



Sensory Explorers

6 week outdoor playgroup for parents & children (0-5yrs) to explore, connect & play through sensory-rich experiences in nature.



**Term 4
2026**

LAPSTONE

Sensory Explorers is a supported 6-week play program designed for parents/carers and young children (ages 0-5) to enjoy meaningful connection through sensory-rich, play-based experiences.

Research shows sensory play can support children's emotional wellbeing, self-regulation, creativity, curiosity, confidence, and development, while also strengthening parent-child connection.

Activities include:

- Messy & sensory play
- Nature exploration
- Painting & creative activities
- Music & movement
- Mud kitchen play
- Stories & imaginative play
- Connection & fun together

A welcoming and inclusive space for families to connect, learn and explore together.

REGISTER NOW 



Program details

Where: Lapstone Public School
1/3 Achievement Ave
Lapstone

When: Tuesdays
27th Oct - 1st Dec
9:30am - 11:30am

Cost: FREE for residents of
Penrith & Blue Mtns LGA

**For more information or to
register via our website:**

Phone: 4720 6500

Email: groups@gatewayfamilyservices.org.au

Web: www.gatewayfamilyservices.org.au

We acknowledge and respect the Traditional knowledge holders and custodians of the land on which we work, the Darug and Gundungurra people.

