

# Circle of Security Parenting

7 week parenting program to develop secure relationships and stronger bonds with children.



Term 2  
2026

BLAXLAND

This 7 week program will teach you how to be a bigger, stronger, wiser, and kinder parent. *Circle of Security Parenting* is based on decades of research about how secure relationships can be supported and strengthened with children aged (0-12) years.

## The program will cover:

- Understanding your child's behaviour
- Help your child feel secure in relationships
- Navigating your role as parent in tough times
- Supporting your child in managing difficult behaviours, tantrums and meltdowns

REGISTER NOW 



## Program details

**Where:** Uniting Church Hall  
72 Old Bathurst Rd  
Blaxland 2774

**When:** Wednesdays  
13<sup>th</sup> May - 24<sup>th</sup> June  
10:00am - 11:30am

**Cost:** FREE for residents of  
Penrith & Blue Mtns LGA

## Enquiries and registration:

**Phone:** 4720 6500

**Email:** [groups@gatewayfamilyservices.org.au](mailto:groups@gatewayfamilyservices.org.au)

**Web:** [www.gatewayfamilyservices.org.au](http://www.gatewayfamilyservices.org.au)



We acknowledge and respect the Traditional knowledge holders and custodians of the land on which we work, the Darug and Gundungurra people.

