

A small, square, wooden sauna with a glass door is situated on a sandy bank next to a body of water. The background is filled with lush green reeds and grasses. The sauna's door is open, revealing the interior wooden slats and a heater. The brand name 'icetubs' is visible on the inside of the door.

icetubs® IceSauna

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The Icetubs Quality

After perfecting cold therapy, Icetubs brings the same craftsmanship and innovation to heat. The IceSauna blends precision engineering, premium materials, and thoughtful design to create the perfect balance to your cold therapy routine. Built for those who value quality, inside and out, it's designed to complement the entire Icetubs collection.

Thermowood construction

Thermowood provides excellent insulation and resists heat and moisture, ensuring the sauna maintains its durability and efficiency for years to come.

Stainless steel frame

The stainless steel frame offers both structural strength and a modern design, making it resistant to wear while preserving its sleek appearance.

Heat-retaining glass

Our amber glass allows natural light in while minimizing heat loss. This ensures your sauna stays cozy and efficient without compromising its open, modern feel.

Icetubs design

Designed to match the Icetubs collection it complements your IceBath or IceBarrel, while delivering the same premium materials and engineering excellence.

Why a Finnish Sauna?

Finnish saunas, also known as infusion saunas, are the gold standard for heat therapy. With a tradition spanning centuries, these saunas are known for their deep, penetrating warmth and restorative benefits. The perfect counterbalance to your ice bath, the Finnish sauna promotes recovery, relaxation, and overall well-being. It stimulates circulation, soothes muscles, and provides a space to reset both body and mind.



Faster recovery

Relieve sore muscles, ease joint pain, and eliminate lactic acid buildup.



Clearer skin

Deep sweating purifies pores, leaving your skin refreshed and radiant.



Better breathing

Alleviate respiratory issues like asthma and improve lung function.



Improved mental health

Reduce stress, ease anxiety, and promote better sleep.



Heart and brain

Lower blood pressure, boost circulation, and reduce the risk of stroke/dementia.



Stronger connections

Share meaningful moments in a relaxing environment with friends and family.

One Sauna, Four Looks

The IceSauna is designed to be as versatile as it is luxurious. Thanks to the optional click-on wooden panel, you can customize the look and feel of your sauna to suit your mood, space, or privacy needs.

1

Open glass

Enjoy a sense of openness and connection to your surroundings with the glass panels exposed. Perfect for a modern, airy look.



2

Full wood

Click on the full wooden panels for complete privacy and a more traditional sauna aesthetic. Ideal for moments of relaxation and solitude.



3

Lower wood

Opt for the bottom half wooden panel for a unique, contemporary look while maintaining a sense of openness above.



4

Upper wood

Attach the top half for a semi-private look. This option provides a balance of openness and privacy, perfect for shared spaces.



A Sauna that Makes a Difference

✓ Easy assembly

This sauna arrives in pre-made pieces that hook together without the need for screws or tools. Its carefully engineered design ensures a secure and sturdy fit, so you can set it up with two people under two hours and no professional help is needed.

✓ Compact yet spacious

Designed to fit seamlessly into any space, the sauna's compact exterior makes it easy to place anywhere. Inside, it's surprisingly roomy, comfortably seating up to five people for group sessions or offering plenty of space for two people to recline and fully unwind.

✓ Removable benches

Floating benches can be easily removed to create more space. Whether for a heated yoga session or wheelchair access, this design is made with everyone in mind, offering flexibility without compromising comfort.

✓ Customizable privacy

Optional wooden panels click on effortlessly, giving you four configurations: open glass, full cover, top panel, or bottom panel. These options let you adjust the look and privacy level while also making the glass easy to clean

✓ Soothing lighting

Amber LED lights provide a soothing glow that enhances relaxation. Known for its therapeutic benefits, amber light can help improve mood, reduce stress, and promote better sleep, adding another layer to your sauna experience.

✓ Optimal airflow

Proper airflow is key in a sauna, and top and bottom air vents ensure a constant supply of fresh oxygen. This keeps the heat even and makes the sauna comfortable and safe during every session.



The Heart of the IceSauna

At the core of every great sauna is the heater, and the Harvia Cilindro PC90 is unmatched in its performance and design. Chosen for its ability to deliver consistent, powerful heat, the Cilindro heater ensures that the IceSauna provides a first-class sauna experience every time.

Durable and stylish design

Made with high-quality stainless steel, the Harvia Cilindro is built to last while complementing the IceSauna's modern aesthetic. Its durability ensures reliable performance, making it a perfect balance of form and function.

Steady and even heat

The tall, cylindrical design holds a large amount of stones, ensuring steady and even heat throughout the sauna. This efficient heat distribution creates a comfortable and consistent environment for every session.

Customizable heating experience

The Harvia Cilindro heater's tall unique design allows you to adjust the heat intensity: pour water on the sides of the heater for soft, gentle steam or directly on top for a stronger, more intense warmth.

Technical details

IceSauna	
Dimensions exterior	184.8 cm (L) x 171.8 cm (D) x 226.9 cm (H)
Dimesions interior	174.2 cm (L) x 157.6 cm (D) x 184.6 cm (H)
Interior capacity	5 m ³
Weight	530 kg
Capacity	2-5 people
Material	Thermowood and 304 stainless steel
Usage / Placement	Indoor & Outdoor
Heater	Harvia Cilindro PC90
Temperature	70°C - 90°C*
Heating time	app. 1 hour
Lighting	Amber LED (2 side strips)
Light switch	Inside next to door
Voltage	High Voltage 400V 1/3N~ (for heater) and 220V grounded outlet (for light switch)

Harvia Cilindro PC90 Heater

Dimensions	32cm (L) x 32 cm (W) x 93 cm (H)
Weight	10 kg
Stone sizes	Ø5–10 cm
Stone amount	80 kg
Material	Stainless steel
Controls	Control via manual switches
Energy consumption	9 kW
Voltage	High Voltage 400V 1/3N~**

*The sauna can reach up to 90°C under optimal conditions with proper insulation, heater size, and ventilation. Actual temperatures may vary based on factors like ambient room temperature, sauna size, and stone placement.

**If you don't have this outlet a certified electrician can easily handle this setup.



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