORD

Connect with us on social media to see the latest Centre 33 news and spread the word about our support.

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Charity number: 1074974
Company number: 03725494