

# Circle of Security Parenting

8 week parenting program to develop secure relationships and stronger bonds with children.



Term 4  
2025

CRANE BROOK

This 8 week program will teach you how to be a bigger, stronger, wiser, and kinder parent. *Circle of Security Parenting* is based on decades of research about how secure relationships can be supported and strengthened with children aged (0-12) years.

## The program will cover:

- Understanding your child's behaviour
- Help your child feel secure in relationships
- Navigating your role as parent in tough times
- Supporting your child in managing difficult behaviours, tantrums and meltdowns

**REGISTRATIONS CLOSE:** 15<sup>TH</sup> October 2025

**\*\* Childcare available - must register\*\***



REGISTER NOW



## Program details

**Where:** Cranebrook  
Neighbourhood Centre,  
17 Hosking Street

**When:** Wednesdays  
22<sup>nd</sup> Oct - 10<sup>th</sup> Dec  
10:00am - 11:30am

**Cost:** FREE for residents of  
Penrith & Blue Mtns LGA

## Enquiries and registration:

**Phone:** 4720 6500

**Email:** [groups@gatewayfamilyservices.org.au](mailto:groups@gatewayfamilyservices.org.au)

**Web:** [www.gatewayfamilyservices.org.au](http://www.gatewayfamilyservices.org.au)



We acknowledge and respect the Traditional knowledge holders and custodians of the land on which we work, the Darug and Gundungurra people.

