

Circle of Security Parenting

8 week parenting program to develop secure relationships and stronger bonds with children.



Term 4
2026

PENRITH

This 8 week program will teach you how to be a bigger, stronger, wiser, and kinder parent. *Circle of Security Parenting* is based on decades of research about how secure relationships can be supported and strengthened with children aged (0-6) years.

Parents expecting a baby are welcome.

The program will cover:

- Understanding your child's behaviour
- Help your child feel secure in relationships
- Navigating your role as parent in tough times
- Supporting your child in managing difficult behaviours, tantrums and meltdowns

REGISTER NOW 



Program details

Where: Gateway Family Services
Cnr of Station & Henry
Sts, Penrith

When: Thursdays
22nd Oct - 10th Dec
10:00am - 11:30am

Cost: FREE for residents of
Penrith & Blue Mtns LGA

Enquiries and registration:

Phone: 4720 6500

Email: groups@gatewayfamilyservices.org.au

Web: www.gatewayfamilyservices.org.au



We acknowledge and respect the Traditional knowledge holders and custodians of the land on which we work, the Darug and Gundungurra people.

